

St. Theresa

Parish Community

We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.

Mass Schedule:

Weekday: 8:30 am (Mon.-Fri.)
 Saturday Vigil: 5:00 pm
 Sunday: 9:00 am
 (live-streamed on our YouTube channel for the sick and home-bound)

Reconciliation:

Saturday: 4:00 pm - 4:30 pm

Parish Office Hours:

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm
 The office is closed on Monday and Friday
 Phone: 341.220.0077
 After Hours Medical Emergency:
 510.547.2777, Option #4

Parish Website: www.sttheresaokland.org

Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

YouTube:

https://www.youtube.com/channel/UCn5JX1e3QrQXTsa_7qmNClw

Parish Main Line: 510.547.2777 (ext. 120)

Parish Office: (direct line) 341.202.0077

Cecile Cuttitta
 Yvonne Gabor

Rev. Robert J. McCann, Pastor

rjmccann@sttheresaokland.org
 (direct line) 341.202.0159

Rev. Ngema W. Enow, In Residence

ngemawil.enow@gmail.com
 (direct line) 341.202.0137

Cathy Brady, Liturgy Director

cathy_b@sttheresaokland.org
 (direct line) 341.202.0086

Rob Cakebread, Music Ministry Director

rob@sttheresaokland.org
 (direct line) 341.202.0139

Sophia Kassab, Parish Communications

sophia@sttheresaokland.org
 (direct line) 341.202.0134

Keri Nims, Coordinator Early Childhood Catechesis & RCIC

keri@sttheresaokland.org
 (direct line) 341.202.0076

Alicia Ortegon, St. Theresa School Principal

a_ortegon@sttheresaschool.org
 510.547.3146
 website: www.sttheresaschool.org

Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

To arrange a Funeral

call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaokland.org

High School Youth Ministry/Confirmation

Keri Nims ~ keri@sttheresaokland.org

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaokland.org

Parish Calendar:

<https://sttheresaokland.org/calendar>

Parish Organization Contacts**Pastoral Council:**

Chris Colby ccolby@well.com

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Basil Fedynyshyn
st.theresa@svdp-alameda.org

CYO (Catholic Youth Organization):

Carlos Palacios ttheresaathletics@gmail.com

St. Theresa Men's Club

menclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Deb McJilton dolcedeb@yahoo.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jjm@ottofrei.com

Kinderchurch

Shannon Ciston s.ciston@gmail.com

Renewal of Commitment to Service

In the life of the St. Theresa community, we are called to serve in a variety of ministries. We pray for God's blessing on those who share their gifts and carry on the Lord's work.

On Pentecost, at the Masses on May 23 & 24 we will acknowledge and bless all those who volunteer in the parish and school.

St. Vincent de Paul
CYO

Men's Faith Sharing
Homebound/Hospital Ministry
Family Faith Formation
Pastoral Council

Parent Club
Consolation Ministry
Music Ministry
Men's Club
Legion of Mary
Social Justice Committee
Kinderchurch

WINGS
Finance Committee
School Board
Memory Bears
Liturgical Ministries
High School Youth Ministry

St. Theresa Parish Sunday Mass Time Survey

"It is in listening to His word, in nourishing ourselves with His Body and His Blood, that He moves us on from being a multitude to being a community, from anonymity to communion." ~ Pope Francis

In the spirit of 'community in communion', we recognize that the Church is made of living stones—the people of this parish. As we look to make our Sunday Liturgy as vibrant and accessible as possible for our parish community, we are evaluating our Sunday morning Mass schedule. Your input is vital to this effort.

Please complete this brief survey by June 1st, 2026 to help us better serve our parish family.

Your responses will directly shape how we gather together on Sunday at the Table of the Lord. Please note that this survey is anonymous, and we appreciate your candid responses.

Mass Survey Link:

<https://forms.gle/2KoaUQvou1No8Yr58>



Carousel – In a late 19th-century coastal village in Maine, the carefree carnival barker Billy Bigelow marries gentle millworker Julie Jordan. Their lives take a tragic turn when Billy loses his job just as Julie reveals her pregnancy, leading him to commit a robbery out of desperation. Caught and facing a dark fate, Billy takes his own life, but is granted one day to return to Earth 15 years later. During this brief reunion, he meets his lonely teenage daughter, who has suffered under the weight of his tarnished legacy. Through this poignant encounter, Billy rekindles hope and dignity within both his daughter and Julie, showcasing the enduring power of love despite the shadows of his past.

This year our Men's Club Summer Outing at Woodmister will be Carousel on Sunday July 12.

The play is at 8:00 pm preceded by our optional regular picnic dinner beforehand inside the theater, above the stage. Doors open at 5:30 pm.

The adult half-price tickets are \$32/each. Please contact Luigi Bonacini at labona@sbcglobal.net with your request by Monday, July 6.



JOIN THE ALTAR SERVER MINISTRY

APPLICATIONS AVAILABLE AT:
SCHOOL FRONT DESK
PARISH WEBSITE

TRAINING IN APRIL

QUESTIONS, EMAIL: J_BRUNI@STTHERESASCHOOL.ORG

Mass Intentions - May 23-31

Sat.	5:00 pm	✠	Mary Amoriello
Sun.	9:00 am		Parish Community of St. Theresa
Mon.	8:30 am		For the children of the parish
Tues.	8:30 am		For all who die by gun violence
Wed.	8:30 pm	✠	Joan Carella
Thurs.	8:30 am		For the poor and those in need
Fri.	8:30 am		Peter Ernest Oliverez
Sat.	5:00 pm		Parish Community of St. Theresa
Sun.	9:00 am	✠	Alex Ruiz

Online Prayer Request for the Sick or Recently Deceased

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page: <https://sttheresaokland.org/pray/mass-and-confession-times> their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.
This form is not for Mass Intentions.

