

ST. THERESA

PARISH
COMMUNITY

ST. THERESA MISSION STATEMENT

WE ARE A WELCOMING,
ACTIVE CATHOLIC COMMUNITY
UNITED BY OUR FAITH, OPEN TO TRANSFORMATION,
GROWING SPIRITUALLY AND REACHING OUT
TO LOVE AND TO SERVE OTHERS

MARCH 14, 2021
FOURTH SUNDAY
OF
LENT

THE POOL
OF SILOAM
JERUSALEM

I was blind and now I see.

JOHN 9:25

© J. S. Paluch Co., Inc. - Excerpts from the *Lectionary for Mass* © 2008, 1998, 1997, 1986, 1970, CCD. All rights reserved.
Illustration: *Living Water*, Tony Ward for J. S. Paluch, 2019. Photo: malajscy/Adobe Stock

30 MANDALAY ROAD • OAKLAND, CA 94618 • 510.547.2777

MASS INTENTIONS ~ MARCH 14 - 21

Sun. 10:00 am † Bernita Cassady

Mon. 8:30 am † David Frisella

Tues. 8:30 am Parish Community of St. Theresa

Wed. 8:30 am † John McCole

Thurs. 8:30 am † Robert Gabor

Fri. 8:30 am Violet Chancey

Sun. 10:00 am † Bob Hunka

KEEP IN TOUCH WITH US**Via email or text message:**

- ◆ Receive parish updates and notices of special events
- ◆ Choose to receive updates from groups you're interested in
- ◆ Unsubscribe anytime



Sign-up at
flocknote.com/StTheresa30
 OR
 Text: STT To: 84579

SUNDAY OFFERING**ONLINE GIVING :**

(March 1 - 7) 87 DONORS \$ 6,240.60

DROP-OFF/MAILED DONATIONS:

(March 1 - 7) 36 DONORS \$ 2,570.00

PARISH MAINTENANCE & IMPROVEMENT:

ONLINE: Feb. 8 - March 7: 41 DONORS \$ 1,596.60

DROP-OFF/MAILED: 42 DONORS \$ 1,830.00

You can help us
 during the COVID-19 pandemic.

During this challenging time, we depend on online donations to continue our ministry. Use eGiving from your computer, smartphone or tablet to set up a recurring donation or make a one-time gift.

Use the link on the parish website to donate.

SUPPORT ST. THERESA CHURCH

By using smile.amazon.com and choosing St. Theresa Catholic Church, location: Oakland, CA as your charity when you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the parish.

**DECEASED**

Please remember in your prayers, those who have died especially Barbara Kummer, mother of Bob & Mary Zaletel.

**PLEASE REMEMBER IN YOUR PRAYERS
ALL THOSE WHO ARE ILL ESPECIALLY:**

Matt Mercier, Irene Clark, Daniel Sullivan, Dave DeMonte, Sven Cooper Little, Nadine McMillan, Heidi Parmelee, Denise Bridges, Kristine Berman, Helen Buty, Aiden Farinella, Liza Mitra, Guido M., Jim Testa, Kevin Stallone, Dolores Gomez, Alegria Hipolito, Betty Wharton, Patricia Green, Hazel Villata, Juanita Estrella, Diane Longfield, Leslie Fischer, Mike Reilly, Dorothy Donnelly, Pat Tynan, Olga Lamberti, Matt White, Mark Dreier, Tom Sanford, Fr. Alex Snyder, Wendy Parmelee, Roger Baylocq, Ida Scodella, Tom Jones, Sigrid Castaldo, Alicia Gonzalez, Denise Moore, John Bouey, Mirella Baldo, Karis Chodzko, Diana Martinez, Susan Springer, Rachel Cecchetti, Br. Michael Gillette, Takako Smith, Jeanne Cuttitta, Melinda Parker, Margie Sullivan, Maddie Heitkemper, Lennox Peerson, Joan Simmons, Badri Nakhjavani, Greg Govan, Richard Rauscher, Eddie Bradford, Wendy Jones, Bob Rogers, Orlando Gonzalez, Kevin Chapman, Peter Chumo, Diane Cerille, Dee McDonough, Melinda Parker, Ruth McCabe, Joanne Rauscher, Tom Wilberding, and all who have the corona virus throughout the world.

