

ST. THERESA

PARISH COMMUNITY

ST. THERESA MISSION STATEMENT

WE ARE A WELCOMING,
ACTIVE CATHOLIC COMMUNITY
UNITED BY OUR FAITH, OPEN TO TRANSFORMATION,
GROWING SPIRITUALLY AND REACHING OUT
TO LOVE AND TO SERVE OTHERS
AS JESUS TAUGHT US.

MARCH 20, 2022

THIRD SUNDAY
OF
LENT

HISTORIC
WATER WELL
TEL AVIV

Jesus said,
“Whoever drinks the water I shall give
will never thirst;
the water I shall give will become in them
a spring of water welling up to eternal life.”

JOHN 4:14

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30 MANDALAY ROAD --- OAKLAND, CA 94618 --- 510.547.2777


MASS INTENTIONS - MARCH 19 - 27

Sat. 5:00 pm Parish Community of St. Theresa
 Sun. 10:00 am † Diane DeVecchio Ramsey

Mon. 8:30 am
 Tues. 8:30 am † Elsie Giuntoli
 Wed. 8:30 am
 Thurs. 8:30 am
 Fri. 8:30 am

Sat. 5:00 pm † Thomas H. Jones
 Sun. 10:00 am Parish Community of St. Theresa

KEEP IN TOUCH WITH US

Via email or text message:  **flocknote**

- ♦ Receive the weekly Friday Flocknote
- ♦ Receive parish updates and notices of special events
- ♦ Choose to receive updates from groups you're interested in
- ♦ Unsubscribe anytime

Sign-up at
flocknote.com/StTheresa30
 OR
 Text: STT To: 84579

SUNDAY OFFERING

ONLINE GIVING :
(March 7 - 13) 66 DONORS **\$ 3,890.20**

MASS/DROP-OFF/MAILED DONATIONS:
(March 7 - 13) 33 DONORS **\$ 2,188.00**

ONLINE GIVING

Online Giving is available for anyone who prefers to donate through automatic draft for their Sunday Offering, Building Maintenance and Second Collections.

Scan the QR code to sign-up or make changes to your online giving.

**SUPPORT ST. THERESA CHURCH**

By using smile.amazon.com and choosing St. Theresa Catholic Church, location: Oakland, CA as your charity when you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the parish.

CATHOLIC RELIEF SERVICE COLLECTION

Next week our parish will take up The Catholic Relief Services Collection. Funds from this Collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Next week, please give generously to the collection and help Jesus in disguise. You may use Online Giving for this collection.

PASTORAL COUNCIL

Are you interested in serving your parish on the St. Theresa Pastoral Council? The Pastoral Council is a body of active parishioners that supports the goals and vision of our parish community and staff. This is a 3 year commitment and we meet monthly. For more details, please contact Paulette Tuckner at pmtuckner@comcast.net.

PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL ESPECIALLY:

Matt Mercier, Heidi Parmelee, Aiden Farinella, Dolores Gomez, Alegria Hipolito, Betty Wharton, Hazel Villata, Juanita Estrella, Leslie Fischer, Mike Reilly, Dorothy Donnelly, Olga Lamberti, Matt White, Tom Sanford, Wendy Parmelee, Roger Baylocq, Ida Scodella, Alicia Gonzalez, Denise Moore, Mirella Baldo, Diana Martínez, Susan Springer, Margie Sullivan, Maddie Heitkemper, Joan Simmons, Badri Nakhjavani, Eddie Bradford, Wendy Jones, Bob Rogers, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Ruth McCabe, Tom Wilberding, Shirley Roberts, Karen Milliman, Richard Nivens, Anita Perricelli, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, Ricardo Sepulveda, Doris Fiumano, John Whatley, Bishop John Cummins, Fr. Bob McCann, Nancy Coyne, Kevin Stallone, Herman Carmassi, Della Spinelli, Patrick Nichols, Brittni White, Jennifer Taylor, Kelly Aeich, Jeanne Cuttitta, Susan Buller, Felipa Luviano, Amy Kantowitz, Shelley Faro, Irene Reilly, and all who have the corona virus throughout the world.