Low Gluten Hosts

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parishcrossroads.com/low-gluten.htm>

Please use the presider's communion station to receive a low gluten host.

Sunday Offering

Sunday Collection (May 4 - 10)

Online: 47 Donors \$ 2,393.00
Mass Donations: 36 Donors \$ 2,535.00

Catholic Charities of the East Bay

Online: 4 Donors \$ 215.00
Mass Donations: 22 Donors \$ 1,180.00



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries. It's easy to get started. Here are the ways to sign up:

Text
510-876-9679
Text "GIVE" to this number to receive a link to our online giving page.

Visit us at
<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

Schedule a Mass Intention Online!

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to: admin@sttheresaokland.org or 341.202.0077

Please remember in your prayers all those who are ill

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEville, Joan Marchi, Diana Nelson Curtis, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Betsey Thornton, Karen May, Tom Wallace, John Cocores, Olivia Cors, Aglaia Panos, Keri Nims.

Reception of the Precious Blood

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."



**Bishop's Ministries Appeal
2026 Parish Goal \$35,800**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Percentage Achieved 17%
\$6,069 as of April 30, 2026

Donation Envelopes are available in the church vestibule
Checks must be made out to the Roman Catholic Bishop of Oakland

Keep in touch with us

Receive the weekly Friday Flocknote

You will receive everything contained in the bulletin plus additional information.



Unsubscribe anytime

Sign-up at: <https://sttheresaokland.org/about-us/contact-us>

OR

Email cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with your full name and email address.

A Word from our Pastor



May is usually the month we celebrate our mothers, First Communions and Confirmations, a re-dedication of our ministers, end of the school year field trips and the sending forth of our eight graders to different high schools.

Pentecost is the feast of the Holy Spirit that completes our celebrations of Easter. As I mentioned, last week thirty two high students received the Holy Spirit at the Confirmation Mass celebrated by our bishop at Corpus Christi parish with students from there, St. T's and Our Lady of Lourdes. May God help them to follow the promptings of the Holy Spirit in their lives. The following is from the past week's Office of Readings that I hope will help all of us reflect on the gift and role of the Holy Spirit in our lives!

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From the treatise On the Holy Spirit by Saint Basil the Great, bishop

The work of the Holy Spirit

"The titles given to the Holy Spirit must surely stir the soul of anyone who hears them and make him realize that they speak of nothing less than the supreme Being. Is he not called the Spirit of God, the Spirit of truth who proceeds from the Father, the steadfast Spirit, the guiding Spirit? But his principal and most personal title is the Holy Spirit.

To the Spirit all creatures turn in their need for sanctification; all living things seek him according to their ability. His breath empowers each to achieve its own natural end.

The Spirit is the source of holiness, a spiritual light, and he offers his own light to every mind to help it in its search for truth. By nature, the Spirit is beyond the reach of our mind, but we can know him by his goodness. The power of the Spirit fills the whole universe, but he gives himself only to those who are worthy, acting in each according to the measure of his faith.

Simple in himself, the Spirit is manifold in his mighty works. The whole of his being is present to each individual; the whole of his being is present everywhere. Though shared in by many, he remains unchanged; his self-giving is no loss to himself. Like the sunshine, which permeates all the atmosphere, spreading over land and sea, and yet is enjoyed by each person as though it were for him alone, so the Spirit pours forth his grace in full measure, sufficient for all, and yet is present as though exclusively to everyone who can receive him. To all creatures that share in him he gives a delight limited only by their own nature, not by his ability to give.

The Spirit raises our hearts to heaven, guides the steps of the weak, and brings to perfection those who are making progress. He enlightens those who have been cleansed from every stain of sin and makes them spiritual by communion with himself.

As clear, transparent substances become very bright when sunlight falls on them and shine with a new radiance, so also souls in whom the Spirit dwells, and who are enlightened by the Spirit, become spiritual themselves and a source of grace for others.

From the Spirit comes foreknowledge of the future, understanding of the mysteries of faith, insight into the hidden meaning of Scripture, and other special gifts. Through the Spirit we become citizens of heaven, we enter into eternal happiness and abide in God. Through the Spirit we acquire a likeness to God; indeed, we attain what is beyond our most sublime aspirations—we become God."

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As another Memorial Day is marked, let us sometime over this weekend say a prayer for all who have died in wars especially for our country. May their sacrifice sustain the freedom and peace we enjoy!

On a completely mundane note: This coming week a fence will surround the grassy area next to the Event Center which has been overpopulated with gophers and with them yellow jacket nests. Since the holes have caused a danger to the children who play out there and a good number have been stung by the inhabitant yellow jackets, the parent board and school have put together funds to redo this area and hopefully rid it of these pests. It will be closed for a couple of months so a new lawn can grow in. Thanks to the school community for making this improvement to our site!

Weekly Readings May 25 - 31

Monday:
Gn 3:9-15, 20
Ps 87
Jn 19:25-34

Tuesday:
1 Pt 1:10-16
Ps 98
Mk 10:28-31

Wednesday:
1 Pt 1:18-25
Ps 147
Mk 10:32-45

Thursday:
1 Pt 2:2-5, 9-12
Ps 100
Mk 10:46-52

Friday:
1 Pt 4:7-13
Ps 96
Mk 11:11-26

Saturday:
Jude 17, 20b-25
Ps 63
Mk 11:27-33

Sunday:
Ex 34:4b-6, 8-9
Ps Dn 3
2 Cor 13:11-13
Jn 3:16-18



Parish Calendar

Find out what is happening at the parish:
<https://sttheresaokland.org/calendar>