

ST. THERESA PARISH COMMUNITY

FEBRUARY 11, 2024

SIXTH SUNDAY
IN ORDINARY TIME

MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

PARISH CENTER OFFICE HOURS:

Tuesday - Thursday: 10:00 am - 2:00 pm

The office is closed on Monday and Friday

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

 Parish Website: www.sttheresaoakland.org

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121 rjmccann@sttheresaoakland.org
Pastor

Rev. Abraham Addam, ext. 122
In Residence

Rev. Ngema W. Enow, ext. 128 ngemawil.enow@gmail.com
In Residence

Cathy Brady, ext. 126 cathy_b@sttheresaoakland.org
Liturgy Director

Rob Cakebread, ext. 127 rob@sttheresaoakland.org
Music Ministry Director

Melody Marr, ext. 120 melody@sttheresaoakland.org
Parish Administrator

Keri Nims, ext. 124 keri@sttheresaoakland.org
Coordinator for Early Childhood Catechesis & RCIC

ST. THERESA SCHOOL
Alicia Ortegon, 510.547.3146 a_ortegon@sttheresaschool.org
St. Theresa School Principal
website: www.sttheresaschool.org

Baptisms and Marriages

by appointment (call parish office 510.547.2777)

To arrange a Funeral

call parish office 510.547.2777, ext. 120

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaoakland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaoakland.org

High School Youth Ministry/Confirmation

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaoakland.org

Parish Calendar: <https://sttheresaoakland.org/calendar>

Parish Organization Contacts

Pastoral Council:

Paulette Tuckner pmtuckner@comcast.net

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan glgovan@comcast.net

CYO (Catholic Youth Organization):

Clarence Robinson sttheresaathletics@gmail.com

St. Theresa Men's Club

Chris Bruni mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Geri Tong geritong1944@gmail.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Cursillo

Geri Tong gt4palancaoakland@gmail.com

Kinderchurch

Shanon Ciston s.ciston@gmail.com

Additional information and events can be found in the Friday Flocknote available on our website: <https://sttheresaoakland.org/Bulletin/Flocknote>

30 MANDALAY ROAD -- OAKLAND, CA 94618 -- 510.547.2777

GOING TO THE HEART

A Lenten Sunday retreat series meeting at St. Theresa Catholic Church in Oakland. Presentation, prayer, and conversation led by Deacon Mike Tedone, SJ.

**SUNDAYS
10:15-11:15 AM**

- FEB 18** Do I have room in my heart?
- FEB 25** How can I make my heart and home a little Nazareth?
- MAR 3** How does Jesus shape hearts?
- MAR 10** How do I let Jesus heal in and through me?
- MAR 17** What kind of Messiah am I looking for?
- MAR 24** What does Jesus' crucifixion mean in my life?
- APR 7** How does the Resurrection shape my heart?

Join for one, a few, or all sessions
Spiritual direction opportunities available



Scan QR Code for information and materials regarding the retreat

St. Theresa Parish Lenten Opportunities

PARISH LENTEN RETREAT "GOING TO THE HEART"

February 18, 25, March 3, 10, 17, 24, April 7

DAILY REFLECTION BOOKLETS

Fr. Ngema, Lenten Bible Journey
February 20, 27, March 5, 12, 19, 26

**LENTEN COMPANION
"WALKING WITH JESUS TO JERUSALEM"**
Weekly Flocknote Reflection

STATIONS OF THE CROSS
February 23, March 1, 15, 22
Provided by the school
9:30 am & 2:30 pm

STATIONS OF THE CROSS BOOKLETS
These booklets are available at the back of the church for your use in praying the stations of the cross.

RICE BOWLS

LENT IN A BAG

ANOINTING OF THE SICK
March 17, 9:00 am Mass

SEDER DINNER
March 20, 6:00 pm

Check out the Lent page on the parish website for details.
<https://sttheresaoakland.org/lent-2024>

IRENE CROSETTI RAVIOLI DINNER

Saturday, Feb. 24th

Doors open at 6pm
Antipasti, Salad, Ravioli & Italian Cookies
Cash Bar

\$20 for adults

\$10
8th grade & younger



St. Theresa Event Center
Order Tickets on parish website by
Sunday, Feb. 18
sttheresaoakland.org



**Tickets will be on sale following Mass,
February 10 & 11.**

COME AND HELP DECORATE THE CHURCH FOR LENT



We will be decorating for Lent following Mass on February 11th.

