

ST. THERESA

PARISH COMMUNITY

ST. THERESA MISSION STATEMENT

WE ARE A WELCOMING,
ACTIVE CATHOLIC COMMUNITY
UNITED BY OUR FAITH, OPEN TO TRANSFORMATION,
GROWING SPIRITUALLY AND REACHING OUT
TO LOVE AND TO SERVE OTHERS
AS JESUS TAUGHT US.

FEBRUARY 5, 2023

FIFTH SUNDAY
IN
ORDINARY TIME



Copyright © U.S. Paluch Co. Inc. · Photos: © Aungmyo / AdobeStock · Excerpts from the Lectionary for Mass © 2001, 1998, 1997, 1986, 1970, CCD.

**“Your light must shine before others,
that they may see your good deeds
and glorify your heavenly Father.”**

Matthew 5:16

MASS INTENTIONS - FEBRUARY 4 - 12

Sat. 5:00 pm Parish Community of St. Theresa
 Sun. 9:00 am Parish Community of St. Theresa

Mon. 8:30 am
 Tues. 8:30 am
 Wed. 8:30 am Don Javete
 Thurs. 8:30 am Pat Tynan
 Fri. 8:30 am

Sat. 5:00 pm † Ida & Nick Monti
 Sun. 9:00 am Parish Community of St. Theresa

KEEP IN TOUCH WITH US

Via email or text message:



- ◆ Receive the weekly Friday Flocknote
- ◆ Receive parish updates and notices of special events
- ◆ Unsubscribe anytime

Sign-up at: flocknote.com/StTheresa30
 OR Text: STT To: 84579

SUNDAY OFFERING

ONLINE GIVING:
(January 23 - 29) 52 DONORS \$ 2,454.50
MASS/DROP-OFF/MAILED DONATIONS:
(January 23 - 29) 57 DONORS \$ 4,573.00
MASS/DROP-OFF/MAILED DONATIONS:
(January 16 - 22) 33 DONORS \$ 3,028.00

ST. VINCENT DE PAUL:
 ONLINE: 9 DONORS \$ 341.00
 MASS/DROP-OFF/MAILED: 34 DONORS \$ 1,684.00



Find Simplicity
 with eGiving

Online Giving makes spreading generosity quick, convenient, and secure!
 Please consider choosing one of our e-giving methods listed below and schedule a recurring gift:



Text
510-876-9679
 Text "GIVE" to this number to receive a link to our online giving page.

Visit us at
<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

MASS INTENTIONS

To request a Mass Intention contact Melody Marr at melody@sttheresaokland.org or 510.547.2777, ext. 120

LOW GLUTEN HOSTS

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%
 Please use the presider's communion station to receive a low gluten host.

PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL ESPECIALLY:

Matt Mercier, Heidi Parmelee, Aiden Farinella, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Leslie Fischer, Mike Reilly, Dorothy Donnelly, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Ida Scodella, Alicia Gonzalez, Denise Moore, Diana Martinez, Susan Springer, Margie Sullivan, Joan Simmons, Badri Nakhjavani, Wendy Jones, Bob Rogers, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Ruth McCabe, Tom Wilberding, Shirley Roberts, Karen Milliman, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Della Spinelli, Jeanne Cuttitta, Susan Buller, Amy Kantowitz, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Patty Estopinal, Laura Jones, Jeff Mills, Mary Pat Power, Bonnie & John Bouey, Susan Rubio, Martin Tierney, Denise Baylocq, Fr. Paul Schmidt, Marley Malone, John Lynch, Isabella Guillot Williams, Violet Chancey, Ann Kirkman.

LIVING STEWARDSHIP

What are your deeds of salt and light? Do you serve your fellow parishioners? Are you involved with local charities or community action? Do you need to increase or change your involvement?

Copyright © 2010, World Library Publications. All rights reserved.

BULLETIN SUBMISSION DEADLINES

February 5 bulletin was due by January 27 (Friday)
 February 12 bulletin was due by February 3 (Friday)
 February 19 bulletin is due by February 10 (Friday)
 February 26 bulletin is due by February 17 (Friday)
 Items must be received by 4:00 pm on the due date.
 Email to cathy_b@sttheresaokland.org.

