

ST. THERESA PARISH COMMUNITY

SEPTEMBER 7, 2025

TWENTY-THIRD SUNDAY
IN ORDINARY TIME

MASS SCHEDULE:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

PARISH OFFICE HOURS:

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm

The office is closed on Monday and Friday

Phone: 510.547.2777, ext. 120 or (direct line) 341.220.0077

After Hours Medical Emergency: 510.547.2777, Option #4

 Parish Website: www.sttheresaoakland.org

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

 https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw

PARISH MAIN LINE: 510.547.2777

Parish Office: ext. 120 (direct line) 341.202.0077

Rev. Robert J. McCann, ext. 121 rjmccann@sttheresaoakland.org
Pastor (direct line) 341.202.0159

Rev. Ngema W. Enow, ext. 128 ngemawil.enow@gmail.com
In Residence (direct line) 341.202.0137

Cathy Brady, ext. 126 cathy_b@sttheresaoakland.org
Liturgy Director (direct line) 341.202.0086

Rob Cakebread, ext. 127 rob@sttheresaoakland.org
Music Ministry Director (direct line) 341.202.0139

Keri Nims, ext. 124 keri@sttheresaoakland.org
Coordinator for (direct line) 341.202.0076
Early Childhood Catechesis & RCIC

ST. THERESA SCHOOL

Alicia Ortegon a_ortegon@sttheresaschool.org
St. Theresa School Principal 510.547.3146
website: www.sttheresaschool.org

Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120,
or email admin@sttheresaoakland.org

To arrange a Funeral

call parish office 510.547.2777, ext. 120, or email
admin@sttheresaoakland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaoakland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaoakland.org

High School Youth Ministry/Confirmation

Keri Nims ~ keri@sttheresaoakland.org

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaoakland.org

Parish Calendar: <https://sttheresaoakland.org/calendar>

Parish Organization Contacts

Pastoral Council:

Chris Colby ccolby@well.com

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan lgovan@comcast.net

CYO (Catholic Youth Organization):

Carlos Palacios sttheresaathletics@gmail.com

St. Theresa Men's Club

mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Deb McJilton dolcedeb@yahoo.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Cursillo

Geri Tong gt4palancaoakland@gmail.com

Kinderchurch

Shannon Ciston s.ciston@gmail.com

Additional information and events can be found in the Friday Flocknote available on our website: <https://sttheresaoakland.org/Bulletin/Flocknote>

30 MANDALAY ROAD -- OAKLAND, CA 94618 -- 510.547.2777

FAITH FORMATION REGISTRATION

Building strong Catholic Families

KinderChurch

3yrs-Kinder
During 9am Mass

Family Faith Formation

1st-8th grade
Sundays after Mass
Reconciliation & Eucharist

Confirmation

High School
Sundays after Mass
2 year Preparation

O.C.I.T.
Order of Christian Initiation for Teens

High School
Sundays after Mass
2 year preparation

Registration At
<https://sttheresaoakland.org/Faith-Formation-Registration>

Questions...
Keri@sttheresaoakland.org

Upcoming Kinderchurch dates

Sep 7
Sep 14
Sep 21
Oct 5 (at 11:00 Mass)
Oct 19

ST. THERESA CHURCH 100TH JUBILEE CELEBRATION



The parish is celebrating its 100th Jubilee. There are monthly events leading up to the Anniversary.

Check out the Jubilee website to see many of the events that are being planned.

<https://sttheresaoakland.org/about-us/100th-jubilee>

Upcoming Events

OCTOBER 5: ST. THERESA FEAST DAY FESTIVAL



Mass in the church at 11:00 am
Festival begins at noon

OCTOBER 25: ST. THERESA SCHOOL GALA AND AUCTION



To register visit www.sttheresabenefit.com

Join us for this year's St. Theresa School Auction. We are celebrating the parish's 100th Year Jubilee with a 1920s theme!

The auction will be held on Saturday, October 25th at 6:00PM in the Event Center. Take advantage of early bird ticket pricing before September 19th. If you cannot join us, please consider a \$100 Legacy Sponsorship to help support our school community. If you participate any year, this is the one! More information is available in the Friday Flocknote and at StTheresaBenefit.com.

NOVEMBER 16: ST. THERESA JUBILEE MASS WITH BISHOP BARBER, 9 AM

CYO CROSS COUNTRY SEASON

All 1st through 8th grade students and parishioners are welcome to participate!

Students must be registered and added to the roster to attend practices or meets. Please complete the Health Information Participation and Release for (aka Registration form) <https://sttheresaoakland.org/ministries/cyo-catholic-youth-organization>

Send the completed form to sttheresacrosscountry@gmail.com

The last day to register (if you would like to participate in the first meet) is Tuesday, September 9.



