

# ST. THERESA

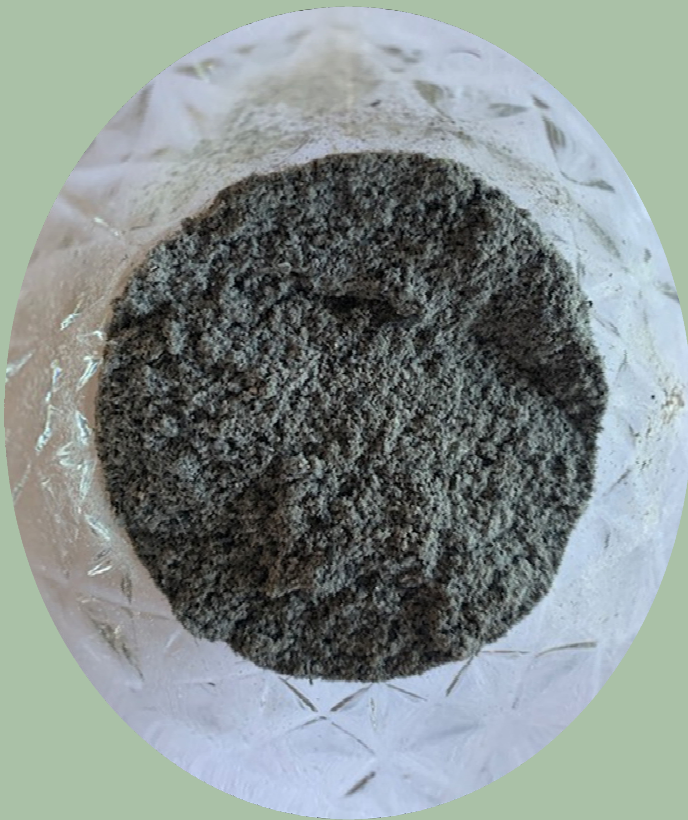
# PARISH COMMUNITY

## ST. THERESA MISSION STATEMENT

WE ARE A WELCOMING,  
ACTIVE CATHOLIC COMMUNITY  
UNITED BY OUR FAITH, OPEN TO TRANSFORMATION,  
GROWING SPIRITUALLY AND REACHING OUT  
TO LOVE AND TO SERVE OTHERS

FEBRUARY 14, 2021

SIXTH SUNDAY  
IN  
ORDINARY TIME



## *Ash Wednesday February 17*

Ashes will be distributed at all Masses and following  
all Masses

### SCHEDULE

Masses: 8:30 AM & 6:30 PM

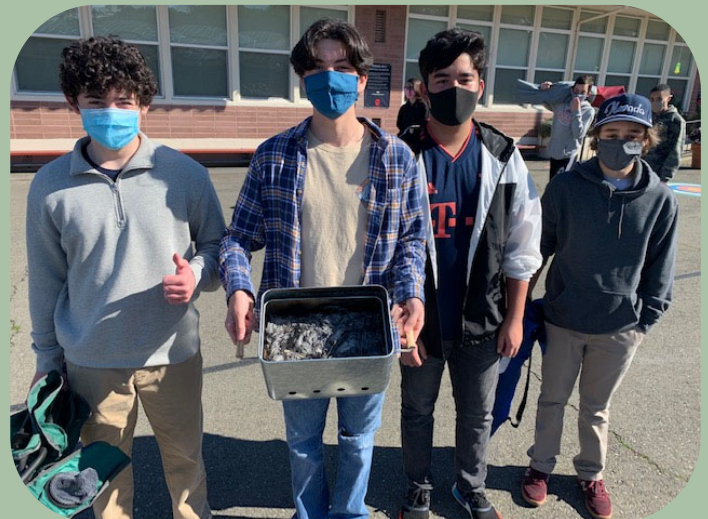
Public Masses, reservations required.

Masses will be Live-Streamed.

