

# ST. THERESA

PARISH  
COMMUNITY

## ST. THERESA MISSION STATEMENT

WE ARE A WELCOMING,  
ACTIVE CATHOLIC COMMUNITY  
UNITED BY OUR FAITH, OPEN TO TRANSFORMATION,  
GROWING SPIRITUALLY AND REACHING OUT  
TO LOVE AND TO SERVE OTHERS  
AS JESUS TAUGHT US.

JANUARY 29, 2023  
FOURTH SUNDAY  
IN  
ORDINARY TIME



Blessed are the peacemakers,  
for they will be called children of God.

MATTHEW 5:9

© J. S. Paluch Co., Inc. - Excerpts from the Lectionary for Mass © 2008, 1998, 1997, 1986, 1970, CCD. All rights reserved. Photo: fotomaster/Adobe Stock

30 MANDALAY ROAD -- OAKLAND, CA 94618 -- 510.547.2777 -- STTHERESAOAKLAND.ORG

**MASS INTENTIONS - JANUARY 28 - FEBRUARY 5**

Sat. 5:00 pm Parish Community of St. Theresa  
 Sun. 9:00 am † Art & Leah Mangini

Mon. 8:30 am † Peter & Virginia Cuttitta  
 Tues. 8:30 am  
 Wed. 8:30 am  
 Thurs. 8:30 am  
 Fri. 8:30 am Paula Suarez

Sat. 5:00 pm Parish Community of St. Theresa  
 Sun. 9:00 am Parish Community of St. Theresa

**KEEP IN TOUCH WITH US**

Via email or text message:



- ♦ Receive the weekly Friday Flocknote
- ♦ Receive parish updates and notices of special events
- ♦ Unsubscribe anytime

**Sign-up at:** [flocknote.com/StTheresa30](http://flocknote.com/StTheresa30)  
**OR Text:** STT To: 84579

**SUNDAY OFFERING****ONLINE GIVING:**

(January 16 - 22) 55 DONORS

**\$ 2,693.50****MASS/DROP-OFF/MAILED DONATIONS:**

(January 16 - 22) will be in next weeks bulletin



## Find Simplicity with eGiving



Online Giving makes spreading generosity quick, convenient, and secure!  
 Please consider choosing one of our e-giving methods listed below and schedule a recurring gift:

**Text****510-876-9679**

Text "GIVE" to this number to receive a link to our online giving page.

Visit us at

<https://sttheresaoakland.org/donate>

Thank you for giving generously to St. Theresa Parish



"Feed my lambs,  
feed my sheep"  
2022 BISHOP'S  
MINISTRIES  
APPEAL

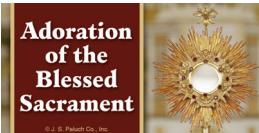
**Bishop's Ministries Appeal 2022****St. Theresa Parish Goal - \$35,800**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Percentage Achieved **62.48%**  
**\$22,369.50** as of December 15, 2022

**PARISH MAINTENANCE & IMPROVEMENT**

The second collection for the Parish Maintenance & Improvement Fund will be on February 4 & 5. You may also use Online Giving for this collection.

February 3<sup>rd</sup>**9:00 am to 4:30 pm**

Benediction at 4:30 pm.

**MASS INTENTIONS**

To request a Mass Intention contact Melody Marr at [melody@sttheresaoakland.org](mailto:melody@sttheresaoakland.org) or 510.547.2777, ext. 120

**LOW GLUTEN HOSTS**

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%

Please use the presider's communion station to receive a low gluten host.

**PLEASE REMEMBER IN YOUR PRAYERS  
ALL THOSE WHO ARE ILL ESPECIALLY:**

Matt Mercier, Heidi Parmelee, Aiden Farinella, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Leslie Fischer, Mike Reilly, Dorothy Donnelly, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Ida Scodella, Alicia Gonzalez, Denise Moore, Diana Martinez, Susan Springer, Margie Sullivan, Joan Simmons, Badri Nakhjavani, Wendy Jones, Bob Rogers, Orlando Gonzalez, Kevin Chapman, Diane Cerille, Ruth McCabe, Tom Wilberding, Shirley Roberts, Karen Milliman, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Amy Kantowitz, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Patty Estopinal, Laura Jones, Jeff Mills, Mary Pat Power, Bonnie & John Bouey, Susan Rubio, Martin Tierney, Denise Baylocq, Fr. Paul Schmidt, Marley Malone, John Lynch, Isabella Guillot Williams, Don Javete, Violet Chancey.

