

St. Theresa

Parish Community

We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.

Mass Schedule:

Weekday: 8:30 am (Mon.-Fri.)
Saturday Vigil: 5:00 pm
Sunday: 9:00 am
(live-streamed on our YouTube channel for the sick and home-bound)

Reconciliation:

Saturday: 4:00 pm - 4:30 pm

Parish Office Hours:

Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm
The office is closed on Monday and Friday
Phone: 341.220.0077
After Hours Medical Emergency:
510.547.2777, Option #4

Parish Website: www.sttheresaokland.org

Facebook: StTheresaChurch/Oakland

YouTube:

https://www.youtube.com/channel/UCn5JX1e3QrQXTsa_7qmNClw

Parish Office: 341.202.0077

Yvonne Gabor volunteer@sttheresaokland.org
Carla Gaul volunteer@sttheresaokland.org
Renee Lorda renee@sttheresaokland.org

Rev. Robert J. McCann, Pastor

rjmccann@sttheresaokland.org
341.202.0159

Rev. Ngema W. Enow, In Residence

ngemawil.enow@gmail.com
341.202.0137

Cathy Brady, Liturgy Director

cathy_b@sttheresaokland.org
341.202.0086

Rob Cakebread, Music Ministry Director

rob@sttheresaokland.org
341.202.0139

Cecile Cuttitta, Liturgy Coordinator

cecile@sttheresaokland.org
341.202.0077

Martha Gamino, Faith Formation Coordinator

martha@sttheresaokland.org
341.202.0076

Sophia Kassab, Parish Communications

sophia@sttheresaokland.org
341.202.0134

Alicia Ortegon, St. Theresa School Principal

a_ortegon@sttheresaschool.org
510.547.3146
website: www.sttheresaschool.org

Baptisms and Marriages

by appointment, call parish office 510.547.2777, ext. 120, or email admin@sttheresaokland.org

To arrange a Funeral

call parish office 510.547.2777, ext. 120,
or email admin@sttheresaokland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Keri Nims ~ keri@sttheresaokland.org

High School Youth Ministry/Confirmation

Keri Nims ~ keri@sttheresaokland.org

R.C.I.A. Rite of Christian Initiation of Adults

Lydia Deck ~ lydia@sttheresaokland.org

Parish Calendar:

<https://sttheresaokland.org/calendar>

Parish Organization Contacts

Pastoral Council:

Chris Colby ccolby@well.com

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Basil Fedynyshyn
st.theresa@svdp-alameda.org

CYO (Catholic Youth Organization):

Carlos Palacios st.theresaathletics@gmail.com

St. Theresa Men's Club

mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Deb McJilton dolcedeb@yahoo.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Kinderchurch

Shannon Ciston s.ciston@gmail.com

You are Invited to join the
St. Theresa Church

Music Ministry & Choir



The Music Ministry at St. Theresa Church invites you to join us in worship as either as a singer or instrumentalist.

Joining our choir is simple. Auditions and the ability to read music are not required.

Through participation in the ministry, members will be cultivate musical skills and develop an understanding of the liturgy and the rich legacy of sacred music.

- Choir sings Saturdays at the 5:00 pm Mass
- Rehearsals are Thursday at 4:00 pm.

You may join this ministry at any time.



For more information contact
Music Director Rob Cakebread
341.202.0139
rob@sttheresaokland.org

**Rehearsals
begin
September
10th!**

Mass Intentions Notice

There has been an issue with the Mass Intentions scheduled on Monday's and Wednesday's. If you have an upcoming intention schedule on either of these days please contact the parish office: volunteer@sttheresaokland.org or 341.202.0077.



O.C.I.A.

ORDER OF CHRISTIAN INITIATION OF ADULTS

ARE YOU OR SOMEONE YOU KNOW INTERESTED IN JOINING
THE CATHOLIC CHURCH?

ARE YOU UNBAPTIZED, SEEKING A FAITH COMMUNITY?

OR

ARE YOU BAPTIZED IN ANOTHER FAITH?

OR

ARE YOU A BAPTIZED CATHOLIC SEEKING TO COMPLETE THE
SACRAMENTS OF FIRST EUCHARIST AND/OR
CONFIRMATION?

OCIA might be just what you are looking for.

A new inquiry session will begin in September.

Contact Lydia Deck at lydia@sttheresaokland.org

(starting July 26, 2026)

for more information, or to register for our sessions beginning in September.

St. Theresa Church Children's Choir



Parish Families Members



St. T's School Students

1 Join the Children's Choir and Learn:

- Vocal training
- Leadership and confidence
- Joyful community

2 Choir Shedule:

- Rehearsal: Wednesdays 4-5pm
- Masses: Sundays @ 9am

3 Important Upcoming Dates:

- Aug 19th - 4-5pm First rehearsal
- Aug 22nd - Sing at back-to-school mass!

JOIN US!

