

St. Theresa

Parish Community

We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.

Mass Schedule:

Weekday: 8:30 am (Mon.-Fri.)
Saturday Vigil: 5:00 pm
Sunday: 9:00 am
(live-streamed on our YouTube channel for the sick and home-bound)

Reconciliation:

Saturday: 4:00 pm - 4:30 pm

Parish Office Hours:

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm
The office is closed on Monday and Friday
Phone: 341.220.0077
After Hours Medical Emergency:
510.547.2777, Option #4

Parish Website: www.sttheresaokland.org

Facebook: StTheresaChurch/Oakland

YouTube:

https://www.youtube.com/channel/UCn5JX1e3QrQXTsa_7qmNCIw

Parish Main Line: 510.547.2777 (ext. 120)

Parish Office: (direct line) 341.202.0077

Cecile Cuttitta cecile@sttheresaokland.org
Yvonne Gabor volunteer@sttheresaokland.org
Carla Gaul volunteer@sttheresaokland.org
Renee Lorda renee@sttheresaokland.org

Rev. Robert J. McCann, Pastor

rjmccann@sttheresaokland.org
(direct line) 341.202.0159

Rev. Ngema W. Enow, In Residence

ngemawil.enow@gmail.com
(direct line) 341.202.0137

Cathy Brady, Liturgy Director

cathy_b@sttheresaokland.org
(direct line) 341.202.0086

Rob Cakebread, Music Ministry Director

rob@sttheresaokland.org
(direct line) 341.202.0139

Sophia Kassab, Parish Communications

sophia@sttheresaokland.org
(direct line) 341.202.0134

Keri Nims, Coordinator Early Childhood Catechesis & RCIC

keri@sttheresaokland.org
(direct line) 341.202.0076

Alicia Ortegon, St. Theresa School Principal

a_ortegon@sttheresaschool.org
510.547.3146
website: www.sttheresaschool.org

Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

To arrange a Funeral

call parish office 510.547.2777, ext. 120,
or email admin@sttheresaokland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaokland.org

High School Youth Ministry/Confirmation

Keri Nims ~ keri@sttheresaokland.org

R.C.I.A. Rite of Christian Initiation of Adults

Lydia Deck ~ lydia@sttheresaokland.org

Parish Calendar:

<https://sttheresaokland.org/calendar>

Parish Organization Contacts

Pastoral Council:

Chris Colby ccolby@well.com

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Basil Fedynyshyn
st.theresa@svdp-alameda.org

CYO (Catholic Youth Organization):

Carlos Palacios ttheresaathletics@gmail.com

St. Theresa Men's Club

mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Deb McJilton dolcedeb@yahoo.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Kinderchurch

Shannon Ciston s.ciston@gmail.com

ST. THERESA WORK DAY

Saturday, August 15, 2026

WE WILL BEGIN WITH A MASS FOR HOLY MARY & PEACE
AT 9 AM

WORK PROJECTS WILL START AT 9:30 AM



Sign up at <https://sttheresaokland.org/about-us/workday>
Lunch will be provided

BACK TO SCHOOL MASS

SATURDAY
AUGUST 22, 2026
5:00 PM MASS

BLESSING OF THE BACKPACKS

ALL STUDENTS, TEACHERS AND EDUCATORS ARE INVITED TO BRING THEIR BACKPACKS WITH THEM TO OUR BACK TO SCHOOL MASS FOR A SPECIAL BLESSING

Pack a picnic, bring some chairs and stay for the concert on the lawn following Mass.

Mass Intentions Notice

There has been an issue with the Mass Intentions scheduled on Monday's and Wednesday's. If you have an upcoming intention schedule on either of these days please contact the parish office: volunteer@sttheresaokland.org or 341.202.0077.



O.C.I.A.

ORDER OF CHRISTIAN INITIATION OF ADULTS

ARE YOU OR SOMEONE YOU KNOW INTERESTED IN JOINING THE CATHOLIC CHURCH?