**LIVING STEWARDSHIP**

Bring hope and help to the poor.

Close to home: Volunteer with a literacy organization, a job seekers' network, a food bank, or the Saint Vincent de Paul Society.

Far away: Support the work of Catholic Relief Services, Kiva Microfunds, or Heifer International.

*Copyright © 2010, World Library Publications. All rights reserved.*

**BULLETIN SUBMISSION DEADLINES**

January 29 bulletin was due by January 20 (Friday)  
 February 5 bulletin was due by January 27 (Friday)  
 February 12 bulletin is due by February 3 (Friday)  
 February 19 bulletin is due by February 10 (Friday)  
 Items must be received by 4:00 pm on the due date.  
 Email to [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org).

## A WORD FROM OUR PASTOR

Right after the new year, I taught an ‘intersession course’ at the Jesuit School of Theology in Berkeley entitled: ‘Parish Administration and Finance.’ Intersession courses cover a semester long course in a very short period of time each January. I taught the required 42 hours of classroom work in seven days. A facet of parish administration that I cover in this course is always the presence of Catholic Schools which we celebrate at our parish this week.

I welcome all visitors who will tour our school building and classrooms today. I hope you will enjoy meeting students, teachers, administrators and parents of our school and the marvelous work they do each academic year in educating the whole person. Catholic schools started in the time of St. Elizabeth Ann Seaton, a convert to Catholicism who simply wanted a safe place for her children to go to school when the public schools at the time ridiculed and treated Catholic students as less than the rest.

Today a national network of schools from pre-Kindergarten through graduate schools are a gift to the whole nation. Back to my administration class, I invited our retired principal, Katie Murphy to present the background and mission of Catholic Schools. She affirmed what I have said that the goal and mission of Catholic schools is not simply to educate a child or adult in the required academic subjects, but to gift and empower any person in our schools to grow in body, mind, and spirit.

Reflecting on our recent listening sessions, a staff member commented that we need to continue to empower and engage people who join our parish to know that each person is a beloved child of God endowed with unique traits and gifts that they possess. The challenge ever present, like the goal of Catholic schools is how we can identify and help what each of us does best to become an empowered strength that will benefit the rest of us. Whether we do this for our children or the most senior member of our parish community, we

acknowledge God’s love and the call that God’s love has for us as individuals and a parish community.

I hope as you celebrate Catholic schools, you will also know the call to each of us to always grow in body, mind and spirit. Know as a school and parish, we are committed to helping that happen!

I want to say, ‘Happy Lunar New Year’ to all who celebrate! Another sign of getting past Covid is the return of the ‘Chinese New Year Parade’ in San Francisco. I know several parish families are planning to attend this event which has not happened since the pandemic put a hold on so many of our joyful and cherished occasions.

It is very sad and difficult to say this as I write just hearing of the news of a mass killing and shootings in Monterey Park, Half Moon Bay and Oakland. These and every tragedy like it can and should be fixed, but here we are again, praying for victims, and voicing all sorts of theories except a clear path to prevent it.

As members of our parish, one of the perks of membership is that we come together and act with fast, generous and amazing care when someone among us is in need. And we pray for one another as we travel through life’s joys and sorrows. Let’s pray for the families whose lives will never be the same due to these most recent tragedies and pray that such evil will always be kept very far from our families and lives!

Mark your calendars and join the parish/school community in celebrating “Homecoming”. The annual auction which benefits our school will be a night not to miss in our Event Center on Saturday, February 25! Also put April on your reserve list for our Irene Crosetti Ravioli Feed. Both events demonstrate that as a parish we know how to pray and how to enjoy each other’s company at social events.





## Tickets on sale now!

Join us Saturday, February 25th  
St. Theresa Event Center

Reception and Silent Auction

~

Dinner with Program and Live Auction

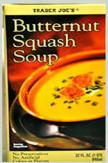
Follow the links below for auction tickets and information.

<https://paybee.io/@sttheresa>



## “SOUPER” BOWL SUNDAY FEBRUARY 12<sup>TH</sup>

**BRING IN SOUP DONATIONS FOR OUR  
LOCAL ST. VINCENT DE PAUL SOCIETY**



### WINGS ~ WOMEN IN GOD'S SPIRIT

WINGS meetings take place on a Zoom platform from 9:15-11:15am, on Wednesdays. If you need the zoom link contact Denise Mollen at [mollend@aol.com](mailto:mollend@aol.com). She will send you the link to Zoom. Our theme for the 2022/2023 year is: "Abide in God's Love"



FEBRUARY 1<sup>ST</sup>

FR. TOM BONACCI, C.P.

