

# St. Theresa

## Parish Community

*We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.*

**Mass Schedule:**

Weekday: 8:30 am (Mon.-Fri.)  
 Saturday Vigil: 5:00 pm  
 Sunday: 9:00 am  
 (live-streamed on our YouTube channel for the sick and home-bound)

**Reconciliation:**

Saturday: 4:00 pm - 4:30 pm

**Parish Office Hours:**

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm  
 The office is closed on Monday and Friday  
 Phone: 510.547.2777, ext. 120 or (direct line) 341.220.0077  
 After Hours Medical Emergency:  
 510.547.2777, Option #4

**Parish Website:** [www.sttheresaokland.org](http://www.sttheresaokland.org)

**Facebook:** StTheresaChurch/Oakland

**YouTube:**

[https://www.youtube.com/channel/UCn5JX1e3QrqXTsa\\_7qmNClw](https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNClw)

**Parish Main Line: 510.547.2777 (ext. 120)**

**Parish Office: (direct line) 341.202.0077**

Cecile Cuttitta  
 Yvonne Gabor

**Rev. Robert J. McCann, Pastor,**

[rjmccann@sttheresaokland.org](mailto:rjmccann@sttheresaokland.org)  
 (direct line) 341.202.0159

**Rev. Ngema W. Enow, In Residence**

[ngemawil.enow@gmail.com](mailto:ngemawil.enow@gmail.com)  
 (direct line) 341.202.0137

**Cathy Brady, Liturgy Director**

[cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org)  
 (direct line) 341.202.0086

**Rob Cakebread, Music Ministry Director**

[rob@sttheresaokland.org](mailto:rob@sttheresaokland.org)  
 (direct line) 341.202.0139

**Keri Nims, Coordinator Early Childhood Catechesis & RCIC**

[keri@sttheresaokland.org](mailto:keri@sttheresaokland.org)  
 (direct line) 341.202.0076

**Alicia Ortegon, St. Theresa School Principal**

[a\\_ortegon@sttheresaschool.org](mailto:a_ortegon@sttheresaschool.org)  
 510.547.3146  
 website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

**Baptisms and Marriages**

by appointment, call parish office 510.547.2777, ext. 120, or email [admin@sttheresaokland.org](mailto:admin@sttheresaokland.org)

**To arrange a Funeral**

call parish office 510.547.2777, ext. 120, or email [admin@sttheresaokland.org](mailto:admin@sttheresaokland.org)

**Family Faith Formation (Grades TK-5) & R.C.I.C.**

Keri Nims ~ [keri@sttheresaokland.org](mailto:keri@sttheresaokland.org)

**Middle School Youth Ministry (Grades 6-8)**

Keri Nims ~ [keri@sttheresaokland.org](mailto:keri@sttheresaokland.org)

**High School Youth Ministry/Confirmation**

Keri Nims ~ [keri@sttheresaokland.org](mailto:keri@sttheresaokland.org)

**R.C.I.A. Rite of Christian Initiation of Adults**

Cathy Brady ~ [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org)

**Parish Calendar:**

<https://sttheresaokland.org/calendar>

**Parish Organization Contacts**

**Pastoral Council:**

Chris Colby [ccolby@well.com](mailto:ccolby@well.com)

**Finance Council:**

Carolyn Mahoney [carolyn.mahoney675@gmail.com](mailto:carolyn.mahoney675@gmail.com)

**St. Vincent de Paul Society**

Greg Govan [glgovan@comcast.net](mailto:glgovan@comcast.net)

**CYO (Catholic Youth Organization):**

Carlos Palacios [ttheresaathletics@gmail.com](mailto:ttheresaathletics@gmail.com)

**St. Theresa Men's Club**

[menclubsttheresa@gmail.com](mailto:menclubsttheresa@gmail.com)

**Legion of Mary**

Tom Wallace [tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

**WINGS**

Deb McJilton [dolcedeb@yahoo.com](mailto:dolcedeb@yahoo.com)

**Social Justice Committee (SJC)**

Lydia Deck [ltdeck@me.com](mailto:ltdeck@me.com)

**Consolation Ministry**

Cecile Cuttitta [cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

**Men's Faith Sharing**

Jim Frei [jim@ottofrei.com](mailto:jim@ottofrei.com)

**Kinderchurch**

Shannon Ciston [s.ciston@gmail.com](mailto:s.ciston@gmail.com)

# LENTEN SEASON

## LENTEN BIBLE JOURNEY 2026

Disarming the Gospel of John and its Good Friday Passion Narrative

With: Fr. Ngema

When: Tuesday, February 24, March 3, 10, 17, 24, 31

Time: 7:00 pm

Where: Zoom, link in Friday Flocknote

## STATIONS OF THE CROSS

There are booklets available at the back of the church for your use in praying the stations of the cross.

There are also booklets available for children and teens.

Please return the booklets when you are finished..

## SEDER DINNER

March 26 (Thursday), 6:00 pm

Make a reservation at <https://sttheresaokland.org/pray/lent-2026/ seder-dinner>

## OPERATION RICE BOWL

Pick up a Rice Bowl in the church vestibule.

