

# ST. THERESA PARISH COMMUNITY

MARCH 19, 2023

FOURTH SUNDAY OF LENT

## MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

## RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

## PARISH CENTER OFFICE HOURS:

Monday: 12:00 pm - 2:30 pm

Tuesday - Thursday: 10:00 am - 2:30 pm

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

Parish Website: [www.sttheresaokland.org](http://www.sttheresaokland.org)

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 [https://www.youtube.com/channel/UCn5JX1e3QrqXTsa\\_7qmNCIw](https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw)

## PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121 [rjmccann@sttheresaokland.org](mailto:rjmccann@sttheresaokland.org)  
*Pastor*

Rev. Abraham Addam, ext. 122  
*In Residence*

Rev. Ngema W. Enow, ext. 128 [ngemawil.enow@gmail.com](mailto:ngemawil.enow@gmail.com)  
*In Residence*

Cathy Brady, ext. 126 [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org)  
*Liturgy Director*

Jenny Bruni, ext. 123 [jenny@sttheresaokland.org](mailto:jenny@sttheresaokland.org)  
*High School Youth Ministry Coordinator*

Rob Cakebread, ext. 127 [rob@sttheresaokland.org](mailto:rob@sttheresaokland.org)  
*Music Ministry Director*

Melody Marr, ext. 120 [melody@sttheresaokland.org](mailto:melody@sttheresaokland.org)  
*Parish Administrator*

Keri Nims, ext. 124 [keri@sttheresaokland.org](mailto:keri@sttheresaokland.org)  
*Coordinator for Early Childhood Catechesis & RCIC*

## ST. THERESA SCHOOL

Alicia Ortegón, 510.547.3146 [a\\_ortegon@sttheresaschool.org](mailto:a_ortegon@sttheresaschool.org)  
*St. Theresa School Principal*

website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

## Baptisms and Marriages

by appointment (call parish office 510.547.2777)

## To arrange a Funeral

call parish office 510.547.2777, ext. 120

## Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ [keri@sttheresaokland.org](mailto:keri@sttheresaokland.org)

## Middle School Youth Ministry (Grades 6-8)

Jenny Bruni and Keri Nims: Co-Coordinators

## High School Youth Ministry/Confirmation

Jenny Bruni ~ [jenny@sttheresaokland.org](mailto:jenny@sttheresaokland.org)

## R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org)

Parish Calendar: <https://sttheresaokland.org/calendar>

## Parish Organization Contacts

### Pastoral Council:

Paulette Tuckner

[pmtuckner@comcast.net](mailto:pmtuckner@comcast.net)

### Finance Council:

Carolyn Mahoney

[carolyn.mahoney675@gmail.com](mailto:carolyn.mahoney675@gmail.com)

### St. Vincent de Paul Society

Greg Govan

[glgovan@comcast.net](mailto:glgovan@comcast.net)

### CYO (Catholic Youth Organization):

Clarence Robinson

[sttheresaathletics@gmail.com](mailto:sttheresaathletics@gmail.com)

### St. Theresa Men's Club

Chris Bruni

[mensclubsttheresa@gmail.com](mailto:mensclubsttheresa@gmail.com)

### Legion of Mary

Tom Wallace

[tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

### WINGS

Geritong

[geritong1944@gmail.com](mailto:geritong1944@gmail.com)

### Social Justice Committee (SJC)

Lydia Deck

[ltdeck@me.com](mailto:ltdeck@me.com)

### Consolation Ministry

Cecile Cuttitta

[cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

### Men's Faith Sharing

Jim Frei

[jim@ottofrei.com](mailto:jim@ottofrei.com)

### Cursillo

Geritong

[gt4palancaoakland@gmail.com](mailto:gt4palancaoakland@gmail.com)

### Kinderchurch

Shanon Ciston

[s.ciston@gmail.com](mailto:s.ciston@gmail.com)



On Sunday, March 26<sup>th</sup> at the 9:00 am Mass the Sacrament of the Sick will be administered to all those who suffer from a serious, acute or chronic illness. Caregivers are also encouraged to attend.



**WEEKLY REFLECTION**

**Fourth Week of Lent Year A  
Living Water**

**Samuel 16:1b, 6-7, 10-13a**

**Psalm 23:1-6**

*The Lord is my shepherd; there is nothing I shall want..*

**Ephesians 5:8-14**

**John 9:1-41**

We do not see as God sees, for God sees a person’s heart. Samuel originally thought, judging by appearances, that David’s older brother was the one he was called to anoint. The blind man believed in Jesus, but the Pharisees, who could see, were not able to recognize Jesus for who he was.

