

# ST. THERESA

PARISH  
COMMUNITY

## ST. THERESA MISSION STATEMENT

WE ARE A WELCOMING,  
ACTIVE CATHOLIC COMMUNITY  
UNITED BY OUR FAITH, OPEN TO TRANSFORMATION,  
GROWING SPIRITUALLY AND REACHING OUT  
TO LOVE AND TO SERVE OTHERS  
AS JESUS TAUGHT US.

FEBRUARY 20, 2022  
SEVENTH SUNDAY  
IN  
ORDINARY TIME



Copyright © J.S. Paluch Co. Inc. • Photos: © Tierney/Fotolia  
Excerpts from the *Lectionary for Mass* © 2001, 1998, 1997, 1986, 1970, CCD.

**Give, and gifts will be given to you;  
a good measure, packed together,  
shaken down, and overflowing,  
will be poured into your lap.**

*Luke 6:38*

30 MANDALAY ROAD --- OAKLAND, CA 94618 --- 510.547.2777

**MASS INTENTIONS ~ FEBRUARY 19 - 27**

Sat. 5:00 pm Parish Community of St. Theresa  
 Sun. 10:00 am † Takako Smith

Mon. 8:30 am  
 Tues. 8:30 am  
 Wed. 8:30 am † Rick Rydveski  
 Thurs. 8:30 am  
 Fri. 8:30 am † Fr. William Marshall

Sat. 5:00 pm Parish Community of St. Theresa  
 Sun. 10:00 am Fr. Bob McCann

**KEEP IN TOUCH WITH US****Via email or text message:**

- ◆ Receive the weekly Friday Flocknote
- ◆ Receive parish updates and notices of special events
- ◆ Choose to receive updates from groups you're interested in
- ◆ Unsubscribe anytime

Sign-up at  
[flocknote.com/StTheresa30](http://flocknote.com/StTheresa30)  
 OR  
 Text: STT To: 84579

**SUNDAY OFFERING****ONLINE GIVING :**

(February 7 - 13) 64 DONORS                   **\$ 3,680.20**

**MASS/DROP-OFF/MAILED DONATIONS:**

(February 7 - 13) 39 DONORS                   **\$ 3,037.00**

**SUPPORT ST. THERESA CHURCH**

By using [smile.amazon.com](https://smile.amazon.com) and choosing St. Theresa Catholic Church, location: Oakland, CA as your charity when you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the parish.

**BULLETIN SUBMISSION DEADLINES**

February 20 bulletin was due by February 11 (Friday)  
 February 27 bulletin was due by February 18 (Friday)  
 March 6 bulletin is due by February 25 (Friday)  
 March 13 bulletin is due by March 4 (Friday)  
 Items must be received by 4:00 pm on the due date.  
 Email to [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org).

**MASK MANDATE UPDATE**

Effective February 16, 2022, individuals who are vaccinated are not required to wear a mask indoors in parish facilities, this does not apply to the school. Anyone who is unvaccinated must continue to wear a mask indoors.



**Ash Wednesday**

**March 2, 2020**

8:30 am Mass

7:30 pm Mass, will be live-streamed.



**PARISH LENTEN RETREAT**

March 9, 16, 23, 30

7:00 pm

Two ways to participate  
 In person in the church  
 or on Zoom

**LOW GLUTEN HOSTS**

Low Gluten hosts are available at all weekend Masses. Please use the presider's communion station to receive a low gluten host.

