

# ST. THERESA PARISH COMMUNITY

JANUARY 28, 2024

FOURTH SUNDAY  
IN ORDINARY TIME

## MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

## RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

## PARISH CENTER OFFICE HOURS:

Tuesday - Thursday: 10:00 am - 2:00 pm

The office is closed on Monday and Friday

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

 Parish Website: [www.sttheresaoakland.org](http://www.sttheresaoakland.org)

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 [https://www.youtube.com/channel/UCn5JX1e3QrqXTsa\\_7qmNCIw](https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw)

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121 [rjmccann@sttheresaoakland.org](mailto:rjmccann@sttheresaoakland.org)  
*Pastor*

Rev. Abraham Addam, ext. 122  
*In Residence*

Rev. Ngema W. Enow, ext. 128 [ngemawil.enow@gmail.com](mailto:ngemawil.enow@gmail.com)  
*In Residence*

Cathy Brady, ext. 126 [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)  
*Liturgy Director*

Rob Cakebread, ext. 127 [rob@sttheresaoakland.org](mailto:rob@sttheresaoakland.org)  
*Music Ministry Director*

Melody Marr, ext. 120 [melody@sttheresaoakland.org](mailto:melody@sttheresaoakland.org)  
*Parish Administrator*

Keri Nims, ext. 124 [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)  
*Coordinator for Early Childhood Catechesis & RCIC*

ST. THERESA SCHOOL  
Alicia Ortegon, 510.547.3146 [a\\_ortegon@sttheresaschool.org](mailto:a_ortegon@sttheresaschool.org)  
*St. Theresa School Principal*  
website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

## Baptisms and Marriages

by appointment (call parish office 510.547.2777)

## To arrange a Funeral

call parish office 510.547.2777, ext. 120

## Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

## Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

## High School Youth Ministry/Confirmation

## R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

Parish Calendar: <https://sttheresaoakland.org/calendar>

## Parish Organization Contacts

### Pastoral Council:

Paulette Tuckner [pmtuckner@comcast.net](mailto:pmtuckner@comcast.net)

### Finance Council:

Carolyn Mahoney [carolyn.mahoney675@gmail.com](mailto:carolyn.mahoney675@gmail.com)

### St. Vincent de Paul Society

Greg Govan [glgovan@comcast.net](mailto:glgovan@comcast.net)

### CYO (Catholic Youth Organization):

Clarence Robinson [sttheresaathletics@gmail.com](mailto:sttheresaathletics@gmail.com)

### St. Theresa Men's Club

Chris Bruni [mensclubsttheresa@gmail.com](mailto:mensclubsttheresa@gmail.com)

### Legion of Mary

Tom Wallace [tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

### WINGS

Geri Tong [geritong1944@gmail.com](mailto:geritong1944@gmail.com)

### Social Justice Committee (SJC)

Lydia Deck [ltdeck@me.com](mailto:ltdeck@me.com)

### Consolation Ministry

Cecile Cuttitta [cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

### Men's Faith Sharing

Jim Frei [jim@ottofrei.com](mailto:jim@ottofrei.com)

### Cursillo

Geri Tong [gt4palancaoakland@gmail.com](mailto:gt4palancaoakland@gmail.com)

### Kinderchurch

Shanon Ciston [s.ciston@gmail.com](mailto:s.ciston@gmail.com)

Additional information and events can be found in the Friday Flocknote available on our website: <https://sttheresaoakland.org/Bulletin/Flocknote>

30 MANDALAY ROAD -- OAKLAND, CA 94618 -- 510.547.2777



## Hope for the Future Sharing the experience of the Synod on Synodality



Join us for an afternoon of HOPE with Cardinal Robert McElroy of San Diego, who comes to share the magnificent pastoral experience of the SYNOD ON SYNODALITY in the Vatican, October 2023. A worldwide consultation preceded this event, surfacing the joys, sorrows and hopes of millions of Catholics. Synodality is grounded in conversion within the entire Church, leading us to embrace all God's people. Cardinal McElroy will lead us in understanding and transformation as each of us endeavors to best listen and respond to this call of the HOLY SPIRIT!

Date: February 4, 2024  
Time: 1 - 3 p.m.  
Where: Dominican Center  
Cost: Donations gratefully accepted

Register: [HERE](#)



43326 Mission Circle, (Entrance Off Mission Tierra), Fremont, CA 94539

[www.msjdominicans.org](http://www.msjdominicans.org)

For more information, contact (510) 933-3546

### WINGS

Theme for 2023/2024: **"Walking the Journey of Faith"**



From 9:15-11:15am, on Wednesday's in the Meeting Rooms. If you have any questions, contact Denise at [mollend@aol.com](mailto:mollend@aol.com).

**JANUARY 31<sup>ST</sup>**

**AMANDA WEHMMAN**

**DIRECTOR OF STRATEGY & EVALUATION AT HOMEBASE**  
**St. Phoebe & Synodality: The Role of Women in Our Church**

### SAFE ENVIRONMENT TRAINING FOR PARISH/SCHOOL VOLUNTEERS



To renew or register for the first time, click on the link in your email or go to <https://www.virtusonline.org> or click on the link in the upper right corner of the parish website [sttheresaokland.org](http://sttheresaokland.org).

