

# St. Theresa

## Parish Community

*We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.*

### Mass Schedule:

Weekday: 8:30 am (Mon.-Fri.)  
 Saturday Vigil: 5:00 pm  
 Sunday: 9:00 am  
 (live-streamed on our YouTube channel for the sick and home-bound)

### Reconciliation:

Saturday: 4:00 pm - 4:30 pm

### Parish Office Hours:

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm  
 The office is closed on Monday and Friday  
 Phone: 510.547.2777, ext. 120 or (direct line) 341.220.0077  
 After Hours Medical Emergency:  
 510.547.2777, Option #4

**Parish Website:** [www.sttheresaoakland.org](http://www.sttheresaoakland.org)

**Facebook:** StTheresaChurch/Oakland

### YouTube:

[https://www.youtube.com/channel/UCn5JX1e3QrqXTsa\\_7qmNClw](https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNClw)

### Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120, or email [admin@sttheresaoakland.org](mailto:admin@sttheresaoakland.org)

### To arrange a Funeral

call parish office 510.547.2777, ext. 120, or email [admin@sttheresaoakland.org](mailto:admin@sttheresaoakland.org)

### Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

### Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

### High School Youth Ministry/Confirmation

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

### R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

### Parish Calendar:

<https://sttheresaoakland.org/calendar>

**Parish Main Line: 510.547.2777**

**Parish Office: ext. 120 (direct line) 341.202.0077**

**Rev. Robert J. McCann, Pastor,**

[rjmccann@sttheresaoakland.org](mailto:rjmccann@sttheresaoakland.org)  
 (direct line) 341.202.0159

**Rev. Ngema W. Enow, In Residence**

[ngemawil.enow@gmail.com](mailto:ngemawil.enow@gmail.com)  
 (direct line) 341.202.0137

**Cathy Brady, Liturgy Director**

[cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)  
 (direct line) 341.202.0086

**Rob Cakebread, Music Ministry Director**

[rob@sttheresaoakland.org](mailto:rob@sttheresaoakland.org)  
 (direct line) 341.202.0139

**Keri Nims, Coordinator Early Childhood Catechesis & RCIC**

[keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)  
 (direct line) 341.202.0076

**Alicia Ortegon, St. Theresa School Principal**

[a\\_ortegon@sttheresaschool.org](mailto:a_ortegon@sttheresaschool.org)  
 510.547.3146  
 website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

### Parish Organization Contacts

#### Pastoral Council:

Chris Colby [ccolby@well.com](mailto:ccolby@well.com)

#### Finance Council:

Carolyn Mahoney [carolyn.mahoney675@gmail.com](mailto:carolyn.mahoney675@gmail.com)

#### St. Vincent de Paul Society

Greg Govan [glgovan@comcast.net](mailto:glgovan@comcast.net)

#### CYO (Catholic Youth Organization):

Carlos Palacios [ttheresaathletics@gmail.com](mailto:ttheresaathletics@gmail.com)

#### St. Theresa Men's Club

[mensclubsttheresa@gmail.com](mailto:mensclubsttheresa@gmail.com)

#### Legion of Mary

Tom Wallace [tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

#### WINGS

Deb McJilton [dolcedeb@yahoo.com](mailto:dolcedeb@yahoo.com)

#### Social Justice Committee (SJC)

Lydia Deck [ltdeck@me.com](mailto:ltdeck@me.com)

#### Consolation Ministry

Cecile Cuttitta [cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

#### Men's Faith Sharing

Jim Frei [jim@ottofrei.com](mailto:jim@ottofrei.com)

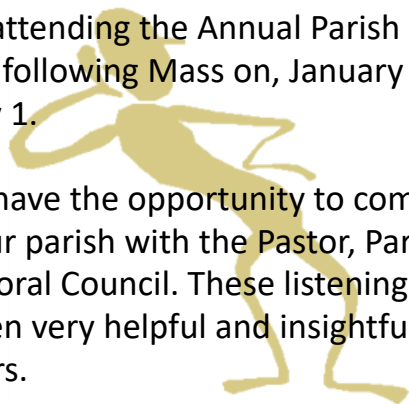
#### Kinderchurch

Shannon Ciston [s.ciston@gmail.com](mailto:s.ciston@gmail.com)

### Parish Listening Sessions

Plan on attending the Annual Parish Listening Sessions following Mass on, January 31 February 1.

