

ST. THERESA PARISH COMMUNITY

MAY 19, 2024

PENTECOST SUNDAY

MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

PARISH CENTER OFFICE HOURS:

Tuesday - Thursday: 10:00 am - 2:00 pm

The office is closed on Monday and Friday

Phone: 510.547.2777, ext. 120

After Hours Medical Emergency Line: 510.610.7715

 Parish Website: www.sttheresaokland.org

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw

PARISH STAFF: 510.547.2777

Parish Office: ext. 120

Rev. Robert J. McCann, ext. 121 rjmccann@sttheresaokland.org
Pastor

Rev. Abraham Addam, ext. 122
In Residence

Rev. Ngema W. Enow, ext. 128 ngemawil.enow@gmail.com
In Residence

Cathy Brady, ext. 126 cathy_b@sttheresaokland.org
Liturgy Director

Rob Cakebread, ext. 127 rob@sttheresaokland.org
Music Ministry Director

Keri Nims, ext. 124 keri@sttheresaokland.org
Coordinator for Early Childhood Catechesis & RCIC

ST. THERESA SCHOOL

Alicia Ortegon, 510.547.3146 a_ortegon@sttheresaschool.org
St. Theresa School Principal

website: www.sttheresaschool.org

Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120

To arrange a Funeral

call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaokland.org

High School Youth Ministry/Confirmation

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaokland.org

Parish Calendar: <https://sttheresaokland.org/calendar>

Parish Organization Contacts

Pastoral Council:

Paulette Tuckner pmtuckner@comcast.net

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan glgovan@comcast.net

CYO (Catholic Youth Organization):

Clarence Robinson sttheresaathletics@gmail.com

St. Theresa Men's Club

mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Anne Dolan anniemariedolan@gmail.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Cursillo

Geri Tong gt4palancaokland@gmail.com

Kinderchurch

Shanon Ciston s.ciston@gmail.com

Additional information and events can be found in the Friday Flocknote available on our website: <https://sttheresaokland.org/Bulletin/Flocknote>

30 MANDALAY ROAD -- OAKLAND, CA 94618 -- 510.547.2777



Thank You

For all the many ways you have served our Parish we want to acknowledge you.

**Join us at our 9am Mass on May 19th
Special hospitality for all our volunteers will follow**

"You will receive power when the Holy Spirit comes upon you and you will be my witnesses." - Acts 1:6



**ST. THERESA CATHOLIC CHURCH
OAKLAND, CALIFORNIA**

The parish will celebrate its 100th Anniversary in October 2025. There will be monthly events leading up to the Anniversary beginning this October.

If you would like to be a part of the planning process for these events, send an email to anniversary@sttheresaokland.org.

We would like to have a special logo for our anniversary. Let us know if you would like to help create or submit a logo design anniversary@sttheresaokland.org. Current logo design submitted by Renee Lorda.

LOW GLUTEN HOSTS

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to <https://www.parishcrossroads.com/low-gluten.htm>.

Please use the presider's communion station to receive a low gluten host.

SCAM ALERT




A number of people have received phony emails from Fr. Bob asking for gifts cards. If you receive an email from him requesting help with gifts, gift cards, money PLEASE IGNORE and DELETE. It's a scam! He will never request help from any of you in this manner.



Do you want to develop your relationship with God through prayer and service?

Have you heard about *Ignatian Companions*?

We meet monthly to grow spiritually through the Spiritual Exercises of St. Ignatius. This prayerful experience leads us to answer God's call to accompany those in marginalized communities.

Spiritual Component	Service Component
 <p>Pray daily using our <i>Guide for the Journey</i>, an adaptation of the Spiritual Exercises of St. Ignatius of Loyola.</p> <p>Gather monthly with other Companions to discuss the intersection of service and spirituality.</p> <p>Meet monthly with a Spiritual Director.</p>	 <p>Companions accompany those in the margins by serving in prison ministry, working with unhoused seniors, in health clinics serving the uninsured, tutoring GED candidates, feeding the hungry, advocating for justice, and other activities.</p> 

Ignatian Companions is a sponsored ministry of the Jesuits West Province with groups meeting in both Santa Clara and in Berkeley.

For more information, visit www.ignatiancompanions.org or use this QR code.

You may also contact Marco Matute at Marco@IgnatianCompanions.org.



IGNATIANT COMPANIONS NOW ACCEPTING APPLICATIONS

Do you have a yearning to deepen your spiritual life while accompanying the poor and marginalized in your community? Ignatian Companions may be what you are looking for! Companions commit to daily prayer and meet monthly with other Companions. This prayerful experience leads one to answer God's call to accompany those in marginalized communities. The 10-month program at the Jesuit School in Berkeley will begin with a one-day retreat on Saturday, August 24. For more information, contact Marco Matute at marco@ignatiancompanions.org or 415-297-7954 or go to ignatiancompanions.org for an application. You can also contact Bob Hernandez at bob.hernandez@mac.com.

