

St. Theresa

Parish Community

We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.

Mass Schedule:

Weekday: 8:30 am (Mon.-Fri.)
 Saturday Vigil: 5:00 pm
 Sunday: 9:00 am
 (live-streamed on our YouTube channel for the sick and home-bound)

Reconciliation:

Saturday: 4:00 pm - 4:30 pm

Parish Office Hours:

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm
 The office is closed on Monday and Friday
 Phone: 341.220.0077
 After Hours Medical Emergency:
 510.547.2777, Option #4

Parish Website: www.sttheresaokland.org

Facebook: StTheresaChurch/Oakland

YouTube:

https://www.youtube.com/channel/UCn5JX1e3QrQXTsa_7qmNCIw

Parish Main Line: 510.547.2777 (ext. 120)

Parish Office: (direct line) 341.202.0077

Cecile Cuttitta cecile@sttheresaokland.org
 Yvonne Gabor volunteer@sttheresaokland.org
 Carla Gaul volunteer@sttheresaokland.org
 Renee Lorda renee@sttheresaokland.org

Rev. Robert J. McCann, Pastor

rjmccann@sttheresaokland.org
 (direct line) 341.202.0159

Rev. Ngema W. Enow, In Residence

ngemawil.enow@gmail.com
 (direct line) 341.202.0137

Cathy Brady, Liturgy Director

cathy_b@sttheresaokland.org
 (direct line) 341.202.0086

Rob Cakebread, Music Ministry Director

rob@sttheresaokland.org
 (direct line) 341.202.0139

Sophia Kassab, Parish Communications

sophia@sttheresaokland.org
 (direct line) 341.202.0134

Keri Nims, Coordinator Early Childhood Catechesis & RCIC

keri@sttheresaokland.org
 (direct line) 341.202.0076

Alicia Ortegon, St. Theresa School Principal

a_ortegon@sttheresaschool.org
 510.547.3146
 website: www.sttheresaschool.org

Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

To arrange a Funeral

call parish office 510.547.2777, ext. 120,
 or email admin@sttheresaokland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaokland.org

High School Youth Ministry/Confirmation

Keri Nims ~ keri@sttheresaokland.org

R.C.I.A. Rite of Christian Initiation of Adults

Lydia Deck ~ lydia@sttheresaokland.org

Parish Calendar:

<https://sttheresaokland.org/calendar>

Parish Organization Contacts

Pastoral Council:

Chris Colby ccolby@well.com

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Basil Fedynyshyn
st.theresa@svdp-alameda.org

CYO (Catholic Youth Organization):

Carlos Palacios ttheresaathletics@gmail.com

St. Theresa Men's Club

mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Deb McJilton dolcedeb@yahoo.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Kinderchurch

Shannon Ciston s.ciston@gmail.com

ST. THERESA WORK DAY

Saturday, August 15, 2026

WE WILL BEGIN WITH A MASS FOR HOLY MARY & PEACE
AT 9 AM

WORK PROJECTS WILL START AT 9:30 AM



BACK TO SCHOOL MASS

SATURDAY
AUGUST 22, 2026
5:00 PM MASS

**BLESSING OF THE
BACKPACKS**

ALL STUDENTS, TEACHERS AND
EDUCATORS ARE INVITED TO BRING
THEIR BACKPACKS WITH THEM TO
OUR BACK TO SCHOOL MASS FOR A
SPECIAL BLESSING

*Pack a picnic, bring some chairs and stay for the concert on
the lawn following Mass.*

Adoration of the Blessed Sacrament

August 7, 2026
9:00 AM - 4:30 PM
Benediction
4:30 PM

O.C.I.A.

ORDER OF CHRISTIAN INITIATION OF ADULTS

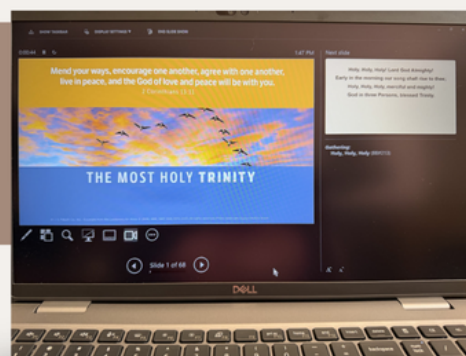
ARE YOU OR SOMEONE YOU KNOW INTERESTED IN JOINING
THE CATHOLIC CHURCH?

ARE YOU UNBAPTIZED, SEEKING A FAITH COMMUNITY?
OR
ARE YOU BAPTIZED IN ANOTHER FAITH?
OR
ARE YOU A BAPTIZED CATHOLIC SEEKING TO COMPLETE THE
SACRAMENTS OF FIRST EUCHARIST AND/OR
CONFIRMATION?

OCIA might be just what you are looking for.
A new inquiry session will begin in September.

Contact Lydia Deck at lydia@sttheresaokland.org
(starting July 26, 2026)
for more information, or to register for our sessions beginning in September.

Volunteers Needed to run the slideshows at Mass



Contact Rob Cakebread to volunteer for this vital ministry.

Training will be provided.

rob@sttheresaokland.org

Mass Intentions - August 1 - 9

Sat. 5:00 pm † Sue Whitlock
 Sun. 9:00 am Parish Community of St. Theresa

Mon. 8:30 am For Immigrants and Refugees
 Tues. 8:30 am For those who serve our parish
 Wed. 8:30 am † Richard Goss
 Thurs. 8:30 am † Miriam Conesa
 Fri. 8:30 am † Silvano & Elsie Giuntoli

Sat. 5:00 pm † Matthew Mullen
 Sun. 9:00 am Lily Suarez

Online Prayer Request for the Sick or Recently Deceased

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page:

<https://sttheresaokland.org/pray/mass-and-confession-times>
 their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

This form is not for Mass Intentions.

