

St. Theresa

Parish Community

We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.

Mass Schedule:

Weekday: 8:30 am (Mon.-Fri.)
 Saturday Vigil: 5:00 pm
 Sunday: 9:00 am
 (live-streamed on our YouTube channel for the sick and home-bound)

Reconciliation:

Saturday: 4:00 pm - 4:30 pm

Parish Office Hours:

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm
 The office is closed on Monday and Friday
 Phone: 341.220.0077
 After Hours Medical Emergency:
 510.547.2777, Option #4

Parish Website: www.sttheresaokland.org

Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

YouTube:

https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNClw

Parish Main Line: 510.547.2777 (ext. 120)

Parish Office: (direct line) 341.202.0077

Cecile Cuttitta
 Yvonne Gabor

Rev. Robert J. McCann, Pastor

rjmccann@sttheresaokland.org
 (direct line) 341.202.0159

Rev. Ngema W. Enow, In Residence

ngemawil.enow@gmail.com
 (direct line) 341.202.0137

Cathy Brady, Liturgy Director

cathy_b@sttheresaokland.org
 (direct line) 341.202.0086

Rob Cakebread, Music Ministry Director

rob@sttheresaokland.org
 (direct line) 341.202.0139

Sophia Kassab, Parish Communications

sophia@sttheresaokland.org
 (direct line) 341.202.0134

Keri Nims, Coordinator Early Childhood Catechesis & RCIC

keri@sttheresaokland.org
 (direct line) 341.202.0076

Alicia Ortegon, St. Theresa School Principal

a_ortegon@sttheresaschool.org
 510.547.3146
 website: www.sttheresaschool.org

Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

To arrange a Funeral

call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaokland.org

High School Youth Ministry/Confirmation

Keri Nims ~ keri@sttheresaokland.org

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaokland.org

Parish Calendar:

<https://sttheresaokland.org/calendar>

Parish Organization Contacts**Pastoral Council:**

Chris Colby ccolby@well.com

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan glgovan@comcast.net

CYO (Catholic Youth Organization):

Carlos Palacios ttheresaathletics@gmail.com

St. Theresa Men's Club

menclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Deb McJilton dolcedeb@yahoo.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Kinderchurch

Shannon Ciston s.ciston@gmail.com

LENTEN SEASON

LENTEN BIBLE JOURNEY 2026

Disarming the Gospel of John and its Good Friday Passion Narrative

With: Fr. Ngema

When: Tuesday, February 24, March 3, 10, 17, 24, 31

Time: 7:00 pm

Where: Zoom, link in Friday Flocknote

STATIONS OF THE CROSS

There are booklets available at the back of the church for your use in praying the stations of the cross.

There are also booklets available for children and teens.

Please return the booklets when you are finished..

SEDER DINNER

March 26 (Thursday), 6:00 pm

Make a reservation at <https://sttheresaokland.org/pray/lent-2026/ seder-dinner>

OPERATION RICE BOWL

Pick up a Rice Bowl in the church vestibule.

LENTEN DAILY REFLECTION BOOKLET

Pick up a booklet in the church vestibule

ANOINTING OF THE SICK

Sunday, March 22, 2026 at the 9:00 am Mass

The sacrament of the Sick will be administered to all those who suffer from a serious, acute or chronic illness.

Palm Sunday

SATURDAY, MARCH 28, 5:00 PM

SUNDAY, MARCH 29, 9:00 AM

THE LITURGIES WILL BEGIN IN THE VESTIBULE WITH THE READING OF THE GOSPEL OF JESUS' ENTRY INTO JERUSALEM, AND THE SOLEMN BLESSING OF PALMS AND PROCESSION INTO CHURCH.

BRING YOUR RICE BOWL DONATION TO MASS.

DURING THE COLLECTION YOU WILL BE INVITED TO COME FORWARD AND PLACE YOUR RICE BOWL IN A BASKET IN FRONT OF THE ALTAR.

Holy Week Schedule

HOLY THURSDAY, APRIL 2, 7:00 PM

MASS OF OUR LORD'S SUPER
ADORATION OF THE BLESSED SACRAMENT IN THE VESTIBULE
FOLLOWING THE LITURGY, ENDING AT 10 PM

GOOD FRIDAY, APRIL 3

12:00 PM ~ STATIONS OF THE CROSS

1:15 PM

LITURGY OF THE WORD
VENERATION OF THE CROSS
COMMUNION

THERE WILL BE A COLLECTION FOR THE HOLY LAND

HOLY SATURDAY, APRIL 4

8:00 PM EASTER VIGIL

EASTER SUNDAY, APRIL 5

MASSSES: 9:00 AM & 11:00 AM

ALL SERVICES WILL BE LIVE-STREAMED, EXCEPT THE STATIONS OF THE CROSS ON GOOD FRIDAY AND THE 11AM EASTER SUNDAY MASS.