LIVING STEWARDSHIP

Join or donate to an organization that works for peace and justice. You can find a selection of such organizations listed on the United States Conference of Catholic Bishops Web site: <http://www.usccb.org/about/justice-peace-and-human-development/index.cfm>.

Copyright © 2011, World Library Publications. All rights reserved.

MASS INTENTIONS

To request a Mass Intention contact Melody Marr at melody@sttheresaoakland.org or 510.547.2777, ext. 120 (Tuesday - Thursday).

BULLETIN SUBMISSION DEADLINES

March 14 bulletin, was due by March 5 (Friday)

March 21 bulletin, was due by March 12 (Friday)

March 28 bulletin, is due by March 17 (Wednesday)

April 4 bulletin, is due by March 24 (Wednesday)

Items must be received by 4:00 pm on the due date.

Email to cathy_b@sttheresaoakland.org.



Bishop's Appeal 2021

St. Theresa Parish Goal - \$35,800

<https://www.oakdiocese.org/bishops-appeal-donation-page>

A WORD FROM OUR PASTOR *CONTINUED*

Here we are midway through another Lent and sadly with restrictions as we were last year. Last year we were just learning about the seriousness of the pandemic. Sadly, since the year has passed more than 500,000 of our fellow citizens have died because of this terrible virus.

The number in our world is even more, but if you just take the number of deaths in our own country it is more than those who died bravely for our country in World War I & II and the Viet Nam War. I grew up knowing families who had lost a son or brother or sister in WW II and noted that you never get completely over such a loss. I was not drafted during the Viet Nam war, but remember families in my parish who lost someone. It is a cause of tears to visit the Viet Nam Memorial in D.C. especially when there is always someone letting the tears flow.

As more and more of us get the vaccine, let us not forget those for whom it was too late. As we see glimmers of hope that schools will be back, our family gatherings will be enlarged, some normal life will start again, let us pray for and reach out to those who have lost someone. I think next year at this time, we should have a Sunday like we do over Veterans and Memorial Day and remember and reach out to the families who will grieve for the rest of their lives until the Lord wipes every tear from our eyes as promised.

The success of the soup nights, the attendance to both the parish retreat led by Deacon Zach and the Bible Study led by Fr. Ngema all demonstrate our collective desire to be together and to be with the Lord. Soon we will celebrate First Communions (May 22) and Confirmation (May 16). As we have in the past, I ask you to pray for all the candidates of these sacraments. In past years we have made available pictures of the candidates so we could keep them in our prayer book or bible to remind us to pray for them. Without that aid this year, please remember them.

I also ask in a special way that you pray for the Elect. In our midst, the one candidate and around us hundreds who will join us through the sacraments of Initiation into the Body of Christ which we are. Last week the Lenten scrutinized of the Elect began across the world. I offer some good words that I hope will encourage all of us to reflect on the gift of God and the

love of God when we were baptized and welcomed as members of the Body of Christ.

"Dear Elect, in a few moments you will stand here before us and dare to reveal your own barriers. The Word of God has scrutinized you, and you will look into your hearts for your deepest longings. And you will turn to us, the Church, for encouragement, prayer, and support. Friends, no matter what the world has told you, no matter what your own fears have told you, here, you are enough."



We believe that about you not because of any deeds you have done, not because you've passed any tests or proven yourselves. We believe you are enough because of our faith in Christ and because of our hope in the glory of God. And that hope will not disappoint.

We believe that the God who brought the Israelites out of their slavery will also bring you out of the slavery of jealousy, pride, and being too busy.