O.C.I.A. ~ Order of Christian Initiation of Adults formerly R.C.I.A

Are you or someone you know interested in joining
the Catholic Church?

ARE YOU UNBAPTIZED, SEEKING A FAITH COMMUNITY?

OR

ARE YOU BAPTIZED IN ANOTHER FAITH?

OR

ARE YOU A BAPTIZED CATHOLIC SEEKING TO COMPLETE THE SACRAMENTS
OF FIRST EUCHARIST AND/OR CONFIRMATION?

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OCIA might be just what you are looking for.

A new inquiry session will begin soon.

Contact Cathy Brady at [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org) for more information, or to register for our sessions.

**MASS INTENTIONS - SEPTEMBER 6-14**

Sat. 5:00 pm ✠ Paul Duncan  
 Sun. 9:00 am St. Theresa Parish Community

Mon. 8:30 am For those who serve our parish  
 Tues. 8:30 am ✠ Donnelly Family & Friends  
 Wed. 8:30 am ✠ McArtor Family  
 Thurs. 8:30 am ✠ Silvano Giuntoli  
 Fri. 8:30 am For peace in our world

Sat. 5:00 pm Harold Lauth  
 Sun. 9:00 am St. Theresa Parish Community

**PARISH CALENDAR**

Find out what is happening at the parish:

<https://sttheresaokland.org/calendar>

**ONLINE PRAYER REQUEST FOR THE SICK OR RECENTLY DECEASED**

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (*Prayers for the Sick or Recently Deceased*) online.

Please complete the form on the parish website page: <https://sttheresaokland.org/pray/mass-and-confession-times>

their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

*This form is not for Mass Intentions.*

**LOW GLUTEN HOSTS**

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parishcrossroads.com/low-gluten.htm>.

Please use the presider's communion station to receive a low gluten host.

**SUNDAY OFFERING****SUNDAY COLLECTION (AUGUST 25-31):**

ONLINE: 45 DONORS \$ 2,985.00

MASS DONATIONS: 36 DONORS \$ 2,938.00

**ST. VINCENT DE PAUL:**

ONLINE: 12 DONORS \$ 416.00

MASS/DROP-OFF/MAILED: 26 DONORS \$ 6,298.00



Find Simplicity  
with eGiving



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

*It's easy to get started. Here are the ways to sign up:*

*Thank you for giving generously to  
St. Theresa Parish*

Text  
510-876-9679

Text "GIVE" to this number to  
receive a link to our online  
giving page.

Visit us at

[https://  
sttheresaokland.org/donate](https://sttheresaokland.org/donate)

**DIOCESAN PRIEST RETIREMENT BENEFIT TRUST**

Let us remember our retired priests. Although they are officially retired, some of the priests in this category are still "laboring in the vineyard" as chaplains, pastor emeriti, spiritual directors and more.

On **September 13 & 14** we will have the opportunity to contribute to the Diocesan Priest Retirement Benefit Trust. Prayerfully consider how you can match their generosity to the Church.

You may also use Online Giving for this collection. Choose the Diocesan Priest Retirement - September fund option

**SCHEDULE A MASS INTENTION ONLINE!**

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

**Mass Intentions may only be made up to a year in advance.** You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows **BUSY** on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to: [admin@sttheresaokland.org](mailto:admin@sttheresaokland.org) or call 341.202.0077

**PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL**

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Bayloq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Marley Malone, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Diana Nelson Curtis, Charlie Schnellbacher, Theresa Joyce, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Peter Boero, Mary McCole, baby Gianna Sorbello.

**KEEP IN TOUCH WITH US**

## ♦Receive the weekly Friday Flocknote

*You will receive everything contained in the bulletin plus additional information.*

## ♦Unsubscribe anytime

**Sign-up at:** <https://sttheresaokland.org/about-us/contact-us>

**OR**

send an email to

[cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org) with a request to be added to the Friday Flocknote Group with your full name and email address.



MINISTRIES of  
**HOPE**  
2025 BISHOP'S MINISTRIES APPEAL

**Bishop's Ministries Appeal 2025 Parish Goal \$35,800**

Percentage Achieved **35.66%**

**\$12,767 as of August 31, 2025**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

**DONATION ENVELOPES ARE AVAILABLE IN THE CHURCH VESTIBULE**  
Checks MUST be made out to the Roman Catholic Bishop of Oakland.



## A WORD FROM OUR PASTOR

We continue to pray for our sister church, Annunciation in Minneapolis as they bury their dead, heal those physically and psychologically wounded and work to fix this problem that has taken the lives of too many. Thank you for many thoughtful comments last weekend.