ARE YOU UNBAPTIZED, SEEKING A FAITH COMMUNITY?
OR

ARE YOU BAPTIZED IN ANOTHER FAITH?
OR

ARE YOU A BAPTIZED CATHOLIC SEEKING TO COMPLETE THE SACRAMENTS OF FIRST EUCHARIST AND/OR CONFIRMATION?

OCIA might be just what you are looking for.
A new inquiry session will begin in September.

Contact Lydia Deck at lydia@sttheresaokland.org
(starting July 26, 2026)

for more information, or to register for our sessions beginning in September.

St. Theresa Church Children's Choir



Parish Families Members  St. T's School Students

- 1 Join the Children's Choir and Learn:**
 - Vocal training
 - Leadership and confidence
 - Joyful community

- 2 Choir Schedule:**
 - Rehearsal: Wednesdays 4-5pm
 - Masses: Sundays @ 9am

- 3 Important Upcoming Dates:**
 - Aug 19th - 4-5pm First rehearsal
 - Aug 22nd - Sing at back-to-school mass!

JOIN US!

- 4 How to Register:**

Pick up a registration form at the St. Theresa School front desk or in the Church Vestibule and return completed to Robert Cakebread, St. Theresa Church Musical Director:
rob@sttheresaokland.org

Mass Intentions ~ August 15 - 23

Sat.	5:00 pm	George Donovan
Sun.	9:00 am	Parish Community of St. Theresa
Mon.	8:30 am	For our parish benefactors
Tues.	8:30 am	✠ Susan McCance
Wed.	8:30 am	✠ Jackie Giacoletti
Thurs.	8:30 am	For all who are burdened by poverty
Fri.	8:30 am	Juanita B. Oliverez

Sat.	5:00 pm	✠ Joe Radvanski
Sun.	9:00 am	Parish Community of St. Theresa

Online Prayer Request for the Sick or Recently Deceased

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page:

<https://sttheresaokland.org/pray/mass-and-confession-times>
their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

This form is not for Mass Intentions.

St. Vincent de Paul Collection - August 22 & 23

The St. Vincent de Paul 5th Sunday Collection is scheduled for August 22 & 23. Please note that it has been moved to the 4th Sunday this month only

You may use Online Giving to donate.

Reception of the Precious Blood

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."

Low Gluten Hosts

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parishcrossroads.com/low-gluten.htm>

Please use the presider's communion station to receive a low gluten host.

Sunday Offering**Sunday Collection (August 3 - 9)**

Online: 47 Donors \$ 2,903.00
Mass Donations: 32 Donors \$ 2,550.00



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries. It's easy to get started. Here are the ways to sign up:

Text

510-876-9679
Text "GIVE" to this number
to receive a link to our online
giving page.

Visit us at

<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

Friday Flocknote and Bulletin submission Deadlines

Bulletin and Friday Flocknote articles must be submitted for inclusion in the Friday and weekend publications no later than Tuesday evening. The publications are produced and printed on Wednesday.

Schedule a Mass Intention Online!

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to:

admin@sttheresaokland.org or 341.202.0077

Please remember in your prayers all those who are ill

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Bayloq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Betsey Thornton, Karen May, Tom Wallace, John Cocores, Olivia Cors, Aglaia Panos, Keri Nims, Jerome Deck, Sr, Tom Salvatore, Lisa Snow, Pauline Shear.

Keep in touch with us**Receive the weekly Friday Flocknote**

You will receive everything contained in the bulletin plus additional information.

**Unsubscribe anytime**

Sign-up at: <https://sttheresaokland.org/about-us/contact-us>

OR

Email cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with your full name and email address.

**Bishop's Ministries Appeal
2026 Parish Goal \$35,800**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Percentage Achieved 43%
\$15,400 as of July 31, 2026

Donation Envelopes are available in the church vestibule
Checks must be made out to the Roman Catholic Bishop of Oakland

A Word from our Pastor

A million thanks for all who turned out for the 'Parish site Workday.' Sixteen parishioners signed up last Sunday and many school parents were also ready to get the place to sparkle as the children return to school this coming week. May the school year begin and continue to reflect the high standards St. Theresa School has operated under since 1958!