We believe that the God who brought flowing water out of solid stone will also pour his love into your hearts so that they may not become hardened by isolation, laziness, distrust, and selfishness.

We believe that the God who revealed his true identity to an outcast will also reveal to you the truth about what's important and what really makes us holy in God's eyes.

We believe this because of our baptism because God is stronger than our sin. We know this because of the Holy Spirit, because God always gives us more than we expect. We know this because of the Eucharist, the bread we eat and the wine we drink Sunday after Sunday, because God makes even our imperfect lives into the Body and Blood of Christ.

For when God wants to know you, it will be completely, without boundaries, without rejection, without requiring you to be someone you aren't. All that is asked is that you believe and have faith."

A WORD FROM OUR PASTOR CONTINUED

Prayer for a New Principal

O Christ, our Teacher,
You invite Your faithful people
to make disciples in Your name
and to announce good news to the poor.
We thank You for the gift of Catholic schools,
where the message of Your life, death, and
resurrection is proclaimed,
Christian community is experienced,
service to our sisters and brothers is modeled,
and worship of You is cultivated.
Provide for us a principal whose leadership will
fulfill that mission
and ensure that our children and families can
benefit from a high quality Catholic education.
We ask this and ask with the intercession of Mary,
Mother of Catholic Schools.

Amen.

WEEKLY LENTEN REFLECTION



Fourth Week of Lent Year A

Sight

Samuel 16:1b, 6-7, 10-13a

Psalm 23:1-6

The Lord is my shepherd; there is nothing I shall want..

Ephesians 5:8-14

John 9:1-41

We do not see as God sees, for God sees a person's heart. Samuel originally thought, judging by appearances, that David's older brother was the one he was called to anoint. The blind man believed in Jesus, but the Pharisees, who could see, were not able to recognize Jesus for who he was.

Where am I blind? Is there someone I have judged quickly, looking only at appearances? This week I will take another look and try to get to know and understand the person. I will ask the Lord to give me the gift of his sight so that I may see people for who they truly are. I will avoid rash judgments.

LENT 2021



Lenten Soup is taking a whole new twist!!

Use our new drive thru pickup
(4:30-6:00)

OR

Delivery option for those who are
unable to pickup in person
(weekly prayer provided)

A different soup will be
prepared each week by our
very own parishioner Paul
Canales, chef and owner of
Duende in Oakland

Place order online using link below or by phone- 510-547-2777 x123

All orders need to be placed by Wednesday of the previous week

\$7 donation per person each week you order

Special Pay It Forward option-buy soup for someone who may need a little help.
<https://sttheresaokland.org/pray/lent-2021/lenten-supper-soup>

Check out the Lent 2021 page on the Parish website
for details on all the Lenten activities being offered.

<https://sttheresaokland.org/pray/lent-2021>

PARISH RETREAT WITH DEACON ZACH

Thursday's - March 18, 25

7:00 pm in the church (no reservation needed)
and on Zoom (link in Friday Flocknote)

LENTEN BIBLE JOURNEY WITH FR. NGEMA

Tuesday's - March 16, 23, 30

7:00 pm on zoom (link in Friday Flocknote)

LENTEN SOUP

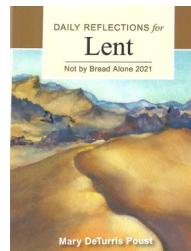
Tuesday's - March 16, 23, 30

Place order each week on website
<https://sttheresaokland.org/pray/lent-2021/lenten-supper-soup>

OPERATION RICE BOWL

LENT IN A BAG

STATIONS OF THE CROSS



LENTEN REFLECTION BOOKLETS
are available in the church vestibule.

This is a prayerful journey through
lent with day by day reflections on
the Mass readings.

SOCIAL JUSTICE CORNER

*"Remember that nothing is small in the eyes of God.
Do all that you do with love."*

— St. Therese Of Lisieux

Please join us as we support our own St. Vincent de Paul Society Conference to collect items for their Easter Basket program. SVdP will distribute baskets to 100 families who are the most vulnerable and in significant need due to the pandemic.

