

# ST. THERESA

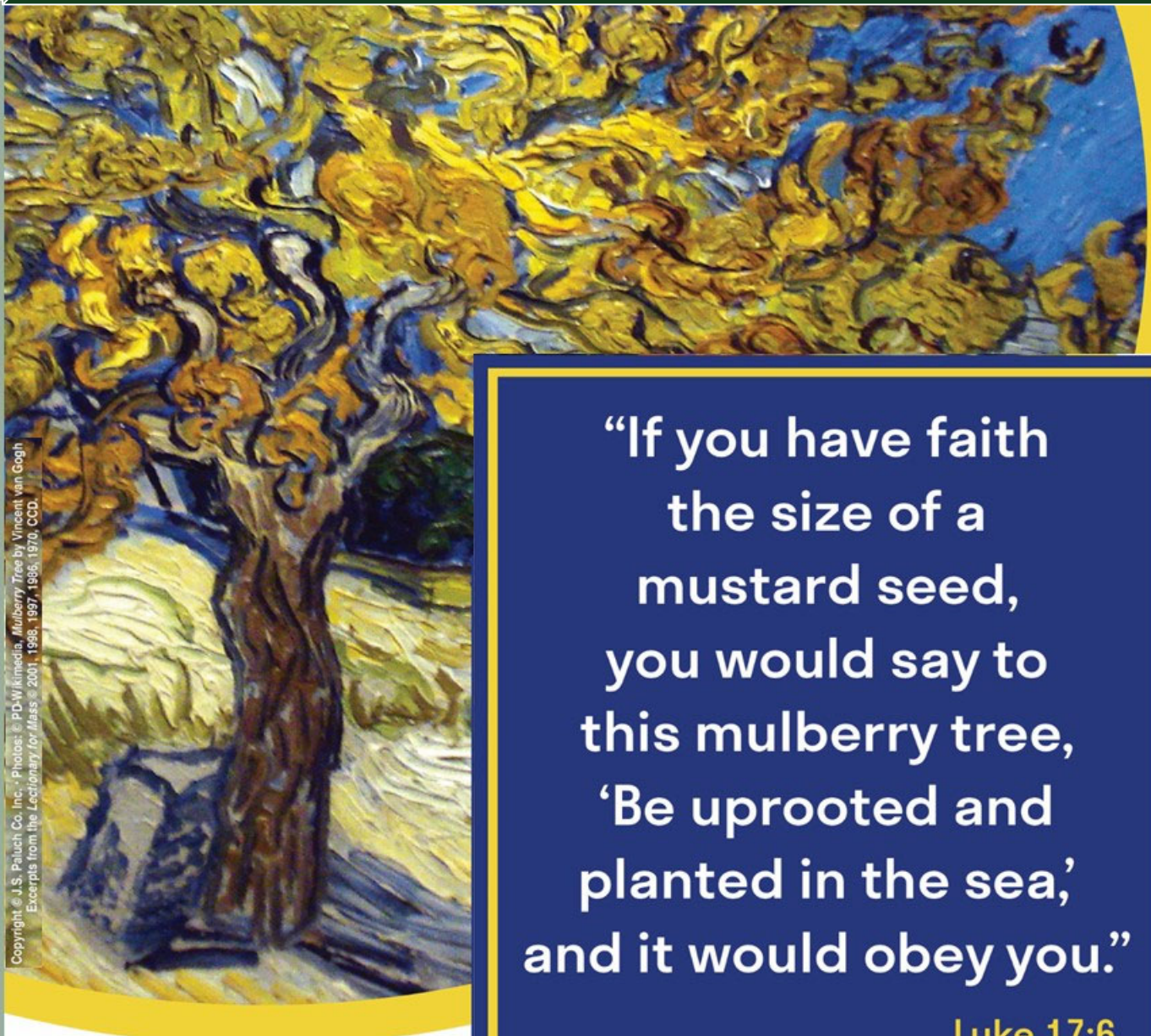
# PARISH COMMUNITY

## ST. THERESA MISSION STATEMENT

WE ARE A WELCOMING,  
ACTIVE CATHOLIC COMMUNITY  
UNITED BY OUR FAITH, OPEN TO TRANSFORMATION,  
GROWING SPIRITUALLY AND REACHING OUT  
TO LOVE AND TO SERVE OTHERS  
AS JESUS TAUGHT US.

