

ST. THERESA PARISH COMMUNITY

MARCH 10, 2024

FOURTH SUNDAY OF LENT

MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

PARISH CENTER OFFICE HOURS:

Tuesday - Thursday: 10:00 am - 2:00 pm

The office is closed on Monday and Friday

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

 Parish Website: www.sttheresaoakland.org

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121 rjmccann@sttheresaoakland.org
Pastor

Rev. Abraham Addam, ext. 122
In Residence

Rev. Ngema W. Enow, ext. 128 ngemawil.enow@gmail.com
In Residence

Cathy Brady, ext. 126 cathy_b@sttheresaoakland.org
Liturgy Director

Rob Cakebread, ext. 127 rob@sttheresaoakland.org
Music Ministry Director

Melody Marr, ext. 120 melody@sttheresaoakland.org
Parish Administrator

Keri Nims, ext. 124 keri@sttheresaoakland.org
Coordinator for Early Childhood Catechesis & RCIC

ST. THERESA SCHOOL
Alicia Ortegon, 510.547.3146 a_ortegon@sttheresaschool.org
St. Theresa School Principal
website: www.sttheresaschool.org

Baptisms and Marriages

by appointment (call parish office 510.547.2777)

To arrange a Funeral

call parish office 510.547.2777, ext. 120

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaoakland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaoakland.org

High School Youth Ministry/Confirmation

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaoakland.org

Parish Calendar: <https://sttheresaoakland.org/calendar>

Parish Organization Contacts

Pastoral Council:

Paulette Tuckner pmtuckner@comcast.net

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan glgovan@comcast.net

CYO (Catholic Youth Organization):

Clarence Robinson sttheresaathletics@gmail.com

St. Theresa Men's Club

mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Anne Dolan anniemariedolan@gmail.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Cursillo

Geri Tong gt4palancaoakland@gmail.com

Kinderchurch

Shanon Ciston s.ciston@gmail.com

Additional information and events can be found in the Friday Flocknote available on our website: <https://sttheresaoakland.org/Bulletin/Flocknote>

30 MANDALAY ROAD -- OAKLAND, CA 94618 -- 510.547.2777

GOING TO THE HEART

A Lenten Sunday retreat series meeting at St. Theresa Catholic Church in Oakland. Presentation, prayer, and conversation led by Deacon Mike Tedone, SJ.

**SUNDAYS
10:15-11:15 AM**

- FEB 18** Do I have room in my heart?
- FEB 25** How can I make my heart and home a little Nazareth?
- MAR 3** How does Jesus shape hearts?
- MAR 10** How do I let Jesus heal in and through me?
- MAR 17** What kind of Messiah am I looking for?
- MAR 24** What does Jesus' crucifixion mean in my life?
- APR 7** How does the Resurrection shape my heart?

Join for one, a few, or all sessions
Spiritual direction opportunities available



Scan QR Code for
information and
materials regarding
the retreat

St. Theresa Parish Lenten Opportunities

**PARISH LENTEN RETREAT
"GOING TO THE HEART"**
March 10, 17, 24, April 7

DAILY REFLECTION BOOKLETS

Fr. Ngema, Lenten Bible Journey
March 12, 19, 26
Zoom link is in the Friday Flocknote

SEDER DINNER
March 20, 6:00 pm

Make a Dinner Reservation and/or volunteer to help:
<https://sttheresaokland.org/pray/lent-2024/seder-dinner>

**LENTEN COMPANION
"WALKING WITH JESUS TO JERUSALEM"**
Weekly Flocknote Reflection

STATIONS OF THE CROSS
March 15, 22
Provided by the school
9:30 am & 2:30 pm

STATIONS OF THE CROSS BOOKLETS
PRAYING THE STATION OF MERCY WITH POPE FRANCIS
THE MYSTERY OF THE CROSS
PRAYING THE STATIONS WITH POPE FRANCIS
PRAYING THE STATIONS OF THE CROSS FOR HEALING
STATIONS OF HOPE
WALKING WITH JESUS ON THE WAY TO CALVARY
PRAYING THE STATIONS FOR CHILDREN
PRAYING THE STATIONS FOR TEENAGERS

These booklets are available at the back of the church for your use in praying the stations of the cross in the church.
If you have accidentally taken a booklet home, please return it the next time you are in church.