**PLEASE REMEMBER IN YOUR PRAYERS  
ALL THOSE WHO ARE ILL ESPECIALLY:**

Matt Mercier, Heidi Parmelee, Aiden Farinella, Dolores Gomez, Alegria Hipolito, Betty Wharton, Hazel Villata, Juanita Estrella, Leslie Fischer, Mike Reilly, Dorothy Donnelly, Olga Lamberti, Matt White, Tom Sanford, Wendy Parmelee, Roger Baylocq, Ida Scodella, Alicia Gonzalez, Denise Moore, Mirella Baldo, Diana Martinez, Susan Springer, Margie Sullivan, Maddie Heitkemper, Lennox Peerson, Joan Simmons, Badri Nakhjavani, Eddie Bradford, Wendy Jones, Bob Rogers, Orlando Gonzalez, Kevin Chapman, Diane Cerille, Ruth McCabe, Tom Wilberding, Shirley Roberts, Karen Milliman, Richard Nivens, Anita Perricelli, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, Ricardo Sepulveda, Doris Fiumano, John Whatley, Bishop John Cummins, Fr. Bob McCann, Nancy Coyne, Kevin Stallone, Herman Carmassi, Paulette Tuckner, Della Spinelli, Patrick Nichols, Britnni White, Jennifer Taylor, Kelly Aeich, Jeanne Cuttitta, Susan Buller, Felipa Luviano, Amy Kantowitz, and all who have the corona virus throughout the world.

**LIVING STEWARDSHIP**

"Life is a splendid gift. There is nothing small in it . . . but to live your life, you must discipline it. You must not fritter it away . . . but must make your thought, your words, your acts all work to the same end and that end not self but God." —

Florence Nightingale (1820–1910).

*Copyright © 2009, World Library Publications. All rights reserved.*

**MASS INTENTIONS**

To request a Mass Intention contact Melody Marr at [melody@sttheresaoakland.org](mailto:melody@sttheresaoakland.org) or 510.547.2777, ext. 120 (Tuesday - Thursday).

## A WORD FROM OUR PASTOR

I hope all will pray for and support the many candidates for the Sacraments. Last weekend, we acknowledged and welcomed several among us who will be baptized or welcomed into full communion with the Church. The week before, all the second graders and a few others were blessed as they approach making their First Communion in May. Two Sundays ago, the Confirmation class burned the palms you brought as part of their preparation to receive the Sacrament of Confirmation in May and help us celebrate Ash Wednesday in a few weeks.

Deacon Eddie is back with us after a longer winter break due to the pandemic racing around the Jesuit community. His presence is part of his preparation to be ordained for service in the Church as a priest.

Several are facing challenging medical conditions and are always welcome to ask for the Sacrament of the Sick after Mass or by calling the parish office or the emergency phone line if it is a sudden emergency.

All of the above are signs of the Lord continuing to work in our parish community and reminders of our own journey with the Lord from the moment of conception when as the psalmist says, the Lord knew us in our mother's womb and throughout our lives and to the day the Lord will call us to heaven.

All of the above and the care we show one another with our encouragement, prayers, quiet service, and presence at the weekly liturgies fortify us as the beloved Body of Christ.

With that in mind you have been hearing a lot about the Synod that the Holy Father has called for which is to involve as many of the billion Catholics throughout the world as possible. I again, ask you to say a prayer for this process each day until it is complete. I again invite you to participate in one of the listening sessions the

parish and other groups are sponsoring. I invite you to invite someone you may know who has walked away from the Church or feels very alienated from it. I invite you to converse with members of other ecclesial communities separated from union with us.



Pope Francis has been inspired to lead us along this path just as his predecessor, good Pope (Saint) John XXIII was inspired to convene the Second Vatican Council. Please also pray for some who opposed to the whole process and have not shown respect or charity to the Holy Father and all who participate in this process.

This past week the everchanging guidelines regarding the pandemic took new directions. We all pray this will be a solid and final road to getting back to not having to wear masks, etc. The diocese issued new guidelines effective February 16, 2022, that individuals who are vaccinated are not required to wear a mask indoors. Anyone who is unvaccinated must continue to wear a mask indoors. These guidelines apply to the parish not the school. I want to assure all who wish to still wear a mask that they will be respected in our community.

I recently had a conversation with someone who told me he has been wearing a mask when he travels by plane for many years before this current need. He said he observed several people especially as he travelled for business to Asia, wearing masks. As the rules ease up, let us respect those who would continue with this practice for various reasons.

Please come to the annual School Auction! March 13 at the Sequoyah Country Club promises to be a wonderful way to support the parish school and reconnect and connect with our community. The pandemic has kept us apart for a long time.

**SYNOD**

Our Holy Father Pope Francis has invited the Catholic Church to embark on a journey together. Through listening and discernment rooted in the Holy Spirit, the entire people of God will be called to contribute to a process by which the Church deepens in understanding of Her mission and looks toward the future.