There will be Walk-up Communion and Distribution of  
Ashes following all Masses

There will be a collection at the 8:30 & 6:30 Masses.

The parish Confirmation students burned palms and prepared the ashes that will be used on Ash Wednesday.



30 MANDALAY ROAD - OAKLAND, CA 94618 - 510.547.2777

**MASS INTENTIONS - FEBRUARY 14 - 21**

Sun. 10:00 am † Michelle Corbett

Mon. 8:30 am † Patricia Domenici

Tues. 8:30 am Licia Delnatte

Wed. 8:30 am Students & Staff of St. Theresa School  
6:30 pm Parish Community of St. Theresa

Thurs. 8:30 am † Elaine Moore

Fri. 8:30 am

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Sun. 10:00 am Parish Community of St. Theresa

**KEEP IN TOUCH WITH US****Via email or text message:**

- ◆ Receive parish updates and notices of special events
- ◆ Choose to receive updates from groups you're interested in
- ◆ Unsubscribe anytime



Sign-up at  
[flocknote.com/StTheresa30](https://flocknote.com/StTheresa30)  
 OR  
 Text: STT To: 84579

**SUNDAY OFFERING**

<b>ONLINE GIVING :</b> (February 1 - 7) 80 DONORS	<b>\$ 5,490.60</b>
<b>DROP-OFF/MAILED DONATIONS:</b> (February 1 - 7) 31 DONORS	<b>\$ 3,800.00</b>
<b>PARISH MAINTENANCE &amp; IMPROVEMENT:</b>	
<b>ONLINE: Jan. 4 - Feb. 7: 44 DONORS</b>	<b>\$ 1,581.80</b>
<b>DROP-OFF/MAILED: 17 DONORS</b>	<b>\$ 1,025.00</b>

*You can help us*  
 during the COVID-19 pandemic.

During this challenging time, we depend on online donations to continue our ministry. Use eGiving from your computer, smartphone or tablet to set up a recurring donation or make a one-time gift.

*Use the link on the parish website to donate.*

**SUPPORT ST. THERESA CHURCH**

By using [smile.amazon.com](https://smile.amazon.com) and choosing St. Theresa Catholic Church, location: Oakland, CA as your charity when you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the parish.

**MASS INTENTIONS**

To request a Mass Intention contact Melody Marr at  
[melody@sttheresaokland.org](mailto:melody@sttheresaokland.org)  
 or 510.547.2777, ext. 120 (Tuesday - Thursday).

**ONLINE PRAYER REQUEST FOR THE SICK OR DECEASED**

You can submit names for the Prayers of the Faithful for our Sunday Mass and the bulletin prayer list (*Prayers for the Sick or Recently Deceased*) online.

Please complete the form on the parish website page Prayer/Mass & Confession Time, their name will be included in the weekly bulletin and our Sunday live-stream Mass.

*This form is not for Mass Intentions.*

**DECEASED**

Please remember in your prayers, those who have died especially Art Genera, the father of Diana Mitchell; Edgar Santo Romano.

**PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL ESPECIALLY:**

Matt Mercier, Irene Clark, Daniel Sullivan, Dave DeMonte, Sven Cooper Little, Nadine McMillan, Heidi Parmelee, Denise Bridges, Kristine Berman, Helen Buty, Aiden Farinella, Liza Mitra, Guido M., Jim Testa, Kevin Stallone, Dolores Gomez, Alegria Hipolito, Betty Wharton, Patricia Green, Hazel Villata, Juanita Estrella, Diane Longfield, Leslie Fischer, Mike Reilly, Dorothy Donnelly, Pat Tynan, Olga Lamberti, Matt White, Mark Dreier, Tom Sanford, Fr. Alex Snyder, Wendy Parmelee, Roger Baylocq, Ida Scodella, Tom Jones, Sigrid Castaldo, Alicia Gonzalez, Denise Moore, Barbara Krummer, John Bouey, Mirella Baldo, Karis Chodzko, Diana Martínez, Susan Springer, Rachel Cecchetti, Br. Michael Gillette, Takako Smith, Jeanne Cuttitta, Melinda Parker, Margie Sullivan Maddie Heitkemper, Lennox Peerson, Joan Simmons, Badri Nakhjavani, Greg Govan, Angie & Reece Nuti, Grace Castelazo Diaz de Leon, Richard Rauscher, Eddie Bradford, Wendy Jones, Bob Rogers, and all who have the corona virus throughout the world.

