

# St. Theresa

## Parish Community

*We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.*

**Mass Schedule:**

Weekday: 8:30 am (Mon.-Fri.)  
 Saturday Vigil: 5:00 pm  
 Sunday: 9:00 am  
 (live-streamed on our YouTube channel for the sick and home-bound)

**Reconciliation:**

Saturday: 4:00 pm - 4:30 pm

**Parish Office Hours:**

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm  
 The office is closed on Monday and Friday  
 Phone: 341.220.0077  
 After Hours Medical Emergency:  
 510.547.2777, Option #4

**Parish Website:** [www.sttheresaoakland.org](http://www.sttheresaoakland.org)

**Facebook:** [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

**YouTube:**

[https://www.youtube.com/channel/UCn5JX1e3QrQXTsa\\_7qmNCIw](https://www.youtube.com/channel/UCn5JX1e3QrQXTsa_7qmNCIw)

**Parish Main Line: 510.547.2777 (ext. 120)**

**Parish Office: (direct line) 341.202.0077**

Cecile Cuttitta [cecile@sttheresaoakland.org](mailto:cecile@sttheresaoakland.org)  
 Yvonne Gabor [volunteer@sttheresaoakland.org](mailto:volunteer@sttheresaoakland.org)  
 Carla Gaul [volunteer@sttheresaoakland.org](mailto:volunteer@sttheresaoakland.org)  
 Renee Lorda [renee@sttheresaoakland.org](mailto:renee@sttheresaoakland.org)

**Rev. Robert J. McCann, Pastor**

[rjmccann@sttheresaoakland.org](mailto:rjmccann@sttheresaoakland.org)  
 (direct line) 341.202.0159

**Rev. Ngema W. Enow, In Residence**

[ngemawil.enow@gmail.com](mailto:ngemawil.enow@gmail.com)  
 (direct line) 341.202.0137

**Cathy Brady, Liturgy Director**

[cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)  
 (direct line) 341.202.0086

**Rob Cakebread, Music Ministry Director**

[rob@sttheresaoakland.org](mailto:rob@sttheresaoakland.org)  
 (direct line) 341.202.0139

**Sophia Kassab, Parish Communications**

[sophia@sttheresaoakland.org](mailto:sophia@sttheresaoakland.org)  
 (direct line) 341.202.0134

**Keri Nims, Coordinator Early Childhood Catechesis & RCIC**

[keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)  
 (direct line) 341.202.0076

**Alicia Ortegon, St. Theresa School Principal**

[a\\_ortegon@sttheresaschool.org](mailto:a_ortegon@sttheresaschool.org)  
 510.547.3146  
 website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

**Baptisms and Marriages**

by appointment, call parish office 510.547.2777, ext. 120, or email [admin@sttheresaoakland.org](mailto:admin@sttheresaoakland.org)

**To arrange a Funeral**

call parish office 510.547.2777, ext. 120,  
 or email [admin@sttheresaoakland.org](mailto:admin@sttheresaoakland.org)

**Family Faith Formation (Grades TK-5) & R.C.I.C.**

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

**Middle School Youth Ministry (Grades 6-8)**

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

**High School Youth Ministry/Confirmation**

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

**R.C.I.A. Rite of Christian Initiation of Adults**

Lydia Deck ~ [lydia@sttheresaoakland.org](mailto:lydia@sttheresaoakland.org)

**Parish Calendar:**

<https://sttheresaoakland.org/calendar>

**Parish Organization Contacts****Pastoral Council:**

Chris Colby [ccolby@well.com](mailto:ccolby@well.com)

**Finance Council:**

Carolyn Mahoney [carolyn.mahoney675@gmail.com](mailto:carolyn.mahoney675@gmail.com)

**St. Vincent de Paul Society**

Basil Fedynyshyn  
[st.theresa@svdp-alameda.org](mailto:st.theresa@svdp-alameda.org)

**CYO (Catholic Youth Organization):**

Carlos Palacios [ttheresaathletics@gmail.com](mailto:ttheresaathletics@gmail.com)

**St. Theresa Men's Club**

[mensclubsttheresa@gmail.com](mailto:mensclubsttheresa@gmail.com)

**Legion of Mary**

Tom Wallace [tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

**WINGS**

Deb McJilton [dolcedeb@yahoo.com](mailto:dolcedeb@yahoo.com)

**Social Justice Committee (SJC)**

Lydia Deck [ltdeck@me.com](mailto:ltdeck@me.com)