Where am I blind? Is there someone I have judged quickly, looking only at appearances? This week I will take another look and try to get to know and understand the person. I will ask the Lord to give me the gift of his sight so that I may see people for who they truly are. I will avoid rash judgments.



Ash Wednesday and Good Friday are days of fast and abstinence.

The law of fasting allows one full meal and two smaller ones.

The law of abstinence prohibits the eating of meat. The Fridays of Lent are days of abstinence in the United States.

The obligation of abstinence begins at age 14. The norms on fasting are obligatory from age 18 until age 59.

**LOW GLUTEN HOSTS**

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. Please use the presider’s communion station to receive a low gluten host.



**Bishop’s Ministries Appeal 2023**

**St. Theresa Parish Goal - \$35,800**

**THERE WILL BE A COLLECTION FOR THE APPEAL ON MARCH 25 & 26**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

**WEEKLY READINGS: MARCH 20 - 26**

<b>Monday:</b> 2 Sm 7:4-5a, 12-14a, 16 Ps 89 Rom 4:13, 16-18, 22 Mt 1:16, 18-21, 24a	<b>Tuesday:</b> Ez 47:1-9, 12 Ps 46 Jn 5:1-16 <b>Wednesday:</b> Is 49:8-15 Ps 145 Jn 5:17-30	<b>Thursday:</b> Ex 32:7-14 Ps 106 Jn 5:31-47 <b>Friday</b> Wis 2:1a, 12-22 Ps 34 Jn 7:1-2, 10, 25-30	<b>Saturday:</b> Is 7:10-14; 8-10 Ps 40 Heb 10:4-10 <b>Sunday:</b> Ez 37:12-14 Ps 130 Rom 8:8-11 Jn 11:1-45
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**ST. THERESA PARISH  
LENTEN OPPORTUNITIES**

**PARISH LENTEN RETREAT  
“THE 99”**  
March 23  
7:00 pm in the church  
Invite someone to join you for the retreat  
We will end the retreat on March 23 with Mass.

**Fr. Ngema, Lenten Bible Journey**  
March 21, 28, April 3  
7:00 pm on Zoom  
*Zoom link is in the Friday Flocknote*

**“BEST LENT EVER”**  
Daily Flocknote Reflection

**HOLY MOMENTS BOOK**

**STATIONS OF THE CROSS**  
March 24, 31  
Provided by the school  
9:30 am & 2:30 pm

**RICE BOWLS**

**LENT IN A BAG**

**DAILY REFLECTION BOOKLETS**

**ANOINTING OF THE SICK**  
March 26, 9:00 am Mass

**SEDER DINNER**  
March 29, 6:00 pm  
*Reservation Required*  
Click on the Seder Dinner link on the Lenten Events page to make a reservation.

Check out the Lent page on the parish website for details.  
<https://sttheresaokland.org/lent-2023>

**MASS INTENTIONS - MARCH 18 - 25**

Sat. 5:00 pm Graciela & John Suarez  
 Sun. 9:00 am Parish Community of St. Theresa


Mon. 8:30 am † Jim Putkey  
 Tues. 8:30 am For our parish benefactors  
 Wed. 8:30 am † Larry Countryman  
 Thurs. 8:30 am For peace and an end to warfare  
 Fri. 8:30 am For all effected by recent storms

Sat. 5:00 pm † Elsia Guintoli  
 Sun. 9:00 am Parish Community of St. Theresa

**MASS INTENTIONS**

To request a Mass Intention contact Melody Marr at [melody@sttheresaokland.org](mailto:melody@sttheresaokland.org) or 510.547.2777, ext. 120

**KEEP IN TOUCH WITH US**

◆ Receive the weekly Friday Flocknote  *You will receive everything contained in the bulletin plus additional information.*

◆ Unsubscribe anytime

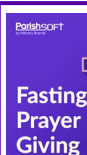
**Sign-up at:** [flocknote.com/StTheresa30](http://flocknote.com/StTheresa30)  
**OR Text:** STT To: 84579

**OR** send an email to [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org) with a request to be added to the Friday Flocknote Group with you full name and email address.