Please remember that in order to volunteer at the parish in any capacity (Lector, Eucharistic Minister, Catechist, Choir Member, St. Vincent de Paul, Legion of Mary, CYO etc.), or school, you must complete the training. If you have any problems or questions contact Cathy Brady at [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org).

### WEEKLY READINGS: JANUARY 29 - FEBRUARY 4

Monday:	Tuesday:	Wednesday:	Thursday:	Friday	Saturday:	Sunday:
2 Sm 15:13-14, 30; 16:5-13 Ps 3 Mk 5:1-20	2 Sm 18:9-10, 14b, 24-25a, 30-19:3 Ps 86 Mk 5:21-43	2 Sm 24:2, 9-17 Ps 32 Mk 6:1-6	1 Kgs 2:1-4, 10-12 Ps 1 Chr 29 Mk 6:7-13	Mal 3:1-4 Ps 24 Heb 2:14-18 Lk 2:22-40	1 Kgs 3:4-13 Ps 119 Mk 6:30-34	Jb 7:1-4, 6-7 Ps 147 1 Cor 9:16-19, 22-23 Mk 1:29-39

"For in the one Spirit we were all baptized into one body." - 1 Cor 12:13

# BRINGING THE SYNOD HOME

A synodal moment co-sponsored  
by the Diocese of Oakland  
and the Jesuit School of Theology  
of Santa Clara University.



### INFO

DATE: February 1, 2024  
TIME: 6:30 PM to 8:00 PM  
LOCATION: Santa Maria Parish Hall, Orinda 40 Santa Maria Way, Orinda, CA



### ABOUT THE SYNOD AND THIS EVENT

In October 2023, the universal Church celebrated the first phase of the Synod on Synodality on the theme of communion, participation, and mission. In an atmosphere of listening, dialogue, and discernment, the delegates reflected on matters of vital importance in the Church. Ahead of the second phase in October 2024, the People of God are invited and encouraged to sustain the synodal dynamism. ***This event offers the faithful of Oakland Diocese an opportunity to experience the spirit of the Synod, deepen the insights from the Synod, and discern good practices that represent visible and concrete signs of synodality in the local Church.***

### ABOUT THE SPEAKER



Fr. Agbonkhanmeghe E. Orobator, S.J., voting member of the 16th Ordinary General Assembly of the Synod of Bishops on Synodality and dean of the Jesuit School of Theology of Santa Clara University.

### QUESTIONS?

Reach out to Joseph Nufable  
by emailing  
[jnufable@oakdiocese.org](mailto:jnufable@oakdiocese.org)

### REGISTER BY GOING TO

<http://tinyurl.com/BringingSynodHome>



**MASS INTENTIONS - JANUARY 27 - FEBRUARY 4**

Sat.	5:00 pm	✠ Arnold Bruni
Sun.	9:00 am	Parish Community of St. Theresa
Mon.	8:30 am	✠ Peter & Virginia Cuttitta
Tues.	8:30 am	✠ Michael McShane
Wed.	8:30 am	✠ The Donnelly Family & Friends
Thurs.	8:30 am	✠ Piera Fazio
Fri.	8:30 am	Paula Suarez
Sat.	5:00 pm	Parish Community of St. Theresa
Sun.	9:00 am	✠ The Donnelly Family & Friends

**MASS INTENTIONS**

To request a Mass Intention contact

Melody Marr at [melody@sttheresaokland.org](mailto:melody@sttheresaokland.org)  
or 510.547.2777, ext. 120

**PARISH CALENDAR**

Find out what is happening at the parish.

<https://sttheresaokland.org/calendar>

**KEEP IN TOUCH WITH US**

- ◆ Receive the weekly Friday Flocknote  
*You will receive everything contained in the bulletin plus additional information.*
- ◆ Unsubscribe anytime

**Sign-up at:** [flocknote.com/StTheresa30](https://flocknote.com/StTheresa30)

**OR**

**Text:** STT To: 84579

**OR** send an email to

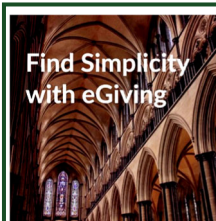
[cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org) with a request to be added to the Friday Flocknote Group with your full name and email address.

**SUNDAY OFFERING****ONLINE GIVING:**

(January 15 - 21) 56 DONORS **\$ 2,358.50**

**MASS/DROP-OFF/MAILED DONATIONS:**

(January 15 - 21) 42 DONORS **\$ 3,142.00**



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

*It's easy to get started. Here are the ways to sign up:*



**Text**  
**510-876-9679**  
Text "GIVE" to this number to receive a link to our online giving page.

Visit us at

<https://sttheresaokland.org/donate>

*Thank you for giving generously to St. Theresa Parish*

**PARISH MAINTENANCE & IMPROVEMENT**

The second collection for the Parish Maintenance & Improvement Fund will be on February 3 & 4.

You may also use Online Giving for this collection.

