St. Theresa

Parish Community

We are a welcoming, active Catholic community united by our faith, open to transformation, growing spiritually and reaching out to love and to serve others as Jesus taught us.

Mass Schedule:
Weekday: 8:30 am (Mon.-Fri.)
Saturday Vigil: 5:00 pm
Sunday: 9:00 am
(live-streamed on our YouTube channel for the sick and home-bound)

Reconciliation:
Saturday: 4:00 pm - 4:30 pm

Parish Office Hours:
Tuesday, Wednesday, Thursday: 10:00 am - 2:00 pm
The office is closed on Monday and Friday
Phone: 341.220.0077
After Hours Medical Emergency:
510.547.2777, Option #4

Parish Website: www.sttheresaoakland.org
Facebook: StTheresaChurch/Oakland
YouTube:
https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw

Parish Office: 341.202.0077
Yvonne Gabor volunteer@sttheresaoakland.org
Carla Gaul volunteer@sttheresaoakland.org
Renee Lorda renee@sttheresaoakland.org

Rev. Robert J. McCann, Pastor
rjmccann@sttheresaoakland.org
341.202.0159

Rev. Ngema W. Enow, In Residence
ngemawil.enow@gmail.com
341.202.0137

Cathy Brady, Consultant
cathy_b@sttheresaoakland.org
341.202.0086

Rob Cakebread, Music Ministry Director
rob@sttheresaoakland.org
341.202.0139

Cecile Cuttitta, Liturgy Coordinator
cecile@sttheresaoakland.org
341.202.0077

Martha Gamino, Faith Formation Coordinator
martha@sttheresaoakland.org
341.202.0076

Sophia Kassab, Parish Communications
sophia@sttheresaoakland.org
341.202.0134

Alicia Ortegon, St. Theresa School Principal
a_ortegon@sttheresaschool.org
510.547.3146
website: www.sttheresaschool.org

Baptisms and Marriages
by appointment, call parish office 510.547.2777, ext. 120, or email admin@sttheresaoakland.org

To arrange a Funeral
call parish office 510.547.2777, ext. 120,
or email admin@sttheresaoakland.org

Family Faith Formation (Grades TK-5) & R.C.I.C.
Martha Gamino ~ martha@sttheresaoakland.org

Middle School Youth Ministry (Grades 6-8)
Martha Gamino ~ martha@sttheresaoakland.org

High School Youth Ministry/Confirmation
Martha Gamino ~ martha@sttheresaoakland.org

O.C.I.A. Order of Christian Initiation of Adults
Lydia Deck ~ lydia@sttheresaoakland.org

Parish Calendar:
https://sttheresaoakland.org/calendar

Parish Organization Contacts

Pastoral Council:
Chris Colby ccolby@well.com

Finance Council:
Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society
Basil Fedynyshyn st.theresa@svdp-alameda.org

CYO (Catholic Youth Organization):
Carlos Palacios st.theresaathletics@gmail.com

St. Theresa Men's Club
Basil Fedynyshyn mensclubsttheresa@gmail.com

Legion of Mary
Tom Wallace tomw1313@sbcglobal.net

WINGS
Deb McJilton dolcedeb@yahoo.com

Social Justice Committee (SJC)
Lydia Deck ltdeck@me.com

Consolation Ministry
Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing
Jim Frei jim@ottofrei.com

Kinderchurch
Shannon Ciston s.ciston@gmail.com

WINGS WOMEN IN GOD'S SPIRIT

Meeting
November 11, 2026

Catherine Regan, Ph.D.
Forgiveness - Grace the Fuel, Gratitude the Fruit

Campaign for Mercy

Next weekend the second collection will be for the Campaign for Mercy.

Please join us in supporting a new initiative in our diocese, which will provide grants to worthwhile organizations in the Bay Area that directly address the root causes of poverty here and that are true to the teachings of the Catholic Church.

Remember All Souls throughout November



Remember All Souls throughout November. The month of November is traditionally reserved in the Church for remembering loved ones who have died. Throughout the month there will be a book in the sanctuary which will include any name you submit or that you write in yourself. Please feel welcome to write the names of your beloved in this book at any time during the month.

Beginning November 2nd there will also be a table in the sanctuary where you may place free standing framed pictures of your beloved dead. The table will be up for the month of November. Please make sure your name and phone number are on the back of the picture.

November 26, 2027

Join us for Mass on Thanksgiving Day at 9:00 am.

