

ST. THERESA

PARISH
COMMUNITY

ST. THERESA MISSION STATEMENT

WE ARE A WELCOMING,
ACTIVE CATHOLIC COMMUNITY
UNITED BY OUR FAITH, OPEN TO TRANSFORMATION,
GROWING SPIRITUALLY AND REACHING OUT
TO LOVE AND TO SERVE OTHERS

MARCH 7, 2021
THIRD SUNDAY
OF
LENT

HISTORIC
WATER WELL
TEL AVIV

Jesus said,
“Whoever drinks the water I shall give
will never thirst;
the water I shall give will become in them
a spring of water welling up to eternal life.”

JOHN 4:14

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Illustration: *Living Water*, Tony Ward for J. S. Paluch, 2019. Photo: dotan/Adobe Stock

30 MANDALAY ROAD - OAKLAND, CA 94618 - 510.547.2777

MASS INTENTIONS ~ MARCH 7 - 14

Sun. 10:00 am Mabel Delucchi

Mon. 8:30 am + Loren Smith

Tues. 8:30 am + Ruth Pruitt Leif

Wed. 8:30 am + Henry Gilbert

Thurs. 8:30 am Dennis Boegel

Fri. 8:30 am + Jack Doherty

Sun. 10:00 am + Bernita Cassady

KEEP IN TOUCH WITH US**Via email or text message:**

- ◆ Receive parish updates and notices of special events
- ◆ Choose to receive updates from groups you're interested in
- ◆ Unsubscribe anytime



Sign-up at
flocknote.com/StTheresa30
 OR
 Text: STT To: 84579

SUNDAY OFFERING**ONLINE GIVING :**

(February 22-28) 70 DONORS \$ 3,797.40

DROP-OFF/MAILED DONATIONS:

(February 22 - 28) 34 DONORS \$ 4,417.00

You can help us
 during the COVID-19 pandemic.

During this challenging time, we depend on online donations to continue our ministry. Use eGiving from your computer, smartphone or tablet to set up a recurring donation or make a one-time gift.

Use the link on the parish website to donate.

BULLETIN SUBMISSION DEADLINES

March 7 bulletin, was due by February 26 (Friday)

March 14 bulletin, was due by March 5 (Friday)

March 21 bulletin, is due by March 12 (Friday)

March 28 bulletin, is due by March 17 (Wednesday)

Items must be received by 4:00 pm on the due date.

Email to cathy_b@sttheresaoakland.org.

SUPPORT ST. THERESA CHURCH

By using smile.amazon.com and choosing St. Theresa Catholic Church, location: Oakland, CA as your charity when you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the parish.

CATHOLIC RELIEF SERVICE COLLECTION

Next week our parish will take up The Catholic Relief Services Collection. Funds from this Collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Next week, please give generously to the collection and help Jesus in disguise. Learn more about the collection at www.usccb.org/catholic-relief.

**PLEASE REMEMBER IN YOUR PRAYERS
ALL THOSE WHO ARE ILL ESPECIALLY:**

Matt Mercier, Irene Clark, Daniel Sullivan, Dave DeMonte, Sven Cooper Little, Nadine McMillan, Heidi Parmelee, Denise Bridges, Kristine Berman, Helen Buty, Aiden Farinella, Liza Mitra, Guido M., Jim Testa, Kevin Stallone, Dolores Gomez, Alegria Hipolito, Betty Wharton, Patricia Green, Hazel Villata, Juanita Estrella, Diane Longfield, Leslie Fischer, Mike Reilly, Dorothy Donnelly, Pat Tynan, Olga Lamberti, Matt White, Mark Dreier, Tom Sanford, Fr. Alex Snyder, Wendy Parmelee, Roger Baylocq, Ida Scodella, Tom Jones, Sigrid Castaldo, Alicia Gonzalez, Denise Moore, Barbara Krummer, John Bouey, Mirella Baldo, Karis Chodzko, Diana Martínez, Susan Springer, Rachel Cecchetti, Br. Michael Gillette, Takako Smith, Jeanne Cuttitta, Melinda Parker, Margie Sullivan Maddie Heitkemper, Lennox Peerson, Joan Simmons, Badri Nakhjavani, Greg Govan, Richard Rauscher, Eddie Bradford, Wendy Jones, Bob Rogers, Orlando Gonzalez, Kevin Chapman, Peter Chumo, Diane Cerille, Dee McDonough, Melinda Parker, Ruth McCabe, and all who have the corona virus throughout the world.

LIVING STEWARDSHIP

"A man turning from an evil life is bound to be rendered desperate by the knowledge of his sins, if he does not know how good God is, how kind and gentle, and how ready to forgive."