PLEASE NOTE THERE WILL BE NO MORNING MASSES ON HOLY THURSDAY OR GOOD FRIDAY.

THERE IS NO RECONCILIATION OR 5:00 PM MASS ON HOLY SATURDAY

March 25, 2026

Rev. James Martin, SJ.

(NOTE- Father Martin will join us via zoom)
Editor at Large, America Media; author

Work in Progress: How God is at work in all our lives and histories. Finding work and finding God in the 1960s, 70s and 80s.



SEDER DINNER
THURSDAY, MARCH 26, 6 PM

This is a wonderful event for the whole family. All who attend will be asked to prepare a side dish or dessert for the meal, and to bring a bottle of wine or grape juice to drink during the ritual. The parish will provide additional beverages for dinner as well as the main dish.

Seating limited, Reservations required.
RSVP at
<https://sttheresaokland.org/pray/lent/ seder-dinner>

Mass Intentions - March 21 - 29

Sat.	5:00 pm	Parish Community of St. Theresa
Sun.	9:00 am	✠ Bianca Cavallo
Mon.	8:30 am	✠ Elsie Giuntoli
Tues.	8:30 am	✠ Jeanne Cuttitta
Wed.	8:30 pm	✠ Alex Ruiz
Thurs.	8:30 am	For the youth of our parish
Fri.	8:30 am	✠ Puri Llinas
Sat.	5:00 pm	Parish Community of St. Theresa
Sun.	9:00 am	✠ Ellen Horton

Online Prayer Request for the Sick or Recently Deceased

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page: <https://sttheresaokland.org/pray/mass-and-confession-times>

their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

This form is not for Mass Intentions.

Reception of the Precious Blood

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."

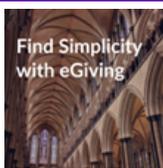
Sunday Offering

Sunday Collection (March 9 - 15)

Online: 53 Donors	\$ 3,658.00
Mass Donations: 40 Donors	\$ 2,901.00

Catholic Relief Services

Online: 5 Donors	\$ 361.00
Mass Donations: 8 Donors	# 438.00



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries. It's easy to get started. Here are the ways to sign up:

Text 510-876-9679 Text "GIVE" to this number to receive a link to our online giving page.	Visit us at https://sttheresaokland.org/donate
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Thank you for giving generously to St. Theresa Parish

Schedule a Mass Intention Online!

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to: admin@sttheresaokland.org or 341.202.0077

Low Gluten Hosts

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parishcrossroads.com/low-gluten.htm>

Please use the presider's communion station to receive a low gluten host.

Please remember in your prayers all those who are ill

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Diana Nelson Curtis, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Rick Arellano, Betsey Thornton, Karen May, Tom Wallace, John Coccores, Olivia Cors, Evelyn Baca.



**Bishop's Ministries Appeal
2026 Parish Goal \$35,800**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Donation Envelopes are available in the church vestibule
Checks must be made out to the Roman Catholic Bishop of Oakland

Keep in touch with us

Receive the weekly Friday Flocknote

You will receive everything contained in the bulletin plus additional information.



Unsubscribe anytime

Sign-up at: <https://sttheresaokland.org/about-us/contact-us>

OR

Email cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with your full name and email address.

A Word from our Pastor

Congratulations to all who made last night's annual 'Irene Crosetti Ravioli Dinner' a great success. Special thanks to Keri Nims and Peter Nuti and many, many volunteers who gave delight to almost 300 guests!



Congratulations to all who made last weekend's Corazon trip a success. A family that now are expecting another child were delighted when the keys were handed over to them after 36 of your fellow parishioners and friends build a house on top of an empty concrete slab safely from the time they travelled south, through build where the heat was intense in spots and during the travel on Sunday back home. YOUR prayers, encouragement and support made this happen.