We will be collecting items listed below after Mass on Sunday, March 7th and Sunday, March 14th. Volunteers will be stationed by the playground area with car trunks open for collection.

For questions, please email Greg Govan at gwgovan@comcast.net.

Items needed for Easter Program:

Through your generosity they have collected all the Easter items needed. They are still in need of Safeway gift cards.

\$25 gift cards from Safeway for 100 families to purchase food

Many families in Oakland are struggling to pay utilities and meet commitments of the new moratoriums for rent. The law says that they can't be evicted due to COVID hardships but they still must pay back what they owe. Also if there is a COVID hardship between Sept 2020 and January 2021 they must pay at least 25% of the rent due to avoid eviction. So for example a mother of 3 who is renting a small apartment for which she owes \$1500/month for the last 5 months must come up with \$1875 dollars now to prevent eviction. She also owes money for utilities and needs to pay car insurance. Finding work is difficult because all 3 of her kids are doing distance learning. These are the families that St. Vincent de Paul and other organizations help. St Vincent de Paul does outreach to these families and individuals to help them keep from being homeless.

The social justice committee would like to suggest that as you write your own check for rent and utilities this Lent that you consider donating \$5-\$10 or more toward someone else's rent and utilities. Consider writing a check to St. Vincent de Paul as they help the most vulnerable in our community of Oakland. You can drop off a check (payable to St. Theresa Church and in the memo please put St. Vincent de Paul) in the mailbox at the rectory or donate thru the link on the Flock Note.

"Remember that nothing is small in the eyes of God. Do all that you do with love."

— St. Therese Of Lisieux

GIRL SCOUT COOKIES

It's GIRL SCOUT COOKIE time!



St. Theresa Girl Scout Troop #30723 will be selling cookies via their virtual troop site this year. Due to Covid-19, unfortunately they can't sell directly to you at their cookie booths. Delicious flavors such as Thin Mints, Samoas and Tagalongs are just clicks away! If you don't want these amazing treats in your home, consider donating, and your cookies will be sent along to our Armed Forces or local food banks. Thank you for supporting this fantastic organization.

<https://DigitalCookie.GirlScouts.org/scout/troop30723-636>

WINGS ~ WOMEN IN GOD'S SPIRIT

WINGS is a faith enhancement group for women that encourages spiritual growth through prayer, Scripture study, life sharing and community. We meet on Wednesdays on the Zoom platform from 9:15-11:15am for the rest of this year. Our engaging speakers will uplift you and keep you informed. You'll experience a welcoming community as we support each other in our spiritual growth. Invite a friend! Women from local parishes and other denominations are welcome! If you were a member last year you will automatically receive a Zoom invitation. If you're new to WINGS or wish to sample a meeting, send your email address to Nancy Midlin midlin.nancy@gmail.com. She will send you the link to Zoom.



"Strength for the Journey"

MARCH 17TH

MARY JO MCCONAHEY
JOURNALIST & AUTHOR

*A Faith Journey:
Meeting Martyrs in Our Time*

ST. THERESA SCHOOL**St Theresa Sunday Dinners Cookbook**

What are your family's Sunday dinner traditions? What is a favorite recipe or menu? Have you been honing your culinary skills? Is your go to a tried and true family recipe or your own creation?

The St Theresa Parents' Club invites you to share your family's favorite Sunday dinner recipes and menus. We will be compiling all the submissions into a community cookbook. Please share your Sunday dinner traditions, why this is your go to menu or recipe, a photo of your family, etc. Cookbooks will be printed and available to purchase, with a target delivery date in early May. All proceeds from this fundraiser will go to benefit the school.

Please make your submissions by March 15th to allow time for collating and printing. Use the link below to make your submissions.