I have noticed some need for reminding all of us about our communal presence at Mass. Growing up, I remember we had fourteen Masses each Sunday in my home parish and friends would remind me that if you got to one of them before the priest removed the chalice veil, you were able to fulfill our weekly obligation to attend every week. We have long since rejected and changed that criteria and have embraced the call of the Vatican II bishops to full, active, conscious participation.

Mass is meaningful when we pray individually during each day. It will be different when we come together to pray as the one Body of Christ, which is communal participation. I present some words from Cardinal Cupich of Chicago that I hope will help us in the way we pray when in community:

Cardinal Cupich writes: "We all have benefited from the renewal of the church ushered in by the Second Vatican Council. This gathering of the world's Catholic bishops and heads of religious orders of men took place in four sessions from 1962 to 1965.

Sixteen documents related to church renewal were eventually issued, but it is significant that the council fathers decided that their first document should take up the topic of restoring the way we worship. They took seriously the ancient maxim "lex orandi, lex credenda," a phrase often associated with Prosper of Aquitaine, a fifth-century Christian writer. It simply means that the law of praying establishes the law of believing.

By recognizing this relationship between how we worship and what we believe, the bishops at the council made clear that the renewal of the liturgy in the life of the church is central to the mission of proclaiming the Gospel. It would be a mistake to reduce the renewal to a mere updating of our liturgy to fit the times we live in, as if it were a kind of liturgical facelift. We need the restoration of the liturgy because it gives us the capacity to proclaim Christ to the world.

Thus, for instance, the council called for the full, active, and conscious participation of all the baptized in the celebration of the Eucharist to reflect our belief that in the sacred liturgy the faithful become the Body of Christ that they receive.

Our ritual for receiving of Holy Communion has special significance in this regard. It reminds us that receiving the Eucharist is not a private action but rather a communal one, as the very word "communion" implies. For that reason, the norm established by Holy See for the universal church and approved by the U.S. Conference of Catholic Bishops is for the faithful to process together as an expression of their coming forward as the Body of Christ and to receive Holy Communion standing.

It is important to recall that processions have been part of the liturgy from the earliest days of Christian practice. They give us a sensible experience of what it means to be a pilgrim people, helping us keep in mind that we are making our way together to the fullness of the heavenly banquet Christ has prepared for us. This is why we process into the church, process up to bring the gifts, process to receive Holy Communion and process out at the end of Mass to carry the Lord into the world.

Nothing should be done to impede any of these processions, particularly the one that takes place during the sacred Communion ritual. Disrupting this moment only diminishes this powerful symbolic expression, by which the faithful in processing together express their faith that they are called to become the very Body of Christ they receive. Certainly, reverence can and should be expressed by bowing before the reception of Holy Communion, but no one should engage in a gesture that calls attention to oneself or disrupts the flow of the procession. That would be contrary to the norms and tradition of the church, which all the faithful are urged to respect and observe.

The law of praying establishes the law of believing is our tradition. When the bishops took up the task of restoring the liturgy six decades ago, they reminded us that this ancient principle enjoys a privileged place in the church's tradition. It should continue to guide us in every age."

When I teach the canon law class at the seminary or Jesuit school of Theology, I often begin by saying most laws originate in very down-to-earth practical reasons or situations. A town installs a red light when accidents are no longer prevented by a stop sign is a good example. I affirm all the cardinal teachers above, but I add that I have witnessed that when a Communion line is moving and the people behind you are praying, when someone has suddenly knelt down, they kick the person behind them (on two occasions knocking down the elderly person or just leaving bruises.) Please follow what the universal Church and the U.S. bishops have made the normative law in our Church so no one will get hurt just trying to meet the Lord in receiving Communion.

### WEEKLY READINGS: SEPTEMBER 8–14

| Monday:                                | Tuesday:                           | Wednesday:                         | Thursday                            | Friday                                   | Saturday:                            | Sunday:                                          |
|----------------------------------------|------------------------------------|------------------------------------|-------------------------------------|------------------------------------------|--------------------------------------|--------------------------------------------------|
| Mi 5:1-4a<br>Ps 13<br>Mt 1:1-16, 18-23 | Col 2:6-15<br>Ps 145<br>Lk 6:12-19 | Col 3:1-11<br>Ps 145<br>Lk 6:20-26 | Col 3:12-17<br>Ps 150<br>Lk 6:27-38 | 1 Tm 1:1-2, 12-14<br>Ps 16<br>Lk 6:39-42 | 1 Tm 1:15-17<br>Ps 113<br>Lk 6:43-49 | Nm 21:4b-9<br>Ps 78<br>Phil 2:6-11<br>Jn 3:13-17 |