LIVING STEWARDSHIP

"A man turning from an evil life is bound to be rendered desperate by the knowledge of his sins, if he does not know how good God is, how kind and gentle, and how ready to forgive."

—*Saint Bernard of Clairvaux (1090–1153)*

BULLETIN SUBMISSION DEADLINES

March 20 bulletin was due by March 11 (Friday)
 March 27 bulletin is due by March 18 (Friday)
 April 3 bulletin is due by March 25 (Friday)
 April 10 bulletin is due by March 30 (Wednesday)
 Items must be received by 4:00 pm on the due date.
 Email to cathy_b@sttheresaokland.org.



"Feed my lambs,
 feed my sheep"
 2022 BISHOP'S
 MINISTRIES
 APPEAL

Bishop's Ministries Appeal 2022

St. Theresa Parish Goal - \$35,800

<https://www.oakdiocese.org/bishops-appeal-donation-page>

A WORD FROM OUR PASTOR

Lent is a season of reconciliation and renewal for the whole Church. Great gratitude is to be given to all who prepare and participate in the Synod listening sessions, the Lenten retreat, a private simple meal (maybe of soup) each week so others who have so little will have a little more, attending weekend and weekday Mass, praying the rosary or other prayers each day, and receiving the sacraments especially the Eucharist and Reconciliation. Listening to God's Word at Mass or in a small group is all part of our Lenten practices. As we heard last weekend, these thoughts, study, prayer, and actions are all done to bring us closer to God and one day to be with God forever in the Kingdom.

In the midst of our private and communal practices, the parish Social Justice committee has continued to help us along the journey. While mentioning this a couple of times recently, someone has stopped me to ask, 'what is Catholic Social Justice about?' I offer the following short summary of some of the facets for indeed, volumes exist to spell this out more clearly. The following paragraphs are from ***Network: Advocates for justice, Inspired by Catholic Sisters.***

"Catholic Social Justice teaches us that all people are made in the image of God and so possess an equal and inalienable worth. Because of this essential dignity, each person has a right to all that is needed to allow him or her to live their full potential as intended by God. As God is love, we were created to love and be in relationship with each other. Human dignity is upheld when each person's needs are met and when he or she lives in harmony with others in a community that together pursues the common good.

Catholic Social Justice teaches us that we have a responsibility to participate in politics out of a concern and commitment to the good of the community. This means that we cannot be bystanders who scoff at the political process. Instead, we are called to vote, to inform ourselves about the issues of the day, to engage in serious conversation about our nation's future, and to learn to listen to different perspectives with empathy. This *responsibility* to participate means each person also has a fundamental *right* to participate and must be equipped with the resources needed to do so.

Catholic Social Justice teaches us to look at reality through the eyes of those who have been made poor by oppression and injustice. We do this when we join together to end poverty. People forced into poverty have the single most urgent claim on the conscience of the nation because they are denied the right to a life consistent with their inalienable dignity. The

responsibility to uphold the dignity of each person means that we must judge our lifestyles, policies, and social institutions in terms of how they impact those suffering from the injustice of poverty.



Catholic Social Justice teaches us that all people are children of God, so every person belongs to a single and interconnected human family. As sisters and brothers, our needs are met in relationship with one another. When making individual and collective decisions, we have a responsibility to consider the good of the whole community over and above the interests of the few. Authorities at every level must work together for the good of the entire community. A just community is united in creating the conditions for every person to flourish and realize their full human potential as children of God.