OCTOBER 2, 2022

TWENTY-SEVENTH  
SUNDAY  
IN  
ORDINARY TIME



Copyright © J.S. Paluch Co. Inc. - Photos: © PD4U/imedia. Mulberry Tree by Vincent van Gogh  
Excerpts from the Lectionary for Mass © 2001, 1988, 1997, 1986, 1970, CCD.

**“If you have faith  
the size of a  
mustard seed,  
you would say to  
this mulberry tree,  
‘Be uprooted and  
planted in the sea,’  
and it would obey you.”**

**Luke 17:6**

30 MANDALAY ROAD --- OAKLAND, CA 94618 --- 510.547.2777

**MASS INTENTIONS - OCTOBER 1 - 9**

Sat. 5:00 pm † Virginia Cuttitta  
 Sun. 11:00 am Parish Community of St. Theresa

Mon. 8:30 am † Richard Nivens  
 Tues. 8:30 am  
 Wed. 8:30 am  
 Thurs. 8:30 am Sylvia Ann Oliverez  
 Fri. 8:30 am † Ida & Nick Monti

Sat. 5:00 pm † Lucy, Leigh & Ben Biankanja  
 Sun. 9:00 am Parish Community of St. Theresa

**MASS INTENTIONS**

To request a Mass Intention contact Melody Marr at  
[melody@sttheresaokland.org](mailto:melody@sttheresaokland.org) or 510.547.2777, ext. 120

**KEEP IN TOUCH WITH US**

Via email or text message:



- ♦ Receive the weekly Friday Flocknote
- ♦ Receive parish updates and notices of special events
- ♦ Unsubscribe anytime

Sign-up at  
[flocknote.com/StTheresa30](https://flocknote.com/StTheresa30)  
 OR  
 Text: STT To: 84579

**SUNDAY OFFERING**

ONLINE GIVING :  
*(September 19 - 25) 57 DONORS*                      \$ 3,390.50

MASS/DROP-OFF/MAILED DONATIONS:  
*(September 19 - 25) 27 DONORS*                      \$ 2,113.00

**Find Simplicity  
with eGiving**

<https://sttheresaokland.org/>

**PARISH CALENDAR**

Find out what is happening at the parish. The parish calendar is available on the parish website:

<https://sttheresaokland.org/calendar>

**SECOND COLLECTION**

The second collection for the Catholic Voice and Diocesan Communications will be on the weekend of October 8 & 9.

You may also use Online Giving for this collection.

**FIRST FRIDAY ADORATION**

Adoration  
of the  
Blessed  
Sacrament



October 7<sup>th</sup>

9:00 am to 4:30 pm

Benediction at 4:30 pm.

**PLEASE REMEMBER IN YOUR PRAYERS  
ALL THOSE WHO ARE ILL ESPECIALLY:**

Matt Mercier, Heidi Parmelee, Aiden Farinella, Dolores Gomez, Alegria Hipolito, Betty Wharton, Hazel Villata, Juanita Estrella, Leslie Fischer, Mike Reilly, Dorothy Donnelly, Olga Lamberti, Wendy Parmelee, Roger Bayloq, Ida Scodella, Alicia Gonzalez, Denise Moore, Diana Martínez, Susan Springer, Margie Sullivan, Maddie Heitkemper, Joan Simmons, Badri Nakhjavani, Eddie Bradford, Wendy Jones, Bob Rogers, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Ruth McCabe, Tom Wilberding, Shirley Roberts, Karen Milliman, Anita Perricelli, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Herman Carmassi, Della Spinelli, Kelly Keith, Jeanne Cuttitta, Susan Buller, Amy Kantowitz, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Patty Estopinal Msgr. Slade Crawford and all who have the corona virus throughout the world.