**FIRST FRIDAY ADORATION**

**February 2<sup>nd</sup>**

**9:00 am to 4:30 pm**

Benediction at 4:30 pm

**DECEASED**

Please remember in your prayers, those who have died especially Justus Vierra.

**SOCIAL JUSTICE & ST. VINCENT DE PAUL**

Information and activities for the Social Justice committee and St. Vincent de Paul can be found in the Friday Flocknote.

If you do not receive the Friday Flocknote it is available on the parish website <https://sttheresaokland.org/>, click on the Bulletin/Flocknote link at the top of the page.

**LOW GLUTEN HOSTS**

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to <https://www.parishcrossroads.com/low-gluten.htm>.

Please use the presider's communion station to receive a low gluten host.

**PLEASE REMEMBER IN YOUR PRAYERS  
ALL THOSE WHO ARE ILL**

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Alicia Gonzalez, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Shirley Roberts, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Laura Jones, Jeff Mills, Mary Pat Power, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Isabella Guillot Williams, Violet Chancey, Ann Kirkman, Hal Lauth, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Helen Lightner-Smith, Steve Lauth., Mary Malloy, Eduardo Suarez.



I AM WITH YOU ALWAYS

**Bishop's Ministries Appeal 2023**

**St. Theresa Parish Goal \$35,800**

Percentage Achieved **91.54%**

**\$32,770** as of December 31, 2023

<https://www.oakdiocese.org/bishops-appeal-donation-page>

## A WORD FROM OUR PASTOR

Each January as we conclude the Christmas celebrations, most of the American saints' feasts are celebrated. St. Elizabeth Ann Seaton was the first native born American to be canonized. (St. Frances Xavier Cabrini is the first American saint, but she was born in Italy.) Elizabeth Ann Seaton is credited with the founding of the Catholic School System in the United States. She did this when her children were openly persecuted and ridiculed in the public schools of the time because of their Catholic faith. She wanted a place where her children could learn in an environment that was safe, supportive and gave witness to basic Catholic values. We continue to celebrate that today as we initiate our annual Catholic Schools' Week.



After Mass today all are invited to go over and tour the school and classrooms. If you are an alumnus, look for your graduation picture. The Event Center has a display of science projects that will dazzle you with presentations!

As a parish we continue to walk along side by side on our journey of faith. A few years ago, at one of the listening sessions, many asked for more parish social events. I hope you have or will make your reservations for the Ravioli Dinner that is on February 24. We honor the memory of Irene Crosetti with this dinner, but also the many women who through the years have provided good food and wonderful socializing in our parish family through the years. It is a very important part of our parish identity that displays hospitality and love through these gatherings. Get your reservation before it gets fully booked!

I'm old enough to remember the 'old pre-Vatican II' Mass. I remember my mother being quite upset with some of the new liturgical changes. When my home parish in NY celebrated its 150<sup>th</sup> anniversary, the committee thought having an old time Mass would be a great idea. My mom eagerly attended and to my shock came home and asked what she was thinking when she thought she missed it! From that day my mom still wanted a bit more reverence during our new version of the Mass, but embraced that she could understand what was read, respond to the prayers, and feel part of a community rather than the 'me and God' posture of the former liturgy.

If you review the history of the 16<sup>th</sup> Century Council of Trent, most of what we have today was foreseen, but not implemented so we the Church would not look like

it agreed with the Protestants of the time. Vatican II finally a couple of hundred years later implemented what Trent proclaimed, but more importantly what were the earliest traditions of Church's liturgy from their origins with the Apostles. But the Church's liturgy evolves and changes according to each age, circumstances, and age.

Bishop Barber has as bishop made some changes that may affect us as we go through the coming years. He affirmed that Confirmation programs must be a two year program, still for eligible high school students and said that if there are adults who join a special Confirmation program or join the RCIA (now OCIA) program, the adults should not be confirmed at the Easter Vigil as we have been doing, but should wait for the ceremony when the bishop or his delegate comes to celebrate the sacrament.

The bishop has prohibited 'Communion Services in the Absence of a priest.' He emphasizes that going to a Mass is most important. If a priest is sick or is on vacation or has three parishes where he is now pastor, the faithful should be encouraged to go to the neighboring parish which should be close in the City of Oakland rather than have a deacon or lay person conduct a liturgy of the word and then give out Communion from the tabernacle.

The bishop has strictly prohibited lay preaching at any Mass. He also reaffirms: "The communicant may choose to receive standing or kneeling, on the hand, or on the tongue.

The bishop also writes: "I understand it had been the policy in our diocese set by a previous bishop (Archbishop Vigneron and affirmed by Bishop Cordileone) to remain standing following the Lamb of God. However, I see no valid reason for us to diverge from the common practice of the Church in the United States. Therefore, I ask that in our diocese we join the rest of the faithful in our country, in kneeling after the Lamb of God in order to prepare ourselves reverently for the reception of Communion. Following reception of Holy Communion, each person may stand, sit, or kneel as they choose, until the priest asks everyone to stand for the Prayer after Communion.

The bishop sent out these directives on January 16, 2024, and says they are to be in force on February 14, 2024, Ash Wednesday. I will have some commentary next week but wanted you to hear this as it has been received.