4

How to Register:

Pick up a registration form at the St. Theresa School front desk or In the Church Vestibule and return completed to Robert Cakebread, St. Theresa Church Muscial Director:
rob@sttheresaokland.org

Mass Intentions - August 22-30

Sat.	5:00 pm	✠	Joe Radvanski
Sun.	9:00 am		Parish Community of St. Theresa
Mon.	8:30 am		For those who serve our parish
Tues.	8:30 am		Jack Donovan
Wed.	8:30 am	✠	Mary Gabor
Thurs.	8:30 am		Tom Wallace
Fri.	8:30 am		For all effected by recent storms
Sat.	5:00 pm		Parish Community of St. Theresa
Sun.	9:00 am	✠	Benito Suarez

Online Prayer Request for the Sick or Recently Deceased

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page:

<https://sttheresaokland.org/pray/mass-and-confession-times>
their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

This form is not for Mass Intentions.

Annual Mission Appeal Collection - August 29 & 30

The Annual Mission Appeal Collection will happen on August 29 and 30.

You may use Online Giving to donate.

Reception of the Precious Blood

Reception of the Precious Blood Guideline from Bishop Barber, May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself."

Low Gluten Hosts

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%. For additional information go to

<https://www.parishcrossroads.com/low-gluten.htm>

Please use the presider's communion station to receive a low gluten host.

Sunday Offering**Sunday Collection (August 10 - 16)**

Online: 52 Donors

\$ 3,883.00

Mass Donations: 31 Donors

\$ 2,210.00

Find Simplicity
with eGiving



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries. It's easy to get started. Here are the ways to sign up:

Text

510-876-9679

Text "GIVE" to this number
to receive a link to our online
giving page.

Visit us at

<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

Friday Flocknote and Bulletin submission Deadlines

Bulletin and Friday Flocknote articles must be submitted for inclusion in the Friday and weekend publications no later than Tuesday evening. The publications are produced and printed on Wednesday.

Schedule a Mass Intention Online!

<https://sttheresaokland.org/pray/mass-confession-times/mass-intention>

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to:

admin@sttheresaokland.org or 341.202.0077

Please remember in your prayers all those who are ill

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Della Spinelli, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Cimmmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Bonnie & John Bouey, Susan Rubio, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Betsey Thornton, Karen May, Tom Wallace, John Cocores, Olivia Cors, Aglaia Panos, Keri Nims, Jerome Deck, Sr, Tom Salvatore, Lisa Snow, Pauline Shear, and Kevin Parmelee

Keep in touch with us**Receive the weekly Friday Flocknote**

You will receive everything contained in the bulletin plus additional information.

**Unsubscribe anytime**

Sign-up at: <https://sttheresaokland.org/about-us/contact-us>

OR

Email cathy_b@sttheresaokland.org with a request to be added to the Friday Flocknote Group with your full name and email address.

**Bishop's Ministries Appeal
2026 Parish Goal \$35,800**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Percentage Achieved 43%
\$15,400 as of July 31, 2026

Donation Envelopes are available in the church vestibule
Checks must be made out to the Roman Catholic Bishop of Oakland

A Word from our Pastor

Once again, I thank all who participated in the school/parish workday! About 35 volunteers trimmed the purple flower vine on the fence by the Event Center and the side of the rectory, trimmed trees behind the school that shed leaves and seeds on the children's lunch tables, washed all the windows in the meeting rooms, repaired sandbags behind the church, tightened fasteners on every desk in the school classrooms and made the site shine for the first day of school that commenced this past Tuesday.



Many took hand brooms and swept the entire parking lot. As you have noticed, some work was done patching the cracks in the parking lot pavement. When I arrived 15 years ago, Fr. Dan Danielson was proud that he had contracted for a complete slurry coat to fix the broken parking lot/playground at the time. We definitely received good work, and it will soon be time to repave the whole lot again. Unfortunately, with things frozen due to the ongoing bankruptcy process the diocese is trying to resolve, such projects will not be approved. Please say a prayer that this process has gone on long enough and we need to get back to our day to day parish lives!

I am happy to welcome Martha Gamino as our newly hired Faith Formation Coordinator. She comes to us having many years' experience of coordinating a Religious Education program in another parish. She will oversee all religious education in our parish from Kinder church to the adult OCIA (formerly RCIA) program. We will continue to join the other parishes in the deanery for our young adult Confirmation program and hopefully in time under Martha's care, we will restore a middle school youth program. Please welcome Martha and we hope and pray this is the beginning of many good years that will benefit all our young people in the parish. She begins this weekend as you are reading this.

I also welcome all our parochial school children and parents to this week's 5 p.m. Mass. About 20 families are joining our school community. We look forward to meeting at the after Mass picnic/gathering. I hope all will feel welcome to enjoy this annual event that marks the beginning of the new school year.

Since this will affect us all, here is a quick reference for everyone to the new gate opening and closing schedule that has been running in the Flocknote. Note here, it is important to remember that Fr. Ngema or I will close both gates around 9 p.m. each night, except on Thursday night when 'late night basketball' is played. Some of you leave a car when you go with others to dinner. That is fine, but if you plan to return after 9 p.m., please let Fr. Ngema or me know.