**Consolation Ministry**

Cecile Cuttitta [cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

**Men's Faith Sharing**

Jim Frei [jim@ottofrei.com](mailto:jim@ottofrei.com)

**Kinderchurch**

Shannon Ciston [s.ciston@gmail.com](mailto:s.ciston@gmail.com)

# FAITHFUL WITNESS

630 SANSOME, SAN FRANCISCO  
WEDNESDAY JULY 29  
9:30 AM TO 11:30 AM

GATHER TO STAND IN PRAYER  
AND PROVIDE SUPPORT TO  
IMMIGRANTS AS THEY AWAIT  
THEIR COURT APPEARANCES

- **Stand in solidarity** with vulnerable families
- **Offer support** through our presence, resources and advocacy
- **Live out our faith** by honoring the dignity of every person



Use QR code to register. For more information, contact  
[gamaliel.genesisca@gmail.com](mailto:gamaliel.genesisca@gmail.com)

RSVP Here:



Sponsored by members of Corpus Christi's Living our Faith team, the St. Theresa's Social Justice team and Genesis (our social justice partner).



# O.C.I.A.

## ORDER OF CHRISTIAN INITIATION OF ADULTS

ARE YOU OR SOMEONE YOU KNOW INTERESTED IN JOINING THE CATHOLIC CHURCH?

ARE YOU UNBAPTIZED, SEEKING A FAITH COMMUNITY?

OR

ARE YOU BAPTIZED IN ANOTHER FAITH?

OR

ARE YOU A BAPTIZED CATHOLIC SEEKING TO COMPLETE THE SACRAMENTS OF FIRST EUCHARIST AND/OR CONFIRMATION?

OCIA might be just what you are looking for.

A new inquiry session will begin in September.

Contact Lydia Deck at [lydia@sttheresaokland.org](mailto:lydia@sttheresaokland.org)

(starting July 26, 2026)

for more information, or to register for our sessions beginning in September.

# BACK TO SCHOOL MASS

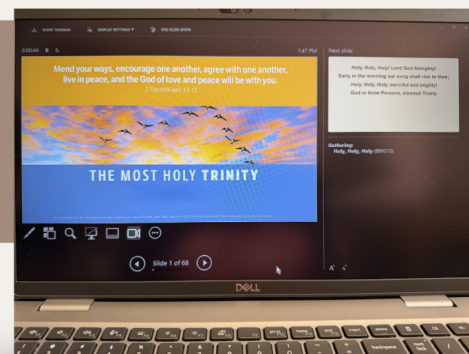
**SATURDAY**  
AUGUST 22, 2026  
5:00 PM MASS

**BLESSING OF THE BACKPACKS**

ALL STUDENTS, TEACHERS AND EDUCATORS ARE INVITED TO BRING THEIR BACKPACKS WITH THEM TO OUR BACK TO SCHOOL MASS FOR A SPECIAL BLESSING

Pack a picnic, bring some chairs and stay for the concert on the lawn following Mass.

## Volunteers Needed to run the slideshows at Mass



Contact Rob Cakebread to volunteer for this vital ministry.

Training will be provided.

[rob@sttheresaokland.org](mailto:rob@sttheresaokland.org)

**Mass Intentions - July 25 - August 2**

|        |         |                                                |
|--------|---------|------------------------------------------------|
| Sat.   | 5:00 pm | Parish Community of St. Theresa                |
| Sun.   | 9:00 am | Parish Community of St. Theresa                |
| Mon.   | 8:30 am | For a world where no one is hungry or homeless |
| Tues.  | 8:30 am | For an end to discrimination                   |
| Wed.   | 8:30 am | ✠ Jeanne Cuttitta                              |
| Thurs. | 8:30 am | For our parish benefactors                     |
| Fri.   | 8:30 am | For all traveling on vacation                  |
| Sat.   | 5:00 pm | ✠ Sue Whitlock                                 |
| Sun.   | 9:00 am | Parish Community of St. Theresa                |

**Online Prayer Request for the Sick or Recently Deceased**

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page:

<https://sttheresaokland.org/pray/mass-and-confession-times> their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

*This form is not for Mass Intentions.*

**Reception of the Precious Blood**

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."

**Sunday Offering****Sunday Collection (July 13 - 19)**

|                           |             |
|---------------------------|-------------|
| Online: 50 Donors         | \$ 2,578.00 |
| Mass Donations: 41 Donors | \$ 1,734.00 |

**Venezuela Earthquake Relief**

|                           |             |
|---------------------------|-------------|
| Online: 5 Donors          | \$ 195.00   |
| Mass Donations: 14 Donors | \$ 2,144.00 |



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries. It's easy to get started. Here are the ways to sign up:

**Text**

510-876-9679  
Text "GIVE" to this number to receive a link to our online giving page.

