

# ST. THERESA PARISH COMMUNITY

MARCH 3, 2024

THIRD SUNDAY OF LENT

## MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

## RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

## PARISH CENTER OFFICE HOURS:

Tuesday - Thursday: 10:00 am - 2:00 pm

The office is closed on Monday and Friday

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

 Parish Website: [www.sttheresaoakland.org](http://www.sttheresaoakland.org)

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 [https://www.youtube.com/channel/UCn5JX1e3QrqXTsa\\_7qmNCIw](https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw)

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121 [rjmccann@sttheresaoakland.org](mailto:rjmccann@sttheresaoakland.org)  
*Pastor*

Rev. Abraham Addam, ext. 122  
*In Residence*

Rev. Ngema W. Enow, ext. 128 [ngemawil.enow@gmail.com](mailto:ngemawil.enow@gmail.com)  
*In Residence*

Cathy Brady, ext. 126 [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)  
*Liturgy Director*

Rob Cakebread, ext. 127 [rob@sttheresaoakland.org](mailto:rob@sttheresaoakland.org)  
*Music Ministry Director*

Melody Marr, ext. 120 [melody@sttheresaoakland.org](mailto:melody@sttheresaoakland.org)  
*Parish Administrator*

Keri Nims, ext. 124 [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)  
*Coordinator for Early Childhood Catechesis & RCIC*

ST. THERESA SCHOOL  
Alicia Ortegon, 510.547.3146 [a\\_ortegon@sttheresaschool.org](mailto:a_ortegon@sttheresaschool.org)  
*St. Theresa School Principal*  
website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

## Baptisms and Marriages

by appointment (call parish office 510.547.2777)

## To arrange a Funeral

call parish office 510.547.2777, ext. 120

## Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

## Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

## High School Youth Ministry/Confirmation

## R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

Parish Calendar: <https://sttheresaoakland.org/calendar>

## Parish Organization Contacts

### Pastoral Council:

Paulette Tuckner [pmtuckner@comcast.net](mailto:pmtuckner@comcast.net)

### Finance Council:

Carolyn Mahoney [carolyn.mahoney675@gmail.com](mailto:carolyn.mahoney675@gmail.com)

### St. Vincent de Paul Society

Greg Govan [glgovan@comcast.net](mailto:glgovan@comcast.net)

### CYO (Catholic Youth Organization):

Clarence Robinson [sttheresaathletics@gmail.com](mailto:sttheresaathletics@gmail.com)

### St. Theresa Men's Club

[mensclubsttheresa@gmail.com](mailto:mensclubsttheresa@gmail.com)

### Legion of Mary

Tom Wallace [tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

### WINGS

Anne Dolan [anniemariedolan@gmail.com](mailto:anniemariedolan@gmail.com)

### Social Justice Committee (SJC)

Lydia Deck [ltdeck@me.com](mailto:ltdeck@me.com)

### Consolation Ministry

Cecile Cuttitta [cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

### Men's Faith Sharing

Jim Frei [jim@ottofrei.com](mailto:jim@ottofrei.com)

### Cursillo

Geri Tong [gt4palancaoakland@gmail.com](mailto:gt4palancaoakland@gmail.com)

### Kinderchurch

Shanon Ciston [s.ciston@gmail.com](mailto:s.ciston@gmail.com)

Additional information and events can be found in the Friday Flocknote available on our website: <https://sttheresaoakland.org/Bulletin/Flocknote>

30 MANDALAY ROAD -- OAKLAND, CA 94618 -- 510.547.2777

# GOING TO THE HEART

A Lenten Sunday retreat series meeting at St. Theresa Catholic Church in Oakland. Presentation, prayer, and conversation led by Deacon Mike Tedone, SJ.

**SUNDAYS  
10:15-11:15 AM**

- FEB 18** Do I have room in my heart?
- FEB 25** How can I make my heart and home a little Nazareth?
- MAR 3** How does Jesus shape hearts?
- MAR 10** How do I let Jesus heal in and through me?
- MAR 17** What kind of Messiah am I looking for?
- MAR 24** What does Jesus' crucifixion mean in my life?
- APR 7** How does the Resurrection shape my heart?

Join for one, a few, or all sessions  
Spiritual direction opportunities available



Scan QR Code for information and materials regarding the retreat

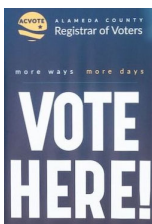
## Parish / School Workday ~~ March 9<sup>th</sup>

There is a work day planned on Saturday, March 9<sup>th</sup> from 9:30 am to 2:00 pm. We will work on things that need to be cleaned, fixed and replaced around the parish and school buildings.

All are welcome to come and work for an hour or two or three. Please sign up in the Friday Flocknote or in the church vestibule so we can have enough supplies, tools, and equipment for the tasks. Bring any tools that might be of help.

Lunch will be served. Please sign up so we know how much food to prepare.

