

# ST. THERESA PARISH COMMUNITY

NOVEMBER 5, 2023

THIRTY-FIRST SUNDAY  
IN ORDINARY TIME

## MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

## RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

## PARISH CENTER OFFICE HOURS:

Tuesday - Thursday: 10:00 am - 2:00 pm

The office is closed on Monday and Friday

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

 Parish Website: [www.sttheresaokland.org](http://www.sttheresaokland.org)

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 [https://www.youtube.com/channel/UCn5JX1e3QrqXTsa\\_7qmNCIw](https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw)

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121 [rjmccann@sttheresaokland.org](mailto:rjmccann@sttheresaokland.org)  
*Pastor*

Rev. Abraham Addam, ext. 122  
*In Residence*

Rev. Ngema W. Enow, ext. 128 [ngemawil.enow@gmail.com](mailto:ngemawil.enow@gmail.com)  
*In Residence*

Cathy Brady, ext. 126 [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org)  
*Liturgy Director*

Rob Cakebread, ext. 127 [rob@sttheresaokland.org](mailto:rob@sttheresaokland.org)  
*Music Ministry Director*

Melody Marr, ext. 120 [melody@sttheresaokland.org](mailto:melody@sttheresaokland.org)  
*Parish Administrator*

Keri Nims, ext. 124 [keri@sttheresaokland.org](mailto:keri@sttheresaokland.org)  
*Coordinator for Early Childhood Catechesis & RCIC*

## ST. THERESA SCHOOL

Alicia Ortegon, 510.547.3146 [a\\_ortegon@sttheresaschool.org](mailto:a_ortegon@sttheresaschool.org)  
*St. Theresa School Principal*

website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

## Baptisms and Marriages

by appointment (call parish office 510.547.2777)

## To arrange a Funeral

call parish office 510.547.2777, ext. 120

## Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ [keri@sttheresaokland.org](mailto:keri@sttheresaokland.org)

## Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ [keri@sttheresaokland.org](mailto:keri@sttheresaokland.org)

## High School Youth Ministry/Confirmation

## R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org)

Parish Calendar: <https://sttheresaokland.org/calendar>

## Parish Organization Contacts

### Pastoral Council:

Paulette Tuckner [pmtuckner@comcast.net](mailto:pmtuckner@comcast.net)

### Finance Council:

Carolyn Mahoney [carolyn.mahoney675@gmail.com](mailto:carolyn.mahoney675@gmail.com)

### St. Vincent de Paul Society

Greg Govan [glgovan@comcast.net](mailto:glgovan@comcast.net)

### CYO (Catholic Youth Organization):

Clarence Robinson [sttheresaathletics@gmail.com](mailto:sttheresaathletics@gmail.com)

### St. Theresa Men's Club

Chris Bruni [mensclubsttheresa@gmail.com](mailto:mensclubsttheresa@gmail.com)

### Legion of Mary

Tom Wallace [tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

### WINGS

Geri Tong [geritong1944@gmail.com](mailto:geritong1944@gmail.com)

### Social Justice Committee (SJC)

Lydia Deck [ltdeck@me.com](mailto:ltdeck@me.com)

### Consolation Ministry

Cecile Cuttitta [cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

### Men's Faith Sharing

Jim Frei [jim@ottofrei.com](mailto:jim@ottofrei.com)

### Cursillo

Geri Tong [gt4palancaokland@gmail.com](mailto:gt4palancaokland@gmail.com)

### Kinderchurch

Shanon Ciston [s.ciston@gmail.com](mailto:s.ciston@gmail.com)

Additional information and events can be found in the Friday Flocknote available on our website: <https://sttheresaokland.org/Bulletin/Flocknote>

30 MANDALAY ROAD -- OAKLAND, CA 94618 -- 510.547.2777



Please join us for our monthly  
**RISE & SHINE MASS**  
at 9am on Sunday,  
November 11<sup>th</sup>.  
This is a youth-friendly and  
youth-participatory Mass.

