

St. Theresa

Parish Community

We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.

Mass Schedule:

Weekday: 8:30 am (Mon.-Fri.)
 Saturday Vigil: 5:00 pm
 Sunday: 9:00 am
 (live-streamed on our YouTube channel for the sick and home-bound)

Reconciliation:

Saturday: 4:00 pm - 4:30 pm

Parish Office Hours:

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm
 The office is closed on Monday and Friday
 Phone: 341.220.0077
 After Hours Medical Emergency:
 510.547.2777, Option #4

Parish Website: www.sttheresaoakland.org

Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

YouTube:

https://www.youtube.com/channel/UCn5JX1e3QrQXTsa_7qmNClw

Parish Main Line: 510.547.2777 (ext. 120)

Parish Office: (direct line) 341.202.0077

volunteer@sttheresaoakland.org

Cecile Cuttitta
 Yvonne Gabor
 Carla Gaul
 Renee Lorda

renee@sttheresaoakland.org

Rev. Robert J. McCann, Pastor

rjmccann@sttheresaoakland.org
 (direct line) 341.202.0159

Rev. Ngema W. Enow, In Residence

ngemawil.enow@gmail.com
 (direct line) 341.202.0137

Cathy Brady, Liturgy Director

cathy_b@sttheresaoakland.org
 (direct line) 341.202.0086

Rob Cakebread, Music Ministry Director

rob@sttheresaoakland.org
 (direct line) 341.202.0139

Sophia Kassab, Parish Communications

sophia@sttheresaoakland.org
 (direct line) 341.202.0134

Keri Nims, Coordinator Early Childhood Catechesis & RCIC

keri@sttheresaoakland.org
 (direct line) 341.202.0076

Alicia Ortegon, St. Theresa School Principal

a_ortegon@sttheresaschool.org
 510.547.3146
 website: www.sttheresaschool.org

Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120, or email admin@sttheresaoakland.org

To arrange a Funeral

call parish office 510.547.2777, ext. 120, or email admin@sttheresaoakland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaoakland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaoakland.org

High School Youth Ministry/Confirmation

Keri Nims ~ keri@sttheresaoakland.org

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaoakland.org

Parish Calendar:

<https://sttheresaoakland.org/calendar>

Parish Organization Contacts

Pastoral Council:

Chris Colby ccolby@well.com

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Basil Fedynyshyn
st.theresa@svdp-alameda.org

CYO (Catholic Youth Organization):

Carlos Palacios ttheresaathletics@gmail.com

St. Theresa Men's Club

mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Deb McJilton dolcedeb@yahoo.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Kinderchurch

Shannon Ciston s.ciston@gmail.com

FAITHFUL WITNESS

630 SANSOME, SAN FRANCISCO
WEDNESDAY JULY 29
9:30 AM TO 11:30 AM

GATHER TO STAND IN PRAYER
AND PROVIDE SUPPORT TO
IMMIGRANTS AS THEY AWAIT
THEIR COURT APPEARANCES

- **Stand in solidarity** with vulnerable families
- **Offer support** through our presence, resources and advocacy
- **Live out our faith** by honoring the dignity of every person



Use QR code to register. For more information, contact
gamaliel.genesisca@gmail.com

RSVP Here:



sponsored by members of Corpus Christi's Living our Faith team,
the St. Theresa's Social Justice team and Genesis (our social justice partner).



JOIN THE ALTAR SERVER MINISTRY

APPLICATIONS AVAILABLE AT:
SCHOOL FRONT DESK
PARISH WEBSITE

QUESTIONS, EMAIL: J_BRUNI@STTHERESASCHOOL.ORG

Low Gluten Hosts

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parishcrossroads.com/low-gluten.htm>

Please use the presider's communion station to receive a low gluten host.



O.C.I.A.

ORDER OF CHRISTIAN INITIATION OF ADULTS

ARE YOU OR SOMEONE YOU KNOW INTERESTED IN JOINING
THE CATHOLIC CHURCH?

ARE YOU UNBAPTIZED, SEEKING A FAITH COMMUNITY?

OR

ARE YOU BAPTIZED IN ANOTHER FAITH?

OR

ARE YOU A BAPTIZED CATHOLIC SEEKING TO COMPLETE THE
SACRAMENTS OF FIRST EUCHARIST AND/OR
CONFIRMATION?

OCIA might be just what you are looking for.

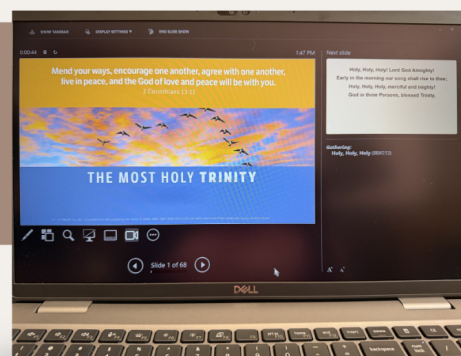
A new inquiry session will begin in September.