—Saint Bernard of Clairvaux (1090–1153)

MASS INTENTIONS

To request a Mass Intention contact Melody Marr at melody@sttheresaoakland.org or 510.547.2777, ext. 120 (Tuesday - Thursday).

**Bishop's Appeal 2021****St. Theresa Parish Goal - \$35,800**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

A WORD FROM OUR PASTOR *CONTINUED*

It seemed like we never got out of Lent last year, but here we are again! Many are tired of the strange way we have lived for the past year that none of us chose. Yet, as we begin to see some hopes arising with the vaccines available and the good practices most of us have kept, this Lent can truly be a time of renewal and reconciliation with the Lord.

Have you missed coming to be with the community for Mass? We on staff have certainly missed you and it is hopeful that we are open to welcome more people than the last three Sundays. Cathy Brady rearranged the seating plan so that we can accommodate more of you reserving a spot as Alameda County is allowing us. I understand that some will still be slow to want to return until all are vaccinated, and it is assuredly safer, but progress toward this is being made. One parishioner commented last week how good it feels to finally see and pray with friends again!

The Lenten practices offered by the parish and the participation in them is demonstrating that many are desiring a fuller and more active participation in the rituals and life of the Church. In past years, we began to question whether soup nights were working. This year with the first two weeks seeing over 200 involved, my point is made. We are blessed every day by God with abundant gifts. So, with that abundance, we heed the call to share with those who have so little or nothing. Eating a simple meal of soup and bread and contributing what we might have spent on a regular dinner allows us to follow the Lord's command to love one another and look after the poor and needy among us.

I am incredibly grateful to Paul Canales (chef extraordinaire of Duende, formerly Oliveto and Chez Panisse) who is giving his all to make soup for us each week. Sometimes it is hard to see this as a penance when the soups taste so good. A million thanks Paul!

I also shout out to all the volunteers who are facilitating getting the soup to people on Tuesdays especially Keri Nims and Jenny Bruni who crafted the idea and have made its occurrence look easy and the young parishioners who are helping get the soup out.



Fr. Ngema is bringing scripture study based on our Lenten readings to a new depth. The two presentations so far have given anyone who listened so much to think and pray about during the rest of the week. God's word is always amazing because even a passage that we have read a hundred times can give us new meaning and insight when we study it again. God's Word is alive and inviting us to listen!

Deacon Zach is presenting a retreat for the parish not over one week, but over several. Again, if we give God time and listen, we will never be disappointed. His weekly meditation on Wednesday nights is also amazing and has inflamed the Confirmation candidates like no other year. It is not too late to tune in or attend either in the weeks ahead.

Lent was originally a special time of prayer and reflection for those who were about to be baptized. May this year it be a real time for all of us to reflect on our commitment to Christ and open ourselves to Christ's call and love for each of us!

This week in earnest we begin the process of hiring a new principal for our parochial school. She or he is out there, and we pray the process guided by the diocese will bring us together for the next school year. I ask you to pray for our school and for this important search. I invite you to pray this prayer each day until a contract is signed and a new principal hired.

A WORD FROM OUR PASTOR CONTINUED

*O Christ, our Teacher,
You invite Your faithful people
to make disciples in Your name
and to announce good news to the poor.
We thank You for the gift of Catholic schools,
where the message of Your life, death, and
resurrection is proclaimed,
Christian community is experienced,
service to our sisters and brothers is modeled,
and worship of You is cultivated.
Provide for us a principal whose leadership will
fulfill that mission
and ensure that our children and families can
benefit from a high quality Catholic education.
We ask this and ask with the intercession of Mary,
Mother of Catholic Schools.
Amen.*

WEEKLY LENTEN REFLECTION



Third Week of Lent Year A Living Water

Exodus 17:3-7

Psalm 95:1-2, 6-9

If today you hear his voice, harden not your hearts.

Romans 5:1-2, 5-8

John 4:5-42

Water is essential for life. Lack of it caused the Israelites to grumble and sent the Samaritan woman to the well where she encountered Jesus. Moses, acting by God's direction, provided water for the people. Jesus promised living water. What is my image of living water? How would I imagine it in my life? What do I need in my life?

We are all in need of something physically or spiritually. This week I will reach out to others to help supply their needs. I will volunteer at an organization that needs people to drive, sort, pack, distribute, or whatever needs to be done. I will help others receive what they need physically so that they can have the freedom to seek the spiritual living water.

LENT 2021



Lenten Soup is taking a whole new twist!!

