

ST. THERESA PARISH COMMUNITY

MARCH 5, 2023

SECOND SUNDAY OF LENT

MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

PARISH CENTER OFFICE HOURS:

Monday: 12:00 pm - 2:30 pm

Tuesday - Thursday: 10:00 am - 2:30 pm

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

Parish Website: www.sttheresaoakland.org

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121 rjmccann@sttheresaoakland.org
Pastor

Rev. Abraham Addam, ext. 122
In Residence

Rev. Ngema W. Enow, ext. 128 ngemawil.enow@gmail.com
In Residence

Cathy Brady, ext. 126 cathy_b@sttheresaoakland.org
Liturgy Director

Jenny Bruni, ext. 123 jenny@sttheresaoakland.org
High School Youth Ministry Coordinator

Rob Cakebread, ext. 127 rob@sttheresaoakland.org
Music Ministry Director

Melody Marr, ext. 120 melody@sttheresaoakland.org
Parish Administrator

Keri Nims, ext. 124 keri@sttheresaoakland.org
Coordinator for Early Childhood Catechesis & RCIC

ST. THERESA SCHOOL

Alicia Ortegón, 510.547.3146 a_ortegon@sttheresaschool.org
St. Theresa School Principal

website: www.sttheresaschool.org

Baptisms and Marriages

by appointment (call parish office 510.547.2777)

To arrange a Funeral

call parish office 510.547.2777, ext. 120

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaoakland.org

Middle School Youth Ministry (Grades 6-8)

Jenny Bruni and Keri Nims: Co-Coordination

High School Youth Ministry/Confirmation

Jenny Bruni ~ jenny@sttheresaoakland.org

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaoakland.org

Parish Organization Contacts

Pastoral Council:

Paulette Tuckner

pmtuckner@comcast.net

Finance Council:

Carolyn Mahoney

carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan

glgovan@comcast.net

CYO (Catholic Youth Organization):

Clarence Robinson

sttheresaathletics@gmail.com

St. Theresa Men's Club

Chris Bruni

mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace

tomw1313@sbcglobal.net

WINGS

Geritong

geritong1944@gmail.com

Social Justice Committee (SJC)

Lydia Deck

ltdeck@me.com

Consolation Ministry

Cecile Cuttitta

cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei

jjm@ottofrei.com

Cursillo

Geritong

gt4palancaoakland@gmail.com

Kinderchurch

Shanon Ciston

s.ciston@gmail.com



Please join us for our monthly
RISE & SHINE Mass
at 9am on Sunday, March 12th.

This is a youth-friendly and youth-
participatory Mass.



WEEKLY REFLECTION

**Second Week of Lent Year A
Do Not Be Afraid**

Genesis 12:1-4a
Psalm 33:4-5, 18-19, 20, 22
2 Timothy 1:8b-10
Matthew 17:1-9

Lord, let your mercy be on us, as we place our trust in you.

It sounds easy now when we hear about Abram following the Lord's directions to pack up everything and move to a new country with the promise of many blessings. Perhaps Abram had doubts, Scripture doesn't tell us. Scripture does tell us that the voice from the cloud frightened the disciples. Jesus' words are, "Do not be afraid."

Does fear control me? Does it prevent me from doing things I would like to do? Can I listen to Jesus' words and not be afraid? This week, when the paralysis of fear sets in, I will turn to Jesus and resolve to act in spite of the fear. I will pray the psalm response as often as necessary: "Lord, let your mercy be on us as we place our trust in you."



Fast & Abstinence

Ash Wednesday and Good Friday are days of fast and abstinence.

The law of fasting allows one full meal and two smaller ones.

The law of abstinence prohibits the eating of meat. The Fridays of Lent are days of abstinence in the United States.

The obligation of abstinence begins at age 14. The norms on fasting are obligatory from age 18 until age 59.

LOW GLUTEN HOSTS

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. Please use the president's communion station to receive a low gluten host.

WEEKLY READINGS: MARCH 6 - 12

Monday: Dn 9:4b-10 Ps 79 Lk 6:36-38	Wednesday: Jer 18:18-20 Ps 31 Mt 20:17-28	Friday Gn 37:3-4, 12-13a, 17b-28a Ps 105 Mt 21:33-43, 45-46	Sunday: Ex 17:3-7 Ps 95 Rom 5:1-2, 5-8 Jn 4:5-42
Tuesday: Is 1:10, 16-20 Ps 50 Mt 23:1-12	Thursday: Jer 17:5-10 Ps 1 Mt Lk 16:19-31	Saturday: Mi 7:14-15, 18-20 Ps 103 Lk 15:1-3, 11-32	

**ST. THERESA PARISH
LENTEN OPPORTUNITIES**

**PARISH LENTEN RETREAT
"THE 99"**

March 9, 16, 23
7:00 pm in the church

There will be the opportunity for the Sacrament of Reconciliation on March 16

We will end the retreat on March 23 with Mass.

