

St. Theresa

Parish Community

We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.

Mass Schedule:

Weekday: 8:30 am (Mon.-Fri.)
 Saturday Vigil: 5:00 pm
 Sunday: 9:00 am
 (live-streamed on our YouTube channel for the sick and home-bound)

Reconciliation:

Saturday: 4:00 pm - 4:30 pm

Parish Office Hours:

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm
 The office is closed on Monday and Friday
 Phone: 341.220.0077
 After Hours Medical Emergency:
 510.547.2777, Option #4

Parish Website: www.sttheresaokland.org

Facebook: StTheresaChurch/Oakland

YouTube:

https://www.youtube.com/channel/UCn5JX1e3QrQXTsa_7qmNClw

Parish Main Line: 510.547.2777 (ext. 120)

Parish Office: (direct line) 341.202.0077

Cecile Cuttitta cecile@sttheresaokland.org
 Yvonne Gabor volunteer@sttheresaokland.org
 Carla Gaul volunteer@sttheresaokland.org
 Renee Lorda renee@sttheresaokland.org

Rev. Robert J. McCann, Pastor

rjmccann@sttheresaokland.org
 (direct line) 341.202.0159

Rev. Ngema W. Enow, In Residence

ngemawil.enow@gmail.com
 (direct line) 341.202.0137

Cathy Brady, Liturgy Director

cathy_b@sttheresaokland.org
 (direct line) 341.202.0086

Rob Cakebread, Music Ministry Director

rob@sttheresaokland.org
 (direct line) 341.202.0139

Sophia Kassab, Parish Communications

sophia@sttheresaokland.org
 (direct line) 341.202.0134

Keri Nims, Coordinator Early Childhood Catechesis & RCIC

keri@sttheresaokland.org
 (direct line) 341.202.0076

Alicia Ortegon, St. Theresa School Principal

a_ortegon@sttheresaschool.org
 510.547.3146
 website: www.sttheresaschool.org

Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

To arrange a Funeral

call parish office 510.547.2777, ext. 120,
 or email admin@sttheresaokland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaokland.org

High School Youth Ministry/Confirmation

Keri Nims ~ keri@sttheresaokland.org

R.C.I.A. Rite of Christian Initiation of Adults

Lydia Deck ~ lydia@sttheresaokland.org

Parish Calendar:

<https://sttheresaokland.org/calendar>

Parish Organization Contacts**Pastoral Council:**

Chris Colby ccolby@well.com

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Basil Fedynyshyn
st.theresa@svdp-alameda.org

CYO (Catholic Youth Organization):

Carlos Palacios ttheresaathletics@gmail.com

St. Theresa Men's Club

menclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Deb McJilton dolcedeb@yahoo.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Kinderchurch

Shannon Ciston s.ciston@gmail.com

ST. THERESA WORK DAY

Saturday, August 15, 2026

WE WILL BEGIN WITH A MASS FOR HOLY MARY & PEACE
AT 9 AM

WORK PROJECTS WILL START AT 9:30 AM



Sign up at <https://sttheresaokland.org/about-us/workday>
Lunch will be provided

BACK TO SCHOOL MASS

SATURDAY
AUGUST 22, 2026
5:00 PM MASS

BLESSING OF THE BACKPACKS

ALL STUDENTS, TEACHERS AND EDUCATORS ARE INVITED TO BRING THEIR BACKPACKS WITH THEM TO OUR BACK TO SCHOOL MASS FOR A SPECIAL BLESSING

Pack a picnic, bring some chairs and stay for the concert on the lawn following Mass.

Mass Intentions Notice

There has been an issue with the Mass Intentions scheduled on Monday's and Wednesday's. If you have an upcoming intention schedule on either of these days please contact the parish office: volunteer@sttheresaokland.org or 341.202.0077.



O.C.I.A.

ORDER OF CHRISTIAN INITIATION OF ADULTS

ARE YOU OR SOMEONE YOU KNOW INTERESTED IN JOINING THE CATHOLIC CHURCH?

ARE YOU UNBAPTIZED, SEEKING A FAITH COMMUNITY?

OR

ARE YOU BAPTIZED IN ANOTHER FAITH?

OR

ARE YOU A BAPTIZED CATHOLIC SEEKING TO COMPLETE THE SACRAMENTS OF FIRST EUCHARIST AND/OR CONFIRMATION?

OCIA might be just what you are looking for.

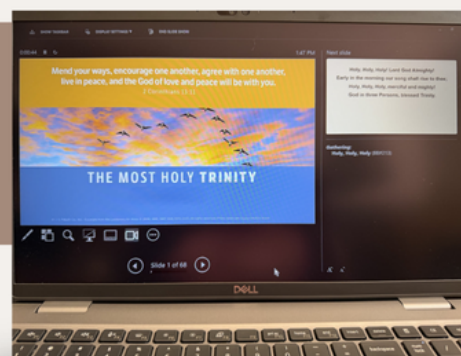
A new inquiry session will begin in September.

Contact Lydia Deck at lydia@sttheresaokland.org

(starting July 26, 2026)

for more information, or to register for our sessions beginning in September.

Volunteers Needed
to run the slideshows at Mass



Contact Rob Cakebread to volunteer for this vital ministry.

Training will be provided.

rob@sttheresaokland.org

Mass Intentions - August 8-17

Sat.	5:00 pm	✠	Matthew Mullen
Sun.	9:00 am		Lily Suarez
Mon.	8:30 am		Parish Community of St. Theresa
Tues.	8:30 am	✠	Ida and Mick Monti
Wed.	8:30 am	✠	Mary Gabor
Thurs.	8:30 am		For all who give of their time and talent in the parish
Fri.	8:30 am		For all who have lost homes, jobs, or property to wildfires
Sat.	5:00 pm		Parish Community of St. Theresa
Sun.	9:00 am		Parish Community of St. Theresa

Online Prayer Request for the Sick or Recently Deceased

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page:

<https://sttheresaokland.org/pray/mass-and-confession-times>
their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

This form is not for Mass Intentions.