**SUNDAY OFFERING**

**ONLINE GIVING:**  
 (March 6 - 12) 59 DONORS **\$ 3,869.50**

**MASS/DROP-OFF/MAILED DONATIONS:**  
 (March 6 - 12) 38 DONORS **\$ 2,842.00**



During Lent we are reminded to develop a more conscious spiritual life and share what we have with those in need, One practical way to achieve this goal is to make the change to eGiving for St. Theresa parish.

You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

*It's easy to get started. Here are the ways to sign up:*



**Text 510-876-9679**  
 Text "GIVE" to this number to receive a link to our online giving page.

Visit us at <https://sttheresaokland.org/donate>

*Thank you for giving generously to St. Theresa Parish*

**SCAM ALERT**

A number of people have received phony emails from Fr. Bob and/or our principal Alicia Ortegon asking for gifts cards. If you receive an email from either of them requesting help with gifts, gift cards, money ..... PLEASE IGNORE and DELETE. It's a scam! They will never request help from you in this manner.

**DECEASED**

Please remember in your prayers, those who have died especially Lillian Cadenasso, the mother of Richard Cadenasso; Richard Hubb.

**PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL ESPECIALLY:**

Matt Mercier, Heidi Parmelee, Aiden Farinella, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Ida Scodella, Alicia Gonzalez, Susan Springer, Badri Nakhjavani, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Ruth McCabe, Tom Wilberding, Shirley Roberts, Karen Milliman, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Amy Kantowitz, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Patty Estopinal, Laura Jones, Jeff Mills, Mary Pat Power, Bonnie & John Bouey, Susan Rubio, Martin Tierney, Fr. Paul Schmidt, Marley Malone, Isabella Guillot Williams, Violet Chancey, Ann Kirkman, Ann & Hal Lauth, Serra Bonanno and her son George.

**SOCIAL JUSTICE COMMITTEE (SJC) CORNER**

"Our relationship with the environment can never be isolated from our relationship with others and with God" - *Pope Francis, Laudato Si, 119*

In 2015, Pope Francis released his encyclical letter, "Laudato Si': On Care for Our Common Home", the first-ever papal encyclical devoted to the global environmental crisis. Inspired by his namesake, St. Francis of Assisi and his deep communion with all Creation, the Pope issued a powerful appeal to the Church and "all people of good will" to urgently come together and respond to "the cry of the earth and the cry of the poor."

**The SJC will be holding their March meeting in person for the first time on Thursday, March 30<sup>th</sup>, in the Meeting Rooms.** In preparation for this year's Earth Day, April 23<sup>rd</sup>, the committee will be viewing the film, *The Letter: A Message for Our Earth*. This moving 80-minute film is inspired by Pope Francis' encyclical letter, and tells the story of a journey to Rome of frontline leaders from around the world to discuss the letter, leaders who have directly experienced the ecological crisis and are doing something about it. The exclusive dialogue also reveals insight into the Pope's personal history and stories never seen since he became the Bishop of Rome.

Please join the SJC for their meeting on March 30<sup>th</sup>, 7:00pm, at St. Theresa's. RSVP to Lydia Deck, [ltdeck@me.com](mailto:ltdeck@me.com).

**ST. VINCENT DE PAUL**

**CURRENT NEEDS**

Volunteers Needed for the Dining Room at the Direct Services Campus in West Oakland: 8:30am to 1pm Tuesday through Saturday. Volunteers help prepare, and bag warm meals for our guests and serve the meals. Contact Volunteer Coordinator, Kristen Bernal: [kbernal@svdp-alameda.org](mailto:kbernal@svdp-alameda.org) 510-277-6435.

**Men's Clothing** (casual, work, denim, and work pants, and shoes in good condition) and women's hygiene articles can be dropped off in the Church vestibule. These donations are distributed through SVDP Clothes Closet in our Downtown Community Center. They are experiencing a large surplus of women's clothes at this time. As a result, please only donate men's clothes.

**Nonperishable, non-expired food donations:** Our on-going food collections for the needy people in the Sacred Heart Parish have been graciously acknowledged by those who have been served. We bring the food to Sacred Heart around the third Sunday of the month. Food donations may be left in the back of the vestibule in various baskets next to the "Giving Tree at any time.

Our Parish SVdP Conference meets bimonthly, every third Saturday at 9:30am. If interested in learning more about our Conference's work, contact Judy Bojorquez at [jtsbojorquez@yahoo.com](mailto:jtsbojorquez@yahoo.com) or with any questions.

You may use online giving to make a donation to the St. Theresa St. Vincent de Paul conference. <https://sttheresaokland.org/donate>.