**LIVING STEWARDSHIP**

Contact your parish, diocese, or local Catholic Charities for opportunities to serve those shunned or ignored by society.

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**BULLETIN SUBMISSION DEADLINES**

February 14 bulletin, was due by February 5 (Friday)  
 February 21 bulletin, was due by February 12 (Friday)  
 February 28 bulletin, is due by February 19 (Friday)  
 March 7 bulletin, is due by February 26 (Friday)

Items must be received by 4:00 pm on the due date.  
 Email to [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org).

## A WORD FROM OUR PASTOR

As I write today (meeting an early deadline), we have all just heard the Supreme Court has said we can open churches in a limited way for indoor services. While I rejoice with most of you hoping this time it will last, I assure you we will continue to follow safety and county rules. Again, we want the pandemic to be over and gone! Giving up on proven good practices is not going to achieve that. Please look for a Flocknote and on our parish website for specifics on how we will go forward at our parish.

The timing is appropriate as this coming week begins Lent. (It has seemed like a year long Lent, but it will be official again on Ash Wednesday.) We will begin with the way ashes are distributed in Europe and with direction from the Vatican. (No big black smudges on our foreheads this year!) Please check out the parish website which will contain a lot of information about the services that will be offered this year. Our Lenten soup program is already off to an amazing start. I will be writing more next week.

Today I present the second part of an article from *America* magazine containing an interview with Bishop Robert McElroy of San Diego. The bishop is a priest of SF, received a doctorate in moral theology from the Gregorian University in Rome and before that earned a B.A. in history from Harvard and an M.A. from Stanford. His arguments are not recent thinking but rooted in Aquinas and the ongoing Magisterium of the Church.

### ***“Do you have advice for Catholics in that regard?”***

When we come to the conclusion of who we are going to vote for, there is always an air of regret because we know that any of the major candidates fall short in substantial areas from our teaching. Kierkegaard has this wonderful quote: “We do something with fear and trembling and sickness unto death.” In other words, we’ve reached the conclusion. Then, what is the best way for us to vote, to try to advance the common good?

And when we do that, we do that as a sacred act. We don’t do so with a sense of triumphalism, therefore, that we want to stomp on the other side. And it is hard not to do because we let our politics become viscerally like a game, like sports. We have teams that we root for. But that is not the Catholic method of discerning voting and of citizenship.

***We hear a lot about the importance of being well-informed and properly forming your conscience. Can you just give us a simple explanation of what that means and what that looks like?***

We have a conversation with God that leads us in the right direction at our core. And so, we listen to the teaching of the church, and we need to lay aside all of the triggers that are in our society that are meant to build up the partisan antagonisms. They get us all going in the wrong direction on conscience.

Ask ourselves: What are the better angels of our nature calling us to seek for our nation or for our state or for our city? And we set aside this tribalism and set aside self-interest and really look to say, what is the common good? That is, the well-being of everyone in the various dimensions of their lives and our society as a whole. What advances that? And if we strive to do that, then we have followed our conscience, and we must vote that way, and God calls us to that.



But one of the dangers in our society is we live in a world in which news channels and all these other silos only reinforce our pre-existing worldviews. And that is a disaster for conscience. I feel the silos we are in are self-reinforcing on so many levels now that it is crippling to [a] good conscience.