## THE EVENT CENTER WILL BE A POLLING PLACE FOR ALAMEDA COUNTY, MARCH 2ND - 5TH.



The Clarewood gate will be open ALL days for voting. The Registrar of voters is directing people to our Clarewood entrance, rather than create additional traffic on Mandalay.

Please be aware that there will additional traffic in the parking lot during the weekend Masses and on Monday and Tuesday during school hours.



Fast & Abstinence

The law of fasting allows one full meal and two smaller ones.

The law of abstinence prohibits the eating of meat. The Fridays of Lent are days of abstinence in the United States.

Ash Wednesday and Good Friday are days of fast and abstinence.

The obligation of abstinence begins at age 14. The norms on fasting are obligatory from age 18 until age 59.

## St. Theresa Parish Lenten Opportunities

**PARISH LENTEN RETREAT  
"GOING TO THE HEART"**  
March 3, 10, 17, 24, April 7

### DAILY REFLECTION BOOKLETS

**Fr. Ngema, Lenten Bible Journey**  
March 5, 12, 19, 26  
Zoom link is in the Friday Flocknote

**SEDER DINNER**  
March 20, 6:00 pm

Make a Dinner Reservation and/or volunteer to help:  
<https://sttheresaokland.org/pray/lent-2024/seder-dinner>

**LENTEN COMPANION  
"WALKING WITH JESUS TO JERUSALEM"**  
Weekly Flocknote Reflection

**STATIONS OF THE CROSS**  
February 23, March 1, 15, 22  
Provided by the school  
9:30 am & 2:30 pm

**STATIONS OF THE CROSS BOOKLETS**  
PRAYING THE STATION OF MERCY WITH POPE FRANCIS  
THE MYSTERY OF THE CROSS  
PRAYING THE STATIONS WITH POPE FRANCIS  
PRAYING THE STATIONS OF THE CROSS FOR HEALING  
STATIONS OF HOPE  
WALKING WITH JESUS ON THE WAY TO CALVARY  
PRAYING THE STATIONS FOR CHILDREN  
PRAYING THE STATIONS FOR TEENAGERS

These booklets are available at the back of the church for your use in praying the stations of the cross in the church.  
If you have accidentally taken a booklet home, please return it the next time you are in church.

### RICE BOWLS

### LENT IN A BAG

**ANointing OF THE SICK**  
March 17, 9:00 am Mass

Check out the Lent page on the parish website for details.  
<https://sttheresaokland.org/lent-2024>



**MASS INTENTIONS - MARCH 2 - 10**

Sat.	5:00 pm	Parish Community of St. Theresa
Sun.	9:00 am	✠ Tom Donnelly
Mon.	8:30 am	✠ Tina Bruno
Tues.	8:30 am	Emily Corder
Wed.	8:30 am	✠ Pat Tynan
Thurs.	8:30 am	✠ For all deceased members for the parish
Fri.	8:30 am	✠ Immigrants and Refugees
Sat.	5:00 pm	✠ Cosimo Perrucci
Sun.	9:00 am	Parish Community of St. Theresa

**MASS INTENTIONS**

To request a Mass Intention contact  
Melody Marr at [melody@sttheresaokland.org](mailto:melody@sttheresaokland.org)  
or 510.547.2777, ext. 120

**KEEP IN TOUCH WITH US**

- ◆ Receive the weekly Friday Flocknote  
*You will receive everything contained in the bulletin plus additional information.*
- ◆ Unsubscribe anytime

Sign-up at: [flocknote.com/StTheresa30](https://flocknote.com/StTheresa30)  
OR

Text: STT To: 84579

OR send an email to

[cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org) with a request to be added to the Friday Flocknote Group with your full name and email address.

**SUNDAY OFFERING****ONLINE GIVING:**

(February 19 - 25) 59 DONORS

**\$ 3,019.50**

**MASS/DROP-OFF/MAILED DONATIONS:**

(February 19 - 25) 51 DONORS

**\$ 3,313.00**

**Fasting Prayer Giving**

During Lent we are reminded to develop a more conscious spiritual life and share what we have with those in need. One practical way to achieve this goal is to make the change to eGiving for St. Theresa parish.

You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

*It's easy to get started. Here are the ways to sign up:*



Text  
**510-876-9679**  
Text "GIVE" to this number to receive a link to our online giving page.

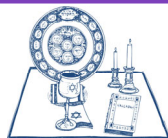
Visit us at

<https://sttheresaokland.org/donate>

*Thank you for giving generously to St. Theresa Parish*



On Sunday, **March 17<sup>th</sup>** at the 9:00 am Mass the Sacrament of the Sick will be administered to all those who suffer from a serious, acute or chronic illness. Caregivers are also encouraged to attend.

**SEDER DINNER -- WEDNESDAY, MARCH 20TH, AT 6:00 PM**

This is a wonderful event for the whole family. All who attend will be asked to prepare a side dish or dessert for the meal, and to bring a bottle of wine or grape juice to drink during the ritual. The parish will provide additional beverages for dinner as well as the main dish.