Fr. Ngema, Lenten Bible Journey

February 28, March 7, 14, 21, 28, April 3
7:00 pm on Zoom
Zoom link will be in the Friday Flocknote

"BEST LENT EVER"
Daily Flocknote Reflection

HOLY MOMENTS BOOK

STATIONS OF THE CROSS

March 3, 10, 17, 24, 31
Provided by the school
9:30 am & 2:30 pm

Bake Sale for the Build

March 11 & 12
Following the Masses

RICE BOWLS

LENT IN A BAG

DAILY REFLECTION BOOKLETS

ANOINTING OF THE SICK
March 26, 9:00 am Mass

SEDER DINNER

March 29, 6:00 pm
Reservation Required

Click on the Seder Dinner link on the Lenten Events page to make a reservation.

Check out the Lent page on the parish website for details.

<https://sttheresaokland.org/lent-2023>

MASS INTENTIONS - MARCH 4 - MARCH 12

Sat. 5:00 pm † Tina Bruno
 Sun. 9:00 am Parish Community of St. Theresa


Mon. 8:30 am
 Tues. 8:30 am
 Wed. 8:30 am
 Thurs. 8:30 am
 Fri. 8:30 am

Sat. 5:00 pm † Dorothy Donnelly
 Sun. 9:00 am Parish Community of St. Theresa

MASS INTENTIONS

To request a Mass Intention contact Melody Marr at melody@sttheresaokland.org or 510.547.2777, ext. 120

KEEP IN TOUCH WITH US

◆ Receive the weekly Friday Flocknote  *You will receive everything contained in the bulletin plus additional information.*

◆ Unsubscribe anytime

Sign-up at: flocknote.com/StTheresa30
OR Text: STT To: 84579

OR send an email to cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with you full name and email address.

SUNDAY OFFERING


ONLINE GIVING:
 (February 20 - 26) 54 DONORS \$ 2,624.50

MASS/DROP-OFF/MAILED DONATIONS:
 (February 20 - 26) 35 DONORS \$ 2,624.00

ASH WEDNESDAY:

ONLINE: 2 DONORS \$ 75.00


MASS/DROP-OFF/MAILED: 35 DONORS \$ 1,712.00



During Lent we are reminded to develop a more conscious spiritual life and share what we have with those in need. One practical way to achieve this goal is to make the change to eGiving for St. Theresa parish.

You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

It's easy to get started. Here are the ways to sign up:



Text
510-876-9679
 Text "GIVE" to this number to receive a link to our online giving page.

Visit us at
<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

SCAM ALERT

A number of people have received phony emails from Fr. Bob and/or our principal Alicia Ortegon asking for gifts cards. If you receive an email from either of them requesting help with gifts, gift cards, money PLEASE IGNORE and DELETE. It's a scam! They will never request help from you in this manner.

DECEASED

Please remember in your prayers, those who have died especially Frances Landeza the mother of Fr. Jayson Landeza.

PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL ESPECIALLY:

Matt Mercier, Heidi Parmelee, Aiden Farinella, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Ida Scodella, Alicia Gonzalez, Susan Springer, Badri Nakhjavani, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Ruth McCabe, Tom Wilberding, Shirley Roberts, Karen Milliman, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Amy Kantowitz, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Patty Estopinal, Laura Jones, Jeff Mills, Mary Pat Power, Bonnie & John Bouey, Susan Rubio, Martin Tierney, Denise Baylocq, Fr. Paul Schmidt, Marley Malone, John Lynch, Isabella Guillot Williams, Violet Chancey, Ann Kirkman, Ann & Hal Lauth, Paul Cotter, Serra Bonanno and her son George.

SOCIAL JUSTICE COMMITTEE (SJC) CORNER

"Our relationship with the environment can never be isolated from our relationship with others and with God" - Pope Francis, *Laudato Si*, 119

In 2015, Pope Francis released his encyclical letter, "Laudato Si': On Care for Our Common Home", the first-ever papal encyclical devoted to the global environmental crisis. Inspired by his namesake, St. Francis of Assisi and his deep communion with all Creation, the Pope issued a powerful appeal to the Church and "all people of good will" to urgently come together and respond to "the cry of the earth and the cry of the poor."

In preparation for this year's Earth Day, April 22nd, the SJC will be hosting an in-person viewing of the film, *The Letter: A Message for Our Earth*. This moving 80-minute film is inspired by Pope Francis' encyclical letter, and tells the story of a journey to Rome of frontline leaders from around the world to discuss the letter, leaders who have directly experienced the ecological crisis and are doing something about it. The exclusive dialogue also reveals insight into the Pope's personal history and stories never seen since he became the Bishop of Rome.

Please mark your calendars for the SJC meeting at St. Theresa's on March 30th at 7:00pm. Send questions to Lydia Deck, ltdeck@me.com.

 **ST. VINCENT DE PAUL**

CURRENT NEEDS

Volunteers Needed for the Dining Room at the Direct Services Campus in West Oakland: 8:30am to 1pm Tuesday through Saturday. Volunteers help prepare, and bag warm meals for our guests and serve the meals. Contact Volunteer Coordinator, Kristen Bernal: Email kbernal@svdp-alameda.org 510-277-6435.