***It sounds like forming your conscience is not about coming to some conclusion once and for all. It is something that is ongoing and complicated and is a struggle. And something that needs to be revisited. Is that correct?***

Yes. It is easier when you are voting for issues because you are voting on the issue. You can come to a conclusion on the issue much more easily. When you are voting for candidates, you have to take into account their positions, but you also have to take into account their character, their leadership, their competence and ask yourself in this particular moment, who is going to be better at achieving the common good? Your judgment is temporary because at this given moment, what does our society most need attention to in order to advance the common good and what God calls for us in society as makers of a better world.

***Is it accurate to say that an individual's conscience is the most authoritative voice that we have to turn to, that we have to reflect on? The church teaches us to guide us, but my own conscience is the most authoritative voice. Is that right?***

The church is meant to bring us the proclamations of the Gospel lived out in various ages and handed onto us with the wisdom of the development of our doctrinal tradition. So, we have to give great credence to that.

But as a matter of fact, Catholic teaching is always that in your core of your heart, when you were just there with God, after you’ve listened to the teachings of the church, after you’ve listened to other issues and treatments of this, and you sit down and you pray and ask, you know, what is God calling you to do?

The great enemy of conscience is rationalization. We often convince ourselves that the thing that God is calling us to do and that the right thing to do is that which best serves our interests or our desires.

Continued on page 4

## A WORD FROM OUR PASTOR

If you are doing that authentically, then your highest authority is conscience. In Catholic teaching, not only can you follow your conscience, but you must also. It is sinful not to follow a well-formed conscience.

The great enemy of conscience is rationalization. We often convince ourselves that the thing that God is calling us to do and that the right thing to do is that which best serves our interests or our desires. We rationalize, and that is really true in the political realm. And so, we have to be very careful about rationalization creeping in because it does.

***Bishop, you're a citizen, too. I won't ask you to endorse a candidate or to reveal how you're voting. But how do you, as a Catholic and a citizen approach your responsibility to cast a vote on election day?***

In the end, it comes down to the same process for anybody else who is a believer, who is trying to take the Gospel of Jesus Christ into account, the teachings of the church into account, the situation we face in our nation, in our state, in our world into account.

Some races, I find it easy to conclude, O.K., this candidate I'm going to vote for. And some races are harder to conclude. So, I sit down and do my best and go through the various things and try to come to a conclusion. But when I do so, and when I vote, no matter how clear it is to me I should vote for this person or for that person, there is a sadness in me at what is not there in them rather than what is there because of our politics at the present moment."

Happy Lent! I hope many have been vaccinated by the time you read this! I look forward that the day is coming soon that we can be together safely in the church for worship and the community experience we have missed.

## ST. THERESA SCHOOL

### St Theresa Sunday Dinners Cookbook

The St Theresa Parents' Club invites you to share your family's favorite Sunday dinner recipes and menus. We will be compiling all the submissions into a community cookbook. Please share your Sunday dinner traditions, why this is your go to menu or recipe, a photo of your family, etc. Cookbooks will be printed and available to purchase, with a target delivery date in early May. All proceeds from this fundraiser will go to benefit the school.

Please make your submissions by March 15<sup>th</sup> to allow time for collating and printing. Use the link below to make your submissions: <https://bonapp.typeform.com/to/Gihi5dNt> or via email by sending their submissions to the Parents Club email: [sttheresaparentsclub@gmail.com](mailto:sttheresaparentsclub@gmail.com)

## LENT 2021



### DAYS OF FAST AND ABSTINENCE

Ash Wednesday and Good Friday are days of fast and abstinence.

The law of fasting allows one full meal and two smaller ones.

The law of abstinence prohibits the eating of meat. The Fridays of Lent are days of abstinence in the United States.

The obligation of abstinence begins at age 14. The norms on fasting are obligatory from age 18 until age 59.

Check out the Lent 2021 page on the Parish website for details on all the Lenten activities being offered.

