

Lent



Triduum



Easter



SERVICE TIMES AND PUBLIC ATTENDANCE

SERVICE TIMES LISTED IN THIS BOOKLET ARE SUBJECT TO CHANGE.

All schedule are subject to change based on the guidelines from the CDC, Alameda County and the Diocese of Oakland.

All service times and whether they will be open to the public will be posted on the parish website and the Sunday bulletin.

Website: sttheresaoakland.org

Any services that are open to the public may require a reservation. Check the website for additional information.

Reservations can be made at:

https://sttheresaoakland.org/Mass_Reservation

LENT, A TIME OF PRAYER, FASTING AND ALMSGIVING

Prayer

“Always be joyful; pray constantly; and for all things give thanks; this is the will of God for you in Christ Jesus.

1 Thessalonians 5:16-18

Opportunities

Lenten Daily Reflection Booklets (available in the church vestibule)

Parish Retreat, pg. 4

Parish Reconciliation Service, pg. 5

Stations of the Cross, pg. 6

Lenten Bible Journey, Pg. 7

Lent in A Bag, pg. 8

Fasting:

“This, rather, is the fasting that I wish:

releasing those bound unjustly,

untying the thongs of the yoke;

Setting free the oppressed, breaking

every yoke;

Sharing your bread with the hungry,

sheltering the oppressed and the homeless;

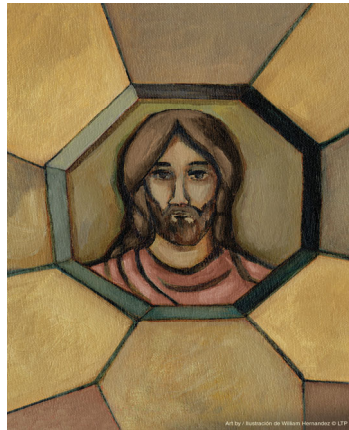
Clothing the naked when you see them, and not turning your back

on your own.”

Isaiah 58:6-7

Opportunities:

Lenten Supper Soup, pg. 9



Almsgiving:

“Set aside part of your goods for almsgiving. Never turn your face from the poor and God will never turn his from you. Measure your alms by what you have; if you have much, give more; if you have little, do not be afraid to give less in alms.

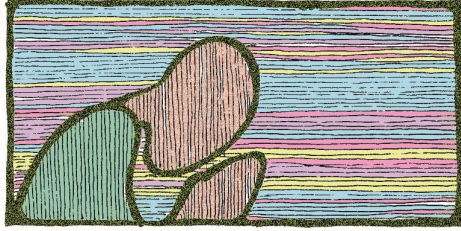
Tobit 4:7-8

Opportunities:

Operation Rice Bowl, pg. 10

PARISH RETREAT

PRAYER,
FASTING,
AND ALMSGIVING
IN ISOLATION



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OUR LENTEN JOURNEY TOGETHER

Join Deacon Zach on Thursday

March 4, 11, 18, 25

at 7:00 pm

In the Church

and

live-streamed on Facebook



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March 25 will
conclude with a
Communal
Reconciliation
Service

PRAYING

PARISH RECONCILIATION SERVICE

Thursday, March 25, at 7:00 pm

This service is one of the key parts of our Lenten journey. It offers us as a parish community an opportunity to come together in prayer to acknowledge the great grace of forgiveness and spiritual healing extended through the life, death and resurrection of Jesus Christ.



PRAYING



The Way of the Cross A PRAYER FOR HOPE AND HEALING AMIDST A GLOBAL PANDEMIC

————— by ZACK STACHOWSKI —————

Praying the Stations During This Time of Social Distancing

The Stations of the Cross is a widely practiced devotion, especially during the season of Lent. Unfortunately, gathering for this devotion in our parish has been disrupted by the need for social distancing during this pandemic. This prayer resource is purposely flexible and can be used in a variety of ways.

You can download the Stations of the Cross for individual or family prayer from the parish website at:

<https://sttheresaokland.org/pray/lent-2021>

PRAYING

LENTEN BIBLE JOURNEY

Tuesdays of Lent: 2021: 7 – 8 pm, Virtual (Zoom)
Fr. Ngema W. Enow

DEFAMILIARIZATION OF THE LENTEN READINGS

Familiarity does not only breed contempt; I think it also brings blindness. As I see it, much of the beauty of the drama that unfolds in the Lenten readings often evaporates as a consequence of our familiarity with these Bible stories. As we once again approach the beautiful stories that the Church serves us at Lent, it is helpful to consider that the way one reads a story is as important as – and indeed decisive for – what one reads in the story. I, therefore, propose that this Lent, let us approach the liturgical readings through the narrative critical technique of defamiliarization. Defamiliarization enables one to read a familiar story with newness and freshness. Defamiliarization captures the estrangement effect of a narrative on a reader because of “techniques or strategies used to set the familiar against the unfamiliar.”