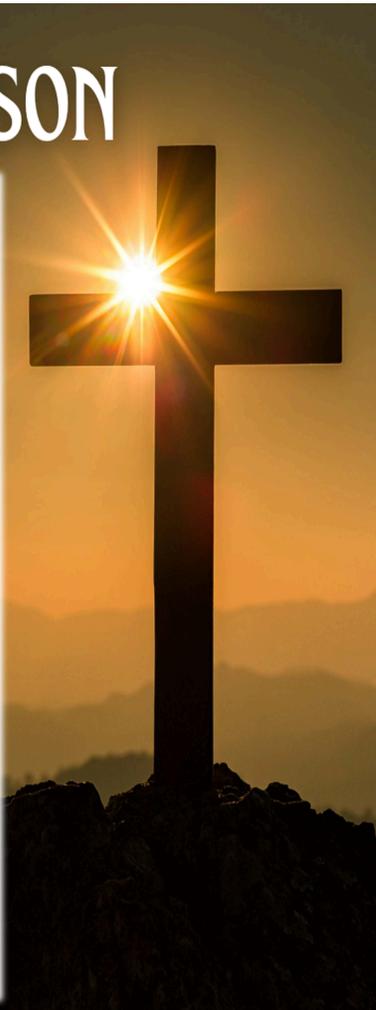
## LENTEN DAILY REFLECTION BOOKLET

Pick up a booklet in the church vestibule

## ANOINTING OF THE SICK

Sunday, March 22, 2026 at the 9:00 am Mass

The sacrament of the Sick will be administered to all those who suffer from a serious, acute or chronic illness.



## PRAYING THE ROSARY

The St. T morning rosary group invites you to join them in praying the Holy Rosary, Monday through Friday, from 8:00–8:30 a.m. in the church. Drop the kids off and then slip into the church for a little peaceful prayer time.

The Rosary is a powerful prayer that draws us closer to Christ through the intercession of Our Blessed Mother. It brings peace to our hearts, strength to our lives, and guidance for the day ahead. We'd love to have you join us as we gather in prayer, asking Our Blessed Mother to intercede for our families, our parish, and the needs of the world. What better way to start your day than spending 30 minutes with the Blessed Mother?

Come one day a week or every day. All are warmly welcome.



Theme for the year:

“Pilgrims of Hope”

March 4, 2026

Fr. Ngema W. Enow

Priest in Residence, St. Theresa's Church

*What if you were meant for a time like this?*

*Engaging Esther as Coach*

### Low Gluten Hosts

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parishcrossroads.com/low-gluten.htm>

Please use the presider's communion station to receive a low gluten host.

Irene Crosetti  
**RAVIOLI DINNER**  
 March 21, 2026  
 ST. THERESA CATHOLIC CHURCH,  
 EVENT CENTER  
 30 Mandalay Road, Oakland

**Mass Intentions - February 21 - March 1**

Sat.	5:00 pm	✠	Bill Bing
Sun.	9:00 am		Parish Community of St. Theresa
Mon.	8:30 am	✠	Elsie Giuntoli
Tues.	8:30 am		For our parish benefactors
Wed.	8:30 pm	✠	Tina Bruno
Thurs.	8:30 am		For Victims and Survivors of Human Trafficking
Fri.	8:30 am	✠	Ernestine Pernecco
Sat.	5:00 pm	✠	Frank Calamonaci
Sun.	9:00 am		Parish Community of St. Theresa

**Online Prayer Request for the Sick or Recently Deceased**

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page: <https://sttheresaokland.org/pray/mass-and-confession-times>

their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

*This form is not for Mass Intentions.*

**Reception of the Precious Blood**

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."

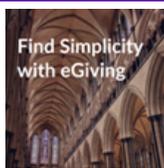
**Sunday Offering**

**Sunday Collection (February 16 - 22)**

Online: 48 Donors	\$ 2,168.00
Mass Donations: 41 Donors	\$ 2,862.00

**Ash Wednesday**

Mass Donation: 27 Donors	\$ 1,107.00
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You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries. It's easy to get started. Here are the ways to sign up:

**Text**  
510-876-9679  
Text "GIVE" to this number to receive a link to our online giving page.

**Visit us at**  
<https://sttheresaokland.org/donate>

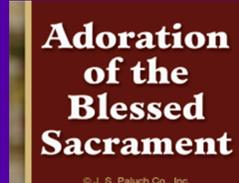
*Thank you for giving generously to St. Theresa Parish*

**Schedule a Mass Intention Online!**

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to: [admin@sttheresaokland.org](mailto:admin@sttheresaokland.org) or 341.202.0077

		<b>March 6, 2026</b>
		9:00 AM - 4:30 PM
		Benediction 4:30 PM

**Please remember in your prayers all those who are ill**

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Diana Nelson Curtis, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Rick Arellano, Betsey Thornton, Karen May.

