

# ST. THERESA PARISH COMMUNITY

MARCH 16, 2025

SECOND SUNDAY  
OF LENT

## MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

## RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

## PARISH OFFICE HOURS:

Tuesday - Thursday: 10:00 am - 2:00 pm

The office is closed on Monday and Friday

Phone: 510.547.2777, ext. 120

After Hours Medical Emergency Line: 510.610.7715

 Parish Website: [www.sttheresaokland.org](http://www.sttheresaokland.org)

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 [https://www.youtube.com/channel/UCn5JX1e3QrqXTsa\\_7qmNCIw](https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw)

PARISH STAFF: 510.547.2777

Parish Office: ext. 120

Rev. Robert J. McCann, ext. 121 [rjmccann@sttheresaokland.org](mailto:rjmccann@sttheresaokland.org)  
*Pastor*

Rev. Ngema W. Enow, ext. 128 [ngemawil.enow@gmail.com](mailto:ngemawil.enow@gmail.com)  
*In Residence*

Cathy Brady, ext. 126 [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org)  
*Liturgy Director*

Rob Cakebread, ext. 127 [rob@sttheresaokland.org](mailto:rob@sttheresaokland.org)  
*Music Ministry Director*

Joey Gutierrez, ext. 123 [joey@sttheresaokland.org](mailto:joey@sttheresaokland.org)  
*Youth Ministry Coordinator, Middle School & High School*

Keri Nims, ext. 124 [keri@sttheresaokland.org](mailto:keri@sttheresaokland.org)  
*Coordinator for Early Childhood Catechesis & RCIC*

## ST. THERESA SCHOOL

Alicia Ortegon [a\\_ortegon@sttheresaschool.org](mailto:a_ortegon@sttheresaschool.org)  
*St. Theresa School Principal*

510.547.3146

website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

## Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120,  
or email [admin@sttheresaokland.org](mailto:admin@sttheresaokland.org)

## To arrange a Funeral

call parish office 510.547.2777, ext. 120, or email  
[admin@sttheresaokland.org](mailto:admin@sttheresaokland.org)

## Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ [keri@sttheresaokland.org](mailto:keri@sttheresaokland.org)

## Middle School Youth Ministry (Grades 6-8)

Joey Gutierrez ~ [joey@sttheresaokland.org](mailto:joey@sttheresaokland.org)

## High School Youth Ministry/Confirmation

Joey Gutierrez ~ [joey@sttheresaokland.org](mailto:joey@sttheresaokland.org)

## R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org)

Parish Calendar: <https://sttheresaokland.org/calendar>

## Parish Organization Contacts

### Pastoral Council:

Chris Colby [ccolby@well.com](mailto:ccolby@well.com)

### Finance Council:

Carolyn Mahoney [carolyn.mahoney675@gmail.com](mailto:carolyn.mahoney675@gmail.com)

### St. Vincent de Paul Society

Greg Govan [glgovan@comcast.net](mailto:glgovan@comcast.net)

### CYO (Catholic Youth Organization):

Carlos Palacios [sttheresaathletics@gmail.com](mailto:sttheresaathletics@gmail.com)

### St. Theresa Men's Club

[mensclubsttheresa@gmail.com](mailto:mensclubsttheresa@gmail.com)

### Legion of Mary

Tom Wallace [tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

### WINGS

Cindy Crimmins [cyncrim@gmail.com](mailto:cyncrim@gmail.com)

### Social Justice Committee (SJC)

Lydia Deck [ltdeck@me.com](mailto:ltdeck@me.com)

### Consolation Ministry

Cecile Cuttitta [cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

### Men's Faith Sharing

Jim Frei [jim@ottofrei.com](mailto:jim@ottofrei.com)

### Cursillo

Geri Tong [gt4palancaokland@gmail.com](mailto:gt4palancaokland@gmail.com)

### Kinderchurch

Shannon Ciston [s.ciston@gmail.com](mailto:s.ciston@gmail.com)

Additional information and events can be found in the Friday Flocknote available on our website: <https://sttheresaokland.org/Bulletin/Flocknote>

30 MANDALAY ROAD -- OAKLAND, CA 94618 -- 510.547.2777

# DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints; contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness; fill your hearts with joy.
- Fast from selfishness and be compassionate.
- Fast from grudges and be reconciled.
- Fast from words; be silent and listen.