SCAM ALERT

A number of people have received phony emails from Fr. Bob and/or our principal Alicia Ortegon asking for gifts cards. If you receive an email from either of them requesting help with gifts, gift cards, money PLEASE IGNORE and DELETE. It's a scam! They will never request help from you in this manner.

A WORD FROM OUR PASTOR

January has come and gone, but it is always filled with many things in our Church that we are called to remember, pray about and respond to! Even while Christmas is still upon us we remember in early January some of our fellow Americans who have reached our goal and are now call saints: St. Elizabeth Ann Seaton (January 4) and St. John Neuman (January 5). January 6 is the traditional day for the Feast of the Epiphany and we are all encouraged to bless our home and dedicate it in this new year to the Lord asking for his presence and love in them.

We recall Jesus baptism when we say Jesus has grown up and begins his public ministry and we focus on the gift of life that God gives us and how all lives are to be respected from the moment of conception to a natural end at what most hope will be a ripe old age. It is always a time to pray for peace, but at the end of January we especially pray for unity in all and among the Christian churches.

Pope Francis in 2015 made thing even more crowded by proclaiming the 'third Sunday in Ordinary time' as 'Word of God Sunday.'

"Pastors can also find ways of giving a Bible, or one of its books, to the entire assembly as a way of showing the importance of learning how to read, appreciate and pray daily with Sacred Scripture."

The Bible is not meant for a privileged few, continues Pope Francis. It belongs "to those called to hear its message and to recognize themselves in its words". The Bible cannot be monopolized or restricted to select groups either, he writes, because it is "the book of the Lord's people, who, in listening to it, move from dispersion and division towards unity".

"The role of the Holy Spirit in the Scriptures is primordial," writes Pope Francis. "Without the work of the Spirit, there would always be a risk of remaining limited to the written text alone." The Pope continues: "This would open the way to a fundamentalist reading, which needs to be avoided, lest we betray the inspired, dynamic and spiritual character of the sacred text". It is the Holy Spirit who "makes Sacred Scripture the living word of God, experienced and handed down in the faith of His holy people".

Pope Francis invites us never to take God's Word for granted, "but instead to let ourselves be nourished by it, in order to acknowledge and live fully our relationship with Him and with our brothers and sisters".

Lent begins on February 22. There was too much to cover over the past few weeks, but I invite all before we begin our Lenten practices to reflect and maybe transform our bible study and prayer which would be a marvelous way to begin Lent. Here are some practical points that I hope will help:

Listed here are 10 points for fruitful Scripture reading.

By Mary Elizabeth Sperry, Associate Director for Utilization of the New American Bible.

1. **Bible reading is for Catholics.** The Church encourages Catholics to make reading the Bible part of their daily prayer lives. Reading these inspired words, people grow deeper in their relationship with God and come to understand their place in the community God has called them to in himself.

2. **Prayer is the beginning and the end.**

Reading the Bible is not like reading a novel or a history book. It should begin with a prayer asking the Holy Spirit to open our hearts and minds to the Word of God. Scripture reading should end with a prayer that this Word will bear fruit in our lives, helping us to become holier and more faithful people.