**LIVING STEWARDSHIP**

Start a “gratitude bulletin board” in your home, classroom, or office. Use sticky notes or index cards to post the gifts of God that you encounter in your daily life. Review them at regular intervals.

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By using [smile.amazon.com](https://smile.amazon.com) and choosing St. **amazon**smile Theresa Catholic Church, location: Oakland, CA as your charity when you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the parish.

**BULLETIN SUBMISSION DEADLINES**

October 2 bulletin was due by September 23 (Friday)  
 October 9 bulletin was due by September 30 (Friday)  
 October 16 bulletin is due by October 7 (Friday)  
 October 23 bulletin is due by October 14 (Friday)  
 Items must be received by 4:00 pm on the due date.  
 Email to [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org).



“Feed my lambs,  
feed my sheep”  
2022 BISHOP'S  
MINISTRIES  
APPEAL

**Bishop's Ministries Appeal 2022**

**St. Theresa Parish Goal - \$35,800**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Percentage Achieved **55.25%**

**\$19,779.50** as of September 15, 2022

## A WORD FROM OUR PASTOR

Where did the summer go? I am glad we celebrated our parish feast day in early October. With a chill in the air and less daylight each day, we move with the seasons to reflect that in every age and at every time, God promises to be there with us and for us.

Many thanks to all who made our feast day celebration a great event. As we seem to have moved increasingly into a post pandemic existence, adaptations to this new time still remind us of what we have been through. I want to affirm that we need to take care of ourselves so that we can take care of each other. In very practical terms, if someone wants to continue to wear a mask at Mass, which is 100% fine, and no one should feel any less because of it. Some are still staying home and watching the Mass each week via our Facebook link. Again, that is fine if there are any health issues about which one is worried. For those who are just very comfortable watching Mass in your bathrobe and with a cup of coffee, I would encourage you to come in person. There are connections, feelings and prayer experiences that are only possible when we are physically together. Come back and try it!

Did you notice that the flu season was less biting that previous years in spite of worrying about Covid. That may have been a bonus of the good practices we maintained, and I hope will continue to maintain going forward for the sake of all. As it gets cooler and it will be time to turn on the heat, we will be faced with how we keep the air flowing in the church and how do we stay warm at the same time. Someone has already suggested that we can close the doors to keep the heat in if we keep open the upper windows and wear masks during this time. I and the staff welcome your comments and suggestions on this matter so we can all stay healthy during the fall and winter months that are upon us.

As I have already noted, October has yearly been the month when we focus on respecting life from the moment of conception to a natural passing

when God calls us. The Catholic conference is presenting a many pronged approach to say no to Proposition 1 on the November ballot. Many of you have started the novena on the Holy Angels' feast day and the rest of this week.



Respecting life is something we sadly see ignored or abused in our world whether it is the tragedies we witness in Ukraine, Cameroon, Iraq and other far away places or the horrible and senseless murders withing the city of Oakland and places near our city. Pope Francis has been forthcoming with the overall call of the gospel to us as disciples. Here is a small quote that sums up his teaching:

*“Our defense of the innocent unborn, for example, needs to be clear, firm, and enthusiastic, for at stake is the dignity of a human life, which is always sacred and demands love for each person, regardless of his or her stage of development. Equally sacred, however, are the lives of the poor, those already born, the destitute, the abandoned and the underprivileged, the vulnerable infirm and elderly exposed to covert euthanasia, the victims of human trafficking, new forms of slavery, and every form of rejection”*

— Pope Francis  
*Gaudete et Exsultate, #101*

The USCCB has dedicated this October under the patronage of St. Joseph who never says a word in the gospels, but receives and welcomes Mary and Jesus into his life, finds ways to care for them when ‘there is no room in the inn’, leads them to safety when a threatening menace approaches their existence and provides for their care every day by his work and guiding of Jesus as he reaches maturity. May St. Joseph help, protect and guide us. As he let Mary and Jesus to safety, may he help our journey to life in God’s Kingdom teaching us to love and respect one another.



