

St. Theresa

Parish Community

We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.

Mass Schedule:

Weekday: 8:30 am (Mon.-Fri.)
 Saturday Vigil: 5:00 pm
 Sunday: 9:00 am
 (live-streamed on our YouTube channel for the sick and home-bound)

Reconciliation:

Saturday: 4:00 pm - 4:30 pm

Parish Office Hours:

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm
 The office is closed on Monday and Friday
 Phone: 341.220.0077
 After Hours Medical Emergency:
 510.547.2777, Option #4

Parish Website: www.sttheresaokland.org

Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

YouTube:

https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNClw

Parish Main Line: 510.547.2777 (ext. 120)

Parish Office: (direct line) 341.202.0077

Cecile Cuttitta
 Yvonne Gabor

Rev. Robert J. McCann, Pastor

rjmccann@sttheresaokland.org
 (direct line) 341.202.0159

Rev. Ngema W. Enow, In Residence

ngemawil.enow@gmail.com
 (direct line) 341.202.0137

Cathy Brady, Liturgy Director

cathy_b@sttheresaokland.org
 (direct line) 341.202.0086

Rob Cakebread, Music Ministry Director

rob@sttheresaokland.org
 (direct line) 341.202.0139

Sophia Kassab, Parish Communications

sophia@sttheresaokland.org
 (direct line) 341.202.0134

Keri Nims, Coordinator Early Childhood Catechesis & RCIC

keri@sttheresaokland.org
 (direct line) 341.202.0076

Alicia Ortegon, St. Theresa School Principal

a_ortegon@sttheresaschool.org
 510.547.3146
 website: www.sttheresaschool.org

Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

To arrange a Funeral

call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaokland.org

High School Youth Ministry/Confirmation

Keri Nims ~ keri@sttheresaokland.org

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaokland.org

Parish Calendar:

<https://sttheresaokland.org/calendar>

Parish Organization Contacts**Pastoral Council:**

Chris Colby ccolby@well.com

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan glgovan@comcast.net

CYO (Catholic Youth Organization):

Carlos Palacios ttheresaathletics@gmail.com

St. Theresa Men's Club

menclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Deb McJilton dolcedeb@yahoo.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Kinderchurch

Shannon Ciston s.ciston@gmail.com

LENTEN SEASON

LENTEN BIBLE JOURNEY 2026

Disarming the Gospel of John and its Good Friday Passion Narrative

With: Fr. Ngema

When: Tuesday, February 24, March 3, 10, 17, 24, 31

Time: 7:00 pm

Where: Zoom, link in Friday Flocknote

STATIONS OF THE CROSS

There are booklets available at the back of the church for your use in praying the stations of the cross.

There are also booklets available for children and teens.

Please return the booklets when you are finished..

SEDER DINNER

March 26 (Thursday), 6:00 pm

Make a reservation at <https://sttheresaoakland.org/pray/lent-2026/ seder-dinner>

OPERATION RICE BOWL

Pick up a Rice Bowl in the church vestibule.

LENTEN DAILY REFLECTION BOOKLET

Pick up a booklet in the church vestibule

ANOINTING OF THE SICK

Sunday, March 22, 2026 at the 9:00 am Mass

The sacrament of the Sick will be administered to all those who suffer from a serious, acute or chronic illness.



St Theresa Parish Invites You

IRENE CROSETTI *RAVIOLI DINNER*

Saturday, March 21

Doors open at 6pm

Meal includes: Antipasti, Salad, and Ravioli

Italian Cookies for Dessert

Cash Bar

\$25 for adults

\$15
8th grade & younger



St. Theresa Event Center

Order Tickets on parish website by Sunday, March 15

https://sttheresaoakland.org/Ravioli_Dinner

SEDER DINNER
THURSDAY, MARCH 26, 6 PM

This is a wonderful event for the whole family. All who attend will be asked to prepare a side dish or dessert for the meal, and to bring a bottle of wine or grape juice to drink during the ritual. The parish will provide additional beverages for dinner as well as the main dish.

Seating limited, Reservations required.
RSVP at
<https://sttheresaoakland.org/pray/lent/ seder-dinner>



Theme for the year:
"Pilgrims of Hope"

March 18, 2026

Javay Ross, MD

Pediatrician, third-generation Oaklander and lifelong Black Catholic

Faith in Action:

A Black Catholic Woman's Journey of Hope

Low Gluten Hosts

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parishcrossroads.com/low-gluten.htm>

Please use the presider's communion station to receive a low gluten host.

Mass Intentions - March 14 - 22

Sat.	5:00 pm	Parish Community of St. Theresa
Sun.	9:00 am	✠ Art and Leah Mangini
Mon.	8:30 am	For all who struggle to have basic human needs
Tues.	8:30 am	For those who have experienced loss
Wed.	8:30 pm	John and Graciela Suarez
Thurs.	8:30 am	For those who serve our parish
Fri.	8:30 am	For peace, may it prevail in all the war-torn places in our world
Sat.	5:00 pm	Parish Community of St. Theresa
Sun.	9:00 am	✠ Bianca Cavallo

Online Prayer Request for the Sick or Recently Deceased

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page: <https://sttheresaokland.org/pray/mass-and-confession-times>

their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

This form is not for Mass Intentions.