Ask anyone who did this for the first time, and you will hear their delight. Lent is often viewed as a time of sorrow, repentance, and penance. Even though we are well into the season, Eric Clayton who works for Jesuits.org presents a delightful way to still embrace the remaining days of Lent. I encourage you to look at some of his daily postings after you read his article reprinted here:

"In his spiritual classic "The Holy Longing: The Search for a Christian Spirituality," Fr. Ronald Rolheiser, O.M.I., offers a poignant diagnosis for what ails so many of us: We're depressed. Not clinically; he's not providing a psychological evaluation. So, Fr. Rolheiser suggests we consider the opposite of what he means to best grapple with our own plight.

"The opposite of depression is delight," he writes. "Being spontaneously surprised by the goodness and beauty of living." Fr. Rolheiser goes on to explain what such a life might look like. Consider the ordinary moments of your own day: dropping kids off at the bus stop, filling the coffee mug for the third time, preparing a meal or sending an email. And then, consider this: "Suddenly, for no tangible reason, you fill with a sense of goodness and beauty and joy of just living ... with the exclamation: 'God, it feels great to be alive!'" (p 26)

For Fr. Rolheiser, that's the difference between delight and depression. The holy and sacred break through the ordinary, grab us by the shoulders and insist we revel in the goodness of creation. God makes Godself known through the mundane, and we stand ready and vigilant to receive God's Spirit.

I've written often in these reflections that God delights in us and that such a revelation should alter our understanding and experience of God. But let us not forget that we are made in the image and likeness of this same God; we, too, are made to delight. Delight marks our path to the good and the holy. God is in all things, and so even the ordinary details of our day glimmer with grace.

But it's not easy. Fr. Rolheiser knows this. So do you and I! These moments of profound grace are gifts from God, consolations that occur in God's own time. All we can do is prepare ourselves to receive them, to be on the lookout for those holy winks.

And so, the question becomes this: Do we anticipate delight? Are we on the lookout for it? Is the soil of our hearts well-tilled so as to receive the seeds of blessing?

I'll speak for myself: The answer is often no. It's easy to close ourselves off, to block out the world, to resist embracing the chaos all around us, knowing that buried somewhere within it all are gems of delight. "In Western culture, the joyous shouting of children often irritates us because it interferes with our depression," Fr. Rolheiser writes. (p 27)

Ah! Isn't that the truth? How often do we look at pure delight and respond with a self-righteous scowl?

Here's what I suggest: The Ignatian tradition invites us to name the enemy of our human nature and those specific ways in which our full flourishing is being stifled, and then to act against it — agere contra, in Latin. Lent is an opportune moment to identify and dispel the trappings of the evil spirit and to embrace our God of Delight.

That's why the intrepid creatives of the Jesuit Media Lab have prepared a Lenten pilgrimage: a collection of essays accompanied by original art that will ground us in moments ordinary and mundane so as to challenge us to find the delight nestled therein. These are stories both simple and surprising that will transport you to kitchens and kayaks, libraries and estate sales, and so much more.

[I invite you to sign up for our series, "In Praise Of"](#) (go to Jesuits.org in praise of) — and as you do, consider how you might use this Lenten journey to act against those spiritual tendencies to depression and desolation and instead delve more deeply into the heart of delight."

Eric Clayton is the deputy director of communications at the Jesuit Conference of Canada and the United States. He is the author of three books on Ignatian spirituality.

Weekly Readings March 23 - 29

Monday:

Dn 13:1-9, 15-17,
19-30, 33-62

Ps 23

Jn 8:1-11

Tuesday:

Nm 21:4-9

Ps 102

Jn 8:21-30

Wednesday:

Is 7:10-14; 8:10

Ps 40

Heb 10:4-10

Lk 1:26-38

Thursday:

Gn 17:3-9

Ps 105

Jn 8:51-59

Friday:

Jer 20:10-13

Ps 18

Jn 10:31-42

Saturday:

Ez 37:21-28

Ps Jer 31

Jn 11:45-56

Sunday:

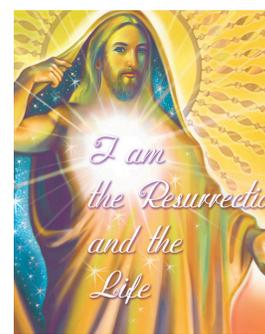
Mt 21:1-11

Is 50:4-7

Ps 22

Phil 2:6-11

Mt 26:14-27:66



Parish Calendar

Find out what is happening at the parish:
<https://sttheresaokland.org/calendar>