

ST. THERESA PARISH COMMUNITY

NOVEMBER 17, 2024

THIRTY-THIRD SUNDAY
IN ORDINARY TIME

MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

PARISH OFFICE HOURS:

Tuesday - Thursday: 10:00 am - 2:00 pm

The office is closed on Monday and Friday

Phone: 510.547.2777, ext. 120

After Hours Medical Emergency Line: 510.610.7715

 Parish Website: www.sttheresaokland.org

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNClw

PARISH STAFF: 510.547.2777

Parish Office: ext. 120

Rev. Robert J. McCann, ext. 121 rjmccann@sttheresaokland.org
Pastor

Rev. Abraham Addam, ext. 122
In Residence

Rev. Ngema W. Enow, ext. 128 ngemawil.enow@gmail.com
In Residence

Cathy Brady, ext. 126 cathy_b@sttheresaokland.org
Liturgy Director

Rob Cakebread, ext. 127 rob@sttheresaokland.org
Music Ministry Director

Joey Gutierrez, ext. 123 joey@sttheresaokland.org
Youth Ministry Coordinator, Middle School & High School

Keri Nims, ext. 124 keri@sttheresaokland.org
Coordinator for Early Childhood Catechesis & RCIC

ST. THERESA SCHOOL

Alicia Ortegon, 510.547.3146 a_ortegon@sttheresaschool.org
St. Theresa School Principal

website: www.sttheresaschool.org

Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120,
or email admin@sttheresaokland.org

To arrange a Funeral

call parish office 510.547.2777, ext. 120, or email
admin@sttheresaokland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Joey Gutierrez ~ joey@sttheresaokland.org

High School Youth Ministry/Confirmation

Joey Gutierrez ~ joey@sttheresaokland.org

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaokland.org

Parish Calendar: <https://sttheresaokland.org/calendar>

Parish Organization Contacts

Pastoral Council:

Chris Colby ccolby@well.com

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan glgovan@comcast.net

CYO (Catholic Youth Organization):

Carlos Palacios sttheresaathletics@gmail.com

St. Theresa Men's Club

mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Anne Dolan anniemariedolan@gmail.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Cursillo

Geri Tong gt4palancaokland@gmail.com

Kinderchurch

Shannon Ciston s.ciston@gmail.com

Additional information and events can be found in the Friday Flocknote available on our website: <https://sttheresaokland.org/Bulletin/Flocknote>

30 MANDALAY ROAD -- OAKLAND, CA 94618 -- 510.547.2777



HELP DECORATE THE CHURCH FOR ADVENT!

Sunday, November 24th following the 9:00 am Mass.

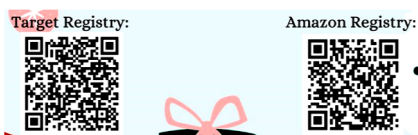
Many hands are needed to transform the church for the Advent season.

SVdP's CHRISTMAS FOR THE KIDS 2024

Our SVdP parish conference is helping the Alameda County Community Center in downtown Oakland collect UNWRAPPED toys, books and games for 600 children (newborns – 16yrs old).

The Annual SVdP Christmas Celebration will take place Saturday, December 14 at the Community Center. Gift donations are needed by the weekend of December 9th.

Donations can be made online using either the Target or Amazon barcodes provided below, or they can be left in the SVdP donation box in the church vestibule.



Please know that the Social Justice Committee will be collecting gift cards in the vestibule after the December 14th weekend masses for Catholic Worker of Oakland, to help immigrant parents to purchase Christmas gifts for their families.

We know there are many worthy organizations doing good works every holiday season and appreciate our parishioners' generosity in helping bring Christmas joy to many communities. We present these as two worthy options from which to choose.

SAFE ENVIRONMENT TRAINING FOR PARISH/SCHOOL VOLUNTEERS



It is that time of year when notices of expiring Virtus training will be arriving in your email. Please use the link in the email to log into Virtus and take the training that you have been assigned. Training must be renewed every three years.

To renew or register for the first time, click on the link in your email or go to <https://www.virtusonline.org> or click on the link in the upper right corner of the parish website sttheresaokland.org.

Please remember that in order to volunteer at the parish in any capacity at the parish or school (Lector, Eucharistic Minister, Catechist, Choir Member, St. Vincent de Paul, Legion of Mary, CYO etc.), you must complete the training. If you have any problems or questions contact Cathy Brady at cathy_b@sttheresaokland.org.