**The parish will have two listening sessions.**

Tuesday, March 1 at 7:00 pm in the church

Thursday, March 3 at 7:00 pm on Zoom

Our Synod process will gather groups from our parishes, schools and Catholic organizations to prayerfully discern and explore our relationship with our church and our Lord Jesus Christ. After these listening sessions, responses will be collected, presented to Bishop Barber and sent to the Vatican. The final process will culminate in a gathering of bishops from throughout the world in 2023.

**In responding to this question, we are invited to:**

- Recall our experiences: What experiences of our local Church does this question call to mind?
- Re-read these experiences in greater depth: What joys did they bring? What difficulties and obstacles have they encountered? What wounds did they reveal? What insights have they elicited?
- Gather the fruits to share: Where in these experiences does the voice of the Holy Spirit resound? What is the Spirit asking of us? What are the points to be confirmed, the prospects for change, the steps to be taken? Where do we register a consensus? What paths are opening up for our local Church?

**Listening Session Questions**

- How is “journeying together” happening in your local church or group, in carrying out the Church’s mission?
- What are the joys in carrying out journeying together? What helps or hinders us in this?
- What new paths is the Holy Spirit leading us to discern to grow in our journey together?
- How is the Holy Spirit inviting us to proclaim the message of Jesus Christ in today’s world?

In responding to these questions, it is helpful to remember that “journeying together” occurs in two deeply interconnected ways. First, we journey together with one another as the People of God. Next, we journey together as the People of God with the entire human family. These two perspectives enrich one another and are helpful for our common discernment towards deeper communion and more fruitful mission.

**Vatican Synod page:** <https://www.synod.va/en.html>

**SYNOD PRAYER**

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.



**Join Us!**  
**Sunday, March 13<sup>th</sup>**  
**Sequoyah Country Club, 5:00 p.m.**

**New this week:**  
**Class of '22 Meal Kits!**  
**Best of Live Raffle!**

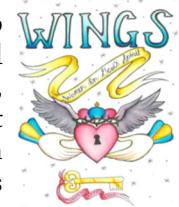
**See the links below for more auction information and to purchase your tickets.**

Auction Website:  
<https://www.sttheresaschool.org/fundraiser2022>

Purchase Tickets:  
<https://paybee.io/@sttheresa@25>

**WINGS ~ WOMEN IN GOD'S SPIRIT**

**WINGS** is a faith enhancement group for women that encourages spiritual growth through prayer, Scripture study, life sharing and community. We meet on Wednesdays on the Zoom platform from 9:15-11:15am for the rest of this year. Our engaging speakers will uplift you and keep you informed. You'll experience a welcoming community as we support each other in our spiritual growth. Invite a friend! Women from local parishes and other denominations are welcome! If you were a member last year you will automatically receive a Zoom invitation. If you're new to WINGS or wish to sample a meeting, send your email address to Nancy Midlin [midlin.nancy@gmail.com](mailto:midlin.nancy@gmail.com). She will send you the link to Zoom.



**“Led by the Spirit ”**

**FEBRUARY 23<sup>RD</sup>**

**SR. BARBARA GREEN, OP, PH.D. (RETIRED)**  
**LEADERSHIP TEAM, DOMINICAN SISTERS OF SAN RAFAEL**

**Riding Within: The Story of Jonah for Adults Old Enough to Understand**

**SOCIAL JUSTICE COMMITTEE (SJC) CORNER**

*“...we recall that the purpose of the Synod, and therefore of this consultation, is not to produce documents, but “to plant dreams, draw forth prophecies and visions, allow hope to flourish, inspire trust, bind up wounds, weave together relationships, awaken a dawn of hope, learn from one another, and create a bright resourcefulness that will enlighten minds, warm hearts, give strength to our hands.” Synodus Episcoporum “Disparity” is not part of the Kingdom of God.*

*“I have a dream that one day every valley shall be exalted, every hill and mountain shall be made low, the rough places will be made plain, and the crooked places will be made straight, and the glory of the Lord shall be revealed, and all flesh shall see it together.” -- Dr. Martin Luther King*