Catholic Social Justice teaches us that work is more than a way to make a living; it is a form of continuing participation in God's creation. Work should enhance the dignity of the person by allowing all workers to express their uniqueness in a way that contributes to the common good. The community must also recognize the dignity of work by ensuring that it is justly rewarded with a living wage. As human beings are social, they have a fundamental right to organize collectively to create better working conditions for themselves and others.

God gave human beings the task of caring for and nurturing all of creation. As human beings are intimately united with all that exists, our health and well-being are dependent upon that of the earth and all its creatures. We must cultivate and care for the earth in such a way that its bounty can provide for and sustain future generations. As creation was entrusted to all of God's children, all people have an equal right to breathe clean air and drink clean water. Because those on the margins of society are disproportionately affected by environmental degradation, concern for creation is inseparable from concern for justice. "

Praying for peace is another facet of who we are as a Church. I pray with you for a miracle to end the senseless killing and destruction in the Ukraine, Ethiopia, Nigeria and Cameroon and other places where Jesus' command to love one another and to even love our enemy is being opposed at great human cost. Mary, Queen of Peace, intercede for us! St. Joseph who guarded the Holy Family, guard and intercede for the innocent of every war!



Third Week of Lent Year A Living Water

Exodus 17:3-7

Psalm 95:1-2, 6-9

If today you hear his voice, harden not your hearts.

Romans 5:1-2, 5-8

John 4:5-42

Water is essential for life. Lack of it caused the Israelites to grumble and sent the Samaritan woman to the well where she encountered Jesus. Moses, acting by God's direction, provided water for the people. Jesus promised living water. What is my image of living water? How would I imagine it in my life? What do I need in my life?

We are all in need of something physically or spiritually. This week I will reach out to others to help supply their needs. I will volunteer at an organization that needs people to drive, sort, pack, distribute, or whatever needs to be done. I will help others receive what they need physically so that they can have the freedom to seek the spiritual living water.

PARISH LENTEN PENANCE SERVICE

Saturday, March 26, at 3:00 pm

This service is one of the key parts of our Lenten journey. It offers us as a parish community an opportunity to come together in prayer to acknowledge the great grace of forgiveness and spiritual healing extended through the life, death and resurrection of Jesus Christ.



New this Lent.....WEEKLY PRAYER CARDS

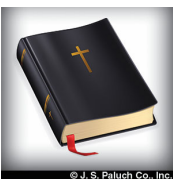
Get your new prayer each week in the vestibule and use this, along with all the rest of the parish as your prayer for that week.

*Imagine....all of us praying the same prayer together
wherever we may be!*



Anointing
of the Sick

On Sunday, April 3rd at the 10:00 am Mass the Sacrament of the Sick will be administered to all those who suffer from a serious, acute or chronic illness. Caregivers are also encouraged to attend.



LENTEN BIBLE JOURNEY 2022 BIBLICAL LESSONS ON PRAYER

Do you want to understand how the Holy Spirit is implicated in your prayer life? Are you aware of the need to respect the cardinal laws on prayer for a fruitful prayer experience? Have you really experienced the power of praise in your personal prayer journey? Well, Lent is the time to rearrange your spiritual furniture for a new encounter with God using the Bible. The above questions and much more are the issues we shall be tackling in this pastorally oriented 2022 Lenten Bible Journey that means to demonstrate how the Bible is the ultimate prayer manual.

Saying that the Bible is the ultimate manual on Christian prayer is certainly stating the obvious. But this fact may not be that evident for many Christians who earnestly want to pray and who seek guides to improve their prayer life. Manuals on prayer abound that Christians have profitably used down the ages. These manuals on Christian prayer are effective as guides for individuals and groups precisely because they are themselves guided by the sacred scriptures of the Christian faith. Of course, you do know that the Bible guides the Christian life. Now is your opportunity to understand the compelling and stimulating guide that the Bible offers in a specific area of the Christian life: prayer. Here is your chance to excavate monumental clues from the Bible to improve your prayer life. This Lent 2022, add a delicious item to your spiritual lunch tray by plunging into the ultimate manual on Christian Prayer in this year's Lenten Bible Journey with me, your priest friend, Ngema.