## St. Theresa Parish Lenten Opportunities

### DAILY REFLECTION BOOKLETS

#### LENTEN RETREAT

Sunday April 6 & 13 10:15 am in the church

#### Fr. Ngema, Lenten Bible Journey

Enriching our Lenten Observance with Insights from Esther  
 March 11, 18, 25, April 1, 8, 15  
 Zoom link can be found in the Friday Flocknote

#### LENTEN COMPANION

#### “WALKING WITH MARY TO JERUSALEM”

Weekly Flocknote Reflection  
 Sign-up for weekly reflection at:

<https://sttheresaokland.org/pray/lent-2025/lenten-companion-walking-mary-jerusalem>

#### STATIONS OF THE CROSS

March 21, 28, April 4, 11  
 Provided by the school  
 9:30 am & 2:30 pm

#### STATIONS OF THE CROSS BOOKLETS

These booklets are available at the back of the church for your use in praying the stations of the cross.

#### RICE BOWLS

#### LENT IN A BAG

#### ANOINTING OF THE SICK

April 6, 9:00 am Mass

#### SEDER DINNER

April 9, 6:00 pm

Check out the Lent page on the parish website for details.  
<https://sttheresaokland.org/lent-2025>



## ST. THERESA CHURCH 100<sup>TH</sup> JUBILEE CELEBRATION

The parish is celebrating its 100<sup>th</sup> Jubilee. There are monthly events leading up to the Anniversary.

Check out the Jubilee website to see many of the events that are being planned. <https://sttheresaokland.org/about-us/100th-jubilee>

If you would like to be a part of the planning process for these events, send an email to:

[anniversary@sttheresaokland.org](mailto:anniversary@sttheresaokland.org).

### 100<sup>th</sup> Jubilee Video

St. Theresa Catholic Church

### REQUEST FOR STORIES:

We need your help in identifying the most amazing stories to include in St Theresa's Centennial Celebration video.

We are looking for people in the Saint Theresa community who have heartfelt stories to share about their personal journeys, challenges, and faith, family, friendships, school and community experiences.

How have you benefited from being part of our community? How has the St. Theresa's experience shaped your life, family and informed your hopes for a better future? We really need your participation to make this celebration special and inspiring.

Think about the story you want to share and why you want to share it.

**Include a photo** with your completed questionnaire, contact information and what family mementos (photo's, movies, keepsakes) you're willing to share to illustrate your story.

Questionnaire is available on the website

**Deadline for submissions April 1.**

## Upcoming Events

### MARCH 29: LENTEN SOUP AND CONCERT

Join fellow parishioners for a simple evening meal of soup, salad and bread in the Hall, followed by the parish choir concert. The soup will be made and served by various organizations and groups in the parish.

**MAY 17: FIRST COMMUNION, 5:00 PM MASS**

**MAY 31: CONFIRMATION, 5:00 PM MASS, WITH ARCHBISHOP PETER CHONG**

**MASS INTENTIONS - MARCH 15-23**

Sat. 5:00 pm † McArtor Family  
 Sun. 9:00 am Parish Community of St. Theresa

Mon. 8:30 am For the children of the parish  
 Tues. 8:30 am † Violet Chancey  
 Wed. 8:30 am John & Graciela Suarez  
 Thurs. 8:30 am † Diana Goss  
 Fri. 8:30 am Patrick Giammarise

Sat. 5:00 pm † Elsie Giuntoli  
 Sun. 9:00 am Parish Community of St. Theresa

**ONLINE PRAYER REQUEST FOR THE SICK OR RECENTLY DECEASED**

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (*Prayers for the Sick or Recently Deceased*) online.

Please complete the form on the parish website page:

<https://sttheresaokland.org/pray/mass-and-confession-times>

their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

*This form is not for Mass Intentions.*

**PARISH CALENDAR**

Find out what is happening at the parish:  
<https://sttheresaokland.org/calendar>

**SUNDAY OFFERING**

**SUNDAY COLLECTION (MARCH 3-9):**

ONLINE: 54 DONORS **\$ 3,762.00**  
 MASS DONATIONS: 37 DONORS **\$ 1,853.00**

**ASH WEDNESDAY:**

ONLINE: 4 DONORS **\$ 110.00**  
 MASS/DROP-OFF/MAILED: 28 DONORS **\$ 1,230.00**



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.



*It's easy to get started. Here are the ways to sign up:*

*Thank you for giving generously to St. Theresa Parish*

Text **510-876-9679**  
 Text "GIVE" to this number to receive a link to our online giving page.

Visit us at <https://sttheresaokland.org/donate>

## St. Theresa WORKDAY

**March 29**  
9am - 2pm  
Lunch will be provided.

**Sign up at <https://sttheresaokland.org/about-us/workday> or the sign up sheet in the church vestibule.**

**CATHOLIC RELIEF SERVICE COLLECTION**

Next week, please give generously to the collection and help Jesus in disguise. You may also use Online Giving.

**SCHEDULE A MASS INTENTION ONLINE!**

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>  
**Mass Intentions may only be made up to a year in advance.** You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows **BUSY** on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to: [admin@sttheresaokland.org](mailto:admin@sttheresaokland.org) or call 510.547.2777, ext. 120 if you do not wish to use the online option.

**PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL.**

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Bayloq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Shirley Roberts, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Laura Jones, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Marley Malone, Isabella Guillot Williams, Ann Kirkman, Hal Lauth, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Helen Lightner-Smith, Steve Lauth, Mary Malloy, Peter Cuttitta, James Lang, John Donovan, Mary & Leo Martinez, Sr., James Spalding, Tiffany Converse, Adrian McEvelly, Joan Marchi, Diana Nelson Curtis, Charlie Schnellbacher, Theresa Joyce, Maureen Carver, Ernestine Pernecco, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Maureen Querio, Karin Milliman, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme.



**MARCH 19<sup>TH</sup>**

**JOSEPH HEBERT**  
**DIRECTOR OF MUSIC MINISTRY,**  
**CORPUS CHRISTI CHURCH**

*Spiritual Reflection, A Melody of Hope*

**LOW GLUTEN HOSTS**

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to <https://www.parishcrossroads.com/low-gluten.htm>.

Please use the presider's communion station to receive a low gluten host.

### A WORD FROM OUR PASTOR

Sincere thanks again for all who made the ‘Irene Crosetti Ravioli Dinner’ amazingly successful. A record number of people attended, above pre-Covid numbers and people just wanted to stay and enjoy the good food, company, and interactions. I said it is a foretaste of the ‘heavenly banquet’ at Mass and I am sure Irene has blessed it to be that way.



Even though I thanked a few by name last week, I again thank Peter Nuti and his wonderful crew who shopped, prepared the gravy/sauce and mixed the salad, to Luigi Bonacini who procured the great desert treats, members of the Men’s Club who kept the beverages flowing, members of the sixth, seventh and eighth grade class as well as members of the Confirmation program who helped deliver the food and clean up at the end. Special thanks to Keri Nims who coordinated the whole event and Chris and Jenny Bruni for doing everything else, even pots and pans when everyone else had left late on Saturday night. It was a great event!

Our patron these hundred years is St. Theresa of the Child Jesus. We are working on some retreat talks based on her life and the wisdom she shared that has encouraged, challenged and given purpose to millions in the world. St. Theresa did not preach to multitudes, nor travel as a missionary to a foreign land as she wanted. She allowed God to love her in a small convent in France and achieved heaven in small ways that give us a path toward our goal of being in heaven one day.

On Saturday, March 29 a ‘workday’ is scheduled to give one and all an opportunity to do ‘a couple of little things’ that will enrich the whole parish as we care for the site where we come together to pray, celebrate the sacraments, learn about life and the life to come,

enjoy fun and good food together and ultimately give glory and honor to God.

Inspired by St. Theresa, I invite you to sign up for an hour, or two or three on the 29<sup>th</sup>. It isn’t just about saving the parish budget a few bucks (which is always a good idea), but about being together and honoring and respecting those who a hundred years ago started with a mandate to become a parish and have succeeded to our generation and generations to come. Please sign up at <https://sttheresaoakland.org/about-us/workday>.

St. Theresa demonstrated in her life that no task is too small and no effort unnoticed by God that honors God and honors those who have gone before us that allows us now to use the gifts of their labors and generosity. I look forward to seeing you on that day in my work clothes and with tools to get a few tasks done.

Catholic Relief Services reminds us every Lent through the ‘rice bowl’ program that we can make a difference with eating a simpler meal so that those who have so little can have something more. I encourage you to look online at the amazing work that CRS does in our world and to again become part of the efforts.

Maybe by the time you read this, a number of our fellow parishioners will have returned to San Diego after building a house for a family through the Corazon organization. This is the twentieth year that people from our parish have taken up this task with and without diocesan support. I want to publicly thank all who supported these efforts again. Your generosity really has made a difference for a family that will change the course of their lives in a good way. May St. Theresa intercede and get everyone home safe again!

#### WEEKLY READINGS: MARCH 17–23

Monday:	Tuesday:	Wednesday:	Thursday	Friday	Saturday:	Sunday: Year A
Dn 9:4b-10 Ps 79 Lk 6:36-38	Is 1:10, 16-20 Ps 50 Mt 23:1-12	2 Sm 7:4-5a, 12-14a, 16 Ps 89 Rom 4:13, 16-18, 22 Lk 2:41-51a	Jer 17:5-10 Ps 1 Lk 16:19-31	Gn 37:3-4, 12-13a, 17b-28 Ps 105 Mt 21:33-43, 45-46	Mi 7:14-15, 18-20 Ps 103 Lk 15:1-3, 11-32	Ex 17:3-7 Ps 95 Rom 5:1-2, 5-8 Jn 4:5-42