ST. THERESA CHURCH 100TH JUBILEE CELEBRATION



The parish will celebrate its 100th Jubilee in October 2025. There will be monthly events leading up to the Anniversary beginning January 2025.

If you would like to be a part of the planning process for these events, send an email to:

anniversary@sttheresaokland.org.

WINGS



Theme for the 2024/2025 year "Living in Hope"

Through prayer, thought provoking presentations on a variety of subjects, and small group faith-sharing and discussion of how the Spirit is working in their lives, women journey together.

Our Fall session meetings, focusing on spirituality, each with a different expert speaker, takes place, from 9:15-11:15am, on Wednesday's in the Meeting Rooms. If you're new to WINGS or wish to sample a meeting, feel free to attend the meeting at St. Theresa's. If you have any questions, contact Dee McDonough at deesigns@comcast.net.

NOVEMBER 20TH

REV. ALICE CABOTAJE, M.Div.
DIRECTOR OF SPIRITUAL CARE SERVICES-STANFORD HEALTHCARE
Walking the Zen Christian Path

RECEPTION OF THE PRECIOUS BLOOD

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."

MASS INTENTIONS - NOVEMBER 16-24

Sat. 5:00 pm † Ralph & Ida Duncan
 Sun. 9:00 am Parish Community of St. Theresa

Mon. 8:30 am Judy Esopivich
 Tues. 8:30 am For the poor and those in need
 Wed. 8:30 am † For all deceased members for the parish
 Thurs. 8:30 am † Kevin Mack
 Fri. 8:30 am Immigrants and Refugees

Sat. 5:00 pm Parish Community of St. Theresa
 Sun. 9:00 am For all who give of their time and talent in the parish

ONLINE PRAYER REQUEST FOR THE SICK OR RECENTLY DECEASED

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (*Prayers for the Sick or Recently Deceased*) online.

Please complete the form on the parish website page:

<https://sttheresaokland.org/pray/mass-and-confession-times>

their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

This form is not for Mass Intentions.

SUNDAY OFFERING

SUNDAY COLLECTION (NOVEMBER 4-10):
 ONLINE: 52 DONORS \$ 4,734.00
 MASS DONATIONS: 39 DONORS \$ 2,425.00

PARISH CALENDAR

Find out what is happening at the parish:
<https://sttheresaokland.org/calendar>

LOW GLUTEN HOSTS

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parishcrossroads.com/low-gluten.htm>.

Please use the presider's communion station to receive a low gluten host.


Bishop's Ministries Appeal 2024



St. Theresa Parish Goal \$35,800
 Percentage Achieved **59.04%**

\$21,958 as of October 31, 2024

<https://www.oakdiocese.org/bishops-appeal-donation-page>




Thanksgiving Day Mass

Our Thanksgiving Day Mass will be celebrated at 9:00 am on Thursday, November 28th.

We invite you to bring the bread and wine for your Thanksgiving Meal for a special blessing.

For the blessing you will be asked to hold the items.



SCHEDULE A MASS INTENTION ONLINE!

Use this link to schedule a Mass Intention:

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows **BUSY** on the calendar, there is already a Mass Intention scheduled for that date.


You can also send an email to:

admin@sttheresaokland.org or call 510.547.2777, ext. 120

if you do not wish to use the online option.


PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Alicia Gonzalez, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Shirley Roberts, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Laura Jones, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Marley Malone, Isabella Guillot Williams, Ann Kirkman, Hal Lauth, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Helen Lightner-Smith, Steve Lauth, Mary Malloy, Peter Cuttitta, James Lang, John Donovan, Mary & Leo Martinez, Sr., James Spalding, Tiffany Converse, Adrian McEvelly, Joan Marchi, Diana Nelson Curtis, Charlie Schnellbacher, Theresa Joyce, Maureen Carver, Ernestine Pernecco, Vince Nims, Barrett Baker, Genevieve 'Beth' McElroy, Rick Fama, Eleanor Ceccarelli.



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

It's easy to get started. Here are the ways to sign up:



Text
510-876-9679
 Text "GIVE" to this number to receive a link to our online giving page.

