

ST. THERESA PARISH COMMUNITY

FEBRUARY 18, 2024

FIRST SUNDAY OF LENT

MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

PARISH CENTER OFFICE HOURS:

Tuesday - Thursday: 10:00 am - 2:00 pm

The office is closed on Monday and Friday

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

 Parish Website: www.sttheresaoakland.org

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121 rjmccann@sttheresaoakland.org
Pastor

Rev. Abraham Addam, ext. 122
In Residence

Rev. Ngema W. Enow, ext. 128 ngemawil.enow@gmail.com
In Residence

Cathy Brady, ext. 126 cathy_b@sttheresaoakland.org
Liturgy Director

Rob Cakebread, ext. 127 rob@sttheresaoakland.org
Music Ministry Director

Melody Marr, ext. 120 melody@sttheresaoakland.org
Parish Administrator

Keri Nims, ext. 124 keri@sttheresaoakland.org
Coordinator for Early Childhood Catechesis & RCIC

ST. THERESA SCHOOL
Alicia Ortegon, 510.547.3146 a_ortegon@sttheresaschool.org
St. Theresa School Principal
website: www.sttheresaschool.org

Baptisms and Marriages

by appointment (call parish office 510.547.2777)

To arrange a Funeral

call parish office 510.547.2777, ext. 120

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaoakland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaoakland.org

High School Youth Ministry/Confirmation

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaoakland.org

Parish Calendar: <https://sttheresaoakland.org/calendar>

Parish Organization Contacts

Pastoral Council:

Paulette Tuckner pmtuckner@comcast.net

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan glgovan@comcast.net

CYO (Catholic Youth Organization):

Clarence Robinson sttheresaathletics@gmail.com

St. Theresa Men's Club

Chris Bruni mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Geri Tong geritong1944@gmail.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Cursillo

Geri Tong gt4palancaoakland@gmail.com

Kinderchurch

Shanon Ciston s.ciston@gmail.com

Additional information and events can be found in the Friday Flocknote available on our website: <https://sttheresaoakland.org/Bulletin/Flocknote>

30 MANDALAY ROAD -- OAKLAND, CA 94618 -- 510.547.2777

GOING TO THE HEART

A Lenten Sunday retreat series meeting at St. Theresa Catholic Church in Oakland. Presentation, prayer, and conversation led by Deacon Mike Tedone, SJ.

SUNDAYS
10:15-11:15 AM

- FEB 18** Do I have room in my heart?
- FEB 25** How can I make my heart and home a little Nazareth?
- MAR 3** How does Jesus shape hearts?
- MAR 10** How do I let Jesus heal in and through me?
- MAR 17** What kind of Messiah am I looking for?
- MAR 24** What does Jesus' crucifixion mean in my life?
- APR 7** How does the Resurrection shape my heart?

Join for one, a few, or all sessions
Spiritual direction opportunities available



Scan QR Code for
information and
materials regarding
the retreat

IRENE CROSETTI RAVIOLI DINNER

Saturday, Feb. 24th

Doors open at 6pm
Antipasti, Salad, Ravioli & Italian Cookies
Cash Bar

\$20 for adults
\$10
8th grade & younger



St. Theresa Event Center
Order Tickets on parish website by
Sunday, Feb. 18
sttheresaoakland.org



St. Theresa Parish Lenten Opportunities

PARISH LENTEN RETREAT "GOING TO THE HEART"

February 18, 25, March 3, 10, 17, 24, April 7

DAILY REFLECTION BOOKLETS

Fr. Ngema, Lenten Bible Journey

February 20, 27, March 5, 12, 19, 26

LENTEN COMPANION "WALKING WITH JESUS TO JERUSALEM"

Weekly Flocknote Reflection

STATIONS OF THE CROSS

February 23, March 1, 15, 22

Provided by the school
9:30 am & 2:30 pm

STATIONS OF THE CROSS BOOKLETS

PRAYING THE STATION OF MERCY WITH POPE FRANCIS
THE MYSTERY OF THE CROSS

PRAYING THE STATIONS WITH POPE FRANCIS
PRAYING THE STATIONS OF THE CROSS FOR HEALING
STATIONS OF HOPE

WALKING WITH JESUS ON THE WAY TO CALVARY
PRAYING THE STATIONS FOR CHILDREN
PRAYING THE STATIONS FOR TEENAGERS

These booklets are available at the back of the church for your use in praying the stations of the cross in the church. If you have accidentally taken a booklet home, please return it the next time you are in church.