FOUNDER & DIRECTOR- INTER-FAITH PEACE PROJECT  
*The Sounds of Silence: The Presence of God in our Lives*



Catholic Schools Week Mass  
Sunday, January 29, 9:00 am

Open House following the Mass

Check out the school Facebook page to see all the Catholic Schools Week activities.

[https://www.facebook.com/  
StTheresaSchoolOakland](https://www.facebook.com/StTheresaSchoolOakland)

What do I do with my old Blessed PALMS  
from past Palm Sundays?



The Confirmation students will be burning last year's palms in preparation for this year's Ash Wednesday.

Please bring any PALMS from past Palm Sundays to be added to a collection that will be burned to make ashes for this year.

A collection basket will be available in the vestibule Saturday, January 28<sup>th</sup> – Sunday, February 12<sup>th</sup>.

Thank you!



St. Theresa Parish invites you to join us for the

*Irene Crosetti*

**RAVOLI  
DINNER**

APRIL  
6:00

ST. THERESA CATHOLIC CHURCH,

EVENT CENTER

30 Mandalay Road, Oakland

**SOCIAL JUSTICE COMMITTEE (SJC) CORNER****Happy. New Year!****Excerpts from a prayer by John Henry Cardinal Newman**

God has created me to do Him some definite service;  
He has committed some work to me which  
He has not committed to another.

I have my mission—

I may never know it in this life, but I shall be told it in the next,  
...I am a like in a chain, a bond of connection between persons.

**I have a dream** that one day “every valley shall be exalted, every hill and mountain shall be made low, the rough places will be made plain, and the crooked places will be made straight, and the glory of the Lord shall be revealed, and all flesh shall see it together.” – Dr. Martin Luther King Jr.

Consider joining “Just Faith” groups this year. Many are starting this month. And quite a few are virtual.

Just Faith groups take a topic and weave our faith into the discussion.

Check out the national groups that is tackling “Want to talk: Communication Tools for Divided Times. <https://justfaith.org/want-to-talk-winter-2023-national-small-group/>

Program: Want to Talk? Communication Tools for Divided Times

Facilitators: Leslye Colvin and Lisa Whiting-Dobson

Meeting Day/Time: Mondays 6:30 – 8:30 pm ET

Start Date: Jan 23rd (9 consecutive meetings)

Check out some local groups: St. Perpetua starts **Sacred Water Monday, January 23:7-9pm** virtual: <https://justfaith.org/sacred-water-oceans-and-ecosystems/>

**Newman Center in Berkeley:** <https://www.calnewman.org/#find-your-home> There will be a three-hour **Saturday kick-off retreat** starting Saturday January 21 at 9am to Noon here at Newman. Faith and Racial Equity. Exploring Power and Privilege.

Stay tuned! At our January meeting we talked about ways we can do small works of mercy for those in the community. We would like to do a project where we might take food to an encampment in late February. Please read this article below and join our next meeting on, February 8th Wednesday at 7pm. Be on the look out for a zoom link. Send questions to Lydia Deck. [ltdeck@me.com](mailto:ltdeck@me.com)

<https://www.sfchronicle.com/opinion/openforum/article/wood-street-encampment-oakland-17686080.php>


**ST. VINCENT DE PAUL**
**CURRENT NEEDS**

Volunteers Needed for the Dining Room at the Direct Services Campus in West Oakland: 8:30am to 1pm Tuesday through Saturday. Volunteers help prepare, and bag warm meals for our guests and serve the meals at the gated entrance to the courtyard. Contact Volunteer Coordinator, Kristen Bernal: Email [kbernal@svdp-alameda.org](mailto:kbernal@svdp-alameda.org) 510-277-6435.

**Men's Clothing** (casual, work, denim, and work pants, and shoes in good condition) and women's hygiene articles can be dropped off in the Church vestibule. These donations are distributed through SVDP Clothes Closet in our Downtown Community Center.

**Nonperishable, non-expired food donations:** Our on-going food collections for the needy people in the Sacred Heart Parish have been graciously acknowledged by those who have been served. This is becoming a regular opportunity for us to feed the hungry, especially during these difficult economic times. We bring the food to Sacred Heart around the third Sunday of the month. Food donations may be left in the back of the vestibule in various baskets next to the “Giving Tree at any time.