People who want to submit recipes can do so via the following link: <https://bonapp.typeform.com/to/Gihi5dNt> or via email by sending their submissions to the Parents Club email:

sttheresaparentsclub@gmail.com

ST. T'S SUNDAY SUPPER

MAY 2ND
4:00-5:00 PM

ST. T'S SUNDAY SUPPER
A VIRTUAL COMMUNITY
FUNDRAISING EVENT



Please mark your calendars and plan to join our St. Theresa Community for an online event celebrating the extraordinary accomplishments of the past year and looking ahead to brighter days when we are all back together on campus.

The event will be hosted by Emily Quinn, Emcee and auctioneer, Oakland-based mom, and all-around fun personality. Our virtual program will feature appearances by St. Theresa School and Diocese leadership and will recognize the tremendous work our teachers, administration and families have done to educate our children despite this year's challenges. We will honor our upcoming eighth grade graduates and finally, raise money to support our school through a virtual paddle raise appeal and limited live virtual auction (pending donations). You are invited to register for this live virtual program beginning March 31st on our website,

<https://paybee.io/@sttheresa>

ONLINE PRAYER REQUEST FOR THE SICK OR DECEASED

You can submit names for the Prayers of the Faithful for our Sunday Mass and the bulletin prayer list (*Prayers for the Sick or Recently Deceased*) online.

Please complete the form on the parish website page Prayer/Mass & Confession Time, their name will be included in the weekly bulletin and our Sunday live-stream Mass.

This form is not for Mass Intentions.

PUBLIC MASSES

Our weekend Sunday Mass is at 10:00 am, and will continue to be live-streamed on Facebook, weekday (Mon. - Fri.) at 8:30 am.

Due to the limited number of people (which include clergy/staff/volunteers) who are allowed in the church, you must make a reservation for Sunday Mass. A Flocknote is sent out every Tuesday with the link to place a reservation for the upcoming Sunday. Reservations will be taken from 9:00 am Tuesday to noon Thursday.
https://sttheresaoakland.org/Mass_Reservation

WALK-UP HOLY COMMUNION

FOLLOWING SUNDAY 10:00 AM MASS



Communion will be distributed in the church vestibule following Mass. We ask that you line up using the social distancing markers on the steps and blacktop. **You will be ushered one person at a time into the vestibule for communion.** Volunteers will be there to assist you.

Masks MUST be worn at all times. Please use a hand sanitizer before receiving communion. If you are wearing gloves, you must remove them before receiving Eucharist. It is preferred that you receive the Host in your hands for the time being.

After receiving Holy Communion, there will be a table where you may pick up a bulletin and a basket for your Sunday offering, and then please return to your car and depart.

VOLUNTEER TO HELP AT PUBLIC MASSES

Your assistance is needed at our weekend Mass. All the information on how to volunteer and the various options can be found on the parish website at:

<https://sttheresaoakland.org/reopening>

PRAYER FOR A SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the Most Holy Sacrament.
 I love you above all things and I desire to receive you in my soul.
 Since I cannot at this moment receive you sacramentally,
 Come spiritually into my heart.

I embrace you as if you were already there And unite myself wholly to you.
 Never permit me to be separated from you. Amen.

WEEKLY READINGS

March 15 - 21

Monday:

Is 65:17-21
 Ps 30
 Jn 4:43-54

Tuesday

Ez 47:1-9, 12
 Ps 46
 Jn 5:1-16

Wednesday

Is 49:8-15
 Ps 145
 Jn 5:17-30

Thursday:

Ex 32:7-14
 Ps 106
 Jn 5:31-47

Friday

2 Sm 7:4-5a, 12-14a, 16
 Ps 89
 Rom 4:13, 16-18, 22
 Mt 1:16, 18-21

Saturday

Jer 11:18-20
 Ps 7
 Jn 7:40-53

Sunday: (Year A readings)

Ez 37:12-14
 Ps 130
 Rom 8:8-11
 Jn 11:1-45

PARISH INFORMATION



Mass Schedules:

Weekday: 8:30 am

Sunday: 10:00 am

[reservation required for Sunday public Mass]

Live-Streamed on Facebook
Walk-Up Holy Communion
following Mass

Reconciliation: *(call for an appointment)*

Parish Center Office Hours:

Tuesday - Thursday: 10:00 am - 2:00 pm

THE PARISH OFFICES ARE CLOSED UNTIL FURTHER NOTICE.