ST. THERESA SCHOOL

It is time for the St. Theresa School annual Tuition Assistance Drive. Over the past few years, the parishioners at St. Theresa's have been extremely generous with their contributions to help our families in need and who strive to provide a Catholic education to their children. We ask that if you are able to make a donation, please send in or drop off the envelope that you should have received in the mail to the school or place in the weekly collection baskets. We are also able to accept electronic donations using the QR code below. We thank you in advance for your support.



MASS INTENTIONS - MAY 18-26

Sat. 5:00 pm Parish Community of St. Theresa
 Sun. 9:00 am † Dorothy Donnelly

Mon. 8:30 am For the pope, and all Church leaders
 Tues. 8:30 am For those who have experienced loss
 Wed. 8:30 am † The Donnelly Family & Friends
 Thurs. 8:30 am † Peter Cuttitta
 Fri. 8:30 am † Samantha Grace Mulder

Sat. 5:00 pm Parish Community of St. Theresa
 Sun. 9:00 am † Marietta Blessent

KEEP IN TOUCH WITH US



◆Receive the weekly Friday Flocknote
You will receive everything contained in the bulletin plus additional information.

◆Unsubscribe anytime
Sign-up at: flocknote.com/StTheresa30

OR

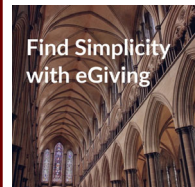
Text: STT To: 84579
OR send an email to

cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with your full name and email address.

SUNDAY OFFERING

SUNDAY COLLECTION:
 ONLINE (May 6-12) 52 DONORS **\$ 3,234.50**
 MASS/DROP-OFF/MAILED DONATIONS:
 (May 6-12) 38 DONORS **\$ 3,179.00**

CATHOLIC CHARITIES OF THE EAST BAY:
 ONLINE: 4 DONORS **\$ 175.00**
 MASS/DROP-OFF/MAILED: 19 DONORS **\$ 1,060.00**



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

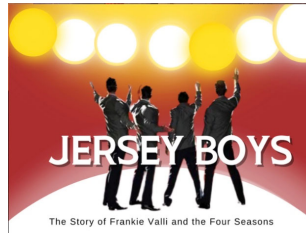
It's easy to get started. Here are the ways to sign up:



Text
510-876-9679
 Text "GIVE" to this number to receive a link to our online giving page.

Visit us at
<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish



This year our Men's Club Summer Outing on Sunday July 14 is Jersey Boys, a musical biography of the Four Seasons with a special focus on frontman Frankie Valli, the small kid with the big falsetto. It is about the rise, the tough times, personal clashes, and ultimate triumph of a group of friends whose music became

symbolic of a generation.

The play is at 8:00pm preceded by our regular pot-luck dinner beforehand inside the theater, above the stage. Doors open at 5:30. Parking is available in the lots immediately next to the theater. The adult half-priced tickets are \$32/each.

Please contact Luigi Bonacini at labona@sbcglobal.net with your request by Monday July 8.

MASS INTENTIONS

To request a Mass Intention send an email to:
admin@sttheresaokland.org
 or call 510.547.2777, ext. 120

PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Alicia Gonzalez, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Shirley Roberts, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Laura Jones, Jeff Mills, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Marley Malone, Isabella Guillot Williams, Ann Kirkman, Hal Lauth, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Helen Lightner-Smith, Steve Lauth, Mary Malloy, Peter Cuttitta, James Lang, John Donovan, Mary & Leo Martinez, Sr., James Spalding, Tiffany Converse, Adrian McEville, Joan Marchi, Courtney Gaul Conway, baby Wayne, Chi Archibong, Marguerite Bachand.

PARISH CALENDAR

Find out what is happening at the parish.:

<https://sttheresaokland.org/calendar>

Bishop's Ministries Appeal 2024



St. Theresa Parish Goal \$35,800

Percentage Achieved 91.84%
 \$32,520 as of December 15, 2023

<https://www.oakdiocese.org/bishops-appeal-donation-page>

A WORD FROM OUR PASTOR

As we celebrate Pentecost Sunday, we honor all who use their gifts for the sake of others, especially in our parish! Where would we be if we didn't hear God's word clearly proclaimed each week? How wonderful when a hymn or the responsorial psalm sings in our heart all through the week as we face our daily tasks. Last Wednesday when the second-grade class and newest First Communicants came to the morning Mass, I asked them what gifts they received for making their First Communion. One immediately told us, "Jesus, I received Jesus to be with me!" Where would we be in? There was no one to give us this amazing gift each time we came to Mass.



