

St. Theresa

Parish Community

We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.

Mass Schedule:

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and home-bound)

Reconciliation:

Saturday: 4:00 pm - 4:30 pm

Parish Office Hours:

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm

The office is closed on Monday and Friday

Phone: 510.547.2777, ext. 120 or (direct line) 341.220.0077

After Hours Medical Emergency:

510.547.2777, Option #4

Parish Website: www.sttheresaokland.org

Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

YouTube:

https://www.youtube.com/channel/UCn5JX1e3QrQXTsa_7qmNClw

Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

To arrange a Funeral

call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaokland.org

High School Youth Ministry/Confirmation

Keri Nims ~ keri@sttheresaokland.org

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaokland.org

Parish Calendar:

<https://sttheresaokland.org/calendar>

Parish Main Line: 510.547.2777

Parish Office: ext. 120 (direct line) 341.202.0077

Rev. Robert J. McCann, Pastor,

rjmccann@sttheresaokland.org

(direct line) 341.202.0159

Rev. Ngema W. Enow, In Residence

ngemawil.enow@gmail.com

(direct line) 341.202.0137

Cathy Brady, Liturgy Director

cathy_b@sttheresaokland.org

(direct line) 341.202.0086

Rob Cakebread, Music Ministry Director

rob@sttheresaokland.org

(direct line) 341.202.0139

Keri Nims, Coordinator Early Childhood Catechesis & RCIC

keri@sttheresaokland.org

(direct line) 341.202.0076

Alicia Ortegon, St. Theresa School Principal

a_ortegon@sttheresaschool.org

510.547.3146

website: www.sttheresaschool.org

Parish Organization Contacts

Pastoral Council:

Chris Colby ccolby@well.com

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan glgovan@comcast.net

CYO (Catholic Youth Organization):

Carlos Palacios ttheresaathletics@gmail.com

St. Theresa Men's Club

menclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Deb McJilton dolcedeb@yahoo.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Kinderchurch

Shannon Ciston s.ciston@gmail.com

LENTEN SEASON

LENTEN BIBLE JOURNEY 2026

Disarming the Gospel of John and its Good Friday Passion Narrative
 With: Fr. Ngema
 When: Tuesday, February 24, March 3, 10, 17, 24, 31
 Time: 7:00 pm
 Where: Zoom, link in Friday Flocknote

STATIONS OF THE CROSS

There are booklets available at the back of the church for your use in praying the stations of the cross.
 There are also booklets available for children and teens.
 Please return the booklets when you are finished..

SEDER DINNER

March 26 (Thursday), 6:00 pm
 Make a reservation at <https://sttheresaokland.org/pray/lent-2026/ seder-dinner>

OPERATION RICE BOWL

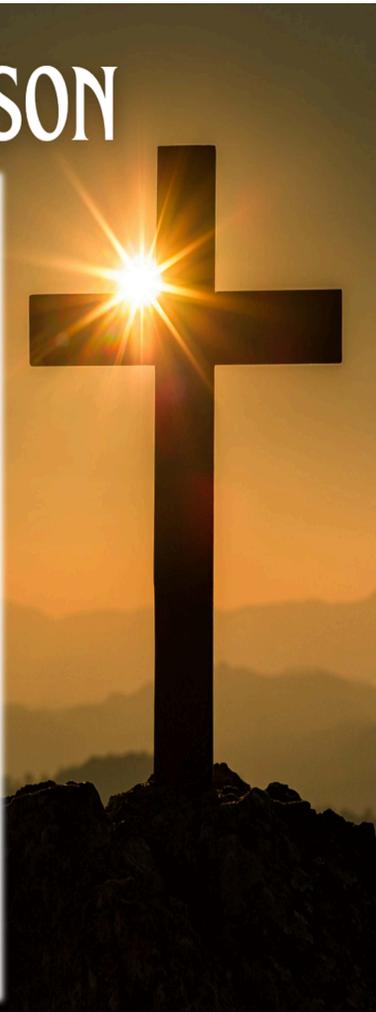
Pick up a Rice Bowl in the church vestibule.

LENTEN DAILY REFLECTION BOOKLET

Pick up a booklet in the church vestibule

ANOINTING OF THE SICK

Sunday, March 22, 2026 at the 9:00 am Mass
 The sacrament of the Sick will be administered to all those who suffer from a serious, acute or chronic illness.



PRAYING THE ROSARY

The St. T morning rosary group invites you to join them in praying the Holy Rosary, Monday through Friday, from 8:00–8:30 a.m. in the church. Drop the kids off and then slip into the church for a little peaceful prayer time.

The Rosary is a powerful prayer that draws us closer to Christ through the intercession of Our Blessed Mother. It brings peace to our hearts, strength to our lives, and guidance for the day ahead. We'd love to have you join us as we gather in prayer, asking Our Blessed Mother to intercede for our families, our parish, and the needs of the world. What better way to start your day than spending 30 minutes with the Blessed Mother?
 Come one day a week or every day. All are warmly welcome.



Theme for the year:
 "Pilgrims of Hope"

February 25, 2026

Women of WINGS

Walking on Holy Ground: Bearing Witness in Israel-Palestine

Low Gluten Hosts

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parishcrossroads.com/low-gluten.htm>

Please use the presider's communion station to receive a low gluten host.