**African American Speaker Series –St. Columba Church**

<https://stcolumba-oak.com/african-american-celebration-series>

**Resources for talking about Race**

From the National Museum of African American History and Culture: <https://nmaahc.si.edu/learn/talking-about-race/topics/being-antiracist>

**From the Ignatian Solidarity Network**

<https://ignatiansolidarity.net/resources/faith-in-action-responding-to-racial-injustice/>  
Check out the 21 day- Ignatian Racial Equity Challenge

**Books**

The Spiritual Work of Racial Justice – a month of meditations with Ignatius Loyola by Patrick Saint- Jean, SJ.

Racial Justice and the Catholic Church by Rev Bryan Massingale

Join one of the consultation sessions for the Synod at St. Theresa. Listen to the Spirit and raise your voice in your church. What do you want to tell Pope Francis? This is your invitation!!

When: 3/1 at 7pm in person and 3/3 at 7pm by zoom. Look for information on the parish website, the Friday Flocknote and the bulletin.

Our next meeting is March 10th at 7pm via zoom. Join us as we plan our calendar year of speakers and faith in action projects. Please send an email to Lydia Deck at [ltdeck@me.com](mailto:ltdeck@me.com) for questions.

 **ST. VINCENT DE PAUL**

Thank you, St. Theresa Parish, for your continued generous support through the 5th Sunday second collection for our St Vincent de Paul Conference's work.

**CURRENT NEEDS**

Volunteers Needed for the Dining Room at the Direct Services Campus in West Oakland: 8:30am to 1pm Tuesday through Saturday

Volunteers to help prepare, and bag warm meals for our guests and serve the meals at the gated entrance to the courtyard. These excellent hot takeaway meals are being provided while the dining room is closed due to COVID. Contact Volunteer Coordinator, Kristen Bernal: Email [kbernal@svdp-alameda.org](mailto:kbernal@svdp-alameda.org) (510)229 0793

**Men's Clothing** (casual, work, denim, and work pants, and shoes in good condition) and women's hygiene articles can be dropped off in the Church vestibule. These donations are distributed through SVDP Clothes Closet in our Downtown Community Center.

**Nonperishable, non-expired food donations** can be left in the basket next to the “Giving Tree” in the vestibule, preferably by the 3rd Sunday of the month, when low-income recipients on a fixed income run out of funds/food. This food is brought to Sacred Heart Parish where it is distributed to those in need.

**Bay Area Rent Relief**

CA COVID-19 Rent Relief is still available. It covers 100% of rent and utilities. There is no deadline, but renters and landlords impacted by COVID-19 who need help with rent should apply immediately, before funding runs out.

Our Parish Conference of St Vincent de Paul is here to help our neighbors in need, including assisting those who qualify for California's rent relief program to apply for and receive these State funds.

If you know of anyone in need requiring assistance, please refer them to our Conference.

Our Parish SVdP Conference meets bimonthly, every third Saturday at 9:30am. Our next meeting is March 19. If interested in learning more about our Conference's work, contact Judy Bojorquez at [jtsbojorquez@yahoo.com](mailto:jtsbojorquez@yahoo.com) to be added to email distribution and with any questions you might have.

You may use online giving to make a donation to the St. Theresa St. Vincent de Paul conference. <https://sttheresaoakland.org/donate>.