Please join us for our monthly *RISE & SHINE MASS*  
at 9am on Sunday, October 16<sup>th</sup>.  
This is a youth-friendly and youth-participatory Mass.

#### ST. THERESA PARISH CYO



#### Attention All Children of the Parish!!!

St. Theresa CYO Sports would like to invite all children of the parish to participate in our CYO athletic program.

This program is open to children of the school and parish. CYO requires students who do not attend St. Theresa School to register and participate in the Parish Faith Formation Ministries. We would love to have your children involved. Please contact our Athletic Director, Clarence Robinson, with any questions: [sttheresaathletics@gmail.com](mailto:sttheresaathletics@gmail.com).

#### CYO Sports:

Fall Cross Country: Co-ed 1st-8th grade (Aug-Oct)  
Winter Girls Volleyball: 4th-8th grade (Oct-Jan)  
Winter Boys Basketball: 3rd-8th grade (Oct-Jan)  
Spring Girls Basketball: 3rd-8th grade (Feb-May)

#### LOW GLUTEN HOSTS

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%

Please use the presider's communion station to receive a low gluten host.

#### DO YOU NEED TO REGISTER, HAVE YOU CHANGED YOUR EMAIL ADDRESS, HAVE A NEW TELEPHONE NUMBER, DO YOU RECEIVE OUR FRIDAY FLOCKNOTE NEWSLETTER?

Let us know so we can update our parish database and keep you current with all upcoming events, news and year-end reports or give you a registration form.

Parish Office (2<sup>nd</sup> floor of the Parish Center),

Office Hours: Monday: 12:00 pm- 2:30 pm  
Tuesday - Thursday: 10:00 am - 2:30 pm

or call/email Melody Marr

510.547.2777, ext. 120  
[melody@sttheresaokland.org](mailto:melody@sttheresaokland.org).



ST. THERESA  
OAKLAND, CA



**Connect - Grow - Serve**

#### PARISH MINISTRY WEEKLY HIGHLIGHT

#### PASTORAL COUNCIL

- We seek to be the eyes and ears of the church as we help St. Theresa to be a friendly, all inclusive, vibrant church.
- Want to be involved in your St. Theresa Community?
- Consider the St. Theresa Parish Council.
- We meet once a month from September through June.
- No special skills involved. Just a caring and friendly attitude.

Contact:

Paulette Tuckner

[pmtuckner@comcast.net](mailto:pmtuckner@comcast.net)

Website:

<https://sttheresaokland.org/ministries/leadership-and-service/pastoral-council>

#### ONLINE PRAYER REQUEST FOR THE SICK OR RECENTLY DECEASED

You can submit names for the Prayers of the Faithful for our Weekend Masses and the bulletin prayer list (*Prayers for the Sick or Recently Deceased*) online.

Please complete the form on the parish website page <https://sttheresaokland.org/pray/mass-and-confession-times> their name will be included in the weekly bulletin and Weekend Masses.

*This form is not for Mass Intentions.*

#### FRIDAY FLOCKNOTE WEEKLY NEWSLETTER

The Friday Flocknote Newsletter is now available on the parish website. Click on the Bulletin/Flocknote link in the upper right corner of the website or enter <https://sttheresaokland.org/Bulletin/Flocknote>

**SOCIAL JUSTICE COMMITTEE (SJC) CORNER**

**Prayer inspiration:** *“Never get tired of doing little things for others, sometimes those little things occupy the biggest part of their hearts” - St. Therese of Lisieux*

We extend our gratitude to school families and parishioners for their generous donations of supplies for our Art-in-a-Bag project. Please join the St. Theresa community as we assemble the art bags at this Sunday's Feast Day Celebration and Picnic following the 11:00 Outdoor Mass. It will be great fun!!