Seating limited, reserve your space now.

RSVP at <https://sttheresaokland.org/pray/lent/ seder-dinner>

**PARISH CALENDAR**

Find out what is happening at the parish.: <https://sttheresaokland.org/calendar>

**LOW GLUTEN HOSTS**

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to <https://www.parishcrossroads.com/low-gluten.htm>.

Please use the presider's communion station to receive a low gluten host.

**PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL**

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Alicia Gonzalez, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Shirley Roberts, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Laura Jones, Jeff Mills, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Isabella Guillot Williams, Ann Kirkman, Hal Lauth, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Helen Lightner-Smith, Steve Lauth, Mary Malloy, Peter Cuttitta, James Lang, John Donovan, Mary & Leo Martinez, Sr., James Spalding.

**ONLINE PRAYER REQUEST FOR THE SICK OR RECENTLY DECEASED**

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (*Prayers for the Sick or Recently Deceased*) online.

Please complete the form on the parish website page

<https://sttheresaokland.org/pray/mass-and-confession-times>  
their name will be included in the weekly bulletin and Weekend Masses.

*This form is not for Mass Intentions.*

**SOCIAL JUSTICE & ST. VINCENT DE PAUL**

Information and activities for the Social Justice committee and St. Vincent de Paul can be found in the Friday Flocknote.

If you do not receive the Friday Flocknote it is available on the parish website <https://sttheresaokland.org/>, click on the Bulletin/Flocknote link at the top of the page.

## A WORD FROM OUR PASTOR

Over two hundred and fifty enjoyed a wonderful dinner last week at the annual Irene Crosetti Ravioli Dinner. It was a great event thanks to many, especially Peter Nuti and Peter Boero and the great crew, Marlene McShane, Cecile Cuttitta and other members of parish and school who volunteered during the set up. The Eight grade class set up tables and the Men's Club once again hosted the bar. Special gratitude to Steve Crosetti and Stephanie (Crosetti) Biegler for providing all the wine and bringing several members of their family together in honor of their mom.



None of this could have happened so flawlessly without the guidance, fortitude, and energy of Keri Nims. She coordinated everything and everyone has praised the event as one of the best ever. On to next year. I also thank all who attended and helped make the event an enjoyable night and the young servers who also did a great job cleaning up and tearing down tables at the end of the night!

I also want to thank many who contributed toward the Corazon building that will take place the first week of April. Like all of our expenses, the cost expected from any group has risen considerably. Your contribution will make sure a family that has been homeless will soon have a roof over their heads! If you didn't have the funds at the time, Paulette Tucker and George Donovan will be happy to help you make your contribution to this very noble cause.

At the dinner, I mentioned that next year St. Theresa Parish will mark the 100<sup>th</sup> year of our founding. I did a quick poll as to what we should do. Should we keep the Ravioli dinner as usual during our jubilee year or should we raise the bar a bit and go for a more elevated dinner, maybe surf and turf? The response should not surprise anyone who has been here and knows how we like to eat. The response from one table said: "We want three different dinners: keep

the ravioli dinner, have a Mexican fiesta dinner and the surf and turf dinner. Stay tuned!

Since we continue our early Lenten journey here are some words again from Deacon Greg Kandra to help guide us:

"Consider once again the challenge of this moment.

We know the three pillars of Lent are fasting, almsgiving and prayer.

With the Gospel of the Transfiguration, make prayer a priority. Pray not only more fervently and more persistently to the God who loves us — but pray for something in particular.

Pray to find God "in all things." Pray for God to help us to see him. Pray this Lent for new eyes, new ears, new hearts. Pray that we don't take anything for granted. Pray to seek. To listen. To be open to wonder.

If you've still looking for something to give up for Lent, give up indifference. Give up cynicism. Give up everything that gets in the way of our seeing God.

If your heart has grown weary of the ongoing flu and covid season, the headaches, and heartaches...if you have grown impatient with the way the world has become, pray for a renewed sense of awe. Pray for patience.

Give thanks for what is. And wait for what will come next.

All of this, of course, points to more than just being more prayerful during Lent. It directs our minds and our hearts to a different way of living, a different way of seeing.

It asks us to live and see with the eyes of Christ — and in doing that, walk with others in the ways of faith, hope and love."

### WEEKLY READINGS: MARCH 4 - 10

Monday:	Tuesday:	Wednesday:	Thursday	Friday	Saturday:	Sunday:
2 Kgs 5:1-15ab Ps 42 Lk 4:24-30	Dn 3:25, 34-43 Ps 25 Mt 18:21-35	Dt 4:1, 5-9 Ps 147 Mt 5:17-19	Jer 7:23-28 Ps 95 Lk 11:14-23	Hos 14:2-10 Ps 81 Mk 12:28-34	Hos 6:1-6 Ps 51 Lk 18:9-14	2 Chr 36:14-16 Ps 137 Eph 2:4-10 Jn 3:14-21