Effective August 18, 2026: Clarewood and Mandalay Gate Weekday Schedule

Clarewood Gate: Monday, Tuesday, Thursday, and Friday the gate will close at 9:15 a.m. and reopen at 2:45 p.m.

Wednesday the gate will close at 9:15 am and reopen at 1:45 pm

Mandalay Gate:

Monday, Tuesday, Thursday, and Friday mornings: closed until 9:15 a.m. when it will be opened.

It will close at 2:45 p.m. and reopen at 6 p.m.

Wednesday morning, it will be closed until 9:15 a.m. when it will be opened until 1:45 p.m. and then will be closed until 6 p.m.

Thanks for your cooperation and remember as the one Body of Christ, we do this lovingly and together!

**Weekly Readings
August 24-30****Monday:**

Rev 21:9b-14 (629)
Ps 145:10-11, 12-13,
17-18
John 1:45-51

Tuesday:

2 Thes 2:1-3a, 14-17
(426)
Ps 96:10, 11-12,13
Heb 4:12

Wednesday:

2 Thes 3:6-10, 16-18
(427)
Ps 128:1-2, 4-5
Mt 23:27-32

Thursday:

1 Cor 1:1-9 (428)
Ps 145:2-3, 4-5, 6-7
Mt 24:42-51

Friday:

1 Cor 1: 17-25 (429)
Ps 33:1-2, 4-5, 10-11
Mt 25:1-13

Saturday:

1 Cor 1:26-31 (430)
Ps 33:12-13, 18-19,
20-21
Mk 6:17-29 (634)

Sun

Jer 20:7-9 (124A)
Ps 63
Rom 12:1-2
Mt 16:21-27

Parish Calendar

Find out what is
happening at the
parish:

<https://sttheresaokland.org/calendar>

Deceased

Please remember in your prayers, those who have died especially Joe Scodella and Leo Kizito, the older brother of Fr. Luke.

Parish Maintenance and Improvement Collection

The second collection for the Parish Maintenance and Improvement Fund will be on July 4 and July 5. You may also use Online Giving for this collection.

Seminary Collection, January 10 & 11

The Diocese of Oakland is blessed to have many seminarians preparing for priesthood. The formation program for a seminarian can be up to nine years long, depending on the seminarian's prior education. The cost to the diocese of educating our future priests is substantial. Please make a personal investment in your future priests by generously contributing to the Seminary Collection using Online Giving.



Bishop's Ministries Appeal 2026 Parish Goal \$35,800
Percentage Achieved 54.90%
\$19,655 as of January 31, 2025
<https://www.oakdiocese.org/bishops-appeal-donation-page>
Donation Envelopes are available in the church vestibule
Checks must be made out to the Roman Catholic Bishop of Oakland.

Catholic Charities Annual Collection



Hearts like yours make a big difference for East Bay families, children, and seniors with the fewest resources. Your gifts make it possible for Catholic Charities East Bay to give help and hope to people facing the economic consequences including housing insecurity, food insecurity, and violence and hopelessness among young people. Please give generously to this appeal on May 16 & 17, during the second collection.

Catholic Communications Campaign

Next week our special collection supports the Catholic Communication Campaign. This campaign connects people with Christ and builds Catholic communities in the United States and developing countries using the internet, television, radio, and print media. Half of the money collected remains here in the Oakland Diocese to fund local communications efforts. Your support helps spread the Gospel message! To learn more, visit www.usccb.org/cc.



Adoration of the Blessed Sacrament



March 8, 2026

9:00 AM - 4:30 PM

**Benediction
4:30 PM**

Catholic Relief Service Collection, March 14 & 15

Next weekend the Catholic Relief Services Collection is your opportunity to improve the lives of the most vulnerable people around the world and here in the United States. Your support funds organizations that aid travelers, people affected by war and natural disasters, others whose work or unique cultural circumstances require special pastoral support, and migrants and refugees displaced by conflict, persecution, or political instability.

Next week, please give generously to the collection and help Jesus in disguise. You may also use Online Giving.



Theme for the year:

"Pilgrims of Hope"

March 25, 2026

Rev. James Martin, SJ.

(NOTE- Father Martin will join us via zoom)

Editor at Large, America Media; author

**Work in Progress: How God is at work in all our lives
and histories. Finding work and
finding God in the 1960s, 70s and 80s.**

St. Vincent de Paul Collection - August 22 & 23

The St. Vincent de Paul 5th Sunday Collection is scheduled for August 22 & 23.

You may use Online Giving to donate.

There are two ways to enjoy crisp, clear audio in the church for our weekend Masses.

Option 1: Download the app, connect to the church wireless network, put in you earbuds or use your hear aids (they must be connected to your smart phone using the Bluetooth setting), open the app and you are set.

The WiFi password you will need to connect to our wireless network is available at the sound system desk before and afte Mass.



Download the free Listen
EVERYWHERE App



Connect to the venue's
wireless network



Audio is delivered to
your Smartphone

Option 2:

Assisted Listening Devices are available at our weekend Masses. You can check out a device at the sound system desk prior to Mass. **If you would like to use this option please contact Cathy Brady in advance so we can make sure the device is charged.**