Please bring the bread and wine for your Thanksgiving meal for a special blessing

Safe Environment Training for Parish/School Volunteers

It is that time of year when notices of expiring Virtus training will be arriving in your email. Please use the link in the email to log into Virtus and take the training that you have been assigned.
Training must be renewed every three years.

To renew or register for the first time, click on the link in your email or go to h ps://www.virtusonline.org or click on the link in the upper right corner of the parish website stheresaoakland.org.

Please remember that in order to volunteer at the parish in any capacity at the parish or school (Lector, Eucharistic Minister,Catechist, Choir Member, St. Vincent de Paul, Legion of Mary, CYO etc.),etc.), you must complete the training. If you have any problems or questions contact Yvonne Gabor at volunteer@sttheresaoakland.org.





Purchase Tickets:
https://www.sttheresabenefit.com/tickets



The Parish Photo Directory

They are available for pickup in the parish office (Tuesday - Wednesday - Thursday).

Mass Intentions - November 7 - 15

Sat.	5:00 pm	✞	Sharon Pacini
Sun.	9:00 am		Parish Community of St. Theresa
Mon.	8:30 am	✞	Giovanni & Luisa Taleri
Tues.	8:30 am	✞	Ray Arata
Wed.	8:30 am	✞	Ida & Nick Monti
Thurs.	8:30 am		Graciela Cors
Fri.	8:30 am		For all who suffer from mental health issues
Sat.	5:00 pm	✞	Ralph & Ida Duncan
Sun.	9:00 am		Parish Community of St. Theresa

Online Prayer Request for the Sick or Recently Deceased

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (Prayers for the Sick or Recently Deceased) online.

Please complete the form on the parish website page: https://sttheresaoakland.org/pray/mass-and-confession-times their name will be included in the weekly bulletin, Friday Flocknote, and Weekend Masses.

This form is not for Mass intentions.

Low Gluten Hosts

Low Gluten Hosts are available at all weekend Masses. Please speak with an usher or visit https://sttheresaaoakland.org/parish-crossroads for information.

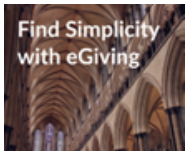
Sunday Offering

Sunday Collections (October 26 - November 1)

Online Giving: 45 Donors	$ 2,273.00
Mass Donation: 37 Donors	$ 4,294.00

Parish Maintenance & Improvement

Online Giving (Oct. 5 - Nov. 1): 32 Donors	$ 1,922.00
Mass Donation: 25 Donors	$ 2,140.00



You can use our online giving platform to deepen your commitment to the church and the ministries you care about most. Your recurring gifts will sustain our mission month after month. You will also help our parish by cutting costs for envelopes and paper, and allowing our staff to spend less time processing cash and checks and more time on ministries.

It's easy to get started. Here are the ways to sign up:

Text
510-876-9679
Text "GIVE" to this number to receive a link to our online giving page.

Visit us at
https://sttheresaoakland.org/donate

Thank you for giving generously to St. Theresa Parish

Friday Flocknote and Bulletin Submission Deadlines

Bulletin and Friday Flocknote articles are due Tuesday evening for inclusion in the Friday and weekend publications. The publications are produced and printed on Wednesday. Send to admin@sttheresaoakland.org

Schedule a Mass Intention Online!

https://sttheresaoakland.org/pray/mass-confession-times/mass-intention

Mass Intentions may only be made up to a year in advance. You may only submit one Mass Intention per form. We will make every effort to use the date you have requested. If there is a conflict with the date we will contact you. If a date shows BUSY on the calendar, there is already a Mass Intention scheduled for that date.

You can also send an email to:
admin@sttheresaoakland.org or 341.202.0077

Please remember in your prayers all those who are ill

Matt Mercier, Heidi Parmelee, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Olga Lamberti, Roger Baylocq, Susan Springer, Wendy Jones, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Tom Wilberding, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Nancy Coyne, Kevin Stallone, Susan Buller, Ann Springer, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Bonnie & John Bouey, Phil Stover, Joey Smith, Raymond Buckley, Jr., Norma Ninalga, Betty Jo Olson, Jennifer Walwark, Greg Govan, Anita Lim, Marilyn McCabe, Steve Lauth, Mary Malloy, John Donovan, Mary Martinez, James Spalding, Tiffany Converse, Adrian McEvilly, Joan Marchi, Charlie Schnellbacher, Maureen Carver, Vince Nims, Barrett Baker, Rick Fama, Eleanor Ceccarelli, Lois Johnson, Antoinette Tamburrino, Anne Marie Roseme, Greg Anderson, Judy Udove, Mary McCole, baby Gianna Sorbello, Betsey Thornton, Karen May, Tom Wallace, John Cocores, Olivia Cors, Aglaia Panos, Keri Nims, Tom Salvatore, Pauline Shear, Larry Ritsch.