Reception of the Precious Blood

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."

Low Gluten Hosts

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parihcrossroads.com/low-gluten.htm>

Please use the presider's communion station to receive a low gluten host.

Sunday Offering**Sunday Collection (July 20 - 26)**

Online: 41Donors \$ 1,858.00
 Mass Donations: 31Donors \$ 3,455.00



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries. It's easy to get started. Here are the ways to sign up:

Text
 510-876-9679
 Text "GIVE" to this number
 to receive a link to our online
 giving page.

Visit us at
<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

Friday Flocknote and Bulletin submission Deadlines

Bulletin and Friday Flocknote articles must be submitted for inclusion in the Friday and weekend publications no later than Tuesday evening. The publications are produced and printed on Wednesday.

Schedule a Mass Intention Online!

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to:

admin@sttheresaokland.org or 341.202.0077

Please remember in your prayers all those who are ill

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Bayloq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Fr. Paul Schmidt, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Betsey Thornton, Karen May, Tom Wallace, John Cocores, Olivia Cors, Aglaia Panos, Keri Nims, Jerome Deck, Sr, Tom Salvatore, Lisa Snow.

Keep in touch with us**Receive the weekly Friday Flocknote**

You will receive everything contained in the bulletin plus additional information. **Unsubscribe anytime**



Sign-up at: <https://sttheresaokland.org/about-us/contact-us>

OR

Email cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with your full name and email address.

**Bishop's Ministries Appeal
2026 Parish Goal \$35,800**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Percentage Achieved 39%
 \$13,960 as of June 30, 2026

Donation Envelopes are available in the church vestibule
 Checks must be made out to the Roman Catholic Bishop of Oakland

A Word from our Pastor

Vacations are great, but as I have said many times, there is nothing like returning to your own home and bed after the adventures. I enjoyed good flights, beautiful sights above and below water, great meals, a couple of books read, the companionship of close friends and a lot of sleep. Details will follow in the weeks ahead, but the above is what goes on most postcards and that space is very limited.



I am very grateful to the parish and school staff that maintained things while I was away. A special thanks to Luigi Bonacini and Jim Ciston who presided over several prayer services in the absence of a priest when both Ngema and I were away.

Many thanks and please keep praying for Keri Nims. I spoke with her this past week, and she is recuperating from surgery that successfully removed completely the brain tumor that had been detected. She and her family are grateful for all the prayers and wishes you have been sending her way. I know in time she will write to us directly.

I am also delighted to say that Cathy Brady and the team successfully interviewed Martha Gamino who has accepted the position of Faith Formation Director for the parish. Martha comes to us with high recommendations and many years of experience in another parish. She will coordinate religious education from early childhood through Confirmation and beyond. Please welcome her on August 22 when she will begin. Pray for her success and the gifts she will bring to all on our learning faith journeys in the coming years.

Now to some practical matters: The parking lot will be completely closed on Monday, August 10 so that sealing and repairs can be made to the blacktop surface. Fr. Dan Danielson when he was temporary administrator right before my arrival as pastor 15 years ago this weekend, had the entire parking lot/playground resurfaced. It has showed signs of wear for a long time, but thanks to a school parent's connections, we have a very generous opportunity to gain a few more years. Thanks for attention to this matter.

The following Saturday is the Feast of the Assumption on August 15. Since it is on a Saturday this year, the bishop has dispensed it as a holy day with a Mass obligation for us. However, as you have seen for the past few weeks, working with the school, we are having a 'parish/school work day.' We need our Blessed Mother to help our whole world especially that we can find a way to end the terrible wars and lead all of us to treat each other with respect and dignity as God has created us. Therefore, without obligation but with encouragement, we will celebrate a Mass in honor of Holy Mary on the morning of the 15th at 9am and if you are here and can give some time, participate in the workday. (We now need an office painted for our new Faith Formation Coordinator, purple flower vines along the fence need a big pruning and a few other projects that will be lined up soon.) We will pray to Holy Mary to help many things in this troubled world!

I look forward to seeing all of you this weekend and in the weeks ahead until the next vacation. I ignored the calls from the bishop's office regarding our welcoming another faith community to share our facilities sooner than later but will have more on this when I return those calls this coming week. I would ask you to pray about this change being directed to us and hope to invite all to a general Parish meeting so we can identify our values and welcome these sisters and brothers who are being displaced due to diocesan situations.

**Weekly Readings
August 3 - 9****Monday:**

Jer 28:1-17
Ps 119
Mt 14:22-36

Tuesday:

Jer 30:1-2, 12-15,
18-22
Ps 102
Mt 14:22-36

Wednesday:

Jer 31:1-7
Ps Jer 31
Mt 15:21-28

Thursday:

Dn 7:9-10, 13-14
Ps 97
2 Pt 1:16-19
Mt 17:1-9

Friday:

Na 2:1, 3; 3:1-3, 6-7
Ps Dt 35
Mt 16:24-28

Saturday:

Hb 1:12-2:4
Ps 9
Mt 17:14-20

Sun

1 Kgs 19:9a, 11-13a
Ps 85
Rom 9:1-5
Mt 14:22-33

**Parish Calendar**

Find out what is happening at the parish:
<https://sttheresaokland.org/calendar>