## A WORD FROM OUR PASTOR

Many thanks to all who bought cookies, cakes and other goodies helping support the efforts of many of the youth of the parish who next week will travel south and build a house in a day for a homeless family. Almost two thousand was raised through sales and outright donations. I ask all to pray this week that the journey this coming weekend will be successful, safe and life-changing for the family that has been homeless for a long time and the individuals who will experience the build. I am proud to report that many who have gone before have looked differently at the world in a more compassionate, loving, Christian disciple manner after this experience.

If you did not, but still wish to make a donation toward this effort, make your donation, drop it into the regular collection basket and we will make sure it supports this annual opportunity.

Lent is a time of prayer, fasting and giving to the poor (almsgiving). We have many, many opportunities personally and as a community to exercise these traditional facets. Please sign up for the Seder dinner. We have not been able to do it for a couple of Covid moratorium years, but it is a great way to prepare for Holy Week. In the three Synoptic Gospels, Jesus institutes the Eucharist and gives us the example and command of love when he washes feet at a Passover Dinner. We gather and follow the Seder (Order) of a Passover dinner, and it will be enlightening if we recall the account on Holy Thursday.

There are too many opportunities to give to the poor and it is difficult at times to discern which ones to support with our personal budgets and decision about tithing. The Bishop's Appeal this year begins again and this weekend we watch the short film the bishop's office has sent us. I assure you that none of the funds given to this effort go anywhere but to the ministries mentioned. The diocese does continue to support above what the parishes do on their own religious education programs that train teachers and provide resources. An annual youth day joins several other northern California dioceses for a large gathering in the fall at the CA fairgrounds in Vallejo.

I am happy to see this year the ministry of Rachel's Vineyard is mentioned. Over the years I have encouraged several to go to this retreat. The results have been supportive and healing without dire or any judgement. Walking with Women is a very good opportunity for us as a Church to do more to support women with the many challenges of raising a child. It goes well beyond the insistence against abortion.

I know there are many ways to support charities, but I do encourage you to support again the Bishop's appeal. Our parish goal is the same as it has been for several years of \$35,800.

The bishop in the video mentions the Eucharist Revival the bishops have called for in our whole country and mentioned a diocesan wide gathering in the fall which will be at St.

Raymond parish in Dublin. More details about this will be given when we get closer to the event. The parish staff has begun working on how we can integrate this call into our own parish experience. We are guided by Pope Benedict's letter/exhortation **Sacramentum Caritatis** that was written after the Synod on the Eucharist. It articulates that the Church needs to look and study and rejoice in three clear components: the Eucharist is a mystery to be believed, a mystery to be celebrated and a mystery to be lived.



As we continue our Lenten journey, let us meditate on what the Lord gave us on the night of the Last Supper: his true presence with us always, the gathering we are all called to fully and actively participate in each week and the charity, compassion and love that follows because of the Lord's gift. Jesus feeds us with himself to nourish us on our way. We are now called to follow that example and feed those in need with our love, encouragement, forgiveness, and charity because of his unconditional gift!

I hope St. Patrick's Day was grand. Celebrate St. Joseph's Day with good food, drink and joy!

### HELP DECORATE THE CHURCH FOR PALM SUNDAY AND EASTER.



Decorate for Palm Sunday on Sunday, March 26<sup>th</sup> following the 9:00 am Mass.



Decorate for Easter on Saturday, April 8<sup>th</sup> at 9:00 am.

### PASTORAL COUNCIL

Are you interested in serving your parish on the St. Theresa Pastoral Council? The Pastoral Council is a body of active parishioners that supports the goals and vision of our parish community and staff. This is a 3 year commitment and we meet monthly. For more details, please contact Paulette Tuckner at [pmtuckner@comcast.net](mailto:pmtuckner@comcast.net).

### WINGS ~ WOMEN IN GOD'S SPIRIT

**WINGS** meetings, take place in person in the Meeting Rooms and on Zoom from 9:15-11:15am, on Wednesdays. If you need the zoom link contact Denise Mollen at [mollend@aol.com](mailto:mollend@aol.com). She will send you the link to Zoom. Our theme for the 2022/2023 year is: **"Abide in God's Love"**



MARCH 22<sup>ND</sup>

DEANNE PEARN, MPP

EXECUTIVE DIRECTOR, HOPE SOLUTIONS

***Maintaining Our Humanity in the Face of the Homeless Crisis***