When: Tuesday, March 22, 29, April 5, 12

Time: 7:00 pm

Where: Zoom, link in Friday Flocknote

Water, Light, and Life: A Lenten Parish Retreat



Lent is the perfect time for a parish retreat, especially this parish retreat: Water, Light, and Life! Lent traditionally focuses on baptism and on penance. During the Lenten season, the elect (those preparing for baptism, confirmation, and first Eucharist) enter their final time of intense preparation. As the baptized, we journey with them! It is our task to support them through prayer as they prepare to join us as fully initiated members of the People of God.

Our journey of conversion may begin long before we encounter the font as adults, or perhaps in the arms of our parents or godparents as infants. In either case it doesn't end there. That journey is lifelong! We never stop turning and returning to God, learning, loving, and growing more deeply in our relationship with the Father, Son, and Holy Spirit.

Through this Lenten retreat, we will focus inwardly on our personal relationship with God. As we do so, we will develop it ever more profoundly and come to understand what is meant by the call to constant conversion that marks the life of every Christian. This gathering is an opportunity for conversion, prayer, reflection, and faith-sharing for you. Mark your calendars and come join us! Please contact the parish office if you have questions.

When: March 23, 30

Time: 7:00 pm

Where: Church and on Zoom

(the zoom link will be in the Friday Flocknote)

Water, Light, and Life: A Lenten Parish Mission © 2022 Archdiocese of Chicago: Liturgy Training Publications. www.LTP.org. All rights reserved. Used with permission.

SOCIAL JUSTICE COMMITTEE (SJC) CORNER

Lent is the perfect time to reflect on social justice. The three pillars of lent: Fasting, Almsgiving and Praying

This Lent please consider:

Mercy Meatless Mondays- Consider going meatless on Mondays and Fridays during Lent.

“Eat food. Not too much. Mostly plants”—Michael Pollan

Donate savings to Rice Bowl or St. Vincent de Paul Food Kitchen

Our moral imperative to act on climate change and 3 steps we can take **responding to the call of the poor and cry of the earth:**

- 1) Promote an education geared to our common home
- 2) Promote access to food and water all over the world, beginning in our community
- 3) Gradually work toward clean energy sources

Take the St. Francis/ Laudate Si Climate pledge

https://catholicclimatecovenant.org/files/resource/attachment/Climate_Action_Pledges.pdf

Praying for Peace in our World

Praying for people in Ukraine

Praying for people in Cameroon and Ethiopia

Praying for people in Afghanistan and Syria

Praying of all places where there is war and conflict.

A PRAYER FOR PEACE

Lord Jesus Christ, You are the true King of peace.
In You alone is found freedom.

Please free our world from conflict. Bring unity to troubled nations. Let Your glorious peace reign in every heart.

Dispel all darkness and evil. Protect the dignity of every human life. Replace hatred with Your love.

Give wisdom to world leaders. Free them from selfish ambition. Eliminate all violence and war.

Glorious Virgin Mary, Saint Michael the Archangel,
Every angel and saint: Please pray for peace.
Pray for unity amongst nations. Pray for unity amongst all people. Pray for the most vulnerable. Pray for those suffering. Pray for the fearful. Pray for those most in need. Pray for us all.

Jesus, Son of the Living God, have mercy on us. Jesus, hear our prayers. Jesus, I trust in You! Amen.

Donations to Ukraine and other areas suffering from the effects of war:

CRS- Catholic Relief Services

Save the Children

Mercy Corp

UNICEF

Doctors without Borders

(must make sure to direct your funds)

Next Social Justice Meeting – March 10th at 7pm . All are welcome! RSVP to Lydia Deck at ltdeck@me.com

**Help SVdP Collect Supplies for Easter!**

St. Vincent de Paul of Alameda County is preparing to host our 9th annual **Easter Open House** for local children and their families on **Saturday, April 16th** from **10 am to 12 pm**. This year we'll be hosting 150 children ages 1 month to 16 years.