**WEEKLY READINGS**

**February 21 - 27**

**Monday:**

Jas 3:13-18  
Ps 19  
Mk 9:14-29

**Tuesday:**

1 Pt 5:1-4  
Ps 123  
Mt 16:13-19

**Wednesday:**

Jas 4:13-17  
Ps 49  
Mk 9:38-40

**Thursday:**

Jas 5:1-6  
Ps 49  
Mk 9:41-50

**Friday:**

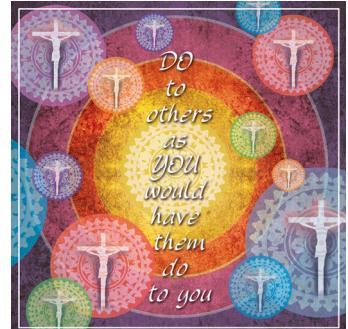
Jas 5:9-12  
Ps 103  
Mk 10:1-12

**Saturday:**

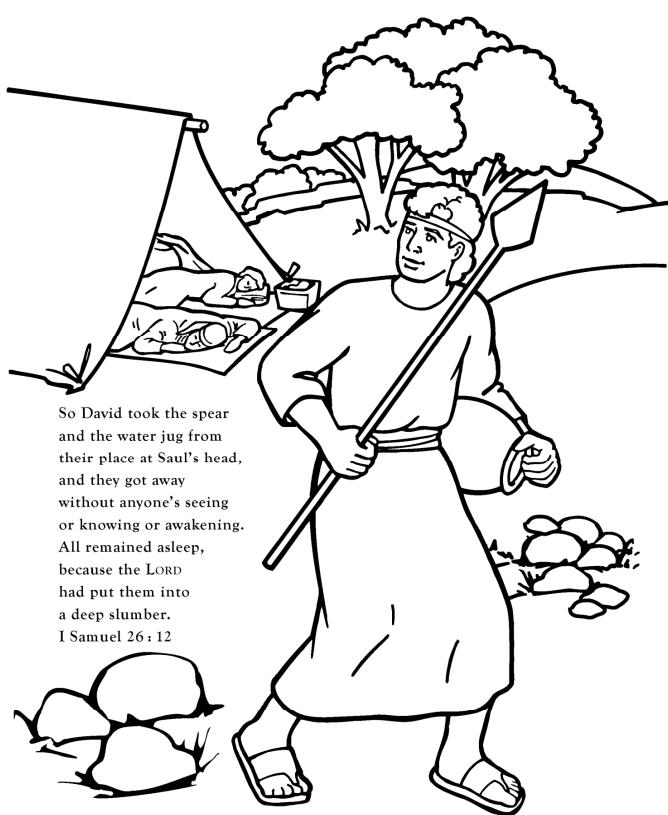
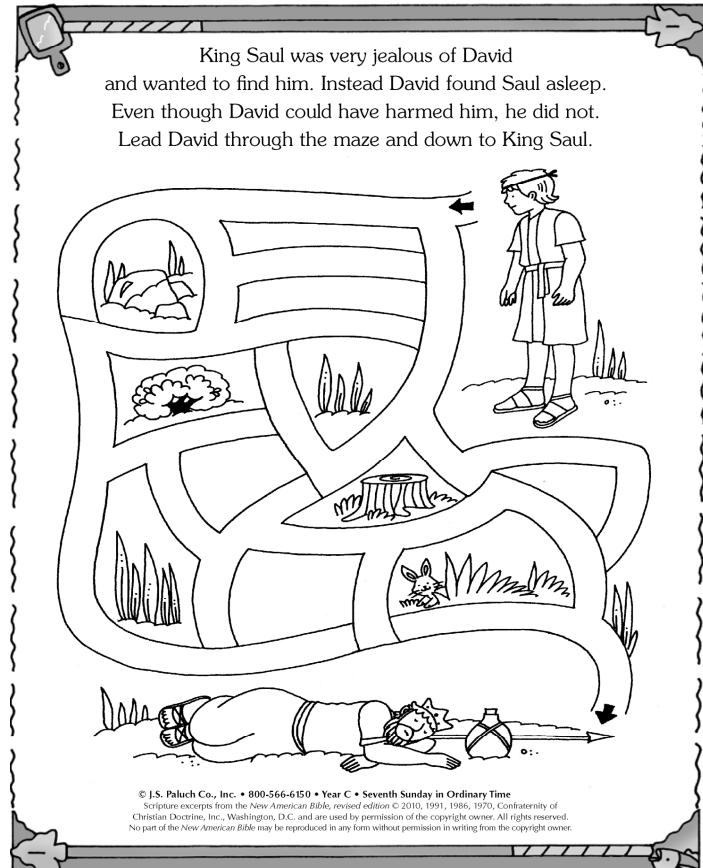
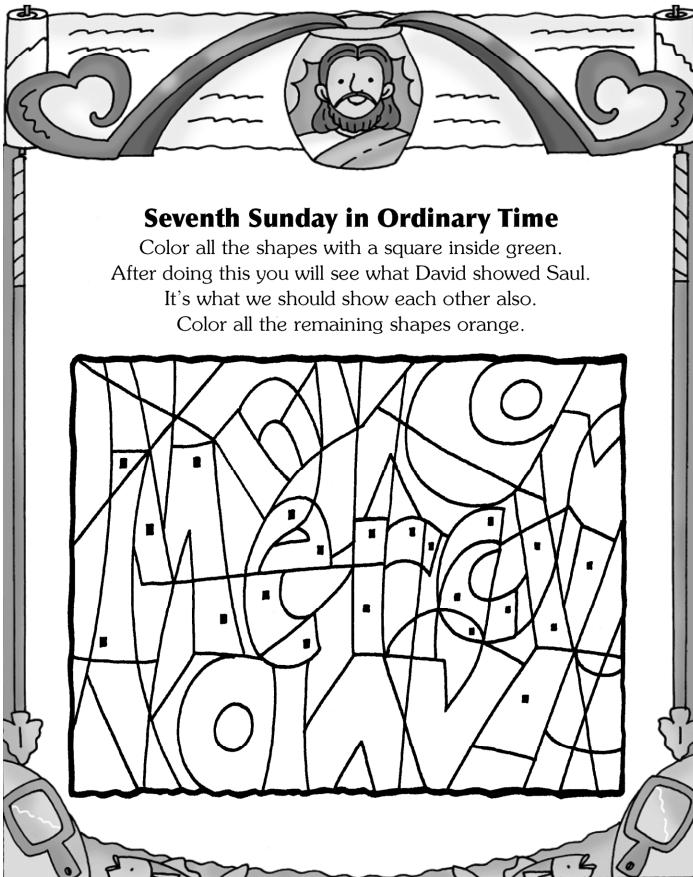
Jas 5:13-20  
Ps 141  
Mk 10:13-16