<https://sttheresaoakland.org/pray/lent-2021>

**PARISH RETREAT WITH DEACON ZACH**  
**LENTEN BIBLE JOURNEY WITH FR. NGEMA**  
**LENTEN SOUP**  
**OPERATION RICE BOWL**  
**LENT IN A BAG**  
**STATIONS OF THE CROSS**



Lenten Soup is taking a whole new twist!!

Use our new drive thru pickup  
(4:30-6:00)

OR

Delivery option for those who are  
unable to pickup in person  
(weekly prayer provided)

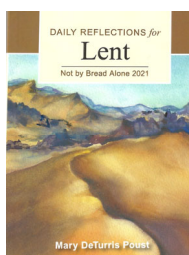
A different soup will be  
prepared each week by our  
very own parishioner Paul  
Canales, chef and owner of  
Duende in Oakland

Place order online using link below or by phone- 510-547-2777 x123

All orders need to be placed by Wednesday of the previous week

\$7 donation per person each week you order

Special Pay It Forward option-buy soup for someone who may need a little help.  
<https://sttheresaoakland.org/pray/lent-2021/lenten-supper-soup>



**LENTEN REFLECTION BOOKLETS** are available in the church vestibule.

This is a prayerful journey through lent with day by day reflections on the Mass readings.

**SOCIAL JUSTICE CORNER**

**Catholic Relief Services—Operation Rice Bowl**

“We use a holistic approach called integral human development to help people reach their full potential in an atmosphere of peace, social justice and human dignity.

This long-term, dynamic process facilitates collaboration across civil society and the public and private sectors. We engage people at every level—individual, family, community, regional, national and international—to promote transformative and sustainable change.”

Read more on [crs.org](http://crs.org)

**Ignatian Solidarity Network**

*“Our call to love [is] one that transcends all prejudices, all historical and cultural barriers, all petty interests.”  
Fratelli Tutti 83*



“During Lent, in these turbulent times, how can we persevere in our work for justice with a steadfast spirit, rooted in love?”

Join writers from the Jesuit and broader Catholic network as we seek to answer this question, renewing each day throughout Lent our commitment to care for both our fellow human beings and our common home.”

Go to [ignatiansolarity.net](http://ignatiansolarity.net) and sign up for meditations and prayers.

Stay tuned for more meetings and gatherings.

Email: Lydia Deck at [ldeck@me.com](mailto:ldeck@me.com) for questions and information.



The parish office and school will be closed on Monday, February 15<sup>th</sup> in observance of President’s Day

**WINGS ~ WOMEN IN GOD’S SPIRIT**

**WINGS** is a faith enhancement group for women that encourages spiritual growth through prayer, Scripture study, life sharing and community. We meet on Wednesdays on the Zoom platform from 9:15-11:15am for the rest of this year.

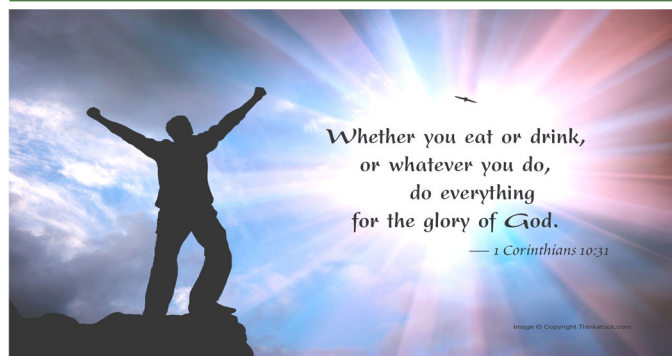


Our engaging speakers will uplift you and keep you informed. You’ll experience a welcoming community as we support each other in our spiritual growth. Invite a friend! Women from local parishes and other denominations are welcome! If you were a member last year you will automatically receive a Zoom invitation. If you’re new to WINGS or wish to sample a meeting, send your email address to Nancy Midlin [midlin.nancy@gmail.com](mailto:midlin.nancy@gmail.com). She will send you the link to Zoom.