RICE BOWLS

LENT IN A BAG

ANOINTING OF THE SICK

March 17, 9:00 am Mass

SEDER DINNER

March 20, 6:00 pm

Check out the Lent page on the parish website for details.
<https://sttheresaoakland.org/lent-2024>

WINGS



Theme for 2023/2024:

"Walking the Journey of Faith"

From 9:15-11:15am, on Wednesday's in the Meeting Rooms. If you have any questions, contact Denise at mollend@aol.com.

FEBRUARY 21ST

REV. BOB McCANN

PASTOR, ST. THERESA CHURCH

What Do You Fear, What Do You Hope For?

MASS INTENTIONS - FEBRUARY 17 - 25

Sat. 5:00 pm ✦ Arnold Bruni
 Sun. 9:00 am Parish Community of St. Theresa

Mon. 8:30 am ✦ Bartolomeo Caviglia
 Tues. 8:30 am ✦ Timothy Donnelly
 Wed. 8:30 am Rosa & Angelo Lamberti
 Thurs. 8:30 am ✦ Dorothy Donnelly
 Fri. 8:30 am For all who are hurting in body, mind or spirit

Sat. 5:00 pm ✦ Flora Mazza
 Sun. 9:00 am Parish Community of St. Theresa

MASS INTENTIONS

To request a Mass Intention contact
 Melody Marr at melody@sttheresaokland.org
 or 510.547.2777, ext. 120

KEEP IN TOUCH WITH US

- ◆ Receive the weekly Friday Flocknote
You will receive everything contained in the bulletin plus additional information.
- ◆ Unsubscribe anytime

Sign-up at: flocknote.com/StTheresa30

OR

Text: STT To: 84579

OR send an email to

cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with you full name and email address.

SUNDAY OFFERING**ONLINE GIVING:**

(February 5 - 11) 59 DONORS

\$ 3,894.50

MASS/DROP-OFF/MAILED DONATIONS:

(February 5 - 11) 47 DONORS

\$ 3,128.00

Barthsoft

Fasting Prayer Giving

During Lent we are reminded to develop a more conscious spiritual life and share what we have with those in need. One practical way to achieve this goal is to make the change to eGiving for St. Theresa parish.

You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

It's easy to get started. Here are the ways to sign up:



Text
510-876-9679
 Text "GIVE" to this number to receive a link to our online giving page.

Visit us at

<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

**Fast & Abstinence**

The law of fasting allows one full meal and two smaller ones.

The law of abstinence prohibits the eating of meat. The Fridays of Lent are days of abstinence in the United States.

Ash Wednesday and Good Friday are days of fast and abstinence.

The obligation of abstinence begins at age 14. The norms on fasting are obligatory from age 18 until age 59.

DECEASED

Please remember in your prayers, those who have died especially Loretta Kelly.

PARISH CALENDAR

Find out what is happening at the parish.

<https://sttheresaokland.org/calendar>

LOW GLUTEN HOSTS

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to <https://www.parishcrossroads.com/low-gluten.htm>.

Please use the presider's communion station to receive a low gluten host.

PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Alicia Gonzalez, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Shirley Roberts, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Laura Jones, Jeff Mills, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Isabella Guillot Williams, Violet Chancey, Ann Kirkman, Hal Lauth, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Helen Lightner-Smith, Steve Lauth, Mary Malloy, Peter Cuttitta.

ONLINE PRAYER REQUEST FOR THE SICK OR RECENTLY DECEASED

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (*Prayers for the Sick or Recently Deceased*) online.

Please complete the form on the parish website page

<https://sttheresaokland.org/pray/mass-and-confession-times>

their name will be included in the weekly bulletin and Weekend Masses.

This form is not for Mass Intentions.