Reception of the Precious Blood

Reception of the Precious Blood Guideline from Bishop Barber: May 15, 2023. "Other than the priest, no communicant may ever dip the Sacred Host into the chalice to communicate himself or herself."

Keep in touch with us

Receive the weekly Friday Flocknote
You will receive everything contained in the bulletin plus additional information. **Unsubscribe anytime**

Sign-up at: https://sttheresaoakland.org/about-us/contact-us

OR

Email admin@sttheresaoakland.org with a request to be added to the Friday Flocknote Group with your full name and email address.

ONE Faith + Family + Mission
BISHOP'S MINISTRIES APPEAL 2026 MINISTRIES OF HOPE
Diocese of Oakland

Bishop's Ministries Appeal 2026 Parish Goal $35,800

https://www.oakdiocese.org/bishops-appeal-donation-page.

Percentage Achieved 55%
$19,820 as of October 31, 2026

Donation Envelopes are available in the church vestibule
Checks must be made out to the Roman Catholic Bishop of Oakland

A Word from our Pastor



November has arrived and the holiday season is beginning to appear all around us. Many thanks to all who helped us celebrate All Saints and All Souls days! Please remember those who have gone before us and who were instrumental in forming our faith. I was sorry we were not able to spotlight the many Sisters who staffed St. Theresa school during our hundred anniversary celebrations. It was mentioned and I hope as the school will soon mark seventy years of operation that there will be some attention given to these dedicated women.

With the rains coming and supposedly in force this year, we have tried to prepare by cleaning gutters and filling sandbags. If you or someone are away of a need because you can't get on that ladder like other years, please let me know. I have a few people who are looking for service hours and might be able to help.

Last weekend, I attended the annual meeting of the Order of the Holy Sepulcher in Sacramento. At the meeting, the president and dean of Bethlehem University both who are Christian Brothers, spoke about the amazing university which welcomes Christians and Muslims who study together trying to better themselves, their families and Palestine by becoming nurses, doctors, accountants, managers, and the list went on. The Israeli government forbids any Jewish citizen from attending the university at this time.

I have many things that I would be happy to share with you if interested, but do not have the space here at this time. The bottom line that occurred to me is that there are many in our world that are doing concrete things to bridge differences and who work for peace.

A few weeks ago, the fortieth anniversary of a gathering took place in Assisi where we honor St. Francis. Pope St. John Paul participated, and Pope Leo intended to be there this year, but was unable due to his sudden cancer surgery. I encourage you to look online at some of the talks that were given and marvel at the representatives of over fifty countries and religious denominations who participated. I also encourage you maybe for the rest of the month or on every day of Advent to pray for peace. Several facets of peace might be considered or prayed:

- Peace Prayer of Saint Francis: A beloved petition asking to be an instrument of God's peace, love, and pardon.
- Prayer for World Peace: A petition asking Almighty God to end violence and injustice, inspire leaders, and unite nations under the reign of the Prince of Peace. At Christmas we proclaim Christ the Prince of Peace.
- Prayer for Peace of Mind and Anxiety: A personal reflection asking God to quiet anxious thoughts, transcend uncertain circumstances, and replace fear with trust. When we find peace in our own lives, it radiates to those around us.
- Again, the list goes on, and I welcome suggestions that I can give to the whole parish for their consideration.

May peace reign in our families, schools, parishes and most importantly in our hearts. May the Prince of Peace bless us!

Weekly Readings November 9 - 15

Monday:
Ez 47:1-2, 8-9
Ps 46
1 Cor 3:9c-11
Jn 2:13-22

Tuesday:
Ti 2:1-8, 11-14
Ps 37
Lk 17:7-10

Wednesday:
Ti 3:1-7
Ps 23
Lk 17:11-19

Thursday:
Phlm 7-20
Ps 146
Lk 17:20-25

Friday:
2 Jn 4-9
Ps 119
Lk 17:26-37

Saturday:
3 Jn 5-8
Ps 112
Lk 18:1-9

Sunday:
Prv 31:10-13, 19-20, 30-31
Ps 128
1 Thes 5:1-6
Mt 25:14-30

Parish Calendar

Find out what is happening at the parish:

sttheresaoakland.org/calendar