Use our new drive thru pickup
(4:30-6:00)

OR

Delivery option for those who are
unable to pickup in person
(weekly prayer provided)

A different soup will be
prepared each week by our
very own parishioner Paul
Canales, chef and owner of
Duende in Oakland

Place order online using link below or by phone- 510-547-2777 x123

All orders need to be placed by Wednesday of the previous week

\$7 donation per person each week you order

Special Pay It Forward option-buy soup for someone who may need a little help.
<https://sttheresaokland.org/pray/lent-2021/lenten-supper-soup>

Check out the Lent 2021 page on the Parish website
for details on all the Lenten activities being offered.

<https://sttheresaokland.org/pray/lent-2021>

PARISH RETREAT WITH DEACON ZACH

Thursday's - March 11, 18, 25

7:00 pm in the church (no reservation needed) and
live-streamed on Facebook

LENTEN BIBLE JOURNEY WITH FR. NGEMA

Tuesday's - March 9, 16, 23, 30

7:00 pm on zoom (link in Friday Flocknote)

LENTEN SOUP

Tuesday's - March 9, 16, 23, 30

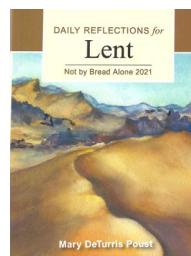
Place order each week on website

<https://sttheresaokland.org/pray/lent-2021/lenten-supper-soup>

OPERATION RICE BOWL

LENT IN A BAG

STATIONS OF THE CROSS



LENTEN REFLECTION BOOKLETS
are available in the church vestibule.

This is a prayerful journey through
lent with day by day reflections on
the Mass readings.

SOCIAL JUSTICE CORNER

*"Remember that nothing is small in the eyes of God.
Do all that you do with love."*

— St. Therese Of Lisieux

Please join us as we support our own St. Vincent de Paul Society Conference to collect items for their Easter Basket program. SVdP will distribute baskets to 100 families who are the most vulnerable and in significant need due to the pandemic.

We will be collecting items listed below after Mass on Sunday, March 7th and Sunday, March 14th. Volunteers will be stationed by the playground area with car trunks open for collection.

For questions, please email Greg Govan at gwgovan@comcast.net.

Items needed for Easter Program:

75 small-to-medium-sized empty Easter baskets

75 small-to-medium-sized new stuffed animals

A variety of wrapped Easter candy for 200 children

\$25 gift cards from Safeway for 100 families to purchase food

Many families in Oakland are struggling to pay utilities and meet commitments of the new moratoriums for rent. The law says that they can't be evicted due to COVID hardships but they still must maybe back what they owe. Also if there is a COVID hardship between Sept 2020 and January 2021 they must pay at least 25% of the rent due to avoid eviction. So for example a mother of 3 who is renting a small apartment for which she owes \$1500/month for the last 5 months must come up with \$1875 dollars now to prevent eviction. She also owes money for utilities and needs to pay car insurance. Finding work is difficult because all 3 of her kids are doing distance learning. These are the families that St. Vincent de Paul and other organizations help. St Vincent de Paul does outreach to these families and individuals to help them keep from being homeless.

The social justice committee would like to suggest that as you write your own check for rent and utilities this Lent that you consider donating \$5-\$10 or more toward someone else's rent and utilities. Consider writing a check to St. Vincent de Paul as they help the most vulnerable in our community of Oakland. You can drop off a check (payable to St. Theresa Church and in the memo please put St. Vincent de Paul) in the mailbox at the rectory or donate thru the link on the Flock Note.

"Remember that nothing is small in the eyes of God. Do all that you do with love."
— St. Therese Of Lisieux

GIRL SCOUT COOKIES

It's GIRL SCOUT COOKIE time!



St. Theresa Girl Scout Troop #30723 will be selling cookies via their virtual troop site this year. Due to Covid-19, unfortunately they can't sell directly to you at their cookie booths. Delicious flavors such as Thin Mints, Samoas and Tagalongs are just clicks away! If you don't want these amazing treats in your home, consider donating, and your cookies will be sent along to our Armed Forces or local food banks. Thank you for supporting this fantastic organization.

<https://DigitalCookie.GirlScouts.org/scout/troop30723-636>

WINGS ~ WOMEN IN GOD'S SPIRIT

WINGS resumes on March 10th, with the Spring season devoted to the topic of Faith in Action. This faith enhancement group for women encourages spiritual growth through prayer, Scripture study, life sharing and community. We will meet on Wednesdays on the Zoom platform from 9:15-11:15am until further notice. Our engaging speakers will uplift you and keep you informed. You'll experience a welcoming community as we support each other in our spiritual growth. Our theme for this year is "Strength for the Journey." Invite a friend! Women from local parishes and other denominations are welcome! If you're new to WINGS or wish to sample a meeting, send your email address to Nancy Midlin at midlin.nancy@gmail.com for a link to Zoom.