SOCIAL JUSTICE & ST. VINCENT DE PAUL

Information and activities for the Social Justice committee and St. Vincent de Paul can be found in the Friday Flocknote.

If you do not receive the Friday Flocknote it is available on the parish website <https://sttheresaokland.org/>, click on the Bulletin/Flocknote link at the top of the page.

A WORD FROM OUR PASTOR

Happy Lent! I invite you to have a good journey and to check out the possibilities offered by your parish to help that journey. Deacon Mike will be leading the annual retreat over the Sundays of Lent. In addition, several trained 'spiritual directors' are available to you for individual guidance and counsel.



Fr. Ngema once again will lead those interested on Tuesday nights deeper into the Scriptures. He has been making great progress in his scriptures and has much to offer. The school will participate in Stations of the Cross each Friday, and you are welcome to join them. The schedule is on the website.

Once again, a Seder dinner is planned. We remember that in three of the Gospel accounts, the Last Supper takes place at a Jewish Seder dinner and commemoration. If you have never been or want to renew and see how our Mass is now inspired by this commemoration, plan to attend. Details in the Flocknote and on the website.

Lenten books that provide a short meditation each day are available in the vestibule. They have guided many through the years and we hope this year's edition does the same. Your offering defrays every increasing cost of providing this book to all in the parish.

Did you see the 'Super Bowl commercial' with Mark Wahlberg inviting us to pray during Lent? Help make the 7 million that someone paid worth their money. The short 30 seconds was indeed inspiring and unexpected in the middle of our tense watching of the game.

With Lent so early, we will be celebrating First Communion and Confirmation in April this year. I invite all to pray for our young people who will receive these sacraments, that God will enrich their lives forever with these gifts of our salvation.

Much can be said of Lent, but a few words from our Holy Father, I hope will inspire a good forty days:

It is time to act, and in Lent, to act also means to pause. To pause in prayer, in order to receive the word of God, to pause like the Samaritan in the presence of a wounded brother or sister. Love of God and love of neighbor are one love. Not to have other gods is to pause in the presence of God beside the flesh of our neighbor. For this reason, prayer, almsgiving and fasting are not three unrelated acts, but a single movement of openness and self-emptying, in which we cast out the idols that weigh us down, the attachments that imprison us. Then the atrophied and isolated heart will revive. Slow down, then, and pause! The contemplative dimension of life that Lent helps us to rediscover will release new energies. In the presence of God, we become brothers and sisters, more sensitive to one another: in place of threats and enemies, we discover companions and fellow travelers. This is God's dream, the promised land to which we journey once we have left our slavery behind.

I invite every Christian community to do just this: to offer its members moments set aside to rethink their lifestyles, times to examine their presence in society and the contribution they make to its betterment. Woe to us if our Christian penance were to resemble the kind of penance that so dismayed Jesus. To us too, he says: "Whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting" (Mt 6:16). Instead, let others see joyful faces, catch the scent of freedom, and experience the love that makes all things new, beginning with the smallest and those nearest to us. This can happen in every one of our Christian communities.

On more mundane matter, please get your Irene Crosetti Ravioli tickets. You don't want to miss this great social in our parish.

Also, we congratulate and are so proud of all the St. Theresa Students who were sent to the Diocesan Science Fair. All eight won and placed at the competition which brought 180 different projects from most of our Catholic Schools. The list of winners can be found on the school webpage. One student won the top award and will go to the County and then State Science fair. We should all be very proud of these accomplishments.

WEEKLY READINGS: FEBRUARY 19 - 25

Monday:	Tuesday:	Wednesday:	Thursday:	Friday	Saturday:	Sunday:
Lv 19:1-2, 11-18 Ps 19 Mt 25:31-46	Is 55:10-11 Ps 34 Mt 6:7-15	Jon 3:1-10 Ps 51 Lk 11:29-32	1 Pt 5:1-4 Ps 23 Mt 16:13-19	Ez 18:21-28 Ps 130 Mt 5:20-26	Dt 26:16-19 Ps 119 Mt 5:43-48	Gn 22:1-2, 9a, 10-13, 15-18 Ps 116 Rom 8:31b-34 Mk 9:2-10