**THE PARISH STAFF IS AVAILABLE BY PHONE AND EMAIL
DURING OFFICE HOURS.**

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

Parish Website: www.sttheresaokland.org

Facebook: StTheresaChurch/Oakland

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121
Pastor

rjmccann@sttheresaokland.org

Rev. Abraham Addam, ext. 122
In Residence

Rev. Ngema Wi Enow, ext. 128
In Residence

Cathy Brady, ext. 126
Liturgy Director

cathy_b@sttheresaokland.org

Jenny Bruni, ext. 123
High School Youth Ministry Coordinator

jenny@sttheresaokland.org

Rob Cakebread, ext. 127
Music Ministry Director

rob@sttheresaokland.org

Joyce Holden
Middle School Youth Ministry

joyce@sttheresaokland.org

Melody Marr, ext. 120
Parish Administrator

melody@sttheresaokland.org

Keri Nims, ext. 124
Coordinator for Early Childhood Catechesis & RCIC

keri@sttheresaokland.org

ST. THERESA SCHOOL
Katie Murphy, 510.547.3146
St. Theresa School Interim Principal

k_murphy@sttheresaschool.org

website: www.sttheresaschool.org

Baptisms and Marriages

by appointment (call parish office 510.547.2777)

To arrange a Funeral

call parish office 510.547.2777, ext. 120

Family Faith Formation (Grades 1-5)

Keri Nims ~ keri@sttheresaokland.org

Middle School Youth Ministry (Grades 6-8)

Joyce Holden ~ joyce@sttheresaokland.org

High School Youth Ministry/Confirmation

Jenny Bruni ~ jenny@sttheresaokland.org

R.C.I.A.

Rite of Christian Initiation of Adults, Contact
Cathy Brady ~ cathy_b@sttheresaokland.org

Parish Organizations

Pastoral Council:

Carrie Schaefer caralee_schaefer@yahoo.com

Finance Council:

PJ McGahan pjmcgahan@gmail.com

St. Vincent de Paul Society

Greg Govan glgovan@comcast.net

CYO (Catholic Youth Organization):

Clarence Robinson sttheresaathletics@gmail.com

St. Theresa Men's Club

PJ McGahan pjmcgahan@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Sharon Chipman sharonchipman@gmail.com
Ruthanne Allen-Hunt ruthanneah@gmail.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Cursillo

Sharon Chipman sharonchipman@gmail.com

Kinderchurch

Shanon Ciston s.ciston@gmail.com



HIGHLAND PARTNERS
BOUTIQUE REAL ESTATE INTERNATIONAL PRESENCE
Kathy Dittmer
Realtor & Past Childrens Choir Director
Resurrection Choir
510.334.2001
Better Homes and Gardens
REAL ESTATE | MASON-MCDUFFIE BRE 01323768

Possible 10% Commission
Donated to St Theresa

FINDaPARISH.com
Check It Out Today!

**The Most Complete
Online National
Directory of
Catholic Parishes**



HIGHLAND PARTNERS
BOUTIQUE REAL ESTATE INTERNATIONAL PRESENCE
RONNIE MCINERNEY
REALTOR & PARISHIONER
510.697.7550
Better Homes and Gardens
REAL ESTATE | MASON-MCDUFFIE

Ann B. Lovi
REALTOR®



Parishioner & Alumna
510.332.5747
ann.lovi@compass.com

COMPASS

BRE #R01716499

**Grow Your Business, Advertise Here.
Support Your Church & Bulletin.
Free professional ad design & my help!**

email: kwiatkowskim@jpaluch.com



Call Marcy Kwiatkowski
925.239.1401



Maria Cavallo-Merrion
Realtor®
Buying or Selling?
I'm committed to my clients.
510.919.8841
maria.cavallo@compass.com