**Sunday:**

Sir 27:4-7  
Ps 92  
1 Cor 15:54-58  
Lk 6:39-45



# God's Word for Children



## THE CHAIR OF PETER

February 22 we celebrate a feast with an unusual name, The Chair of Saint Peter the Apostle.

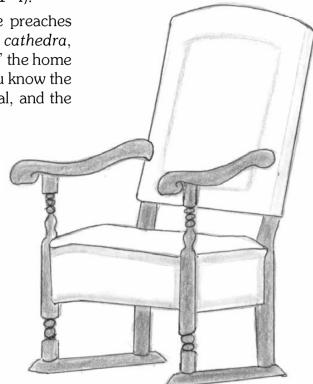
But we are not really celebrating a piece of furniture; we are honoring what the chair symbolizes. The chair itself does have a history. St. Peter is often considered the first Bishop of Rome. Today the pope is regarded as the Bishop of Rome. The physical Chair of Peter is in the basilica of St. Peter in Rome. Some of the wood in the chair is believed to be preserved from the time when Peter himself sat in it. You can see a picture of this chair, now beautifully decorated, on the Internet.

The significance of this feast is not the chair itself but what it symbolizes. A person who holds a position of authority and leadership in an organization is often referred to as its chair. The person who sits in the leadership chair holds great responsibility. In Matthew's Gospel (16:13-19) we read that Jesus told Peter that he would build his church upon Peter and give him the "keys to the kingdom of heaven." Every pope since Peter has had the responsibility to continue to lead the Church in the footsteps of Christ. The pope is to care for all people, following the example of Jesus the Good Shepherd (see 1 Peter 5:1-4).

Every bishop has a chair from which he preaches and presides. The Latin word for this chair is *cathedra*, from which we derive the English "cathedral," the home church of the bishop of each diocese. Do you know the name of your bishop, archbishop, or cardinal, and the name of your cathedral?

If your cathedral is nearby you might want to visit it and see its *cathedra*. Say a prayer for your bishop, who tries every day to do the work given to him by Jesus. If you can't visit the cathedral try to find a picture of it on its website.

