

ST. THERESA PARISH COMMUNITY

MARCH 12, 2023

THIRD SUNDAY OF LENT

MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

PARISH CENTER OFFICE HOURS:

Monday: 12:00 pm - 2:30 pm

Tuesday - Thursday: 10:00 am - 2:30 pm

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

Parish Website: www.sttheresaokland.org

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121 rjmccann@sttheresaokland.org
Pastor

Rev. Abraham Addam, ext. 122
In Residence

Rev. Ngema W. Enow, ext. 128 ngemawil.enow@gmail.com
In Residence

Cathy Brady, ext. 126 cathy_b@sttheresaokland.org
Liturgy Director

Jenny Bruni, ext. 123 jenny@sttheresaokland.org
High School Youth Ministry Coordinator

Rob Cakebread, ext. 127 rob@sttheresaokland.org
Music Ministry Director

Melody Marr, ext. 120 melody@sttheresaokland.org
Parish Administrator

Keri Nims, ext. 124 keri@sttheresaokland.org
Coordinator for Early Childhood Catechesis & RCIC

ST. THERESA SCHOOL

Alicia Ortegon, 510.547.3146 a_ortegon@sttheresaschool.org
St. Theresa School Principal

website: www.sttheresaschool.org

Baptisms and Marriages

by appointment (call parish office 510.547.2777)

To arrange a Funeral

call parish office 510.547.2777, ext. 120

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Jenny Bruni and Keri Nims: Co-Coordinators

High School Youth Ministry/Confirmation

Jenny Bruni ~ jenny@sttheresaokland.org

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaokland.org

Parish Calendar: <https://sttheresaokland.org/calendar>

Parish Organization Contacts

Pastoral Council:

Paulette Tuckner

pmtuckner@comcast.net

Finance Council:

Carolyn Mahoney

carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan

glgovan@comcast.net

CYO (Catholic Youth Organization):

Clarence Robinson

sttheresaathletics@gmail.com

St. Theresa Men's Club

Chris Bruni

mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace

tomw1313@sbcglobal.net

WINGS

Geritong

geritong1944@gmail.com

Social Justice Committee (SJC)

Lydia Deck

ltdeck@me.com

Consolation Ministry

Cecile Cuttitta

cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei

jim@ottofrei.com

Cursillo

Geritong

gt4palancaoakland@gmail.com

Kinderchurch

Shanon Ciston

s.ciston@gmail.com



On Sunday, March 26th at the 9:00 am Mass the Sacrament of the Sick will be administered to all those who suffer from a serious, acute or chronic illness. Caregivers are also encouraged to attend.



WEEKLY REFLECTION

**Third Week of Lent Year A
Living Water**

Exodus 17:3-7
Psalm 95:1-2, 6-9
Romans 5:1-2, 5-8
John 4:5-42

If today you hear his voice, harden not your hearts.

Water is essential for life. Lack of it caused the Israelites to grumble and sent the Samaritan woman to the well where she encountered Jesus. Moses, acting by God’s direction, provided water for the people. Jesus promised living water. What is my image of living water? How would I imagine it in my life? What do I need in my life?

We are all in need of something physically or spiritually. This week I will reach out to others to help supply their needs. I will volunteer at an organization that needs people to drive, sort, pack, distribute, or whatever needs to be done. I will help others receive what they need physically so that they can have the freedom to seek the spiritual living water.



Ash Wednesday and Good Friday are days of fast and abstinence. The law of fasting allows one full meal and two smaller ones.

The law of abstinence prohibits the eating of meat. The Fridays of Lent are days of abstinence in the United States.

The obligation of abstinence begins at age 14. The norms on fasting are obligatory from age 18 until age 59.

LOW GLUTEN HOSTS

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. Please use the presider's communion station to receive a low gluten host.