"Strength for the Journey"

MARCH 10th

KATHLEEN CURRAN
FOUNDER, THE HEALING WELL, SAN FRANCISCO

***Inspired and Humbled
by People on the Margins***

ST. THERESA SCHOOL**St Theresa Sunday Dinners Cookbook**

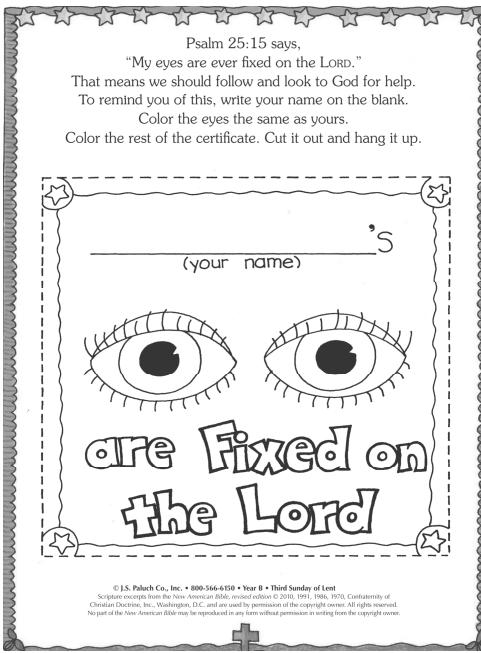
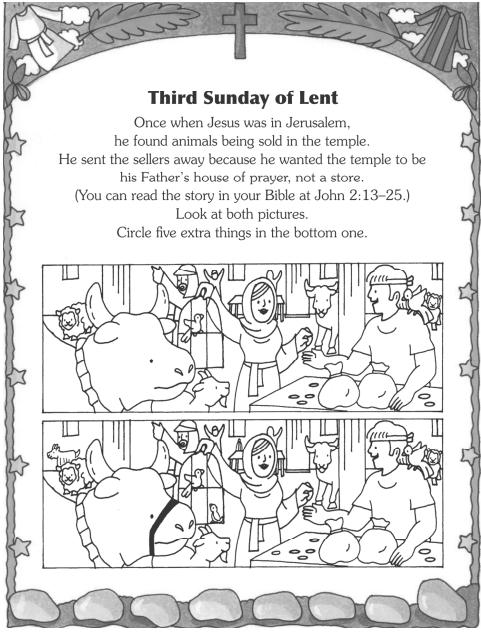
What are your family's Sunday dinner traditions? What is a favorite recipe or menu? Have you been honing your culinary skills? Is your go to a tried and true family recipe or your own creation?

The St Theresa Parents' Club invites you to share your family's favorite Sunday dinner recipes and menus. We will be compiling all the submissions into a community cookbook. Please share your Sunday dinner traditions, why this is your go to menu or recipe, a photo of your family, etc. Cookbooks will be printed and available to purchase, with a target delivery date in early May. All proceeds from this fundraiser will go to benefit the school.

Please make your submissions by March 15th to allow time for collating and printing. Use the link below to make your submissions.

People who want to submit recipes can do so via the following link: <https://bonapp.typeform.com/to/Gihi5dNt> or via email by sending their submissions to the Parents Club email:

sttheresaparentsclub@gmail.com



ONLINE PRAYER REQUEST FOR THE SICK OR DECEASED

You can submit names for the Prayers of the Faithful for our Sunday Mass and the bulletin prayer list (*Prayers for the Sick or Recently Deceased*) online.

Please complete the form on the parish website page Prayer/Mass & Confession Time, their name will be included in the weekly bulletin and our Sunday live-stream Mass.

This form is not for Mass Intentions.

PUBLIC MASSES

The weekend Mass on Sunday is at 10:00 am which will continue to be live-streamed, weekday (Mon. - Fri.) at 8:30 am.

Due to the limited number of people (which include clergy/staff/volunteers) who are allowed in the church, you must make a reservation for Sunday Mass. A Flocknote is sent out every Tuesday with the link to place a reservation for the upcoming Sunday. Reservations will be taken from 9:00 am Tuesday to noon Thursday.
https://sttheresaoakland.org/Mass_Reservation

WALK-UP HOLY COMMUNION

FOLLOWING SUNDAY 10:00 AM MASS



Communion will be distributed in the church vestibule following Mass. We ask that you line up using the social distancing markers on the steps and blacktop. **You will be ushered one person at a time into the vestibule for communion.** Volunteers will be there to assist you.