Through this narrative critical approach, we shall subject the Lenten readings to deliberate disruption: suspending, twisting, and turning them upside down so as to substitute a new, unfamiliar frame of reference for this familiar bible texts. The four core elements of the story—rhetoric, setting, character, and plot—shall be deformed in order to overturn, dismantle, and defeat the stock reader response. The resultant novel frame of reference from defamiliarization will force us as the faith community of St Theresa’s Church to see what is taken for granted or assumed to be obvious in these beautiful Lenten readings. The effect of this rather unsettling interpretive act will be an infused originality and excitement into these scriptural passages, which are too easily domesticated by habituation, so as to give us a uniquely rich experience of the Word of God during this great season of grace.

- Feb. 23 : Theory - Justification of method and overview of core biblical literary devices
- March 2 : Practice with the readings of the second Sunday of Lent - rhetoric
- March 9 : Practice with the readings of the third Sunday of Lent - setting
- March 16 : Practice with the readings of the fourth Sunday of Lent - character
- March 23 : Practice with the readings of the fifth Sunday of Lent - Plot
- March 30 : Defamiliarization of the gospel text of Passion Sunday through its rhetoric, setting, characters, and plot.

Your word is a lamp to my feet and a light to my path (Ps. 119:105)

Wolfgang Iser, *The Implied Reader: Patterns of Communication in Prose Fiction from Bunyan to Beckett* (Baltimore: Johns Hopkins University Press, 1974), 288.
Cf. James L. Resseguie, *Narrative Criticism of the New Testament: An Introduction* (Baker Academic: Grand Rapids, Michigan, 2005), 17-39.

PRAYING

LENT IN A BAG



Lent is a season when many people make a special focus on enhancing their ever-growing and loving relationship with God. Christ's life, ministry, and death are remembered during this season. It's also a time to think about how God is with us all the time. You may do this through prayer, reading the Bible, helping others, or something else. Anything that connects you to God is a great practice. Even walking the dog, seeing the green grass, or hearing chirping birds can be a way to commune with God.

Pick up your Lent In A Bag at the Lenten table in the church vestibule.

FASTING



Lenten Soup is taking a whole new twist!!

Place order online using link below or by phone
510-547-2777 x123

All orders need to be placed by Wednesday of the previous week.

<https://sttheresaokland.org/pray/lent-2021/lenten-supper-soup>

Use our new drive thru pickup 4:30 - 6:00 pm

OR

Delivery option for those who are unable to pickup in person

(weekly prayer provided)

A different soup will be prepared each week by our very own parishioner

Paul Canales,
chef and owner of
Duende in Oakland

\$7 donation per person each week you order

Special Pay It Forward option-buy soup for someone who may need a little help.

Tuesday's during Lent ~ February 23, March 2, 9, 16, 23, 30

Feb. 23rd— Tortilla Soup (vegan or meat option)

*****order by Wed. Feb. 17

March 2nd— Moroccan Harira Soup

(flavorful, robust soup of chickpeas and lentils)
(Vegan option or meat option)

*****order by Wed. Feb. 24th

CHECK THE PARISH WEBSITE FOR UPCOMING SOUP OPTIONS.

ALMSGIVING

OPERATION RICE BOWL

Pick up a Rice Bowl in the church vestibule or download the information from the parish website!



BRING LENT TO LIFE AT HOME

Strengthen our domestic church *and stay connected with our sisters and brothers around the world through traditional Lenten practices of prayer, fasting and almsgiving with your family at home. Use these resources throughout the 40-day journey and learn how you can help those most in need.*

- ✦ If you don't have a CRS Rice Bowl, print the DIY Rice Bowl label and adhere it to a container.
- ✦ Use the Lenten calendar each day to practice the Lenten pillars of prayer, fasting and almsgiving.
- ✦ Travel around the world from your family room: read and watch the Stories of Hope and reflect with your family on how you can help those in Madagascar, El Salvador and Timor-Leste.
- ✦ Prepare simple meatless meals each Friday and explore other cultures from your kitchen.
- ✦ Put your Lenten sacrifices into your CRS Rice Bowl.
- ✦ Pray the Stations of the Cross using the pdf file or videos on the website.
- ✦ Give your CRS Rice Bowl donation in person or online and make a difference in the lives of people in your local community and around the world!

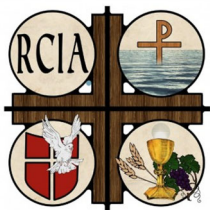
All resources can be found on the parish website at:

<https://sttheresaoakland.org/Rice-Bowl-2021>

**WE ASK THAT YOU BRING YOUR RICE BOWL WITH YOU TO MASS ON
PALM SUNDAY (MARCH 27 & 28).**

PLEASE WRITE A CHECK, NO CURRENCY OR COINS.