You will have the opportunity to comment about our parish with the Pastor, Parish Staff and Pastoral Council. These listening sessions have been very helpful and insightful in the past years.



### CYO Mass

"The Catholic Youth Organization (CYO), through the vehicle of sports, provides youth with an opportunity to practice Christian attitudes and responsibilities and to become friends with other children throughout the diocese. CYO activities should be examples of the meaning of Christian sportsmanship." --CYO Code of Conduct

We will celebrate the CYO program, our athletes and coaches at the 9 am Mass on Sunday, February 8, 2026.

## ASH WEDNESDAY

*Lent Begins*

*February 18, 2026*

### Mass Schedule

**8:30 am**

**10:00 am School Mass**

**7:00 pm**

St. Theresa Parish invites you to join us for the

*Irene Crosetti*

**RAVIOLI  
DINNER**

**March  
21,  
2026**

**ST. THERESA CATHOLIC CHURCH,  
EVENT CENTER**

30 Mandalay Road, Oakland

### Low Gluten Hosts

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parishcrossroads.com/low-gluten.htm>

Please use the presider's communion station to receive a low gluten host.



Theme for the year:  
"Pilgrims of Hope"

February 4, 2026

Margaret Roncalli

Pastoral Associate, St. Columba Catholic Church

Pilgrimage of Hope: The Word in My Life

**Mass Intentions - January 24 - February**

Sat.	5:00 pm	Parish Community of St. Theresa
Sun.	9:00 am	✠ Peter Boero
Mon.	8:30 am	✠ For all deceased members for the parish
Tues.	8:30 am	For those who have experienced loss
Wed.	8:30 pm	✠ Carmela Di Grazia
Thurs.	8:30 am	For a world where no one is hungry or homeless
Fri.	8:30 am	For an end to gun violence
Sat.	5:00 pm	Parish Community of St. Theresa
Sun.	9:00 am	✠ Donnelly & McArtor Family & Friends

**Online Prayer Request for the Sick or Recently Deceased**

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page:  
<https://sttheresaoakland.org/pray/mass-and-confession-times>

their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

*This form is not for Mass Intentions.*

**Reception of the Precious Blood**

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."

**Sunday Offering****Sunday Collection (January 19 - 25)**

Online: 48 Donors	\$ 2,303.00
Mass Donations: 46 Donors	\$ 6,012.00



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries. It's easy to get started. Here are the ways to sign up:

**Text**  
 510-876-9679  
 Text "GIVE" to this number to receive a link to our online giving page.

**Visit us at**  
<https://sttheresaoakland.org/donate>

*Thank you for giving generously to St. Theresa Parish*

**Schedule a Mass Intention Online!**

<https://sttheresaoakland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to:

[admin@sttheresaoakland.org](mailto:admin@sttheresaoakland.org) or 341.202.0077

**Please remember in your prayers all those who are ill**

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Diana Nelson Curtis, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Mary Ann Giuntoli, Rick Arellano, Betsey Thornton.

**Keep in touch with us****Receive the weekly Friday Flocknote**

You will receive everything contained in the bulletin plus additional information.

**Unsubscribe anytime**

**Sign-up at:** <https://sttheresaoakland.org/about-us/contact-us>

OR

**Email** [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org) with a request to be added to the Friday Flocknote Group with your full name and email address.

**Bishop's Ministries Appeal 2025 Parish Goal \$35,800**

Percentage Achieved 53.37%

\$19,105 as of December 31, 2025

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Donation Envelopes are available in the church vestibule

Checks must be made out to the Roman Catholic Bishop of Oakland.



## A Word from our Pastor

I was sickened when I saw the killing of an American citizen again in Minneapolis. As difficult as it has been, please watch the video of this tragedy and make a judgment for yourself as I do not think all the reporting is accurate.

As I mentioned last weekend, last week when I was working on pulling out weeds in the garden, a neighbor engaged and asked why the Church has been silent on these matters. I responded that Pope Leo, many bishops, and I have tried to walk the line of not being political but not failing to present age old Catholic teaching.

Archbishop Hebda is at the present ground zero where this is currently being focused. He wrote the following for the Wall Street Journal before the nurse was murdered. I am giving a personal copy with other Church statements to my neighbor.