**REMEMBER ALL SOULS THROUGHOUT NOVEMBER**

The month of November is traditionally reserved in the Church for remembering loved ones who have died. Throughout the month there will be a book in the sanctuary which will include any name you submit or that you write in yourself. You may submit your All Souls envelope with the names of the people you wish to remember now, so we may enter them in the book for the All Souls Mass on November 2. Please feel welcome to write the names of your beloved in this book at any time during the month.



Beginning November 2nd there will also be a table in the sanctuary where you may place free standing framed pictures of your beloved dead. The table will be up for the month of November. Please make sure your name and phone number are on the back of the picture.

**SOCIAL JUSTICE CORNER**

**Praying for peace in our world!!** Consider praying a decade of the rosary every day for peace.

**Laudate Deum from the Holy Father Pope Francis.** Read about calls to action on the climate crisis but also a beautiful way to think about our earth and its people.

[https://www.vatican.va/content/francesco/en/apost\\_exhortations/documents/20231004-laudate-deum](https://www.vatican.va/content/francesco/en/apost_exhortations/documents/20231004-laudate-deum)

Stay tuned for Social Justice Committee happenings!

For more information reach out to Lydia Deck [ltdeck@me.com](mailto:ltdeck@me.com)

**St. VINCENT DE PAUL**

**Nonperishable, non-expired food donations:** there is a monthly Food Drive to feed the hungry in the Sacred Heart Parish area. Cans of all sorts of food, bags of rice and beans, pasta and other non-perishables are needed. Your donation can be placed in the vestibule in the big baskets near the statue of St. Theresa.

Our Parish SVdP Conference meets bimonthly, every third Saturday at 9:30am. If interested in learning more about our Conference's work, contact Judy Bojorquez at [jtsbojorquez@yahoo.com](mailto:jtsbojorquez@yahoo.com) with any general questions. Call 510-547-0911 if you have a specific question. You may use online giving to make a donation to the St. Theresa St. Vincent de Paul conference. <https://sttheresaokland.org/donate>.



**ST. THERESA SCHOOL**

CONSIDERING YOUR SCHOOL OPTIONS FOR THE '24-'25 ACADEMIC YEAR? CONTACT US TO LEARN MORE ABOUT OUR:

- Rigorous academic curriculum
- Engaging enrichment courses
- Integrated service learning program
- Athletic and extracurricular offerings

**TK - 8TH GRADE**  
**2024-2025 SCHOOL YEAR**  
**NOW ACCEPTING APPLICATIONS**

510.547.3146  
[admissions@sttheresaschool.org](mailto:admissions@sttheresaschool.org)  
[sttheresaschool.org/admissions](http://sttheresaschool.org/admissions)

Want to learn more about St. Theresa School? Visit us at [www.sttheresaschool.org/admissions](http://www.sttheresaschool.org/admissions) and sign up for an info session or campus tour. We look forward to welcoming you.

**WINGS ~ WOMEN IN GOD'S SPIRIT**

"WINGS is a faith enhancement group for women that encourages spiritual growth through prayer, scripture study, life-sharing and community. Our meetings, each with a different expert speaker generally focusing on different aspects of our faith, takes place from 9:15-11:15am, on Wednesday mornings. Our engaging speakers will uplift you and keep you informed. You'll experience a welcoming community as we support each other in our spiritual growth. Feel free to invite a friend! Women from local parishes and other denominations are most certainly welcome. If you have any questions, contact Denise at [mollend@aol.com](mailto:mollend@aol.com)."



Our theme for the 2023/2024 year is: **"Walking the Journey of Faith"**  
**NOVEMBER 8<sup>TH</sup>**

**CARRIE GOVAN SKELLY**  
**ARTIST**

*Silence and Self-Knowledge: St. Theresa of Avila*

**PARISH CALENDAR**

Find out what is happening at the parish.  
<https://sttheresaokland.org/calendar>