*“Strength for the Journey”*

FEBRUARY 17<sup>TH</sup>

**Ash Wednesday Gathering**



**GIRL SCOUT COOKIES**

It's GIRL SCOUT COOKIE time!



**It's Cookie Time!**

St. Theresa Girl Scout Troop #30723 will be selling cookies via their virtual troop site this year. Due to Covid-19, unfortunately they can't sell directly to you at their cookie booths. Delicious flavors such as Thin Mints, Samoas and Tagalongs are just clicks away! If you don't want these amazing treats in your home, consider donating, and your cookies will be sent along to our Armed Forces or local food banks. Thank you for supporting this fantastic organization.

<https://DigitalCookie.GirlScouts.org/scout/troop30723-636>



Sixth Sunday in Ordinary Time

Paul told the Corinthians something we need to keep in mind for our everyday living. To find out what it was, use the number code provided. Some letters have already been written in. If you need help, read 1 Corinthians 10:31 in your Bible.

Number code grid with letters D, R, G and numbers for a word search puzzle.

Jesus healed a man with a terrible disease called leprosy. Jesus told him not to tell anyone.

But the man spread the news about it anyway. Count the number of times this man has shouted, "Healed!" Then write that number inside the bandage roll at the bottom.

Illustration of a man shouting 'Healed' with a bandage roll at the bottom for a counting activity.

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"Be made clean." Mark 1 : 41



LIVE-STREAM MASS ON FACEBOOK

The 10:00 am Sunday Mass is Live-Streamed on Facebook every Sunday. You do not need a Facebook account to watch the Mass. The Facebook Link is https://www.facebook.com/sttheresaok/. Once you are on the St. Theresa Facebook page if you do not have a Facebook account or are not signed on to Facebook you will see this screen asking you to Log in. Move around on the page and a different Log in request will appear.

Click on Not Now, the screen will change back to the first screen, ignore the log in request. You can now move around and click on the live-stream Mass.

WALK-UP HOLY COMMUNION

FOLLOWING SUNDAY 10:00 AM MASS



Communion will be distributed in the church vestibule following the live-stream Mass. We ask that you line up using the social distancing markers on the steps and blacktop. You will be ushered one person at a time into the vestibule for communion. Volunteers will be there to assist you.

Masks MUST be worn at all times. Please use a hand sanitizer before receiving communion. If you are wearing gloves, you must remove them before receiving Eucharist. It is preferred that you receive the Host in your hands for the time being.

After receiving Holy Communion, there will be a table where you may pick up a bulletin and a basket for your Sunday offering, and then please return to your car and depart.

PRAYER FOR A SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things and I desire to receive you in my soul. Since I cannot at this moment receive you sacramentally, Come spiritually into my heart. I embrace you as if you were already there And unite myself wholly to you. Never permit me to be separated from you. Amen.

WEEKLY READINGS

February 15 - 21

Monday:

Gn 4:1-15, 25
Ps 50
Mk 8:11-13

Tuesday

Gn 6:5-8; 7:1-5, 10
Ps 20
Mk 8:14-21

Wednesday

Jl 2:12-18
Ps 51
2 Cor 5:20-6:2
Mt 6:1-6, 16-18

Thursday:

Dt 30:15-20
Ps 1
Lk 9:22-25

Friday

Is 58:1-9a
Ps 51
Mt 9:14-15

Saturday

Is 58:9b-14
Ps 86
Lk 5:27-32

Sunday:

Gn 9:8-15
Ps 25
1 Pt 3:18-22
Mk 1:12-15



# PARISH INFORMATION



## Mass Schedules:

Weekday: 8:30 am

Sunday: 10:00 am

*[reservation required for Sunday public Mass]*

Live-Stream on Facebook  
Walk-Up Holy Communion  
following Mass

**Reconciliation:** *(call for an appointment)*

## Parish Center Office Hours:


Tuesday - Thursday: 10:00 am - 2:00 pm

*THE PARISH OFFICES ARE CLOSED UNTIL FURTHER NOTICE.  
THE PARISH STAFF IS AVAILABLE BY PHONE AND EMAIL  
DURING OFFICE HOURS.*