Your support makes it possible to create fun, safe, family-friendly events like this! If you would like to contribute to this year's event, please contact Katy Debasia at 510-499- 4680.

Donations are needed by Saturday, April 2nd at our direct service campus (our parking lot address is 675 - 23rd Street, Oakland CA 94612).

Supplies Needed by Saturday, April 2nd:

150 medium-size Easter baskets (unassembled)

Individually packaged snacks (bunny crackers or cookies)

\$25 grocery store gift cards

New or very gently used children's books

Assorted Easter candy (individually wrapped)

Easter-themed activity and/or coloring books

New stuffed animals and toys

Or you can purchase items directly from our Target Easter Registry: [svdpeaster2022](https://www.target.com/registry/svdpeaster2022)

You can drop off donations in the vestibule, in the SVdP donation box.

**WINGS ~ WOMEN IN GOD'S SPIRIT**

WINGS is a faith enhancement group for women that encourages spiritual growth through prayer, Scripture study, life sharing and community. We meet on Wednesdays on the Zoom platform from 9:15-11:15am for the rest of this year. Our engaging speakers will uplift you and keep you informed. You'll experience a welcoming community as we support each other in our spiritual growth. Invite a friend! Women from local parishes and other denominations are welcome! If you were a member last year you will automatically receive a Zoom invitation. If you're new to WINGS or wish to sample a meeting, send your email address to Nancy Midlin midlin.nancy@gmail.com. She will send you the link to Zoom.



"Led by the Spirit"

MARCH 23RD

FR. ANDRES EMMANUELLI

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ST. VINCENT DE PAUL

CURRENT NEEDS

Volunteers Needed for the Dining Room at the Direct Services Campus in West Oakland: 8:30am to 1pm Tuesday through Saturday

Volunteers to help prepare, and bag warm meals for our guests and serve the meals at the gated entrance to the courtyard. These excellent hot takeaway meals are being provided while the dining room is closed due to COVID. Contact Volunteer Coordinator, Kristen Bernal: Email kbernal@svdp-alameda.org (510)229 0793

Men's Clothing (casual, work, denim, and work pants, and shoes in good condition) and women's hygiene articles can be dropped off in the Church vestibule. These donations are distributed through SVDP Clothes Closet in our Downtown Community Center.

Nonperishable, non-expired food donations: Our first collection for food was graciously received by many parishioners of Sacred Heart Parish. In addition to our thanking our parishioner for their generosity, we wish to thank the Confirmation Class for their generous response in supplying an abundance of cans of soup. There are many needy people in this part of Oakland who are on various forms of public assistance: Social Security, Unemployment, Food Stamps. Toward the end of the month, they are short on funds to buy food. The pastor at Sacred Heart asked us to deliver our food donations by the third Sunday of each month to accommodate this end-of-month situation.

Nonperishable, non-expired food donations may be left in the back of the vestibule in the basket(s) next to the "Giving Tree" at any time, up March 20.

Furniture: If you have twin bed frames, a dressing table, or a breakfast room table to donate, please contact Greg at 510-547-0911 for arrangements. There are specific needs for such furniture, primarily for senior homeless people who are moving into housing.

Bay Area Rent Relief

CA COVID-19 Rent Relief is still available. It covers 100% of rent and utilities. There is no deadline, but renters and landlords impacted by COVID-19 who need help with rent should apply immediately, before funding runs out.

Our Parish Conference of St Vincent de Paul is here to help our neighbors in need, including assisting those who qualify for California's rent relief program to apply for and receive these State funds.

If you know of anyone in need requiring assistance, please refer them to our Conference.