RICE BOWLS

LENT IN A BAG

ANOINTING OF THE SICK
March 17, 9:00 am Mass

Check out the Lent page on the parish website for details.
<https://sttheresaokland.org/lent-2024>

SEDER DINNER
WEDNESDAY, MARCH 20, 6 PM

This is a wonderful event for the whole family. All who attend will be asked to prepare a side dish or dessert for the meal, and to bring a bottle of wine or grape juice to drink during the ritual. The parish will provide additional beverages for dinner as well as the main dish.

Seating limited, Reservations required.
RSVP at
<https://sttheresaokland.org/pray/lent/seder-dinner>

MASS INTENTIONS - MARCH 9-17

Sat.	5:00 pm	✠ Cosimo Perrucci
Sun.	9:00 am	Parish Community of St. Theresa
Mon.	8:30 am	✠ Timothy Donnelly
Tues.	8:30 am	✠ Violet Chancey
Wed.	8:30 am	For the youth of our parish
Thurs.	8:30 am	For the pope, and all Church leaders
Fri.	8:30 am	For peace in our world
Sat.	5:00 pm	Parish Community of St. Theresa
Sun.	9:00 am	✠ Art & Leah Mangini

MASS INTENTIONS

To request a Mass Intention contact
Melody Marr at melody@sttheresaokland.org
or 510.547.2777, ext. 120

KEEP IN TOUCH WITH US

- ◆ Receive the weekly Friday Flocknote
You will receive everything contained in the bulletin plus additional information.
- ◆ Unsubscribe anytime

Sign-up at: flocknote.com/StTheresa30

OR

Text: STT To: 84579

OR send an email to

cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with you full name and email address.

SUNDAY OFFERING**ONLINE GIVING:**

(February 26 - March 3) 58 DONORS **\$ 2,850.70**

MASS/DROP-OFF/MAILED DONATIONS:
(February 26 - March 3) 61 DONORS **\$ 7,300.25**

PARISH MAINTENANCE & IMPROVEMENT:

ONLINE: (Feb. 5 - March 3) 39 DONORS **\$ 1,947.20**

MASS/DROP-OFF/MAILED: 32 DONORS **\$ 1,401.00**

ParishSoft

**Fasting
Prayer
Giving**

During Lent we are reminded to develop a more conscious spiritual life and share what we have with those in need. One practical way to achieve this goal is to make the change to eGiving for St. Theresa parish.

You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

It's easy to get started. Here are the ways to sign up:



Text
510-876-9679
Text "GIVE" to this
number to receive a link
to our online giving page.

Visit us at

[https://
sttheresaokland.
org/donate](https://sttheresaokland.org/donate)

Thank you for giving generously to St. Theresa Parish



On Sunday, **March 17th** at the 9:00 am Mass the Sacrament of the Sick will be administered to all those who suffer from a serious, acute or chronic illness. Caregivers are also encouraged to attend.

WINGS

Theme for 2023/2024: **"Walking the Journey of Faith"**

From 9:15-11:15am, on Wednesday's in the Meeting Rooms. If you have any questions, contact Denise at mollend@aol.com.

MARCH 13

MARY LIM, J.D.; GENESIS EXECUTIVE DIRECTOR

The Genesis of Genesis: Don't Do Nothing

PARISH CALENDAR

Find out what is happening at the parish.: <https://sttheresaokland.org/calendar>

LOW GLUTEN HOSTS

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to <https://www.parishcrossroads.com/low-gluten.htm>.

Please use the presider's communion station to receive a low gluten host.

PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Alicia Gonzalez, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Shirley Roberts, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Laura Jones, Jeff Mills, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Isabella Guillot Williams, Ann Kirkman, Hal Lauth, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Helen Lightner-Smith, Steve Lauth, Mary Malloy, Peter Cuttitta, James Lang, John Donovan, Mary & Leo Martinez, Sr., James Spalding, Lorraine Alberti, Bill Rielly.

ONLINE PRAYER REQUEST FOR THE SICK OR RECENTLY DECEASED

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (*Prayers for the Sick or Recently Deceased*) online.