Reception of the Precious Blood

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."

Low Gluten Hosts

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parrishcrossroads.com/low-gluten.htm>

Please use the presider's communion station to receive a low gluten host.

Sunday Offering**Sunday Collection (August 1-2)**

Online: 48 Donors \$ 2,508.00
Mass Donations: 45 Donors \$ 3,349.00

Parish Maintenance and Improvement

Online: 31 Donors \$ 2,667.00
Mass Donations: 27 Donors \$ 1,335.00



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries. It's easy to get started. Here are the ways to sign up:

Text

510-876-9679

Text "GIVE" to this number to receive a link to our online giving page.

Visit us at

<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

Friday Flocknote and Bulletin submission Deadlines

Bulletin and Friday Flocknote articles must be submitted for inclusion in the Friday and weekend publications no later than Tuesday evening. The publications are produced and printed on Wednesday.

Schedule a Mass Intention Online!

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to:

admin@sttheresaokland.org or 341.202.0077

Please remember in your prayers all those who are ill

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Bayloq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwalk, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Betsey Thornton, Karen May, Tom Wallace, John Cocores, Olivia Cors, Aglaia Panos, Keri Nims, Jerome Deck, Sr, Tom Salvatore, Lisa Snow.

Keep in touch with us**Receive the weekly Friday Flocknote**

You will receive everything contained in the bulletin plus additional information.

**Unsubscribe anytime**

Sign-up at: <https://sttheresaokland.org/about-us/contact-us>

OR

Email cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with your full name and email address.

**Bishop's Ministries Appeal
2026 Parish Goal \$35,800**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Percentage Achieved 43%
\$15,400 as of July 31, 2026

Donation Envelopes are available in the church vestibule
Checks must be made out to the Roman Catholic Bishop of Oakland

A Word from our Pastor

Once upon a time, when I was growing up a long time ago, school started the day after Labor Day. That is very different now and some public schools around us have begun. O'Dowd High School nearby starts this coming week, and the St. Theresa teachers and staff come back officially on this coming Tuesday. Classes and the children will be back the following week, August 18th.



We pray that all children will have a wonderful academic year and grow in body, mind, and spirit as the mission of our Catholic Schools promotes. As part of the tending to spiritual growth for our students, the whole school community will begin to come to the morning Mass every Wednesday throughout the school year. We will maintain the simplicity and timing of our everyday Masses (No music, two-minute homilies, etc.)

However please be aware that because of sad situations when the children attend Mass (recall Assumption school in Minneapolis), special protocols will be enacted when the children are in attendance. If you arrive after 8:30am the front doors will be locked. (Go around to the ramp door.) Other precautions will be in place and if you are confused, please ask one of the school or parish staff.

Together we go forward for the wellbeing of all.

St. Theresa school enrollment is again up for this coming year. I thank all the parishioners who support the school by telling others about its excellence, encouraging new families to check it out and by your ongoing support of the tuition assistance program. I hope all will feel welcomed and attend the annual 'Back to School' Mass and celebration after the Mass on Saturday, August 22nd. It is a great time to meet new families and reconnect with veteran families, parishioners and have a relaxing evening. Bringing a picnic dinner and sharing with others is part of the fun of the night.

As we welcome school children back and new children and families to our school and religious education programs, it is an opportunity to renew our understanding of Catholic teaching on 'welcoming the stranger.' Many good and long articles come up if you just search for that phrase online from our popes, bishops, Catholic newspapers, and radio shows. Here is a quick reminder:

Catholic teaching on welcoming the stranger is rooted in scripture, tradition, and Catholic social doctrine, teaching that every migrant, refugee, and foreigner possesses inherent human dignity as a child of God. Jesus Christ explicitly identifies himself with the vulnerable stranger, stating in Matthew 25:35, "I was a stranger, and you welcomed me".

Scriptural and Theological Foundations

- The Example of Jesus: Christ himself was part of a refugee family when the Holy Family fled into Egypt to escape Herod's persecution.
- The Final Judgment: In Matthew 25, Jesus teaches that how humanity treats the poor, the outcast, and the foreigner is the direct standard by which people will be judged, noting that what is done for the least of these is done for Christ.
- Old Testament Mandate: Throughout the Hebrew scriptures, Israel is repeatedly commanded to love and shelter the alien because they were once foreigners in Egypt.

This could go on and on, but I am putting this short reminder as we as a parish will soon be asked to welcome a fellow group of Catholics being displaced by situations and settlements on a diocesan level by our bishop. Stay tuned! We will all need to help with this process!

**Weekly Readings
August 10-16****Monday:**

2 Cor 9:6-10
Ps 112
John 12:24-26

Tuesday:

Eze 2:8--3:4
Ps 19
Mt 14:22-36

Wednesday:

Eze 9:1-7, 10:18-22
Ps Jeri 31
2 Cor 5:19

Thursday:

Eze 12:1-12
Ps 119
Mt 18:21-19:1

Friday:

Eze 16:1-15, 60, 63
Ps Is 12
Mt 19:3-12

Saturday:

Rev 11:19a, 12:1-6a,
10ab
Ps 45
Luke 1:39-56

Sun

Is 56:1, 6-7
Ps 67
Rom 11:13-15, 29-32
Mt 15:21-28

Parish Calendar

Find out what is happening at the parish:

<https://sttheresaokland.org/calendar>