YOU MAY ALSO USE ONLINE GIVING.



RCIA

Rite of Election

The Rite of Election will be celebrated on February 21, at the 10:00 AM Mass. The rite is normally celebrated at the cathedral with the Bishop but this year due to the pandemic it will be done at the individual parishes in the diocese. These celebration marks the beginning of the period of final preparation for the sacraments of initiation. In the liturgy and liturgical catechesis of Lent the preparation for its reception, as well as the theme of repentance, renew the entire community along with those being prepared to celebrate the paschal mystery, in which the elect will share through the sacraments of initiation.

Tamara

Scrutinies

The scrutinies, which are solemnly celebrated on Sundays and are reinforced by an exorcism, are rites for self-searching and repentance and have above all a spiritual purpose. They are meant to uncover, then heal all that is weak, broken, or sinful in the hearts of the elect and candidates; to bring out, then strengthen all that is upright, strong, and good.

The Scrutinies will be celebrated on March 7th, 14th and 21st at the 10:00 AM Live-Stream Mass.

Prayer

Please keep Tamara in your prayers throughout the season of Lent.



WEAR RED TO MASS THAT DAY!

All Liturgies will begin outside of church where we will gather for the reading of Luke's Gospel of Jesus' entry into Jerusalem, the Solemn Blessing of Palms and Procession into church.

The palms recall Jesus' entrance into Jerusalem for the Passover, and the proclamation of the Passion recalls his death.



Holy Thursday

April 1st

**MASS OF OUR LORD'S
SUPPER
7:00 PM**

**Adoration of the Blessed Sacrament
following the Liturgy,
ending at 10:00 PM**

This evening's celebration begins the Triduum. The Holy Oils that were blessed at the Diocesan Chrism Mass will be received and placed in a place of honor in the sanctuary. These are the oils that will be used throughout the year.

Jesus' command to serve others is recalled this night with the Washing of the Feet. Everyone is encouraged to participate by having their foot washed and in turn washing the foot of a fellow parishioner. Please wear shoes and socks that are easy to remove.

The liturgy does not end. We will solemnly process the Eucharist to the altar of repose where there will be adoration until 10:00 PM.

**GOOD
FRIDAY**

APRIL 2ND



This is the second day of the Triduum. It is a continuation of the liturgy begun the night before. Good Friday is a day of fast and abstinence. This is not a Lenten fast, as Lent ended at dusk on Thursday, but a fast of anticipation.

12:00 PM

Stations of the Cross

1:15—3:00 PM

Liturgy of the Word ~ Veneration of the Cross
Communion

At noon there will be music and reflective readings on the Stations of the Cross, followed by the Celebration of the Lord's Passion, Veneration of the Cross and distribution of Holy Communion (mass is not celebrated this day; the Eucharistic Bread was consecrated on Holy Thursday). At 7:00 PM there will be a Evening Service.

There will be a collection for the Shrines in the Holy Land and Missionary work during the 1:15 pm service.



Easter Vigil

April 3rd
8:00 PM

*The Easter Vigil
is the high point of the
Easter Triduum
celebrating the passion and resurrection of Jesus.*

*The four parts of the Easter Vigil move us through a
gradual unfolding of its mystery.*

THE LITURGY OF LIGHT, where the fire is blessed and we are led through the darkness by the light of the Paschal Candle.

THE LITURGY OF THE WORD, where through the scripture we listen to the stories of God's interaction with the human race from creation to the resurrection.

THE LITURGY OF THE RITES OF INITIATIONS, where water is blessed

THE LITURGY OF THE EUCHARIST, where we gather around our table to give thanks, and are strengthened with the spiritual food of Christ's body and blood and the newly confirmed receive the final Sacrament of Initiation, the Body and Blood of Jesus.

Holy Week Schedule

HOLY THURSDAY

April 1
7:00 PM

THE MASS OF OUR LORD'S SUPPER
Adoration of the Blessed Sacrament
following the Liturgy, ending at 10:00 PM

GOOD FRIDAY

April 2
12:00 PM

Stations of the Cross

1:15 - 3:00 PM

Liturgy of the Word
Veneration of the Cross
Communion

HOLY SATURDAY

April 3
8:00 PM *Easter Vigil*

EASTER SUNDAY

April 4
Masses: 9:00 AM & 11:00 AM

ALL SERVICES WILL BE LIVE-STREAMED.

***PLEASE NOTE THERE WILL BE NO MORNING MASSES ON
HOLY THURSDAY OR GOOD FRIDAY.***

THERE IS NO 5:00 PM MASS ON HOLY SATURDAY.