3. **Get the whole story! When selecting a Bible, look for a Catholic edition.** A Catholic edition will include the Church's complete list of sacred books along with introductions and notes for understanding the text. A Catholic edition will have an *imprimatur* notice on the back of the title page. An *imprimatur* indicates that the book is free of errors in Catholic doctrine.
4. **The Bible isn't a book. It's a library.** The Bible is a collection of 73 books written over the course of many centuries. The books include royal history, prophecy, poetry, challenging letters to struggling new faith communities, and believers' accounts of the preaching and passion of Jesus. Knowing the genre of the book you are reading will help you understand the literary tools the author is using and the meaning the author is trying to convey.
5. **Know what the Bible is – and what it isn't.** The Bible is the story of God's relationship with the people he has called to himself. It is not intended to be read as a history text, a science book, or a political manifesto. In the Bible, God teaches us the truths that we need for the sake of our salvation.
6. **The sum is greater than the parts.** Read the Bible in context. What happens before and after – even in other books – helps us to understand the true meaning of the text.
7. **The Old relates to the New.** The Old Testament and the New Testament shed light on each other. While we read the Old Testament in light of the death and resurrection of Jesus, it has its own value as well. Together, these testaments help us to understand God's plan for human beings.
8. **You do not read alone.** By reading and reflecting on Sacred Scripture, Catholics join those faithful men and women who have taken God's Word to heart and put it into practice in their lives. We read the Bible within the tradition of the Church to benefit from the holiness and wisdom of all the faithful.
9. **What is God saying to me?** The Bible is not addressed only to long-dead people in a faraway land. It is addressed to each of us in our own unique situations. When we read, we need to understand what the text says and how the faithful have understood its meaning in the past. In light of this understanding, we then ask: What is God saying to me?
10. **Reading isn't enough.** If Scripture remains just words on a page, our work is not done. We need to meditate on the message and put it into action in our lives. Only then can the word be "living and effective." (Hebrews 4:12).



Tickets on sale now!

Join us Saturday, February 25th
St. Theresa Event Center

Reception and Silent Auction

~

Dinner with Program and Live Auction

Follow the links below for auction tickets and information.

<https://paybee.io/@sttheresa>

WINGS ~ WOMEN IN GOD'S SPIRIT

WINGS meetings, take place on a Zoom platform from 9:15-11:15am, on Wednesdays. If you need the zoom link contact Denise Mollen at mollend@aol.com. She will send you the link to Zoom. Our theme for the 2022/2023 year is: "Abide in God's Love"



FEBRUARY 8TH

DR. GINA HENS-PIAZZA

PROFESSOR OF OLD TESTAMENT STUDIES
JESUIT SCHOOL OF THEOLOGY, SANTA CLARA UNIVERSITY
The Wonderful Widows Doing God's Work

St. Theresa Parish invites you to join us for the

Irene Crosetti

RAVIOLI DINNER

APRIL
29th
6:00

ST. THERESA CATHOLIC CHURCH,
EVENT CENTER

30 Mandalay Road, Oakland



Please join us for our monthly
RISE & SHINE Mass
at 9am on Sunday, February 12th.
This is a youth-friendly and youth-
participatory Mass.



"SOUPER" BOWL SUNDAY FEBRUARY 12TH

**BRING IN SOUP DONATIONS FOR OUR
LOCAL ST. VINCENT DE PAUL SOCIETY**



What do I do with my old Blessed PALMS from past Palm Sundays?



The Confirmation students will be burning last year's palms in preparation for this year's Ash Wednesday.

Please bring any PALMS from past Palm Sundays to be added to a collection that will be burned to make ashes for this year. A collection basket will be available in the vestibule Saturday, January 28th - Sunday, February 12th.
Thank you!



SOCIAL JUSTICE COMMITTEE (SJC) CORNER

I have a dream that one day “every valley shall be exalted, every hill and mountain shall be made low, the rough places will be made plain, and the crooked places will be made straight, and the glory of the Lord shall be revealed, and all flesh shall see it together.” – Dr. Martin Luther King Jr.

The next part of the Synod phase calls us to
 “Enlarge the space of your tent.” (Is 54.2)

Read about the resulting document from Catholics all over the world. This is what we all contributed to with our meetings last year. The Spirit is moving!

<https://www.synod.va/content/dam/synod/common/phases/continental-stage/dcs/Documento-Tappa-Continentale-EN.pdf>

February is Black History Month- many celebrations in Oakland!!!

Oakland interfaith Gospel Choir-
<https://www.oigc.org/calendar/all/black-history-month-celebration>

St. Columba Celebration series-
<https://files.ecatholic.com/5559/bulletins/20230129.pdf?t=1674763961000>

Oakland Museum of California and Children’s Fairyland are hosting special celebrations honoring Black History as well .