Men's Clothing (casual, work, denim, and work pants, and shoes in good condition) and women's hygiene articles can be dropped off in the Church vestibule. These donations are distributed through SVDP Clothes Closet in our Downtown Community Center. They are experiencing a large surplus of women's clothes at this time. As a result, please only donate men's clothes.

Nonperishable, non-expired food donations: Our on-going food collections for the needy people in the Sacred Heart Parish have been graciously acknowledged by those who have been served. We bring the food to Sacred Heart around the third Sunday of the month. Food donations may be left in the back of the vestibule in various baskets next to the "Giving Tree at any time.

Our Parish SVdP Conference meets bimonthly, every third Saturday at 9:30am. If interested in learning more about our Conference's work, contact Judy Bojorquez at jtsbojorquez@yahoo.com or with any questions. You may use online giving to make a donation to the St. Theresa St. Vincent de Paul conference. <https://sttheresaokland.org/donate>.

A WORD FROM OUR PASTOR

Many thanks to all who helped make the annual 'school auction' a fun night with good food, great conversations, exciting bidding and deals and finally demonstrating that we are back online fully with our event center. The theme this year was 'Homecoming.' Several attendees were able to wear their high school sport letter jackets or their 'homecoming queen' crowns that made the evening one to remember in the annuals of our school history.

I also want to thank several parishioners who although you do not have children in the school, you support the school with the annual tuition assistance drive, the encouragement you give to the First Communion children and their families and several generous items that were auctioned last week. The school is a ministry of the parish. Your ongoing support makes that a reality!

Lent is a season that we might especially focus on several sacraments. Many of you remember the Baltimore Catechism answer: "A sacrament is an outward sign, instituted by Christ to give grace." We can see, feel, taste the sacrament: water being poured, oil to anoint, the bread and wine that become Jesus. The sacraments have their institution in Jesus. Jesus said, 'Go and baptize, he said, whose sins you forgive are forgiven, he said, take and eat and take and drink, this is my...."

And every sacrament gives us grace. What or who is grace? In seminary, I have a whole course just on 'grace', but no room to put that all into this writing. I like to explain when we receive grace, we are meeting and encountering God and when that happens, we are better for the encounter. Remember, when Moses was on the mountain and received the commandments, the Jews when they saw him were distracted and could not listen to what he was communicating to them from God. He had to veil his face, because seeing God, he was transfigured like Jesus was on Mt. Tabor. I haven't seen too many faces glowing bright with light after receiving Communion or leaving the confessional, but I assure you that encountering God we are enriched and made more whole. And for some the peace that follows also assures that grace is God is there in our encounter.

In many parishes, Lent is a special time for the adults who have journeyed through RCIA to prepare to be baptized, confirmed and receive the Eucharist for the first time at the Easter vigil. This year we do not have any adults among us who, like other years have made that journey, but there are hundreds around us in other parishes and dioceses that will do this. Please pray for all the Elect this Lent.

During the course of the parish retreat, on one night we will celebrate the Sacrament of Reconciliation. Not very popular in these parts, but I assure you of the peace I have

witnessed over the years for those who have been burdened with sin. Many times I have seen a person come bent over and worried, leave glowing and standing tall after hearing the words of absolution. Jesus knows we are not perfect and this wonderful sacrament gives us another chance when we demonstrate that.



On Sunday, March 26th, we will celebrate the Sacrament of the Sick at the 9am Mass for all who desire it. Jesus wants to be with us and walk with us when we face any serious illness. On any weekend, if you are facing surgery or the start of some treatment, don't hesitate to ask to be anointed. But if you continue to endure a chronic illness, or are facing a serious health issue, please join those who will receive this Sacrament.

Lent is a time for renewal and reconciliation. It is a time to grow closer to God. How blessed we are to have the sacraments that remind us that we journey at times into the desert, but never without the Lord himself with us.

PARISH BULLETIN UPDATE

Last Sunday (February 26, 2023) was our last printed bulletin from JS Paluch, Inc. They had to close their doors after 110 years of faithful service to Catholic communities across the United States.

We will print a limited number of the Sunday bulletin in-house for those who do not receive the Friday Flocknote. This is a four page bulletin with basic information.

Everything that is contained in the bulletin will now be available in the Friday Flocknote. Page 3 of the bulletin has information on how to sign-up for the Friday Flocknote.

CATHOLIC RELIEF SERVICE COLLECTION



REVEAL *Christ's* **LOVE**

Next weekend the Catholic Relief Services Collection is your opportunity to improve the lives of the most vulnerable people around the world and here in the United States. Your support funds organizations that aid travelers, people affected by war and natural disasters, others whose work or unique cultural circumstances require special pastoral support, and migrants and refugees displaced by conflict, persecution, or political instability.

Next week, please give generously to the collection and help Jesus in disguise. You may also use Online Giving.