**WEEKLY READINGS: NOVEMBER 6 - 12**

<b>Monday:</b> Rom 11:29-36 Ps 69 Lk 14:12-14	<b>Tuesday:</b> Rom 12:5-16b Ps 131 Lk 14:15-24	<b>Wednesday:</b> Rom 13:8-10 Ps 112 Lk 14:25-33	<b>Thursday:</b> Ez 47:1-2, 8-9, 12 Ps 46 1 Cor 3:9c-11, 16-17 Jn 2:13-22	<b>Friday:</b> Rom 15:14-21 Ps 98 Lk 16:1-8	<b>Saturday:</b> Rom 16:3-9, 16, 22-27 Ps 145 Lk 16:9-15	<b>Sunday:</b> Wis 6:12-16 Ps 63 1 Thes 4:13-18 Mt 25:1-13
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**MASS INTENTIONS - NOVEMBER 4 - 12**

at.	5:00 pm	✦ Tina Bruno
Sun.	9:00 am	Parish Community of St. Theresa
Mon.	8:30 am	✦ Suzette Bertrand
Tues.	8:30 am	✦ Venerable Frank Duff
Wed.	8:30 am	✦ Tom Donnelly
Thurs.	8:30 am	For victims of violence, terrorism, and war
Fri.	8:30 am	✦ Ray Arata
Sat.	5:00 pm	Parish Community of St. Theresa
Sun.	9:00 am	Graciela Cors

**MASS INTENTIONS**

To request a Mass Intention contact Melody Marr at [melody@sttheresaokland.org](mailto:melody@sttheresaokland.org) or 510.547.2777, ext. 120

**KEEP IN TOUCH WITH US**

- ◆ Receive the weekly Friday Flocknote  
*You will receive everything contained in the bulletin plus additional information.*

- ◆ Unsubscribe anytime

**Sign-up at:** [flocknote.com/StTheresa30](http://flocknote.com/StTheresa30)

**OR**

**Text:** STT To: 84579

**OR** send an email to

[cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org) with a request to be added to the Friday Flocknote Group with your full name and email address.

**SUNDAY OFFERING****ONLINE GIVING:**

(October 23 - 29) 52 DONORS **\$ 2,044.50**

MASS/DROP-OFF/MAILED DONATIONS:  
(October 23 - 29) 38 DONORS **\$ 3,375.00**

**ST. VINCENT DE PAUL:**

ONLINE: 22 DONORS **\$ 838.00**

MASS/DROP-OFF/MAILED: 25 DONORS **\$ 1,185.00**



**Find Simplicity  
with eGiving**

You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

**It's easy to get started. Here are the ways to sign up:**



**Text**  
**510-876-9679**  
Text "GIVE" to this number to receive a link to our online giving page.

Visit us at  
<https://sttheresaokland.org/donate>

*Thank you for giving generously to St. Theresa Parish*

**VOLUNTEER FOR A LITURGICAL MINISTRY**

Please consider volunteering for one of our Liturgical ministries. Liturgy is the work of the people and we need your assistance.

What is your gift, passion, what do you really like to do? Do you like to read, talk with people, serve people, work behind the scenes, electronics? Turn that passion into a ministry, there is something for everyone. Prayerfully consider one of the following ministries.

- ✦ **Lector**
- ✦ **Eucharistic Minister**
- ✦ **Sacristan**
- ✦ **Altar Server** (grade 3 and up)
- ✦ **Projectionist**
- ✦ **Videographer** (for the live-stream 9am Sunday Mass)
- ✦ **Greeter**
- ✦ **Usher**
- ✦ **Altar Linens**

Contact Cathy Brady to volunteer, [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org)

**PARISH FINANCE COMMITTEE**

The Finance Committee has a need for someone whose background includes being a controller.

It will not be a big time commitment but we need your skills. If you'd like to explore this, please call Carolyn Mahoney at 510-918-1987.

**LOW GLUTEN HOSTS**

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to <https://www.parishcrossroads.com/low-gluten.htm>.

Please use the presider's communion station to receive a low gluten host.

**PLEASE REMEMBER IN YOUR PRAYERS  
ALL THOSE WHO ARE ILL**

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Alicia Gonzalez, Susan Springer, Badri Nakhjavani, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Ruth McCabe, Tom Wilberding, Shirley Roberts, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Amy Kantowitz, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Laura Jones, Jeff Mills, Mary Pat Power, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Marley Malone, Isabella Guillot Williams, Violet Chancey, Ann Kirkman, Hal Lauth, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, baby Juanito, Jennifer Walwark, Brendan Huey, Greg Govan, Anita Lim.