"If recent events in Minnesota have clarified anything, it's that we can no longer put off the hard work of immigration reform. Each year of inaction has made the debate louder, angrier, and less humane. A difficult policy discussion has hardened into a cultural and political battleground. It's playing out on the streets here, where federal immigration officers are clashing with protesters.

We had a chance in 2013, when a bipartisan bill passed the Senate. It was a strong bill that provided billions for border security and a 12-year path to citizenship for law-abiding undocumented immigrants. The House never took it up.

The longer Washington waits, the worse the problem gets. Communities are strained and millions live in a constant state of uncertainty. This serves neither justice nor the common good.

As a bishop entrusted with the care of souls, I want to reiterate the consistent call of Catholic bishops around the U.S. for true statesmen to step forward, set aside partisan calculations and enact meaningful federal immigration reform.

Recent failures can't be ignored. The nation was poorly served by those who threw the border open. The flood of migrants overwhelmed local communities, eroded public trust, and weakened the rule of law. Compassion divorced from order isn't compassion at all; it's negligence.

At the same time, it's wrong to blame undocumented immigrants themselves, many of whom came here seeking safety, work, or family reunification. Solidarity can't be selective. We must stand with citizens and undocumented immigrants together as human beings created in God's image.

The Catholic tradition insists on holding together truths that politicians prefer to separate. Nations have the right and duty to secure their borders and enforce their laws. Immigrants are human beings with natural rights that must be respected. Authentic justice requires both the rule of law and mercy, both accountability and hospitality.

In this light, it is right to respect the efforts of Immigration and Customs Enforcement officers when they are fulfilling their mission to identify and detain serious criminals who have illegally entered the country. The removal of dangerous people serves the common good. Protecting the innocent is a moral obligation.

Yet the current environment is untenable. Even law-abiding immigrants are living in fear that any interaction with authorities could separate parents from children or unravel years of honest work.

What's required is a comprehensive, long-term solution that reflects reality rather than ideology. That solution must include the granting of a lawful status for those who have put down roots, contributed to their communities and lived here for years. A workable solution would also have to acknowledge that some people will be deported. Mercy doesn't negate consequences, and compassion doesn't mean wide-open borders.

The 2013 Senate bill offered a glimpse of what responsible governance can look like: bipartisan engagement, attention to enforcement and legal pathways and a recognition that widespread irregularity benefits no one. That effort sadly failed, not because the problem was unsolvable, but because political will collapsed under pressure from the extremes. We have paid the price for that failure ever since.

As a pastor, I see the human cost on all sides. I minister to immigrant parishioners who are fearful of driving their children to school or shopping for groceries, regardless of their legal status. I also serve those who feel abandoned by leaders who have seemed more interested in political posturing than in protecting their communities. The church can't choose one flock over another. Neither should the nation.

Immigration reform isn't about erasing borders or demonizing newcomers. It's about restoring moral order, strengthening families, and promoting the common good. That work demands courage, humility, and a willingness to compromise—virtues that define proper statesmanship. If we continue to delay, the debate will only grow more bitter and the solutions more elusive. The moment to act is now.

Archbishop Hebda leads the Catholic Archdiocese of St. Paul and Minneapolis.



## Weekly Readings February 2 - 8

### Monday:

Mal 3:1-4  
Ps 24  
Heb 2:14-18  
Lk 2:22-40

### Tuesday:

2 Sm 18:9-10, 14b,  
24-25a, 30-19:3  
Ps 86  
Mk 5:21-43

### Wednesday:

2 Sm 24:2, 9-17  
Ps 32  
Mk 6:1-6

### Thursday:

1 Kgs 2:1-4, 10-12  
Ps 1 Chr 29  
Mk 6:7-13

### Friday:

Sir 47:2-11  
Ps 18  
Mk 6:14-29

### Saturday:

1 Kgs 3:4-13  
Ps 119  
Mk 6:30-34

### Sunday:

Is 58:7-10  
Ps 112  
1 Cor 2:1-5  
Mt 5:13-16



## Parish Calendar

Find out what is  
happening at the  
parish:

[https://  
sttheresaokland.org/  
calendar](https://sttheresaokland.org/calendar)