Our Parish SVdP Conference meets bimonthly, every third Saturday at 9:30am. If interested in learning more about our Conference's work, contact Judy Bojorquez at [jtsbojorquez@yahoo.com](mailto:jtsbojorquez@yahoo.com) to be added to email distribution or with any questions.

You may use online giving to make a donation to the St. Theresa St. Vincent de Paul conference. <https://sttheresaokland.org/donate>.

**WEEKLY READINGS****January 30 - February 5****Monday:**

Heb 11:32-40  
Ps 31  
Mk 5:1-20

**Tuesday:**

Heb 12:1-4  
Ps 22  
Mk 5:21-43

**Wednesday:**

Heb 12:4-7, 11-15  
Ps 103  
Mk 6:1-6

**Thursday:**

Mal 3:1-4  
Ps 24  
Heb 2:14-18  
Lk 2:22-40

**Friday**

Heb 13:1-8  
Ps 27  
Mk 6:14-29

**Saturday:**

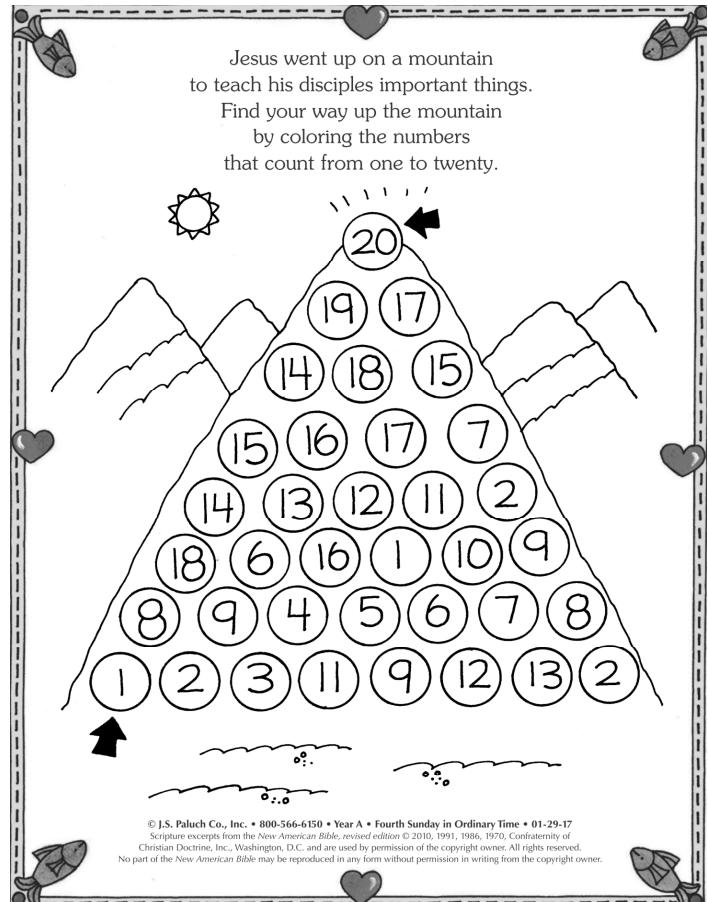
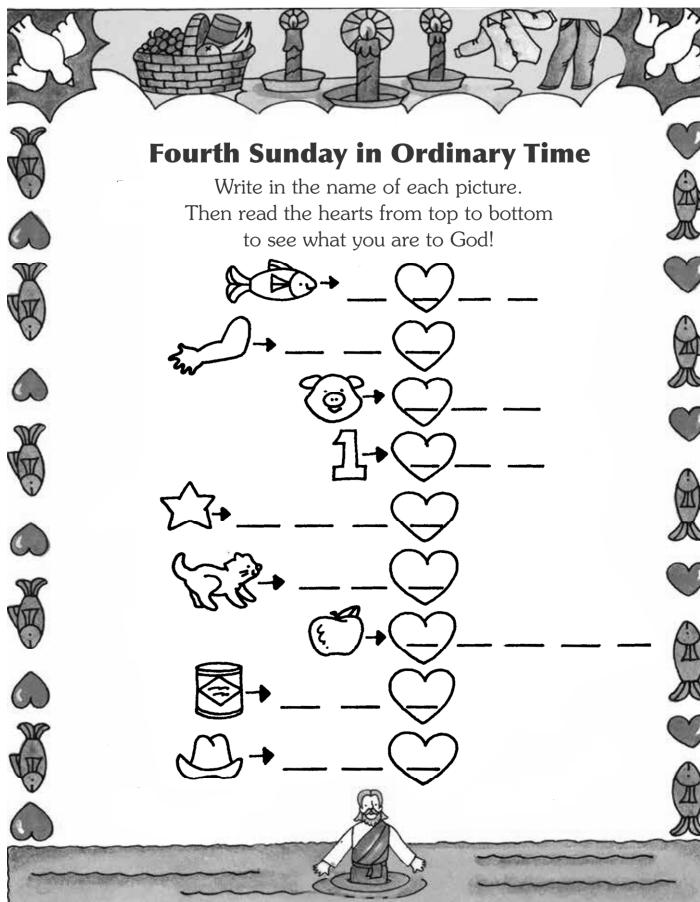
Heb 13:15-17, 20-21  
Ps 23  
Mk 6:30-34