Masks MUST be worn at all times. Please use a hand sanitizer before receiving communion. If you are wearing gloves, you must remove them before receiving Eucharist. It is preferred that you receive the Host in your hands for the time being.

After receiving Holy Communion, there will be a table where you may pick up a bulletin and a basket for your Sunday offering, and then please return to your car and depart.

VOLUNTEER TO HELP AT PUBLIC MASSES

Your assistance is needed at our weekend Mass. All the information on how to volunteer and the various options can be found on the parish website at:

<https://sttheresaoakland.org/reopening>

PRAYER FOR A SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament.
I love you above all things and I desire to receive you in my soul.
Since I cannot at this moment receive you sacramentally,
Come spiritually into my heart.

I embrace you as if you were already there And unite myself wholly to you.
Never permit me to be separated from you. Amen.

WEEKLY READINGS

March 8 - 14

Monday:

2 Kgs 5:1-15ab
Ps 42
Lk 4:24-30

Tuesday

Dn 3:25, 34-43
Ps 25
Mt 18:21-35

Wednesday

Dt 4:1, 5-9
Ps 147
Mt 5:17-19

Thursday:

Jer 7:23-28
Ps 95
Lk 11:14-23

Friday

Hos 14:2-10
Ps 81
Mk 12:28-34

Saturday

Hos 6:1-6
Ps 51
Lk 18:9-14

Sunday: (Year A readings)

1 Sm 16:1b, 6-7, 10-13a
Ps 23
Eph 5:8-14
Jn 9:1-41

PARISH INFORMATION



Mass Schedules:

Weekday: 8:30 am

Sunday: 10:00 am

[reservation required for Sunday public Mass]

Live-Streamed on Facebook

Walk-Up Holy Communion
following Mass

Reconciliation: *(call for an appointment)*

Parish Center Office Hours:

Tuesday - Thursday: 10:00 am - 2:00 pm

THE PARISH OFFICES ARE CLOSED UNTIL FURTHER NOTICE.

**THE PARISH STAFF IS AVAILABLE BY PHONE AND EMAIL
DURING OFFICE HOURS.**

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

Parish Website: www.sttheresaokland.org

Facebook: StTheresaChurch/Oakland

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121
Pastor

rjmccann@sttheresaokland.org

Rev. Abraham Addam, ext. 122
In Residence

Rev. Ngema Wi Enow, ext. 128
In Residence

Cathy Brady, ext. 126
Liturgy Director

cathy_b@sttheresaokland.org

Jenny Bruni, ext. 123
High School Youth Ministry Coordinator

jenny@sttheresaokland.org

Rob Cakebread, ext. 127
Music Ministry Director

rob@sttheresaokland.org

Joyce Holden
Middle School Youth Ministry

joyce@sttheresaokland.org

Melody Marr, ext. 120
Parish Administrator

melody@sttheresaokland.org

Keri Nims, ext. 124
Coordinator for Early Childhood Catechesis & RCIC

keri@sttheresaokland.org

ST. THERESA SCHOOL
Katie Murphy, 510.547.3146

St. Theresa School Interim Principal

k_murphy@sttheresaschool.org

website: www.sttheresaschool.org

Baptisms and Marriages

by appointment (call parish office 510.547.2777)

To arrange a Funeral

call parish office 510.547.2777, ext. 120

Family Faith Formation (Grades 1-5)

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Joyce Holden ~ joyce@sttheresaokland.org

High School Youth Ministry/Confirmation

Jenny Bruni ~ jenny@sttheresaokland.org

R.C.I.A.

Rite of Christian Initiation of Adults, Contact

Cathy Brady ~ cathy_b@sttheresaokland.org

Parish Organizations

Pastoral Council:

Carrie Schaefer

caralee_schaefer@yahoo.com

Finance Council:

PJ McGahan

pjmcgahan@gmail.com

St. Vincent de Paul Society

Greg Govan

glgovan@comcast.net

CYO (Catholic Youth Organization):

Clarence Robinson

sttheresaathletics@gmail.com

St. Theresa Men's Club

PJ McGahan

pjmcgahan@gmail.com

Legion of Mary

Tom Wallace

tomw1313@sbcglobal.net

WINGS

Sharon Chipman

Ruthanne Allen-Hunt

sharonchipman@gmail.com

ruthanneah@gmail.com

Consolation Ministry

Cecile Cuttitta

cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei

jim@ottofrei.com

Cursillo

Sharon Chipman

sharonchipman@gmail.com

Kinderchurch

Shanon Ciston

s.ciston@gmail.com



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