Bishop’s Ministries Appeal 2023
St. Theresa Parish Goal - \$35,800

<https://www.oakdiocese.org/bishops-appeal-donation-page>

I AM WITH YOU ALWAYS

WEEKLY READINGS: MARCH 13 - 19

Monday: 2 Kgs 5:1-15ab Ps 42 Lk 4:24-30	Wednesday: Dt 4:1, 5-9 Ps 147 Mt 5:17-19	Friday Hos 14:2-10 Ps 81 Mk 12:28-34	Sunday: 1 Sm 16:1b, 6-7, 10-13a Ps 23 Eph 5:8-14 Jn 9:1-41
Tuesday: Dn 3:25, 34-43 Ps 25 Mt 18:21-35	Thursday: Jer 7:23-28 Ps 95 Lk 11:14-23	Saturday: Hos 6:1-6 Ps 51 Lk 18:9-14	

**ST. THERESA PARISH
LENTEN OPPORTUNITIES**

**PARISH LENTEN RETREAT
“THE 99”**
March 16, 23
7:00 pm in the church
Invite someone to join you for the retreat
There will be the opportunity for the Sacrament of Reconciliation on March 16
We will end the retreat on March 23 with Mass.

Fr. Ngema, Lenten Bible Journey
March 7, 14, 21, 28, April 3
7:00 pm on Zoom
Zoom link is in the Friday Flocknote

“BEST LENT EVER”
Daily Flocknote Reflection

HOLY MOMENTS BOOK

STATIONS OF THE CROSS
March 10, 17, 24, 31
Provided by the school
9:30 am & 2:30 pm

Bake Sale for the Build
March 11 & 12
Following the Masses

RICE BOWLS

LENT IN A BAG

DAILY REFLECTION BOOKLETS

ANOINTING OF THE SICK
March 26, 9:00 am Mass

SEDER DINNER
March 29, 6:00 pm
Reservation Required
Click on the Seder Dinner link on the Lenten Events page to make a reservation.

Check out the Lent page on the parish website for details.
<https://sttheresaokland.org/lent-2023>

MASS INTENTIONS - MARCH 11 - 19

Sat. 5:00 pm † Dorothy Donnelly
 Sun. 9:00 am Parish Community of St. Theresa


Mon. 8:30 am † Bernita Cassidy
 Tues. 8:30 am † Maria & Arnold Tira
 Wed. 8:30 am
 Thurs. 8:30 am
 Fri. 8:30 am † John McCole

Sat. 5:00 pm Graciela & John Suarez
 Sun. 9:00 am Parish Community of St. Theresa

MASS INTENTIONS

To request a Mass Intention contact Melody Marr at melody@sttheresaokland.org or 510.547.2777, ext. 120

KEEP IN TOUCH WITH US

◆ Receive the weekly Friday Flocknote  *You will receive everything contained in the bulletin plus additional information.*

◆ Unsubscribe anytime

Sign-up at: flocknote.com/StTheresa30
 OR Text: STT To: 84579

OR send an email to cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with you full name and email address.

SUNDAY OFFERING

ONLINE GIVING:
 (February 27 - March 5) 68 DONORS **\$ 4,840.70**

MASS/DROP-OFF/MAILED DONATIONS:
 (February 27 - March 5) 54 DONORS **\$ 4,215.00**

PARISH MAINTENANCE & IMPROVEMENT:
 ONLINE: (FEB. 6 - MARCH 5) 40 DONORS **\$ 1,383.00**
 MASS/DROP-OFF/MAILED: 29 DONORS **\$ 1,533.00**



During Lent we are reminded to develop a more conscious spiritual life and share what we have with those in need. One practical way to achieve this goal is to make the change to eGiving for St. Theresa parish.

You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

It's easy to get started. Here are the ways to sign up:



Text **510-876-9679**
 Text "GIVE" to this number to receive a link to our online giving page.

Visit us at <https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

SCAM ALERT

A number of people have received phony emails from Fr. Bob and/or our principal Alicia Ortegon asking for gifts cards. If you receive an email from either of them requesting help with gifts, gift cards, money PLEASE IGNORE and DELETE. It's a scam! They will never request help from you in this manner.