**Sunday:**

Is 58:7-10  
Ps 112  
1 Cor 2:1-5  
Mt 5:13-16



# God's Word for Children



Blessed are the clean of heart, / for they will see God.

Matthew 5:8



## FRUITS OF THE SPIRIT

At the Last Supper Jesus said to his disciples,  
"Whoever remains in me . . . will bear much fruit" (John 15:5).

What did Jesus mean when he spoke of us bearing fruit? Certainly not fruit that grows on trees. He meant that if we remain close to him and follow his teachings, we will be able to do many good things. The Church teaches that when we try to good things—to produce good fruit—the fruits of the Holy Spirit will flourish in us (see Galatians 5:22-23).



One of the Spirit's fruits is joy. Think of some of the things you do, for others and for yourself, that bring you joy. It might be sharing something, giving a gift, or helping someone who is sad or is hurt. When you do these things you produce something good that creates joy in you. Some other fruits of the Spirit are named in the circles. Write or draw a picture showing something you might do or say that would bring that fruit of the Holy Spirit to you.

# PARISH INFORMATION



## MASS SCHEDULE:

Face Masks are required for all unvaccinated people attending Mass.

**Weekday: 8:30 am (Mon.-Fri.)**

**Saturday Vigil: 5:00 pm**

**Sunday: 9:00 am**

(live-streamed on our YouTube channel for the sick and homebound)

## RECONCILIATION:

**Saturday: 4:00 pm - 4:30 pm**

## PARISH CENTER OFFICE HOURS:

**Monday: 12:00 pm - 2:30 pm**

**Tuesday - Thursday: 10:00 am - 2:30 pm**

**Phone: 510.547.2777**

**After Hours Medical Emergency Line: 510.610.7715**

**Parish Website:** [www.sttheresaoakland.org](http://www.sttheresaoakland.org)

 **Facebook:** StTheresaChurch/Oakland

 [https://www.youtube.com/channel/UCn5JX1e3QrqXTsa\\_7qmNCIw](https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw)

## PARISH STAFF: 510.547.2777

**Rev. Robert J. McCann, ext. 121**

*Pastor*

[rjmccann@sttheresaoakland.org](mailto:rjmccann@sttheresaoakland.org)

**Rev. Abraham Addam, ext. 122**

*In Residence*

**Rev. Ngema W. Enow, ext. 128**

*In Residence*

[ngemawil.enow@gmail.com](mailto:ngemawil.enow@gmail.com)

**Cathy Brady, ext. 126**

*Liturgy Director*

[cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

**Jenny Bruni, ext. 123**

*High School Youth Ministry Coordinator*

[jenny@sttheresaoakland.org](mailto:jenny@sttheresaoakland.org)

**Rob Cakebread, ext. 127**

*Music Ministry Director*

[rob@sttheresaoakland.org](mailto:rob@sttheresaoakland.org)

**Melody Marr, ext. 120**

*Parish Administrator*

[melody@sttheresaoakland.org](mailto:melody@sttheresaoakland.org)

**Keri Nims, ext. 124**

*Coordinator for Early Childhood Catechesis & RCIC*

[keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

**ST. THERESA SCHOOL**

Alicia Ortegon, 510.547.3146

*St. Theresa School Principal*

[a\\_ortegon@sttheresaschool.org](mailto:a_ortegon@sttheresaschool.org)

website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

## BAPTISMS AND MARRIAGES

by appointment (call parish office 510.547.2777)

## TO ARRANGE A FUNERAL

call parish office 510.547.2777, ext. 120

## Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

## Middle School Youth Ministry (Grades 6-8)

Jenny Bruni and Keri Nims: Co-Coordinators

## High School Youth Ministry/Confirmation

Jenny Bruni ~ [jenny@sttheresaoakland.org](mailto:jenny@sttheresaoakland.org)