Stay tuned! At our January meeting we talked about ways we can do small works of mercy for those in the community. Join our next meeting on , February 8th Wednesday at 7pm. Please reach out for a zoom link. Send questions to Lydia Deck. ltdeck@me.com

ST. VINCENT DE PAUL**CURRENT NEEDS**

Volunteers Needed for the Dining Room at the Direct Services Campus in West Oakland: 8:30am to 1pm Tuesday through Saturday. Volunteers help prepare, and bag warm meals for our guests and serve the meals at the gated entrance to the courtyard. Contact Volunteer Coordinator, Kristen Bernal: Email kbernal@svdp-alameda.org 510-277-6435.

Men’s Clothing (casual, work, denim, and work pants, and shoes in good condition) and women’s hygiene articles can be dropped off in the Church vestibule. These donations are distributed through SVDP Clothes Closet in our Downtown Community Center.

Nonperishable, non-expired food donations: Our on-going food collections for the needy people in the Sacred Heart Parish have been graciously acknowledged by those who have been served. This is becoming a regular opportunity for us to feed the hungry, especially during these difficult economic times. We bring the food to Sacred Heart around the third Sunday of the month. Food donations may be left in the back of the vestibule in various baskets next to the “Giving Tree at any time.

Our Parish SVdP Conference meets bimonthly, every third Saturday at 9:30am. If interested in learning more about our Conference’s work, contact Judy Bojorquez at jtsbojorquez@yahoo.com to be added to email distribution or with any questions.

You may use online giving to make a donation to the St. Theresa St. Vincent de Paul conference. <https://sttheresaokland.org/donate>.

WEEKLY READINGS

February 6 - 12

Monday:

Gn 1:1-19
 Ps 104
 Mk 6:53-56

Tuesday:

Gn 1:20-2:4a
 Ps 8
 Mk 7:1-13

Wednesday:

Gn 2:4b-9, 15-17
 Ps 104
 Mk 7:14-23

Thursday:

Gn 2:18-25
 Ps 128
 Mk 7:24-30

Friday

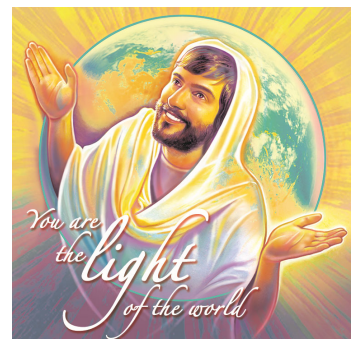
Gn 3:1-8
 Ps 32
 Mk 7:31-37

Saturday:

Gn 3:9-24
 Ps 90
 Mk 8:1-10

Sunday:

Sir 15:15-20
 Ps 119
 1 Cor 2:6-10
 Mt 5:17-37



God's Word for Children



Fifth Sunday in Ordinary Time

Jesus told his disciples,
 "You are the salt of the earth" (Matthew 5:13a).
 He wanted them to show excitement about their faith so
 that others would glorify God!
 Hidden in each row is the name of a seasoning.
 To find them, cross out the first salt shaker,
 then every other one after that.
 When you're done, think of ways
 to spice up the world by showing God's love!

q n r u b t e m i e m g
 h c a i w n d n p a v m s o x n
 c g g i o n s g j e l r
 n p u e f p y p k e t r