DECEASED

Please remember in your prayers, those who have died especially Denise Baylocq, mother of Monique Baylocq; John Lynch, father of Chris Lynch (7th grade teacher, St. Theresa School).

PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL ESPECIALLY:

Matt Mercier, Heidi Parmelee, Aiden Farinella, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Ida Scodella, Alicia Gonzalez, Susan Springer, Badri Nakhjavani, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Ruth McCabe, Tom Wilberding, Shirley Roberts, Karen Milliman, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Amy Kantowitz, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Patty Estopinal, Laura Jones, Jeff Mills, Mary Pat Power, Bonnie & John Bouey, Susan Rubio, Martin Tierney, Fr. Paul Schmidt, Marley Malone, Isabella Guillot Williams, Violet Chancey, Ann Kirkman, Ann & Hal Lauth, Serra Bonanno and her son George.

SOCIAL JUSTICE COMMITTEE (SJC) CORNER

"Our relationship with the environment can never be isolated from our relationship with others and with God" - *Pope Francis, Laudato Si, 119*

In 2015, Pope Francis released his encyclical letter, "Laudato Si': On Care for Our Common Home", the first-ever papal encyclical devoted to the global environmental crisis. Inspired by his namesake, St. Francis of Assisi and his deep communion with all Creation, the Pope issued a powerful appeal to the Church and "all people of good will" to urgently come together and respond to "the cry of the earth and the cry of the poor."

The SJC will be holding their March meeting in person for the first time on Thursday, March 30th, in the Meeting Rooms. In preparation for this year's Earth Day, April 23rd, the committee will be viewing the film, *The Letter: A Message for Our Earth*. This moving 80-minute film is inspired by Pope Francis' encyclical letter, and tells the story of a journey to Rome of frontline leaders from around the world to discuss the letter, leaders who have directly experienced the ecological crisis and are doing something about it. The exclusive dialogue also reveals insight into the Pope's personal history and stories never seen since he became the Bishop of Rome.

Please join the SJC for their meeting on March 30th, 7:00pm, at St. Theresa's. RSVP to Lydia Deck, ltdeck@me.com.

 **ST. VINCENT DE PAUL**

CURRENT NEEDS

Volunteers Needed for the Dining Room at the Direct Services Campus in West Oakland: 8:30am to 1pm Tuesday through Saturday. Volunteers help prepare, and bag warm meals for our guests and serve the meals. Contact Volunteer Coordinator, Kristen Bernal: Email kbernal@svdp-alameda.org 510-277-6435.

Men's Clothing (casual, work, denim, and work pants, and shoes in good condition) and women's hygiene articles can be dropped off in the Church vestibule. These donations are distributed through SVDP Clothes Closet in our Downtown Community Center. They are experiencing a large surplus of women's clothes at this time. As a result, please only donate men's clothes.

Nonperishable, non-expired food donations: Our on-going food collections for the needy people in the Sacred Heart Parish have been graciously acknowledged by those who have been served. We bring the food to Sacred Heart around the third Sunday of the month. Food donations may be left in the back of the vestibule in various baskets next to the "Giving Tree at any time.

Our Parish SVdP Conference meets bimonthly, every third Saturday at 9:30am. If interested in learning more about our Conference's work, contact Judy Bojorquez at jtsbojorquez@yahoo.com or with any questions. You may use online giving to make a donation to the St. Theresa St. Vincent de Paul conference. <https://sttheresaokland.org/donate>.

A WORD FROM OUR PASTOR

How is Lent going so far for you? We can get distracted with the cares and worries, work and needs that we all have and miss this great season which as we heard in the readings last week give us the vision for what is the ultimate purpose of our Lenten practices (glorified life forever with God as previewed by the Transfiguration) and words to guide the mission: "This is my beloved Son, listen to him." "Rise and do not be afraid!"

What are we using as excuses?