**Keep in touch with us**

**Receive the weekly Friday Flocknote**

You will receive everything contained in the bulletin plus additional information. **Unsubscribe anytime**



**Sign-up at:** <https://sttheresaokland.org/about-us/contact-us>

OR

**Email** [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org) with a request to be added to the Friday Flocknote Group with your full name and email address.

**A Word from our Pastor**



We continue our Lenten journey with rain, and many down with the flu or other ailment. It seems lighter this year so I have not written the annual reminder that if you are ill, stay home and do not spread whatever ails you, but as more and more seem to be getting something, the above should remind you of our time tested protocols.

Lent is a time for reflection on our faith and again asking is our path of discipleship is bringing ourselves and others to be closer to the Lord. The Vatican website really seems to be providing more and more by way of good solid reflections that can help up. They are promoting their new widget (app, Vatican news) that will give easy access to their pages that I encourage you to look at and maybe sign up to use.

Many parents have come to me worried through the years sadly telling me that their children no longer go to Church. I often point to St. Monica's example when I seek to answer them. The Late Pope Benedict was featured on the Vatican website directly speaking about this situation:

"In the book "The Faith of the Future," a homily by the then Cardinal Ratzinger presents Saint Monica and her attitude toward her son Saint Augustine as the personification of the ecclesial community: a space of life, of welcome, of freedom, where each person's freedom is respected, and faith is never imposed.

By Andrea Tornielli (taken from the Vatican News website)

"Suffering, she learned to let him walk his own road, without constraints. She learned to endure that his road was altogether different" from the one she had imagined for him. This reflection on the mother of Saint Augustine, spoken at the consecration of the parish church dedicated to Saint Monica in the Neuparlach district of Munich.

In this homily, the Archbishop of Munich presents the figure of Augustine's mother as a living experience of what the Church is in its most profound essence. "In her," Ratzinger writes, referring to the saint of Hippo, "he experienced the Church as person, the Church personally, so that for him it was not some kind of apparatus, from which one feels something very distant, structures that turn out to be somewhat incomprehensible. In this woman there was personally present what the Church is." Augustine, the cardinal recalled, wrote of his mother: "She not only gave me this bodily life, but she gave me a space of the heart, she gave me a space of life in which I was able to become a man." The human being, Ratzinger affirmed, "needs a relational space of trust, of love; and a meaning that allows him to walk toward the future."

But this "space of life" has little to do with ecclesiastical structures or with identity-based communities of the perfect who isolate themselves from the world, condemning it day in and day out. On the contrary, it admirably sketches the face of a welcoming Church, respectful of everyone's freedom and of each person's timing. Just as Monica was with her son, who considered "allowing him to be free" to be "an essential element for the formation of this vital space": free to make mistakes, free to follow his carnal passions... Monica "knew how to wait. She knew how to accept the conflict between generations. Suffering, she learned to let him walk his own road, without constraints. She learned to endure that his road was altogether different from the one that, in faith, she had imagined for him; and yet she learned to love him, to stand beside him, not to abandon him, while still leaving him the freedom of his being. In this openness while waiting, by which she left him the freedom to become himself—not imposing the faith on him, but simply being there for him as a person, as a mother—precisely in this way she transmitted the faith to him."

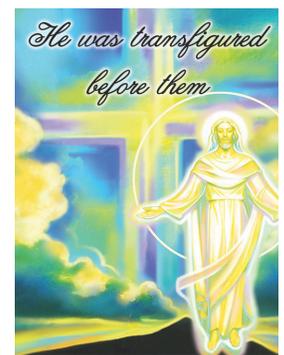
These are enlightening words for parents, for educators, and more generally for those who proclaim the Gospel. A Church as a "space of life, of freedom, of hope."

The future Pope commented, "I believe that today there is much suspicion and aversion toward the Church... because we experience the Church very little as person, very little the Church personally. We hear it spoken of only as structure, office, and apparatus. But the Church will be able to subsist, and we will be able to take root in her and she will be able to become our homeland, only if she continues to subsist in persons. This space, all spaces—even the halls where we spend our free time and meet—should be spaces that help us to become Church in person for one another; space that for us may be vital space, mother, someone who makes available to us a place of trust and of the possibility of living."

A Church, a "field hospital," that accompanies you, where love heals the deepest wounds, and one feels at home."

**Weekly Readings  
March 2 - 8**

- Monday:**  
Dn 9:4b-10  
Ps 79  
Lk 6:36-38
- Tuesday:**  
Is 1:10, 16-20  
Ps 50  
Mt 23:1-12
- Wednesday:**  
Jer 18:18-20  
Ps 31  
Mt 20:17-28
- Thursday:**  
Jer 17:5-10  
Ps 1  
Lk 16:19-31
- Friday:**  
Gn 37:3-4, 12-13a,  
17b-28a  
Ps 105  
Mt 21:33-43, 45-46
- Saturday:**  
Mi 7:14-15, 18-20  
Ps 103  
Lk 15:1-3, 11-32
- Sunday:**  
Ex 17:3-7  
Ps 95  
Rom 5:1-2, 5-8  
Jn 4:5-42



**Parish Calendar**

Find out what is happening at the parish:  
<https://sttheresaokland.org/calendar>