**Visit us at**

<https://sttheresaokland.org/donate>

*Thank you for giving generously to St. Theresa Parish*

**Friday Flocknote and Bulletin submission Deadlines**

Bulletin and Friday Flocknote articles must be submitted for inclusion in the Friday and weekend publications no later than Tuesday evening. The publications are produced and printed on Wednesday.

**Schedule a Mass Intention Online!**

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to:

[admin@sttheresaokland.org](mailto:admin@sttheresaokland.org) or 341.202.0077

**Please remember in your prayers all those who are ill**

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Bayloq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Betsey Thornton, Karen May, Tom Wallace, John Cocores, Olivia Cors, Aglaia Panos, Keri Nims, Jerome Deck, Sr, Tom Salvatore, Lisa Snow.

**Low Gluten Hosts**

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parishcrossroads.com/low-gluten.htm>

Please use the presider's communion station to receive a low gluten host.

**Keep in touch with us****Receive the weekly Friday Flocknote**

You will receive everything contained in the bulletin plus additional information.

**Unsubscribe anytime**

**Sign-up at:** <https://sttheresaokland.org/about-us/contact-us>

OR

**Email** [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org) with a request to be added to the Friday Flocknote Group with your full name and email address.



# ONE

*Faith + Family + Mission*

Your gift to the **2026 Bishop's Ministries Appeal** supports the ministries that bind our diocesan family as One Faith, One Family, One Mission. Together, we sustain Catholic education in 37 schools and 75 parish programs, form future priests, provide pastoral care to the sick and homebound, and serve the poor and immigrant communities with compassion and advocacy.

Every gift is shared across the diocese so that no parish, school, or ministry stands alone. Your generosity strengthens parish leadership and helps us serve Christ in those most in need. Please prayerfully consider your gift today so that future generations may inherit a Church that is strong, vibrant, and united in love.

## WAYS to GIVE

**MAIL** Send check or money order to: **Bishop's Ministries Appeal**  
Diocese of Oakland, 2121 Harrison Street, Suite 100, Oakland, CA 94612

**ONLINE** Scan the QR code or visit [oakdiocese.org/bishops-ministries-appeal](https://oakdiocese.org/bishops-ministries-appeal) to make a gift by credit card or direct debit.

**CALL** 510-267-8358

**EMAIL** [BishopsMinistriesAppeal@oakdiocese.org](mailto:BishopsMinistriesAppeal@oakdiocese.org)

**ADDITIONAL GIFT OPTIONS** Gifts of stock, IRA distributions, bequests, and charitable gift annuities can be coordinated by contacting the Office for Mission Advancement at 510-267-8358 or [BishopsMinistriesAppeal@oakdiocese.org](mailto:BishopsMinistriesAppeal@oakdiocese.org)

## FOR MORE INFORMATION

**Terri Porter, Director**  
510-267-8314 | [tporter@oakdiocese.org](mailto:tporter@oakdiocese.org)

**Lewis Bracy, Associate Director of Operations**  
510-271-1932 | [lbracy@oakdiocese.org](mailto:lbracy@oakdiocese.org)

**Parish Goal \$35,800**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

**Percentage Achieved 39%**  
**\$13,960 as of June 30, 2026**

Donation Envelopes are available in the church vestibule  
Checks must be made out to the Roman Catholic Bishop of Oakland

## 2026 BISHOP'S MINISTRIES APPEAL



Diocese of Oakland

## Weekly Readings July 27 - August 2

### Monday:

Jer 13:1-11  
Ps Dt 32  
Mt 13:31-35

### Tuesday:

Jer 14:17-22  
Ps 79  
Mt 13:36-43

### Wednesday:

Jer 15:10, 16-21  
Ps 59  
Jn 11:19-27

### Thursday:

Jer 18:1-6  
Ps 146  
Mt 13:47-53

### Friday:

Jer 26:1-9  
Ps 69  
Mt 13:54-58

### Saturday:

Jer 26:11-16, 24  
Ps 69  
Mt 14:1-12

### Sun

Is 55:1-3  
Ps 145  
Rom 8:35, 37-39  
Mt 14:13-21



## Parish Calendar

Find out what is happening at the parish:  
<https://sttheresaokland.org/calendar>