I AM WITH YOU ALWAYS

**Bishop's Ministries Appeal 2023**

**St. Theresa Parish Goal \$35,800**

Percentage Achieved **80.87%**

**\$28,0950** as of October 31, 2023

<https://www.oakdiocese.org/bishops-appeal-donation-page>



## A WORD FROM OUR PASTOR

We have celebrated All Saints and All Souls days this past week and these great feasts give us some guidance on how we are nourished along the way and what that nourishment compels us to do every day. The Eucharist nourishes us to then 'act justly, love tenderly and walk day by day humbly with God. In these disturbing times of war and violence far away and sometimes close to our own neighborhoods, continuing to focus on these matters may help us when we just don't know what we can do to make a difference. Here is a short reflection on the Eucharist that compels us to work for justice and peace parts taken from a parish bulletin in Helena, MO.:



"The Eucharist, as we know, is the source and summit of our faith. It is the power of Christ that comes into our hearts to give us the wisdom and strength to follow Him in our daily lives. The Eucharist unites us to Christ and cleanses us of our sins. The power of the Eucharist strengthens our charity; our love for God and one another; our kindness and compassion for the poor and the suffering because it is love incarnate who comes into our hearts to strengthen our love for God and for one another. The Eucharist strengthens our unity and love of the Church, as we are one Body; one Spirit in Christ. In the celebration of the Eucharist, we anticipate eternal love, and the glory of heaven; where every tear will be wiped away, and we will be in the presence of our Lord forever.

Every time we celebrate the Eucharist, we receive in our hearts the food for immortality; the food for the journey that strengthens us for the place we strive for every day of our lives. When a Eucharistic celebration takes place, those who have gone before us, and those who will come after us are present, because God is not limited by space or time, and God is love, and the creator of the heavens and the earth is present in the Eucharist.

Participating in the Eucharist identifies us with the heart of Christ, as His Body and Blood are truly present in our souls; giving us the strength to bring His light to the world. It is in the Eucharist that Christ works in the complete transformation of all of us; helping us to grow in holiness and love of the Lord and each other every day of our lives. "

Nourished with the Bread of Life, we are then nourished and enabled to act in two different but complimentary ways so we can follow the path of love which are called the 'two feet of love in action: social justice and charitable works. Both ways of following the path of love involve treating people respectfully, not oppressing them, standing with them in solidarity and providing support.

"Social justice 'concerns the social, political and economic aspects of and above all, the structural dimensions of problems and their respective solutions.'" *Compendium of the Social Doctrine of the Church, no. 201*

Charitable works are the 'response to immediate needs. Pope Benedict XVI in *Deus Caritas Est, no. 31*: The goal is to create a society where all people have the support, the opportunity, and the infrastructure to become the people God created them to be.

We believe in following the guidance of the Holy Spirit. Our response as disciples is based on the teaching of Jesus as expressed in the scriptures, Catholic Social Teaching, and the corporal and spiritual works of mercy. We hold these teachings in our hearts and prayers, our thoughts, and words, and in our actions. St. Theresa of Calcutta encourages us to server for "the love of Jesus, for the glory of God, and for the common good." We believe that all people are created with love in the image and likeness of God and reflect his glory. We believe in Namaste, "The God in me beholds the God in you. "

The foundation of Catholic Social Teaching will be presented next week.

## SAFE ENVIRONMENT TRAINING FOR PARISH & SCHOOL VOLUNTEERS



For many parish and school volunteers it is time for you to renew your training. You will or have received an email reminder with a link for you to complete the online training. Please complete the training by the renewal date in the email.

If you have any problems or questions contact Cathy Brady at [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org).

To renew or register for the first time, click on the link in your email or go to <https://www.virtusonline.org> or click on the link in the upper right corner of the parish website [sttheresaoakland.org](http://sttheresaoakland.org).

Please remember that in order to volunteer at the parish in any capacity (Lector, Eucharistic Minister, Catechist, Choir Member, St. Vincent de Paul, Legion of Mary, CYO etc.), or school, you must complete the training.