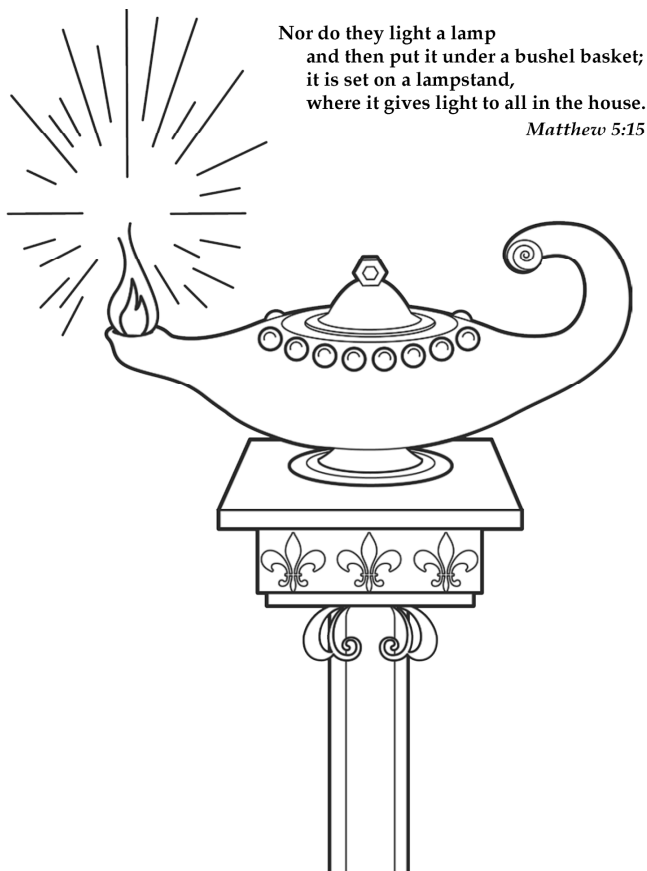



God tells us to share our bread with those who are hungry.
 God also wants us to give shelter to people who are homeless
 and clothing to people in need (see Isaiah 58:7).
 Let's take a trip to the grocery store!
 Unscramble the letters in the cart to spell foods
 we could purchase to donate to a food bank.



reelca _____
 usop _____
 luorf _____
 ijeuc _____

© J.S. Paluch Co., Inc. • 800-566-6150 • Year A • Fifth Sunday in Ordinary Time
 Scripture excerpts from the New American Bible, revised edition © 2010, 1991, 1986, 1970. Confidentiality of
 Christian Doctrine, Inc., Washington, D.C. and are used by permission of the copyright owner. All rights reserved.
 No part of the New American Bible may be reproduced in any form without permission in writing from the copyright owner.



Nor do they light a lamp
 and then put it under a bushel basket;
 it is set on a lampstand,
 where it gives light to all in the house.
Matthew 5:15

CATHOLIC CORNER

CORPORAL WORKS OF MERCY

Today's Gospel (Matthew 5:13-16) calls us "light of the world." Our light shines before others when we do the good deeds asked of us by God. In the first reading, the prophet Isaiah (58:7-10) gives us some suggestions. He tells us that God asks us to share our bread with the hungry, shelter the homeless, and clothe the naked. The Church gives us a similar list called the corporal works of mercy. The word "corporal" comes from the Latin word *corpus*, which means "body." These works help us take care of the needs of the body. Match the corporal work with an example of how you can practice it. Some examples have been included. Fill in the missing ones with your own ideas.

Feed the hungry.	_____
Give drink to the thirsty.	_____
Clothe the naked.	Contribute clothes to a clothing drive.
Shelter the homeless.	_____
Visit the sick.	_____
Visit those in prison.	Find an organization that writes letters to mothers in prison, or sends them books and recorders so they can share a story with their children.
Bury the dead.	Be ready to give comfort to someone you know who has lost a loved one. You can attend the wake and funeral.

Pick one work of mercy that your family will focus on this week. Continue with a different work each week. Let your light shine!

PARISH INFORMATION



MASS SCHEDULE:

Face Masks are required for all unvaccinated people attending Mass.

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am

(live-streamed on our YouTube channel for the sick and homebound)

RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

PARISH CENTER OFFICE HOURS:

Monday: 12:00 pm - 2:30 pm

Tuesday - Thursday: 10:00 am - 2:30 pm

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

Parish Website: www.sttheresaoakland.org

Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

YouTube: https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNClw

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121

Pastor

rjmccann@sttheresaoakland.org

Rev. Abraham Addam, ext. 122

In Residence

Rev. Ngema W. Enow, ext. 128

In Residence

ngemawil.enow@gmail.com

Cathy Brady, ext. 126

Liturgy Director

cathy_b@sttheresaoakland.org

Jenny Bruni, ext. 123

High School Youth Ministry Coordinator

jenny@sttheresaoakland.org

Rob Cakebread, ext. 127

Music Ministry Director

rob@sttheresaoakland.org

Melody Marr, ext. 120

Parish Administrator

melody@sttheresaoakland.org

Keri Nims, ext. 124

Coordinator for Early Childhood Catechesis & RCIC

keri@sttheresaoakland.org

ST. THERESA SCHOOL

Alicia Ortegon, 510.547.3146

St. Theresa School Principal

a_ortegon@sttheresaschool.org

website: www.sttheresaschool.org

Baptisms and Marriages

by appointment (call parish office 510.547.2777)