On Saturday, August 22nd, the annual 'Back to School' Mass is being celebrated with a 'picnic, bring your own dinner and enough to share' gathering on the new lawn afterwards. Many thanks to the school community and especially several individual school parents who underwrote the costs of getting a beautiful level lawn ready for this new school year.

I have been told that because the new Event Center had been scheduled to be blessed by Bishop Cummins, that a lawn was quickly put in without leveling the field and getting irrigation properly set up. Over the years more than a few have noticed the unevenness that then began to grow as the gopher population exploded. I recently learned that yellow jackets make their nests in gopher holes and that population grew and afflicted many with their presence.

The diocese gave permission to proceed in the midst of a freeze on such projects once the guaranteed funds were identified and restricted for that use only by the donors. The diocese also realized this was an emergency. The old weeds were removed, and hardware cloth was placed on top of the entire leveled field. The irrigation system was fixed and new sod that has been allowed to root all summer is in place. I thank Alicia, the principal and her team who spent many hours with bringing this project to successful completion.

A few climbed over the fence to play soccer but were politely asked to leave and the lawn is now rooted. Enjoy this space for its first gathering with Back-to-School night and with ongoing care and maintenance, it is hoped it will be a beautiful, level resource for years to come!

Besides the new lawn, more importantly we welcome more than twenty new families who have chosen to place their children in St. Theresa school. Welcome! And welcome to our parish if you have not already joined us for a weekend Mass and other happenings in parish life. We embrace the mission of every Catholic school to support your children in body, mind, and spirit. The active practice of our religion is a major component of supporting that spiritual side of our lives.

This weekend, we celebrate the Assumption of Holy Mary. It was not a holy day with the obligation to attend Mass because it fell on a Saturday this year, but it is a feast worth remembering and reflecting on.

From 'Busted Halo: "The Assumption (August 15) refers to the Blessed Virgin Mary being assumed — body and soul — into heaven at the end of her earthly life. "Assumption" is different than "ascension" because one is passive (i.e., one is assumed) and the other is active (i.e., one ascends). It is by the power of God Mary was assumed.

Weekly Readings
August 17 - 23

Monday:

Ez 24:15-24
Ps Dt 32
Mt 19:16-22

Tuesday:

Ez 28:1-10
Ps Dt 32
Mt 19:23-30

Wednesday:

Ez 34:1-11
Ps 23
Mt 20:1-16

Thursday:

Ez 36:23-28
Ps 51
Mt 22:1-14

Friday:

Ez 37:1-14
Ps 107
Mt 22:34-40

Saturday:

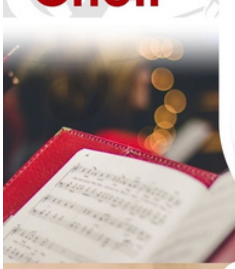
Ez 43:1-7ab
Ps 85
Mt 23:1-12

Sun

Is 22:19-23
Ps 138
Rom 11:33-36
Mt 16:13-20

You are Invited to join the
St. Theresa Church

Music Ministry & Choir

The Music Ministry at St. Theresa Church invites you to join us in worship as either a singer or instrumentalist.

Joining our choir is simple. Auditions and the ability to read music are not required. Through participation in the ministry, members will be cultivate musical skills and develop an understanding of the liturgy and the rich legacy of sacred music.

- Choir sings Saturdays at the 5:00 pm Mass
- Rehearsals are Thursday at 4:00 pm.

You may join this ministry at any time.

For more information contact
Music Director Rob Cakebread
341.202.0139
rob@sttheresaokland.org

Rehearsals begin September 10th!

Parish Calendar

Find out what is happening at the parish:

<https://sttheresaokland.org/calendar>