Come and spend an hour helping to decorate.

We promise to get you home in time for your Super Bowl Parties.

WINGS



Theme for 2023/2024:

"Walking the Journey of Faith"

From 9:15-11:15am, on Wednesday's in the Meeting Rooms. If you have any questions, contact Denise at mollend@aol.com.

FEBRUARY 14TH

ASH WEDNESDAY PROGRAM

MASS INTENTIONS - FEBRUARY 10 - 18

Sat.	5:00 pm	✠ Aldo Perrucci
Sun.	9:00 am	Parish Community of St. Theresa
Mon.	8:30 am	✠ Tom Donnelly
Tues.	8:30 am	✠ Victoria & G. B. Molinari
Wed.	8:30 am	Parish Community of St. Theresa
	10:00 am	St. Theresa School Community
	7:00 pm	Parish Community of St. Theresa
Thurs.	8:30 am	✠ Greg Wong
Fri.	8:30 am	For all who struggle to have basic human needs, especially food and shelter
Sat.	5:00 pm	✠ Arnold Bruni
Sun.	9:00 am	Parish Community of St. Theresa

MASS INTENTIONS

To request a Mass Intention contact
Melody Marr at melody@sttheresaokland.org
or 510.547.2777, ext. 120

KEEP IN TOUCH WITH US

- ◆ Receive the weekly Friday Flocknote
You will receive everything contained in the bulletin plus additional information.
- ◆ Unsubscribe anytime

Sign-up at: flocknote.com/StTheresa30

OR

Text: STT To: 84579

OR send an email to

cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with your full name and email address.

SUNDAY OFFERING**ONLINE GIVING:**

(January 29 - February 4) 58 DONORS **\$ 3,130.70**

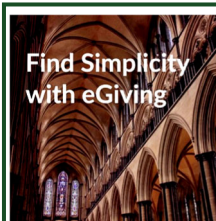
MASS/DROP-OFF/MAILED DONATIONS:

(January 29 - February 4) 47 DONORS **\$ 4,956.00**

PARISH MAINTENANCE & IMPROVEMENT:

ONLINE: (Jan. 8 - Feb. 4) 33 DONORS **\$ 1,597.00**

MASS/DROP-OFF/MAILED: 27 DONORS **\$ 1,628.00**



Find Simplicity
with eGiving

You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

It's easy to get started. Here are the ways to sign up:



Text
510-876-9679
Text "GIVE" to this
number to receive a link
to our online giving page.

Visit us at

[https://
sttheresaokland.
org/donate](https://sttheresaokland.org/donate)

Thank you for giving generously to St. Theresa Parish

**Ash Wednesday
Mass Schedule**

February 14, 2024
8:30 AM
10:00 AM (school Mass)
7:00 PM

Fast & Abstinence

The law of fasting allows one full meal and two smaller ones.

The law of abstinence prohibits the eating of meat. The Fridays of Lent are days of abstinence in the United States.

Ash Wednesday and Good Friday are days of fast and abstinence.

The obligation of abstinence begins at age 14. The norms on fasting are obligatory from age 18 until age 59.

PARISH CALENDAR

Find out what is happening at the parish.

<https://sttheresaokland.org/calendar>

SOCIAL JUSTICE & ST. VINCENT DE PAUL

Information and activities for the Social Justice committee and St. Vincent de Paul can be found in the Friday Flocknote.

If you do not receive the Friday Flocknote it is available on the parish website <https://sttheresaokland.org/>, click on the Bulletin/Flocknote link at the top of the page.

LOW GLUTEN HOSTS

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to <https://www.parishcrossroads.com/low-gluten.htm>.

Please use the presider's communion station to receive a low gluten host.

**PLEASE REMEMBER IN YOUR PRAYERS
ALL THOSE WHO ARE ILL**

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Alicia Gonzalez, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Shirley Roberts, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Laura Jones, Jeff Mills, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Isabella Guillot Williams, Violet Chancey, Ann Kirkman, Hal Lauth, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Helen Lightner-Smith, Steve Lauth, Mary Malloy, Peter Cuttitta.