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

Parish Website: [www.sttheresaoakland.org](http://www.sttheresaoakland.org)

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

## PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121  
*Pastor*

[rjmccann@sttheresaoakland.org](mailto:rjmccann@sttheresaoakland.org)

Rev. Abraham Addam, ext. 122  
*In Residence*

Rev. Ngema Wi Enow, ext. 128  
*In Residence*

Cathy Brady, ext. 126  
*Liturgy Director*

[cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

Jenny Bruni, ext. 123  
*High School Youth Ministry Coordinator*

[jenny@sttheresaoakland.org](mailto:jenny@sttheresaoakland.org)

Rob Cakebread, ext. 127  
*Music Ministry Director*

[rob@sttheresaoakland.org](mailto:rob@sttheresaoakland.org)

Joyce Holden  
*Middle School Youth Ministry*

[joyce@sttheresaoakland.org](mailto:joyce@sttheresaoakland.org)

Melody Marr, ext. 120  
*Parish Administrator*

[melody@sttheresaoakland.org](mailto:melody@sttheresaoakland.org)

Keri Nims, ext. 124  
*Coordinator for Early Childhood Catechesis & RCIC*

[keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

ST. THERESA SCHOOL  
Katie Murphy, 510.547.3146

*St. Theresa School Interim Principal*

[k\\_murphy@sttheresaschool.org](mailto:k_murphy@sttheresaschool.org)

website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

## Baptisms and Marriages

by appointment (call parish office 510.547.2777)

## To arrange a Funeral

call parish office 510.547.2777, ext. 120

## Family Faith Formation (Grades 1-5)

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

## Middle School Youth Ministry (Grades 6-8)

Joyce Holden ~ [joyce@sttheresaoakland.org](mailto:joyce@sttheresaoakland.org)

## High School Youth Ministry/Confirmation

Jenny Bruni ~ [jenny@sttheresaoakland.org](mailto:jenny@sttheresaoakland.org)

## R.C.I.A.

Rite of Christian Initiation of Adults, Contact  
Cathy Brady ~ [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

## Parish Organizations

### Pastoral Council:

Carrie Schaefer [caralee\\_schaefer@yahoo.com](mailto:caralee_schaefer@yahoo.com)

### Finance Council:

PJ McGahan [pjmcgahan@gmail.com](mailto:pjmcgahan@gmail.com)

### St. Vincent de Paul Society

Greg Govan [glgovan@comcast.net](mailto:glgovan@comcast.net)

### CYO (Catholic Youth Organization):

Clarence Robinson [sttheresaathletics@gmail.com](mailto:sttheresaathletics@gmail.com)

### St. Theresa Men's Club

PJ McGahan [pjmcgahan@gmail.com](mailto:pjmcgahan@gmail.com)

### Legion of Mary

Tom Wallace [tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

### WINGS

Sharon Chipman [sharonchipman@gmail.com](mailto:sharonchipman@gmail.com)  
Ruthanne Allen-Hunt [ruthanneah@gmail.com](mailto:ruthanneah@gmail.com)

### Consolation Ministry

Cecile Cuttitta [cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

### Men's Faith Sharing

Jim Frei [jim@ottofrei.com](mailto:jim@ottofrei.com)

### Cursillo

Sharon Chipman [sharonchipman@gmail.com](mailto:sharonchipman@gmail.com)

### Kinderchurch

Shanon Ciston [s.ciston@gmail.com](mailto:s.ciston@gmail.com)



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Parishioner  
 & Alumna

**510.332.5747**

[ann.lovi@compass.com](mailto:ann.lovi@compass.com)

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