Irene Crosetti

RAVIOLI DINNER

March 21, 2026

ST. THERESA CATHOLIC CHURCH, EVENT CENTER
 30 Mandalay Road, Oakland

Mass Intentions - February 21 - March 1

Sat.	5:00 pm	✠	Luke Bolton
Sun.	9:00 am		Parish Community of St. Theresa
Mon.	8:30 am	✠	Frank Calamonaci
Tues.	8:30 am		For the poor, and hidden within our own community
Wed.	8:30 pm		For all effected by recent storms
Thurs.	8:30 am		For all who are burdened by poverty
Fri.	8:30 am		For all who are hurting in body, mind or spirit
Sat.	5:00 pm	✠	Bill Bing
Sun.	9:00 am		Parish Community of St. Theresa

Online Prayer Request for the Sick or Recently Deceased

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page: <https://sttheresaokland.org/pray/mass-and-confession-times>
 their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.
This form is not for Mass Intentions.

Reception of the Precious Blood

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."

Sunday Offering

Sunday Collection (February 9 - 15)

Online: 54 Donors	\$ 3,643.00
Mass Donations: 31 Donors	\$ 1,950.00



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries. It's easy to get started. Here are the ways to sign up:

Text 510-876-9679
 Text "GIVE" to this number to receive a link to our online giving page.

Visit us at <https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

Schedule a Mass Intention Online!

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to: admin@sttheresaokland.org or 341.202.0077

Deceased

Please remember in your prayers, those who have died especially Fred Olivieri.

Please remember in your prayers all those who are ill

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Diana Nelson Curtis, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Rick Arellano, Betsey Thornton, Karen May.

Keep in touch with us

Receive the weekly Friday Flocknote

You will receive everything contained in the bulletin plus additional information. **Unsubscribe anytime**



Sign-up at: <https://sttheresaokland.org/about-us/contact-us>

OR

Email cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with your full name and email address.

A Word from our Pastor



Happy Lent!

It was good in spite of the rain to see so many on Ash Wednesday at the different Masses. I pray this will be a time for all of us to grow closer to the Lord!

In particular, I ask you all to begin praying for four Moms who all have children at our parochial school who will be baptized or received into our Church at the Easter Vigil in a few short weeks. Lent was originally started as a very focused time for those who sought to become part of the Church. The rest of the Church supported them with food, care for their families, good example, and prayer.

Now in this time, we are called to present good models of how we pray and live our lives to support them and to pray for them.

We are asked to pray for many things! This past week we witnessed another tragedy of several lost in an avalanche. We are constantly praying for an end of wars and for those who are sick. I do remind you that your prayers work (didn't I say please pray for rain two weeks ago?). But Lent is a time when we persevere even more with focus.

My friend, Msgr. Arthur Holquin, a retired priest of the Diocese of Orange has some excellent words to focus us on the opportunity and meaning of these Lenten days for all of us.:

"In the ancient Roman tradition revived by Pope John XXIII, the Pope does not simply appear at the stational church on Ash Wednesday — he walks there. The penitential procession begins at Sant'Anselmo all'Aventino, the Benedictine abbey on the Aventine Hill, and moves on foot down to Santa Sabina, just a short distance away on the same hill. Pope Leo XIV honored this tradition this year. That walk, brief as it is, captures the grammar of Ash Wednesday in a single gesture: movement. We move from where we are to where God is calling us.

And so, the ashes themselves are not the whole story. They are a symbol, yes — of mortality, of creaturely frailty, of the dust to which we shall return. But the formula spoken as they are imposed tells us something equally important. The minister says one of two things: either "Repent, and believe in the Gospel" — which is a summons forward, into the good news — or "Remember that you are dust, and to dust you shall return" — which is a summons inward, into honest reckoning with who we are. Both formulas are movements of the spirit.

Lent is, at its ancient root, a season of preparation for baptism. The elect — those about to be initiated into the Body of Christ at the Easter Vigil — are entering the final stretch of their journey this week. But the Church wisely extends that same invitation to all of us because conversion is never a once-and-for-all reality. It is lifelong. Every Ash Wednesday is an invitation to begin again — not because we have failed, but because beginning again is itself the shape of a Christian life.

Prayer, fasting, and almsgiving. These are not three separate disciplines. They are one integrated posture of the heart turned toward God. As Paul writes to the Corinthians today, "Now is the acceptable time." Not someday. Now. The ashes mark the beginning. The walk from Sant'Anselmo to Santa Sabina marks the direction. And the forty days ahead are ours to walk."

May our individual and communal Lenten practices 'move us to where God is calling us.'

Weekly Readings Feb.23 - Mar. 1

Monday:

Lv 19:1-2, 11-18

Ps 19

Mt 25:31-46

Tuesday:

Is55:10-11

Ps 34

Mt 6:7-15

Wednesday:

Jon 3:1-10

Ps 51

Lk 11:29-32

Thursday:

Est C:12, 14-16, 23-25

Ps 138

Mt 7:7-12

Friday:

Ez 18:21-28

Ps 130

Mt 5:20-26

Saturday:

Dt 26:16-19

Ps 119

Mt 5:43-48

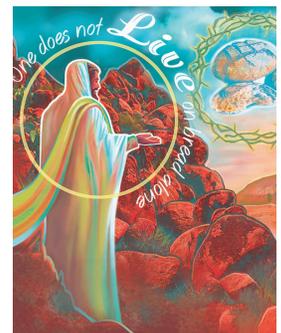
Sunday:

Gn 12:1-4a

Ps 33

2TM 1:8b-10

Mt 17:1-9



Parish Calendar

Find out what is happening at the parish:

<https://sttheresaokland.org/calendar>