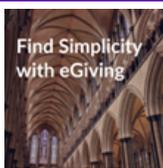
Reception of the Precious Blood

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."

Sunday Offering

Sunday Collection (March 2 - 8)

Online: 61 Donors	\$ 4,288.00
Mass Donations: 32 Donors	\$ 2,999.00



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries. It's easy to get started. Here are the ways to sign up:

Text
510-876-9679
Text "GIVE" to this number to receive a link to our online giving page.

Visit us at
<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

Schedule a Mass Intention Online!

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to: admin@sttheresaokland.org or 341.202.0077



Bishop's Ministries Appeal
2026 Parish Goal \$35,800

Collection, March 21 & 22

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Donation Envelopes are available in the church vestibule
Checks must be made out to the Roman Catholic Bishop of Oakland.

Please remember in your prayers all those who are ill

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Diana Nelson Curtis, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Rick Arellano, Betsey Thornton, Karen May, Tom Wallace, John Cocores.

Keep in touch with us

Receive the weekly Friday Flocknote
You will receive everything contained in the bulletin plus additional information.
Unsubscribe anytime



Sign-up at: <https://sttheresaokland.org/about-us/contact-us>

OR

Email cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with your full name and email address.

A Word from our Pastor

How is your Lent going?

Each year we enter this season with resolutions and often like the resolutions we make at the beginning of a new calendar year, we fail soon into the new year. I have a suggestion that can be easy and help make this time beneficial for you and many around us.

I suggest you designate five or ten minutes each day praying for the following and you can pray for individuals or all.

Today, second graders receive a special blessing at Sunday Mass as they prepare for First Communion in a few weeks. Pray for their ongoing preparation and for their parents, siblings, classmates, teachers as this preparation continues. Pray that they will plant in their hearts the desire to never be separated from the Eucharistic Christ who nourishes us and journeys with us on our path to heaven.

At this week's Sunday Mass, we also pray the second scrutiny over the four women who will be baptized or received fully into communion with the Catholic Church. Each have an amazing and interesting path that has now led them to ask to be part of our Church family. I hope you have a chance to personally welcome them, get to know them better and pray that God who has begun good things in them will bring everything to completion.

As you read this, about forty of your fellow parishioners and friends will be at the border or on their way back to northern California after building a house on Saturday coordinated by the Corazon organization. As our parish Jubilee short film briefly presented this good work, pray for the family who waited for a long time finally have better housing and that all participants return tired, with muscle aches and the joy that your financial, moral, and spiritual support has enabled this to happen again. As mentioned in our anniversary film, 'as a parish, we are bridge builders and not wall builders,' Viva Corazon!

This year, our Confirmation program has worked together with the two year formation Confirmation program at Corpus Christi and Our Lady of Lourdes parishes. Adrian Mison Fulay is the coordinator and several from our parish team and the other parishes have made this a good way to proceed. Classes, service projects, retreats held on site at St. Theresa and other sites are an example to other parishes of the diocese as to how we will do things in the future. Please pray for our team, and especially the young women and men who will make this commitment to Christ and the Church as we pray the Holy Spirit will be poured out on them for the rest of their adult lives.

I am currently trying to visit on a regular basis over ten of our parishioners and one senior facility who are homebound and failing in health at times. A few weeks ago, I asked for anyone who would like to help with this ministry of bringing Communion to the sick. I still need more volunteers for this ministry. Please keep our sick in your prayers. There is a long list of individuals listed in our bulletin each week. A prayer, maybe a card, a call, or a visit would be a great Lenten practice that could continue past Lent.

With our physical and spiritual needs at times in our lives, we celebrate the Sacrament of the Sick next Sunday at the 9am Mass. If anyone has a chronic illness, is facing surgery soon or is in need some advice on this. Please contact me or participate and I ask the rest of the parish to pray for all who receive this sacrament.

This is one of the benefits of parish membership. We pray for one another at important times in our lives and we journey with one another along this path. Jesus became like one of us to show us the way to the Father. Jesus remains with us as we all journey that path he has demonstrated has crosses but will lead to paradise! Please pray for all of the above and have a great rest of Lent!



Weekly Readings March 16 - 22

Monday:

Is 65:17-21
Ps 30
Jn 4:43-54

Tuesday:

Ez 47:1-9, 12
Ps 46
Jn 5:1-16

Wednesday:

Is 49:8-15
Ps 145
Jn 5:17-30

Thursday:

2 Sm 7:4-5a, 12-14a,
16
Ps 89
Rom 4:13, 16-18, 22
Mt 1:16, 18-21, 24a

Friday:

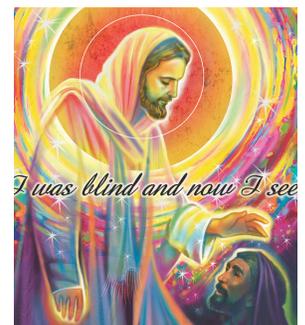
Wis 2:1a, 12-22
Ps 34
Jn 7:1-2, 10, 25-30

Saturday:

Jer 11:18-20
Ps 7
Jn 7:40-53

Sunday:

Ez 37:12-14
Ps 130
Rom 8:8-11
Jn 11:1-45



Parish Calendar

Find out what is happening at the parish:
<https://sttheresaokland.org/calendar>