So, in everyone's name, I thank and praise our choir members, cantors, ushers, greeters, liturgy planners, Eucharistic ministers, lectors, Parish Council members, Finance Committee members, School, Parent and CYO Board members and so many who use the gifts God has given them. We are all better because of these gifts. I also ask those who can but have not yet offered to come forward and use your gifts in our midst. I assure you; it does take time and sometimes inconvenience, but you will get back more than you pay when you minister. I can mention other ministries, but in the economy of space, you know who you are, and we will highlight you in other messages. Celebrating Pentecost is a good time for all to reflect on the gifts of the Spirit.

On Pentecost Sunday, God breathed the Holy Spirit into the apostles to remind them that they were not alone. Jesus had died, risen from the dead, and ascended into heaven. Jesus' followers were afraid and unsure of their future. The Holy Spirit came to comfort them even though Jesus wasn't there to physically comfort them anymore. What does the Holy Spirit mean to us today? Andy Otto, writing for 'Busted Halo' gives a great description of the gifts of the Holy Spirit:

"We too are recipients of the Spirit, given to help us in our lives. According to Judeo-Christian tradition, there are seven Gifts of the Spirit: wisdom, understanding, right judgment, knowledge, courage, reverence, and fear of God. The best part is that you don't have to be religious to use them. These gifts are not beyond us or waiting to be found. They lie within each person waiting to be retrieved and used. And they can be reordered to act as a kind of guide to living out one's life and making decisions. Who doesn't need a little help with that?"

Awe (Fear of the Lord): This is the gift that comes to us when we see the beauty of God's creation around us: a child splashing in a puddle on a sun-soaked day, the beauty of nations coming together in peace at the Olympics, the grandeur of a snow-capped mountaintop. The gift of awe lets us see God in all things. It gives us that feeling of hope for our life and world. Maybe I get that feeling when I hear a good song, and I sigh feeling grateful for all God has given me. This is where our lives should start.

Reverence: That awe brings me to my knees in reverence. It's a moment of surrender, like sharing a moment of awe with a friend

— words fall quiet. There are no words to describe what you're experiencing. With the challenges of everyday life, the gift of reverence places God immediately in our lens. "Do not let your hearts be troubled," Jesus said. Suddenly we can find in our hearts a real trust and reliance on God. We want to be holy and live a better life! Anxieties and fears seem to melt away.

Knowledge: The first step in finding deeper meaning in our lives is gathering knowledge. As with someone we're falling for, we want to know more about them, to go deeper. We have late nights on the phone asking questions and getting answers. Humans are information gatherers. How do I find my purpose? How do I decide on a school or job? How do I meet new people? In our knowledge gathering, we might tend to ask "how" questions and be bombarded with many different answers. Knowledge in some sense lets us see things the way God sees them.

Wisdom: But so much data and knowledge can seem like a lot to sort through. That's only half of the picture. The gift of wisdom is not about the head; it's about the heart. The Book of Wisdom says, "She is a breath of God's power ... She is a reflection of eternal light, a perfect mirror of God's activity and goodness. Wisdom is about seeking the deep Spirit within, breathed into us at the beginning of our lives. She reveals our inner talents and desires and lets us pause discerningly. If I've gathered knowledge about a particular life decision, I can now look deeper and let Wisdom show me what my inner feelings say.

Understanding: Knowledge and wisdom work together to inform the gift of understanding. After being bombarded by conflicting messages in our world we can use what knowledge and wisdom showed us to begin to understand the right way to live. The gift of understanding is a blessing and allows us to know, at least on the surface, the right way to live out our lives — in a way that is life-giving.

Right Judgment: Understanding needs a final check though. We may have listened to our head and our heart and made an initial decision. The gift of right judgment is true guidance by the Spirit. It helps us make prudent decisions.

Courage: Courage is required to make hard decisions. Life has many challenges, and the Spirit gives us the gift of courage to overcome fear and obstacles, to take risks, and move forward. Consider the courage required by those risking death to stand up for religious freedom around the world. Or the risk Jesus took to stand up for what is right and true. Courage is our advocate, pushing us to put our discernment into action. And sometimes we have to accept rejection when we stand up for what the Spirit has revealed to us through the previous six gifts.

God has given us the Gifts of the Spirit not as some distant idyllic treasure, but as practical abilities built into our souls. They help us live and act and move through our lives every day with the guidance of God, always making careful choices, always striving to be the person God wants us to be.

WEEKLY READINGS: MAY 20-26

Monday:	Tuesday:	Wednesday:	Thursday	Friday	Saturday:	Sunday:
Gn 3:9-15, 20 Ps 87 Jn 19:25-34	Jas 4:1-10 Ps 55 Mk 9:30-37	Jas 4:13-17 Ps 49 Mk 9:38-40	Jas 5:1-6 Ps 49 Mk 9:41-50	Jas 5:9-12 Ps 103 Mk 10:1-12	Jas 5:13-20 Ps 141 Mk 10:13-16	Dt 4:32-34, 39-40 Ps 33 Rom 8:14-17 Mt 28:16-20