Our Parish SVDP Conference meets bimonthly, every third Saturday at 9:30am. Our next meeting is March 19. If interested in learning more about our Conference's work, contact Judy Bojorquez at jtsbojorquez@yahoo.com to be added to email distribution and with any questions you might have.

LOW GLUTEN HOSTS

Low Gluten hosts are available at all weekend Masses. Please use the presider's communion station to receive a low gluten host.

ONLINE PRAYER REQUEST FOR THE SICK OR RECENTLY DECEASED

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (*Prayers for the Sick or Recently Deceased*) online.

Please complete the form on the parish website page <https://sttheresaokland.org/pray/mass-and-confession-times> their name will be included in the weekly bulletin and Weekend Masses.

This form is not for Mass Intentions.

MASS INTENTIONS

To request a Mass Intention contact
Melody Marr at
melody@sttheresaokland.org
or 510.547.2777, ext. 120
(Tuesday - Thursday).

WEEKLY READINGS

March 21 - 27

Monday:

2 Kgs 5:1-15ab
Ps 42
Lk 4:24-30

Tuesday:

Dn 3:25, 34-43
Ps 25
Mt 18:21-35

Wednesday:

Dt 4:1, 5-9
Ps 147
Mt 5:17-19

Thursday:

Jer 7:23-28
Ps 95
Lk 11:14-23

Friday:

Is 7:10-14; 8:10
Ps 40
Heb 10:4-10
Lk 1:26-38

Saturday:

Hos 6:1-6
Ps 51
Lk 18:9-14

Sunday: (Year A readings)

1 Sm 16:1b, 6-7, 10-13a
Ps 23
Eph 5:8-14
Jn 9:1-41



PARISH INFORMATION



MASS SCHEDULE:

Face Masks are required for all unvaccinated people attending Mass.

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 10:00 am

RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

Reconciliation is outside, not in the confessional

PARISH CENTER OFFICE HOURS:

Tuesday - Thursday: 10:00 am - 2:00 pm

Please ring doorbell for entrance to parish offices.

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

Parish Website: www.sttheresaoakland.org

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121

Pastor

rjmccann@sttheresaoakland.org

Rev. Abraham Addam, ext. 122

In Residence

Rev. Ngema W. Enow, ext. 128

In Residence

Cathy Brady, ext. 126

Liturgy Director

cathy_b@sttheresaoakland.org

Jenny Bruni, ext. 123

High School Youth Ministry Coordinator

jenny@sttheresaoakland.org

Rob Cakebread, ext. 127

Music Ministry Director

rob@sttheresaoakland.org

Melody Marr, ext. 120

Parish Administrator

melody@sttheresaoakland.org

Keri Nims, ext. 124

Coordinator for Early Childhood Catechesis & RCIC

keri@sttheresaoakland.org

ST. THERESA SCHOOL

Alicia Ortegon, 510.547.3146

St. Theresa School Principal

a_ortegon@sttheresaschool.org

website: www.sttheresaschool.org

Baptisms and Marriages

by appointment (call parish office 510.547.2777)

To arrange a Funeral

call parish office 510.547.2777, ext. 120

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaoakland.org

Middle School Youth Ministry (Grades 6-8)

Jenny Bruni and Keri Nims: Co-Coordinator

High School Youth Ministry/Confirmation

Jenny Bruni ~ jenny@sttheresaoakland.org

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaoakland.org

Parish Organizations

Pastoral Council:

Carrie Schaefer caralee_schaefer@yahoo.com

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan glgovan@comcast.net

CYO (Catholic Youth Organization):

Clarence Robinson sttheresaathletics@gmail.com

St. Theresa Men's Club

PJ McGahan pjmccgahan@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Ruthanne Allen-Hunt ruthanneah@gmail.com

Toinette Eugene tmeugene@sbcglobal.net

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Cursillo

Sharon Chipman sharonchipman@gmail.com

Kinderchurch

Shanon Ciston s.ciston@gmail.com



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