Contact Lydia Deck at lydia@sttheresaokland.org

(starting July 26, 2026)

for more information, or to register for our sessions beginning in September.

Volunteers Needed to run the slideshows at Mass



Contact Rob Cakebread to volunteer for this vital ministry.

Training will be provided.

rob@sttheresaokland.org

Mass Intentions - July 18 - 26

Sat.	5:00 pm	✠	Victoria & Harry Derdivanis
Sun.	9:00 am		Parish Community of St. Theresa
Mon.			No Mass
Tues.			No Mass
Wed.			No Mass
Thurs.	8:30 am		For the youth of our parish
Fri.	8:30 am	✠	Ana Torres
Sat.	5:00 pm		Parish Community of St. Theresa
Sun.	9:00 am		Parish Community of St. Theresa

Online Prayer Request for the Sick or Recently Deceased

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page:

<https://sttheresaokland.org/pray/mass-and-confession-times> their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

This form is not for Mass Intentions.

Reception of the Precious Blood

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."

Sunday Offering

Sunday Collection (July 6 - 12)

Online: 46 Donors \$ 3,548.00
Mass Donations: 41 Donors \$ 3,207.00



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries. It's easy to get started. Here are the ways to sign up:

Text
510-876-9679
Text "GIVE" to this number to receive a link to our online giving page.

Visit us at
<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

Friday Flocknote and Bulletin submission Deadlines

Bulletin and Friday Flocknote articles must be submitted for inclusion in the Friday and weekend publications no later than Tuesday evening. The publications are produced and printed on Wednesday.

Schedule a Mass Intention Online!

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to:

admin@sttheresaokland.org or 341.202.0077

Please remember in your prayers all those who are ill

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Betsey Thornton, Karen May, Tom Wallace, John Cocores, Olivia Cors, Aglaia Panos, Keri Nims, Jerome Deck, Sr, Tom Salvatore, Lisa Snow.

Keep in touch with us

Receive the weekly Friday Flocknote

You will receive everything contained in the bulletin plus additional information.

Unsubscribe anytime

Sign-up at: <https://sttheresaokland.org/about-us/contact-us>

OR

Email cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with your full name and email address.



ONE

Faith + Family + Mission

Your gift to the **2026 Bishop's Ministries Appeal** supports the ministries that bind our diocesan family as One Faith, One Family, One Mission. Together, we sustain Catholic education in 37 schools and 75 parish programs, form future priests, provide pastoral care to the sick and homebound, and serve the poor and immigrant communities with compassion and advocacy.

Every gift is shared across the diocese so that no parish, school, or ministry stands alone. Your generosity strengthens parish leadership and helps us serve Christ in those most in need. Please prayerfully consider your gift today so that future generations may inherit a Church that is strong, vibrant, and united in love.

WAYS to GIVE

MAIL Send check or money order to: **Bishop's Ministries Appeal**
Diocese of Oakland, 2121 Harrison Street, Suite 100, Oakland, CA 94612

ONLINE Scan the QR code or visit oakdiocese.org/bishops-ministries-appeal to make a gift by credit card or direct debit.

CALL 510-267-8358

EMAIL BishopsMinistriesAppeal@oakdiocese.org

ADDITIONAL GIFT OPTIONS Gifts of stock, IRA distributions, bequests, and charitable gift annuities can be coordinated by contacting the Office for Mission Advancement at 510-267-8358 or BishopsMinistriesAppeal@oakdiocese.org

FOR MORE INFORMATION

Terri Porter, Director
510-267-8314 | tporter@oakdiocese.org

Lewis Bracy, Associate Director of Operations
510-271-1932 | lbracy@oakdiocese.org

Parish Goal \$35,800

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Percentage Achieved 39%
\$13,960 as of June 30, 2026

Donation Envelopes are available in the church vestibule
Checks must be made out to the Roman Catholic Bishop of Oakland

2026 BISHOP'S MINISTRIES APPEAL



Diocese of Oakland

Weekly Readings July 20 - 26

Monday:

Mi 6:1-4, 6-8
Ps 50
Mt 12:38-42

Tuesday:

Mi 7:14-15, 18-20
Ps 85
Mt 12:46-50

Wednesday:

Sg 3:1-4b
Ps 63
Jn 20:1-2, 11-18

Thursday:

Jer 2:1-3, 7-8, 12-13
Ps 36
Mt 13:10-17

Friday:

Jer 3:14-17
Ps Jer 31
Mt 13:18-23

Saturday:

2 Cor 4:7-15
Ps 126
Mt 20:20-28

Sun

1 Kgs 3:5, 7-12
Ps 119
Rom 8:28-30
Mt 13:44-52



Parish Calendar

Find out what is happening at the parish:
<https://sttheresaokland.org/calendar>