## R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

## Parish Organizations

### Pastoral Council:

### Finance Council:

Carolyn Mahoney ~ [carolyn.mahoney675@gmail.com](mailto:carolyn.mahoney675@gmail.com)

### St. Vincent de Paul Society

Greg Govan ~ [glogevan@comcast.net](mailto:glogevan@comcast.net)

### CYO (Catholic Youth Organization):

Clarence Robinson ~ [sttheresaathletics@gmail.com](mailto:sttheresaathletics@gmail.com)

### St. Theresa Men's Club

Chris Bruni ~ [mensclubsttheresa@gmail.com](mailto:mensclubsttheresa@gmail.com)

### Legion of Mary

Tom Wallace ~ [tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

### WINGS

Geri Tong ~ [geritong1944@gmail.com](mailto:geritong1944@gmail.com)

### Social Justice Committee (SJC)

Lydia Deck ~ [ltdeck@me.com](mailto:ltdeck@me.com)

### Consolation Ministry

Cecile Cuttitta ~ [cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

### Men's Faith Sharing

Jim Frei ~ [jim@ottofrei.com](mailto:jim@ottofrei.com)

### Cursillo

Geri Tong ~ [gt4palancaoakland@gmail.com](mailto:gt4palancaoakland@gmail.com)

### Kinderchurch

Shanon Ciston ~ [s.ciston@gmail.com](mailto:s.ciston@gmail.com)

**Protecting Seniors**  
Nationwide



Medical Alert System

**\$29.95/MO.** billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation

Call Today! Toll Free 1.877.801.8608



### COLLINS ROOFING

Family owned & Operated



510-444-2220

Quality Work • Free Estimates

Parishioner Lic # 695711



A Century of Service

RESIDENTIAL & COMMERCIAL

Proudly Serving The Bay Area

for 100 Years

TUNE UP YOUR HEATING SYSTEM

BEFORE THE COLD WEATHER SETS IN!

**510.644.0260**

To Schedule Online or  
Learn More  
[WWW.LJKRUSE.COM](http://WWW.LJKRUSE.COM)

Mention This Ad **\$25.00**  
and Receive OFF

CA LICENSE #405523

**Ann B. Lovi**  
REALTOR®



Parishioner & Alumna

**510.332.5747**

[ann.lovi@compass.com](mailto:ann.lovi@compass.com)

**COMPASS**

DRE #R01716499

Village  
MARKET

Catholic Cruises and Tours and The Apostleship

of the Sea of the United States of America

Take your FAITH ON A JOURNEY.

Call us today at 860-399-1785 or email

eileen@CatholicCruisesandTours.com

[www.CatholicCruisesandTours.com](http://www.CatholicCruisesandTours.com)



*corcoran*

GLOBAL LIVING

RONNIE MCINERNEY  
REALTOR & PARISHIONER  
510.697.7550

**Visiting Angels**

LIVING ASSISTANCE SERVICES  
**(510) 269-2999**  
Andrew Slakey  
Owner

• Home Care  
• Bathing & Dressing  
• Meal Preparation  
• Take to Medical Appoint.  
• Respite for Families

[VisitingAngels.com/Alameda](http://VisitingAngels.com/Alameda)

**FINDaPARISH.com**

Check It Out Today!

**The Most Complete  
Online National  
Directory of  
Catholic Parishes**

[SanLeandroCDJR.com](http://SanLeandroCDJR.com) | 1444 Marina Blvd, San Leandro

**SAN LEANDRO**

CHRYSLER DODGE JEEP RAM



- #1 volume dealer in the Bay Area
- Family-owned and operated
- Serving the Catholic community for over 10 years
- Get approved in minutes
- Have challenged credit? We can help
- Buy 100% online
- Hablamos Espanol

**Call today - 510-775-6997**

**Get this weekly  
bulletin delivered by  
email - for FREE!**

Sign up here:

[www.jspaluch.com/subscribe](http://www.jspaluch.com/subscribe)

Courtesy of J.S. Paluch Company, Inc.

**catholicmatch®**  
California



[CatholicMatch.com/myCA](http://CatholicMatch.com/myCA)

[www.jspaluch.com](http://www.jspaluch.com)

**Tabella**

The #1 Free Catholic App  
For Parishes And Groups

Listen To The Best  
Catholic Content  
And Stay Connected  
To Your Parish!



Download it for free now at [www.tabella.app](http://www.tabella.app)