In your own parish, notice the presider's chair where the priest sits during the liturgy. Compare it to the picture of the bishop's chair at your cathedral.



# PARISH INFORMATION



## MASS SCHEDULE:

Face Masks are required for all people attending Mass, regardless of vaccination status.

**Weekday: 8:30 am (Mon.-Fri.)**

**Saturday Vigil: 5:00 pm**

**Sunday: 10:00 am**

## RECONCILIATION:

**Saturday: 4:00 pm - 4:30 pm**

Reconciliation is outside, not in the confessional

## PARISH CENTER OFFICE HOURS:

**Tuesday - Thursday: 10:00 am - 2:00 pm**

*Please ring doorbell for entrance to parish offices.*

**Phone: 510.547.2777**

**After Hours Medical Emergency Line: 510.610.7715**

**Parish Website:** [www.sttheresaoakland.org](http://www.sttheresaoakland.org)

**Facebook:** StTheresaChurch/Oakland

## PARISH STAFF: 510.547.2777

**Rev. Robert J. McCann, ext. 121**

*Pastor*

[rjmccann@sttheresaoakland.org](mailto:rjmccann@sttheresaoakland.org)

**Rev. Abraham Addam, ext. 122**

*In Residence*

**Rev. Ngema W. Enow, ext. 128**

*In Residence*

**Cathy Brady, ext. 126**

*Liturgy Director*

[cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

**Jenny Bruni, ext. 123**

*High School Youth Ministry Coordinator*

[jenny@sttheresaoakland.org](mailto:jenny@sttheresaoakland.org)

**Rob Cakebread, ext. 127**

*Music Ministry Director*

[rob@sttheresaoakland.org](mailto:rob@sttheresaoakland.org)

**Melody Marr, ext. 120**

*Parish Administrator*

[melody@sttheresaoakland.org](mailto:melody@sttheresaoakland.org)

**Keri Nims, ext. 124**

*Coordinator for Early Childhood Catechesis & RCIC*

[keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

**ST. THERESA SCHOOL**

Alicia Ortegon, 510.547.3146

*St. Theresa School Principal*

[a\\_ortegon@sttheresaschool.org](mailto:a_ortegon@sttheresaschool.org)

website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

## BAPTISMS AND MARRIAGES

by appointment (call parish office 510.547.2777)

## TO ARRANGE A FUNERAL

call parish office 510.547.2777, ext. 120

## Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

## Middle School Youth Ministry (Grades 6-8)

Jenny Bruni and Keri Nims: Co-Coordinators

## High School Youth Ministry/Confirmation

Jenny Bruni ~ [jenny@sttheresaoakland.org](mailto:jenny@sttheresaoakland.org)

## R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

## Parish Organizations

### Pastoral Council:

Carrie Schaefer

[caralee\\_schaefer@yahoo.com](mailto:caralee_schaefer@yahoo.com)

### Finance Council:

Carolyn Mahoney

[carolyn.mahoney675@gmail.com](mailto:carolyn.mahoney675@gmail.com)

### St. Vincent de Paul Society

Greg Govan

[glogevan@comcast.net](mailto:glogevan@comcast.net)

### CYO (Catholic Youth Organization):

Clarence Robinson

[sttheresaathletics@gmail.com](mailto:sttheresaathletics@gmail.com)

### St. Theresa Men's Club

PJ McGahan

[pjmcgahan@gmail.com](mailto:pjmcgahan@gmail.com)

### Legion of Mary

Tom Wallace

[tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

### WINGS

Ruthanne Allen-Hunt

Toinette Eugene

[ruthanneah@gmail.com](mailto:ruthanneah@gmail.com)

[tmeugene@sbcglobal.net](mailto:tmeugene@sbcglobal.net)

### Social Justice Committee (SJC)

Lydia Deck

[ltdeck@me.com](mailto:ltdeck@me.com)

### Consolation Ministry

Cecile Cuttitta

[cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

### Men's Faith Sharing

Jim Frei

[jim@ottofrei.com](mailto:jim@ottofrei.com)

### Cursillo

Sharon Chipman

[sharonchipman@gmail.com](mailto:sharonchipman@gmail.com)