St. Theresa Alumni, Parent,
Native, Resident

COMPASS

COLLINS ROOFING
Family owned & Operated
510-444-2220
Quality Work • Free Estimates
Parishioner Lic # 695711

KRUSE Plumbing Heating Cooling
L.J. KRUSE COMPANY
A Century of Service

RESIDENTIAL & COMMERCIAL
Proudly Serving The Bay Area
for 100 Years

TUNE UP YOUR HEATING SYSTEM
BEFORE THE COLD WEATHER SETS IN!

510.644.0260

To Schedule Online or
Learn More
WWW.LJKRUSE.COM

Mention This Ad **\$25.00**
and Receive **OFF**

CA LICENSE #405523

COMMERCIAL INSURANCE AND RISK MANAGEMENT

- Representing all major insurance carriers
- Specializing in restaurants, commercial real estate, construction, and transportation.

ASURARISK
& INSURANCE SERVICES

ASURA is a PIB Affiliate - Top 100 Agency



Contact Kevin Kilty (925) 701-3080 www.asurarisk.com

See
Your Ad
in COLOR

Call J.S. Paluch Today!
1.800.231.0805

Village
MARKET

510-547-3200

Open: Monday-Saturday 7 am-9 pm & Sunday 8 am-8 pm
Outdoor BBQ • 7 Days a week
3 pm-6 pm Year Round
5885 Broadway Terrace • www.villagemkt.com
Thank you! Keith & Kari Trimble

Catholic Cruises and Tours and The Apostleship
of the Sea of the United States of America
Take your FAITH ON A JOURNEY.
Call us today at 860-399-1785 or email
eileen@catholiccruisesandtours.com
www.CatholicCruisesandTours.com



FLOOR DIMENSIONS, INC.
CARPET - VINYL - HARDWOOD - TILE - LINOLEUM - LAMINATE

10% OFF WITH THIS AD

Family Operated since 1986

info@floordimensions.com

1081 Eastshore Hwy
Albany, CA, 94710
Between Gilman and Buchanan
510-525-5656

Visiting Angels
LIVING ASSISTANCE SERVICES
(510) 269-2999
Andrew Slakey
Owner
• Home Care
• Bathing & Dressing
• Meal Preparation
• Take to Medical Appoint.
• Respite for Families
VisitingAngels.com/Alameda

If You Live Alone You Need MDMedAlert!

24 Hour Protection at HOME and AWAY!

✓ Ambulance

✓ Police

✓ Fire

✓ Friends/Family

Solutions as Low as **\$19.95** a month

FREE Shipping

FREE Activation

NO Long Term Contracts

"I have peace of mind... Mom remains independent."

CALL NOW! **800.809.3352**

MDMedAlert

GPS Tracking w/Fall Detection
Nationwide, No Land Line Needed
EASY Set-up, NO Contract
24/7 365 Monitoring in the USA



This Button SAVES Lives!
As Shown GPS,
Lowest Price Guaranteed!

**Get this
weekly bulletin
delivered by
email - for FREE!**



Sign up here:
www.jspaluch.com/subscribe

Courtesy of J.S. Paluch Company, Inc.



ONE PARISH
Grow in your faith,
find Mass, and
connect with your
Catholic Community
with OneParish!
 Download Our Free App or Visit
www.MY.ONEPARISH.com

catholicmatch®
California



CatholicMatch.com/myCA

Protecting Seniors
Nationwide



Medical Alert System

\$29.95/MO. billed quarterly

- One Free Month
- No Long-Term Contract
- Price Guarantee
- Easy Self Installation



Call Today!

Toll Free 1.877.801.8608

For Ads: J.S. Paluch Co., Inc. 1-800-675-5051