Please complete the form on the parish website page

<https://sttheresaokland.org/pray/mass-and-confession-times>
their name will be included in the weekly bulletin and Weekend Masses.

This form is not for Mass Intentions.

SOCIAL JUSTICE & ST. VINCENT DE PAUL

Information and activities for the Social Justice committee and St. Vincent de Paul can be found in the Friday Flocknote.

If you do not receive the Friday Flocknote it is available on the parish website <https://sttheresaokland.org/>, click on the Bulletin/Flocknote link at the top of the page.

A WORD FROM OUR PASTOR

Sincere thanks to all who participated in the "School/Parish Workday." More than thirty individuals and some excellent teens participated and completed or started projects like refurbishing the school garden spaces behind the library/office building, refurbishing the sandbags behind the church building to prevent floods in the church hall when the rains are fierce. Heater filters in classrooms were changed and windows were repaired in the school. A few sinks no longer leak, and all the trash was properly sorted.



Lights on the Event Center and Office building had transformers replaced, vines and other growth on the parking lot and west school side were trimmed, some things in the hall that are ready for a dumpster were strategically located for an upcoming day.

Five old buildings present many challenges every month and the pride we can all feel when our parish/school site shines a bit brighter. Tremendous savings are also achieved when many put a few hours of work into keeping our spiritual and for some little ones learning home clean, repaired, and refurbished. May God bless everyone who helped, and we look forward to the next day when new challenges will be upon us, or old challenges can be dealt with for completion.

With your ongoing support and contributions, I am happy to say I think the diocese has signed the contract to replace the roof on the church building. We are hoping the contractor can work during the Easter break when few children are on the campus. I will keep you up to date before the work begins.

I want to again invite all of you to sign up for the Seder Diner on March 20 that will be held in the meeting rooms. Three of the Gospel accounts (Matthew, Mark, and Luke) describe the Last Supper in the context of a Jewish Seder Meal. At St. Theresa,

we have strictly followed the words, prayers, and actions of a simple Jewish Seder Meal. Come and you will hear things familiar because through the ages, the Church has incorporated some of these prayers and actions in how we now celebrate the Mass. The parish provides a main dish for supper, and we ask when you sign up to agree to make a plate with a kosher recipe furnished. There are special moments for the children who attend, so come as a family and enrich our parish family's remembrance of what has guided our prayer through our lives.

Someone asked again about how to get a name on the 'prayer list' that appears in the bulletin or how to have a name announced at Mass. Please us the link on the parish website <https://sttheresaokland.org/about-us/contact-us> or contact the parish office, Cathy Brady, or me, and we will arrange it. We ask if you are putting a friend's name for an announcement that the person who is being mentioned gives their permission. A name is announced for three consecutive weeks unless there is a major change in their health. Names stay on the list in the bulletin until someone says to take it off. If you have a doubt, give us a call.

Easter will be here early at the end of the month. This is a good week to invite a friend, neighbor, or parishioner you haven't seen for awhile at church to join you. I guarantee if you ask, you may have a very good response, and someone may be very grateful to you for asking.

Let us especially pray for hundreds of adults who will join the Church through the Sacraments of Initiation at the Easter Vigil. We are delighted to formally initiate someone who was baptized in another Christian Church but now seeks full communion in the Catholic Church. Please pray for our Confirmation candidates and First Communion candidates who will receive their sacraments in April. Please keep in pray all who were witness to us in our faith. May God bless their good example and reward them because they made a difference in our lives.

WEEKLY READINGS: MARCH 11 - 17

Monday:	Tuesday:	Wednesday:	Thursday	Friday	Saturday:	Sunday:
Is 65:17-21 Ps 30 Jn 4:43-54	Ez 47:1-9, 12 Ps 46 Jn 5:1-16	Is 49:8-15 Ps 145 Jn 5:17-30	Ex 32:7-14 Ps 106 Jn 5:31-47	Wis 2:1a, 12-22 Ps 34 Jn 7:1-2, 10, 25-30	Jer 11:18-20 Ps 7 Jn 7:40-53	Jer 31:31-34 Ps 51 Heb 5:7-9 Jn 12:20-33