The next Social Justice Committee meeting is scheduled on October 19th at 7:00pm via Zoom. Robyn Thomas of the Giffords Law Center will be speaking to us on the vitally important topic of gun violence prevention. Robyn is the former executive director of this preeminent organization, and currently its senior legal advisor. She has testified before Congress and appeared on 60 Minutes, CNN, Fox News and other national media, as well as writing for national news publications. Our committee is excited to present this opportunity to hear a dynamic and knowledgeable speaker on a matter of great interest. All parishioners are encouraged to attend, and please feel free to invite others!! For more info and to attend a meeting, please RSVP to Lydia Deck at [ltdeck@me.com](mailto:ltdeck@me.com) for a Zoom link.

Next up on the SJC Speakers' Series:

November 9th at 7pm - Social Justice at St Theresa with Father Bob McCann

December 14th at 7pm - A Pediatrician's View on Social Justice with Dr. Javay Ross

 **ST. VINCENT DE PAUL**
**CURRENT NEEDS**

Volunteers Needed for the Dining Room at the Direct Services Campus in West Oakland: 8:30am to 1pm Tuesday through Saturday. Volunteers help prepare, and bag warm meals for our guests and serve the meals at the gated entrance to the courtyard. Contact Volunteer Coordinator, Kristen Bernal: Email [kbernal@svdp-alameda.org](mailto:kbernal@svdp-alameda.org) 510-277-6435.

**Men's Clothing** (casual, work, denim, and work pants, and shoes in good condition) and women's hygiene articles can be dropped off in the Church vestibule. These donations are distributed through SVDP Clothes Closet in our Downtown Community Center.

**Nonperishable, non-expired food donations:** Our on-going food collections for the needy people in the Sacred Heart Parish have been graciously acknowledged by those who have been served. This is becoming a regular opportunity for us to feed the hungry, especially during these difficult economic times. We bring the food to Sacred Heart around the third Sunday of the month. Food donations may be left in the back of the vestibule in various baskets next to the "Giving Tree at any time.

Our Parish SVdP Conference meets bimonthly, every third Saturday at 9:30am. If interested in learning more about our Conference's work, contact Judy Bojorquez at [jtsbojorquez@yahoo.com](mailto:jtsbojorquez@yahoo.com) to be added to email distribution and with any questions you might have.

You may use online giving to make a donation to the St. Theresa St. Vincent de Paul conference. <https://sttheresaokland.org/donate>.

**SAFE ENVIRONMENT TRAINING FOR PARISH & SCHOOL VOLUNTEERS**

For many parish and school volunteers it is time for you to renew your training. You will or have received an email reminder with a link for you to complete the online training. Please complete the training by the renewal date in the email.

If you have any problems or questions contact Cathy Brady at [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org).

To renew or register for the first time, click on the link in your email or go to <https://www.virtusonline.org> or click on the link in the upper right corner of the parish website [sttheresaokland.org](https://sttheresaokland.org).

Please remember that in order to volunteer at the parish in any capacity (Lector, Eucharistic Minister, Catechist, Choir Member, St. Vincent de Paul, Legion of Mary, CYO etc.), or school, you must complete the training.

**WEEKLY READINGS**

*October 3 - 9*

**Monday:**

Gal 1:6-12  
Ps 111  
Lk 10:25-37

**Tuesday:**

Gal 1:13-24  
Ps 139  
Lk 10:38-42

**Wednesday:**

Gal 2:1-2, 7-14  
Ps 117  
Lk 11:1-4

**Thursday:**

Gal 3:1-5  
Ps Lk 1:69-70, 71-72, 73-75  
Lk 11:5-13

**Friday**

Gal 3:7-14  
Ps 111  
Lk 11:15-26

**Saturday:**

Gal 3:22-29  
Ps 105  
Lk 11:27-28

**Sunday:**

2 Kgs 5:14-17  
Ps 98  
Tm 2:8-13  
Lk 17:11-19



# PARISH INFORMATION



## MASS SCHEDULE:

Face Masks are required for all unvaccinated people attending Mass.