Whatever is holding us back, or keeping us down, the message we heard last weekend, at this still-early part of Lent, offers us a kind of spiritual pep talk, words of inspiration to push us further along for these 40 days: "Rise. And do not be afraid."

It's the same message contained in the reading from Genesis we heard last week. The very first words are God's admonition to Abram — and to us.

"Go forth."

Go where you have never been, and something great will happen.

Rise and do not be afraid.

As we continue our journey this Lent, walking a road that takes us from the desert to a mountaintop and ultimately to Calvary with Jesus, we need to carry those words with us. Words of consolation, mission, and hope.

God is calling us to something wondrous. Lent — this opportunity to pray, give alms and fast — is the path to help get us there.

As we heard on Ash Wednesday, now is an acceptable time. Now is our moment to extend ourselves and, in our own way, be transfigured — to strive to become more like Christ.

What are we waiting for? Rise and do not be afraid!

The first of three retreat nights this past Thursday is meant to bring the above home into our daily and busy lives. We've asked you to come for these three Thursday 'retreat nights' and bring someone who maybe has been alienated or is mad about something in the church or who has just never been invited. There is still time, so come this Thursday night!

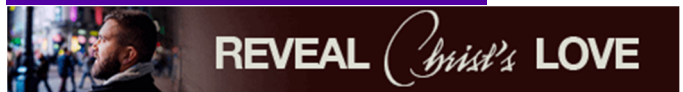
With our prayers, giving and sacrificing, remember Sundays during Lent were always a time or break from the rigors we might be embracing. We recall Jesus when questioned about why his disciples were not fasting like John's, his reply was that no one fasts when the bridegroom is still present. Sundays we always celebrate that Jesus the bridegroom is present in God's Word, in our gathering as his beloved daughters and sons, in hearing the Gospel proclaimed and preached about.

I remind you of this so that you will support our young people's bake sale this weekend. The proceeds will support them and the 'build.' Enjoy the cake, cookies and bread and know by doing so you will be supporting many here and several far away.



On a very side note, some will celebrate the upcoming feast of St. Patrick with a familiar fare. Since St. Patrick's day falls on a Friday in Lent this year, our bishop has dispensed the obligation to abstain from meat on St. Patrick's Day. He asks that if we have that corned beef and cabbage on Friday, that we say an extra prayer or do an extra good deed in place of our abstinence.

CATHOLIC RELIEF SERVICE COLLECTION



Next weekend the Catholic Relief Services Collection is your opportunity to improve the lives of the most vulnerable people around the world and here in the United States. Your support funds organizations that aid travelers, people affected by war and natural disasters, others whose work or unique cultural circumstances require special pastoral support, and migrants and refugees displaced by conflict, persecution, or political instability.

Next week, please give generously to the collection and help Jesus in disguise. You may also use Online Giving.

ST. THERESA SCHOOL

The St. Theresa School Parents Community wishes to thank the many parishioners who supported the 2023 Homecoming Auction through sponsorships, attending in person, offering items to auction or buying Sweepstakes tickets. You helped make it a very successful fundraiser!

WINGS ~ WOMEN IN GOD'S SPIRIT

WINGS meetings, take place in person in the Meeting Rooms and on Zoom from 9:15-11:15am, on Wednesdays. If you need the zoom link contact Denise Mollen at mollend@aol.com. She will send you the link to Zoom. Our theme for the 2022/2023 year is: **"Abide in God's Love"**



MARCH 15TH

BARBARA WANDER

VOLUNTEER, LITTLE SISTERS OF ST. THERESE OF THE CHILD JESUS

Everything & Everyone is Connected

PARISH BULLETIN UPDATE

We are printing a limited number of the Sunday bulletins in-house for those who do not receive the Friday Flocknote. This is a four page bulletin with basic information.

Everything that is contained in the bulletin is now available in the Friday Flocknote. Page 3 of the bulletin has information on how to sign-up for the Friday Flocknote.