Visit us at
<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

A WORD FROM OUR PASTOR

Light and heat are two concerns we all have as the seasons change to winter and our clocks have now fallen back. I have adjusted the parking lot lights and but will continue to tweak it as the 'days grow shorter.' Please be careful when it is darker earlier.



We tried to put the heat on in the church, but our boiler expert quickly said there is a leak that keeps pressure from building up to provide the heat we want. This will be a complicated fix, so please dress warmly when coming on the cooler weekends and I will keep you apprised of the fix, the cost, and the progress we are making. Our expert has worked on similar systems and says this is old but worth fixing and keeping. He does not see a long period in getting it up and running again. Please pray and help us meet the cost when the monthly 'repair and maintenance collection' is taken up. Your ongoing generosity keeps up the site that is our spiritual home!

I am writing this on the feast of St. Frances Xavier Cabrini, the first American citizen to be canonized a saint. She wanted to mission to China, but the pope told her to go to the United States to help the many Italian immigrants who were arriving with not the greatest welcome. She started off as a frail child, rejected from entering one group of religious sisters because of her frailty and went on to found sixty-seven hospitals, orphanages, and sites to help anyone in need. While she is my amazing advocate for helping me find parking in congested places, I ask all of us to invoke her intercession as we face immigration issues today in these United States. I concur with the pope, bishops, and others that as Catholics we must meet these issues always respecting our laws, but equally respecting the rights and human dignity of every human being. May Mother Cabrini help us!

As begun last week, I offer the following which none of us like dealing with, but which is a great act of love to those we love if we do deal with these matters:

Advance Health Care Directives Checklist

- ◆ **Gather Information For Decision Making.** Ask your doctor about your end-of-life health care treatment options. In addition, many organizations have information that may be useful.
- ◆ **Discuss Your End-of-Life Decisions With Key People.** Talk about your decisions with your family, doctor and others who are close to you. Some questions to consider for discussion:

- * What health situations do you anticipate may occur?
- * What abilities are so critical to your life that you can't imagine living without them?
- * Which is more important to you, the possibility of a longer life and the possibility of a better quality of life, and how much medical treatment you are willing to go through?
- * Are there specific medical treatments you want or do not want?
- * When you are dying, do you want to be in a nursing home, hospital or at home?
- * What do you want for palliative care/pain management and hospice care?
- * What other things do you want to make sure happens or does not happen, and what else do you want to make sure your loved ones and health care team know about your end-of-life health care preferences?

◆ **Designate Someone To Carry Out Your Wishes.** Decide who should handle your health care choices if you are unable to do so and discuss the matter with them. You can name a spouse, relative or other trusted person. Make sure they understand your health care preferences. Identify that person in your advance health care directive. You can also identify alternate designated people to handle your health care choices if your designated person is unable to do so.

◆ **Prepare Your Advance Care Directive.** Under state law, you have a legal right to express your health care wishes and to have them considered in situations when you are unable to make these decisions yourself. While state law requires certain provisions to appear in your health care directive, there is no required form to document your wishes. Probate Code section 4701. Many resources are available on how to prepare advanced health care directives, including sample forms and FAQs provided by health and hospice care providers.

◆ **Inform Key People Of Your Preferences.** Notify your doctor, family, and close friends about your end-of-life preferences. Keep a copy of your signed and completed advance health care directive safe and accessible. This will help ensure that your wishes will be known at the critical time and carried out. Give a copy of your form to:

- * The person you appoint as your designated agent to carry out your wishes, and to any alternate designated agents.
- * Your doctor and other health care providers
- * The health care institution that is providing your care
- * Trusted family members and other trusted, responsible people who are likely to be called if there is a medical emergency.

WEEKLY READINGS: NOVEMBER 18–24

Monday:	Tuesday:	Wednesday:	Thursday	Friday	Saturday:	Sunday:
Rv 1:1-4; 2:1-5 Ps 1 Lk 18:35-43	Rv 3:1-6, 14-22 Ps 15 Lk 19:1-10	Rv 4:1-11 Ps 150 Lk 19:11-28	Rv 5:1-10 Ps 149 Lk 19:41-11	Rv 10:8-11 Ps 119 Lk 19:45-48	Rv 11:4-12 Ps 144 Lk 20:27-40	Dn 7:13-14 Ps 93 Rv 1:5-8 Jn 18:33b-37