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am (New Mass Time)  
(live-streamed on Facebook)

## RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

Reconciliation is outside, not in the confessional

## PARISH CENTER OFFICE HOURS:

Monday: 12:00 pm - 2:30 pm

Tuesday - Thursday: 10:00 am - 2:30 pm

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

Parish Website: [www.sttheresaoakland.org](http://www.sttheresaoakland.org)

 Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

## PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121  
*Pastor*

[rjmccann@sttheresaoakland.org](mailto:rjmccann@sttheresaoakland.org)

Rev. Abraham Addam, ext. 122  
*In Residence*

Rev. Ngema W. Enow, ext. 128  
*In Residence*

[ngemawil.enow@gmail.com](mailto:ngemawil.enow@gmail.com)

Cathy Brady, ext. 126  
*Liturgy Director*

[cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

Jenny Bruni, ext. 123  
*High School Youth Ministry Coordinator*

[jenny@sttheresaoakland.org](mailto:jenny@sttheresaoakland.org)

Rob Cakebread, ext. 127  
*Music Ministry Director*

[rob@sttheresaoakland.org](mailto:rob@sttheresaoakland.org)

Melody Marr, ext. 120  
*Parish Administrator*

[melody@sttheresaoakland.org](mailto:melody@sttheresaoakland.org)

Keri Nims, ext. 124  
*Coordinator for Early Childhood Catechesis & RCIC*

[keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

## ST. THERESA SCHOOL

Alicia Ortegon, 510.547.3146

*St. Theresa School Principal*

[a\\_ortegon@sttheresaschool.org](mailto:a_ortegon@sttheresaschool.org)

website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

## Baptisms and Marriages

by appointment (call parish office 510.547.2777)

## To arrange a Funeral

call parish office 510.547.2777, ext. 120

## Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

## Middle School Youth Ministry (Grades 6-8)

Jenny Bruni and Keri Nims: Co-Coordinators

## High School Youth Ministry/Confirmation

Jenny Bruni ~ [jenny@sttheresaoakland.org](mailto:jenny@sttheresaoakland.org)

## R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

## Parish Organizations

### Pastoral Council:

### Finance Council:

Carolyn Mahoney [carolyn.mahoney675@gmail.com](mailto:carolyn.mahoney675@gmail.com)

### St. Vincent de Paul Society

Greg Govan [glgovan@comcast.net](mailto:glgovan@comcast.net)

### CYO (Catholic Youth Organization):

Clarence Robinson [sttheresaathletics@gmail.com](mailto:sttheresaathletics@gmail.com)

### St. Theresa Men's Club

Chris Bruni [mensclubsttheresa@gmail.com](mailto:mensclubsttheresa@gmail.com)

### Legion of Mary

Tom Wallace [tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

### WINGS

Ruthanne Allen-Hunt [ruthanneah@gmail.com](mailto:ruthanneah@gmail.com)

Toinette Eugene [tmeugene@sbcglobal.net](mailto:tmeugene@sbcglobal.net)

### Social Justice Committee (SJC)

Lydia Deck [ltdeck@me.com](mailto:ltdeck@me.com)

### Consolation Ministry

Cecile Cuttitta [cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

### Men's Faith Sharing

Jim Frei [jim@ottofrei.com](mailto:jim@ottofrei.com)

### Cursillo

Geri Tong [gt4palancaoakland@gmail.com](mailto:gt4palancaoakland@gmail.com)

### Kinderchurch

Shanon Ciston [s.ciston@gmail.com](mailto:s.ciston@gmail.com)

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