To arrange a Funeral

call parish office 510.547.2777, ext. 120

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaoakland.org

Middle School Youth Ministry (Grades 6-8)

Jenny Bruni and Keri Nims: Co-Coordinators

High School Youth Ministry/Confirmation

Jenny Bruni ~ jenny@sttheresaoakland.org

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaoakland.org

Parish Organizations

Pastoral Council:

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan glgovan@comcast.net

CYO (Catholic Youth Organization):

Clarence Robinson sttheresaathletics@gmail.com

St. Theresa Men's Club

Chris Bruni mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Geri Tong geritong1944@gmail.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Cursillo

Geri Tong gt4palancaoakland@gmail.com

Kinderchurch

Shanon Ciston s.ciston@gmail.com

Protecting **Seniors**
Nationwide



Medical Alert System



\$29.95/Mo. billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation

Call Today! Toll Free 1.877.801.8608

COLLINS ROOFING
Family owned & Operated

510-444-2220
Quality Work • Free Estimates
Parishioner Lic # 695711

KRUSE Plumbing Heating Cooling
L.J. KRUSE COMPANY
A Century of Service

RESIDENTIAL & COMMERCIAL
Proudly Serving The Bay Area
for 100 Years

TUNE UP YOUR HEATING SYSTEM
BEFORE THE COLD WEATHER SETS IN!

510.644.0260

To Schedule Online or
Learn More

WWW.LJKRUSE.COM

Mention This Ad and Receive **\$25.00**
OFF

CA LICENSE #405523

Ann B. Lovi
REALTOR®



Parishioner
& Alumna
510.332.5747
ann.lovi@compass.com
COMPASS

DRE #R01716499

Catholic Cruises and Tours and The Apostleship
of the Sea of the United States of America
Take your **FAITH ON A JOURNEY.**
Call us today at 860-399-1785 or email
eileen@CatholicCruisesandTours.com
www.CatholicCruisesandTours.com



corcoran

GLOBAL LIVING

RONNIE MCINERNEY
REALTOR & PARISHIONER
510.697.7550

Visiting Angels

LIVING ASSISTANCE SERVICES

(510) 269-2999

Andrew Slakey
Owner



- Home Care
- Bathing & Dressing
- Meal Preparation
- Take to Medical Appoint.
- Respite for Families

VisitingAngels.com/Alameda

FINDaPARISH.com

Check It Out Today!

Village MARKET

510-547-3200

Open: Monday-Saturday 7 am-9 pm & Sunday 8 am-8 pm
Outdoor BBQ • 7 Days a week
3 pm-6 pm Year Round

5885 Broadway Terrace • www.villagemkt.com

Thank you! Keith & Kari Trimble

**The Most Complete
Online National
Directory of
Catholic Parishes**

SAN LEANDRO



Jeep Grand Cherokee

Dodge Charger

RAM 1500

Chrysler 300



- #1 volume dealer in the Bay Area
- Family-owned and operated
- Serving the Catholic community for over 10 years
- Get approved in minutes
- Have challenged credit? We can help
- Buy 100% online
- Hablamos Espanol

Call today - 510-775-6997

SanLeandroCDJR.com | 1444 Marina Blvd, San Leandro

**Get this weekly
bulletin delivered by
email - for FREE!**

Sign up here:

www.jspaluch.com/subscribe

Courtesy of J.S. Paluch Company, Inc.



Tabella
The #1 Free Catholic App
For Parishes And Groups

Listen To The Best
Catholic Content
And Stay Connected
To Your Parish!

Download it for free now at www.tabella.app

catholicmatch®
California



CatholicMatch.com/myCA