### Kinderchurch

Shanon Ciston

[s.ciston@gmail.com](mailto:s.ciston@gmail.com)



**HIGHLAND PARTNERS**  
BOUTIQUE REAL ESTATE INTERNATIONAL PRESENCE  
**Kathy Dittmer**  
Realtor & Past Childrens Choir Director  
Resurrection Choir  
**510.334.2001**

Better  
Homes  
& Gardens  
REAL ESTATE

MASON-  
McDUFFIE

BRE 01323768

Possible 10% Commission  
Donated to St Theresa

**COLLINS ROOFING**  
Family owned & Operated  
**510-444-2220**  
Quality Work • Free Estimates  
Parishioner Lic # 695711

**KRUSE** Plumbing  
Heating Cooling  
A Century of Service

RESIDENTIAL & COMMERCIAL  
Proudly Serving The Bay Area  
for 100 Years

TUNE UP YOUR HEATING SYSTEM  
BEFORE THE COLD WEATHER SETS IN!

**510.644.0260**

To Schedule Online or  
Learn More  
**WWW.LJKRUSE.COM**

Mention This Ad **\$25.00**  
and Receive **OFF**

CA LICENSE #405523

**Ann B. Lovi**  
REALTOR®



Parishioner  
& Alumna

**510.332.5747**

ann.lovi@compass.com

**COMPASS**

DRE #R01716499

**ONE PARISH**

Grow in your faith,  
find a Mass, and  
connect with your  
Catholic Community  
with OneParish!

Download on the  
App Store

GET IT ON  
Google play

Download Our Free App or Visit  
<https://www.oneparish.com>



**CORCORAN**

GLOBAL LIVING

**RONNIE MCINERNEY**  
REALTOR & PARISHIONER  
**510.697.7550**

**Visiting Angels**  
LIVING ASSISTANCE SERVICES  
**(510) 269-2999**  
Andrew Slakey  
Owner  
  
• Home Care  
• Bathing & Dressing  
• Meal Preparation  
• Take to Medical Appoint.  
• Respite for Families  
[VisitingAngels.com/Alameda](http://VisitingAngels.com/Alameda)

# Life Matters

For more information go to [www.usccb.org/respectlife](http://www.usccb.org/respectlife)

**See  
Your Ad  
in COLOR**

Call J.S. Paluch Today!  
**1.800.231.0805**

**If You Live Alone You Need MDMedAlert!**

24 Hour Protection at HOME and AWAY!

✓ Ambulance Solutions as Low as **\$19.95** a month  
✓ Police ✓ Fire  
✓ Friends/Family FREE Shipping  
FREE Activation  
NO Long Term Contracts



CALL NOW! **800.809.3352**  
MDMedAlert  
Safe-Guarding America's Seniors Nationwide!

"I have peace of mind...  
Mom remains independent"

As Shown GPS,  
Lowest Price Guaranteed!  
GPS Tracking w/Fall Detection  
Nationwide, No Land Line Needed  
EASY Set-up, NO Contract  
24/7 365 Monitoring in the USA

**FINDaPARISH.com**

Check It Out Today!

**The Most Complete  
Online National  
Directory of  
Catholic Parishes**

Catholic Cruises and Tours and The Apostleship  
of the Sea of the United States of America

Take your FAITH ON A JOURNEY.  
Call us today at 860-399-1785 or email  
[eileen@CatholicCruisesandTours.com](mailto:eileen@CatholicCruisesandTours.com)  
[www.CatholicCruisesandTours.com](http://www.CatholicCruisesandTours.com)

**catholicmatch®**  
California



[CatholicMatch.com/myCA](http://CatholicMatch.com/myCA)

**Protecting Seniors**  
Nationwide



**\$29.95/Mo.** billed quarterly



Call Today! Toll Free 1.877.801.8608

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation

**Grow Your Business, Advertise Here.  
Support Your Church & Bulletin.  
Free professional ad design & my help!**

email: RushT@jspauch.com



[www.jspauch.com](http://www.jspauch.com)

**Call Traci Rush  
925.239.1401**