I AM WITH YOU ALWAYS

Bishop's Ministries Appeal 2023

St. Theresa Parish Goal \$35,800

Percentage Achieved **96.01%**

\$34,370 as of January 31, 2024

<https://www.oakdiocese.org/bishops-appeal-donation-page>

A WORD FROM OUR PASTOR

On Sunday, besides celebrating a 'Rise and Shine' Mass involving many young people among us we celebrate CYO. Pope Francis writes: Sports in the community can be a great missionary tool, where the church is close to every person to help them become better and to meet Jesus Christ."



"Sport is a human activity of great value, able to enrich people's lives. As far as the Catholic Church is concerned, she is working in the world of sport to bring the joy of the Gospel, the inclusive and unconditional love of God for all human beings." We celebrate all our team members and pray God blesses each of them in their sport. We also pray for our coaches, CYO Board and Athletic Director(s). May God guide their judgments for the good sake of the children who participate.

I am sure one or two of you will say a prayer for the teams in the Super Bowl today. No matter the outcome, a lesson is in our midst today. When all call you 'Mr. Nobody,' God may have very different plans, so let us trust God's wisdom in our lives!

This week, Lent begins Wednesday which is also St. Valentine's Day. I am teasing when I say we will put ash hearts on our foreheads this year instead of the crosses we usually do, but it is a great time for us to do several things: Prayer, Fasting and Almsgiving.

Lent was originally a special retreat for all who have studied the faith and were about to be baptized, confirmed, and welcomed to receive the Eucharist in the early Church. It was a devoted time to pray, fast and be sure that they were ready to make the commitment to God, through Jesus and to the Church that would continue to nurture and accompany them on the pilgrimage of the Christian life.

It is now a season when all of us can spend some extra time in examining our relationship with God, and each other and the Church that unites us.

Prayer is not so difficult. We have our memorized prayers (Our Father, Hail Mary, etc.) as guides to our own words and expression of our feelings to God. Prayer involves our

speaking but also our listening to God whom we believe wants to be in a close relationship with each of us. I know many of you have a deep and personal prayer life. My hope is that all of us will grow even further in our prayer with the Lord who loves us.

I invite you to all the formal prayer services and Masses that our parish provides, but I also encourage you to spend some time each day in prayer in the quiet of your home or another special place. Once again, small pocketbooks are offered to help you do this. I often ask young people how often they text or speak with their best friends. God wants to be as close to each of us as a close friend or family member in our lives. Don't be hesitant to call and speak and listen often each day.

We use the slogan around our 'rice bowls project' that if we go with a little less, others will have a little more. Fasting has been a component of Christianity since the earliest days of its existence.

During Lent, we give us something sometimes (meat on Fridays, etc.) because Jesus gave up everything for us and our redemption. Don't just fast from something you like or will miss, try to fast from gossip, moments that lack charity or moments that judge.

Almsgiving is the third part of the traditions of Lent. So many have so many needs. I encourage you to be generous to our Catholic Relief Service appeal through the 'Rice Bowls.' You are so generous in this parish, and I simply encourage you to continue that example.

As you heard, many of our parishioners are planning to join the building of a home through the Corazon organization the first week of April. I know many supported these efforts in the past. You can give support by attending the Ravioli Dinner coming up or by contacting one of the coordinators. Please say a prayer for the family who has waited a long time without decent housing as they finally get some decent shelter to live in. Please keep the plan in your prayers so the new logistics will be safe, smooth, and successful.

Again, make sure you have the parish retreat on your calendar. This year, Deacon Mike offers many sessions each Sunday after the morning Mass. Fr. Ngema is again offering some Bible Study on Tuesday nights online. You don't want to miss it! Happy Lent!

WEEKLY READINGS: FEBRUARY 12 - 18

Monday:	Tuesday:	Wednesday:	Thursday:	Friday:	Saturday:	Sunday:
Jas 1:1-11 Ps 119 Mk 8:11-13	Jas 1:12-17 Ps 94 Mk 8:14-21	Jl 2:12-18 Ps 51 2 Cor 5:20 - 6:2 Mt 6:1-6, 16-18	Dt 30:15-20 Ps 1 Lk 9:22-25	Is 58:1-9a Ps 51 Mt 9:14-15	Is 58:9b-14 Ps 86 Lk 5:27-32	Gn 9:8-15 Ps 25 1 Pt 3:18-22 Mk 1:12-15