

# ST. THERESA

# PARISH COMMUNITY

## ST. THERESA MISSION STATEMENT

WE ARE A WELCOMING,  
ACTIVE CATHOLIC COMMUNITY  
UNITED BY OUR FAITH, OPEN TO TRANSFORMATION,  
GROWING SPIRITUALLY AND REACHING OUT  
TO LOVE AND TO SERVE OTHERS  
AS JESUS TAUGHT US.

OCTOBER 16, 2022

TWENTY-NINTH SUNDAY  
IN  
ORDINARY TIME

## Blessing of Animals



30 MANDALAY ROAD --- OAKLAND, CA 94618 --- 510.547.2777

**MASS INTENTIONS - OCTOBER 15 - 23**

Sat. 5:00 pm Parish Community of St. Theresa  
 Sun. 9:00 am Parish Community of St. Theresa

Mon. 8:30 am  
 Tues. 8:30 am Diane Aycock  
 Wed. 8:30 am † Jan Rayl  
 Thurs. 8:30 am Parish Community of St. Theresa  
 Fri. 8:30 am † Mary & Mike Christy

Sat. 5:00 pm † Rosemarie Risso & Vito Calamonaci  
 Sun. 9:00 am † Nancy Sweetland

**KEEP IN TOUCH WITH US**

Via email or text message:



- ♦ Receive the weekly Friday Flocknote
- ♦ Receive parish updates and notices of special events
- ♦ Unsubscribe anytime

Sign-up at  
[flocknote.com/StTheresa30](https://flocknote.com/StTheresa30)  
 OR  
 Text: STT To: 84579

**SUNDAY OFFERING**

ONLINE GIVING :  
 (October 3 - 9) 57 DONORS **\$ 3,199.50**

MASS/DROP-OFF/MAILED DONATIONS:  
 (October 3 - 9) 35 DONORS **\$ 2,394.00**

CATHOLIC VOICE/DIOCESAN COMMUNICATIONS:  
 ONLINE: 6 DONORS **\$ 360.00**  
 MASS/DROP-OFF/MAILED: 18 DONORS **\$ 667.00**

**Find Simplicity  
with eGiving**

<https://sttheresaokland.org/>

**2ND COLLECTION - WORLD MISSION SUNDAY**

Next weekend we will celebrate World Mission Sunday. Pope Francis invites the entire Church to support mission dioceses in Africa, Asia, the Pacific Islands, and parts of Latin America and Europe, where priests, religious and lay leaders serve the world's most vulnerable communities. Please keep the Pope's missions in your prayers and be generous in next week's collection for the Society for the Propagation of the Faith.

**MASS INTENTIONS**

To request a Mass Intention contact Melody Marr at [melody@sttheresaokland.org](mailto:melody@sttheresaokland.org) or 510.547.2777, ext. 120

**PLEASE REMEMBER IN YOUR PRAYERS  
ALL THOSE WHO ARE ILL ESPECIALLY:**

Matt Mercier, Heidi Parmelee, Aiden Farinella, Dolores Gomez, Alegria Hipolito, Betty Wharton, Hazel Villata, Juanita Estrella, Leslie Fischer, Mike Reilly, Dorothy Donnelly, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Ida Scodella, Alicia Gonzalez, Denise Moore, Diana Martínez, Susan Springer, Margie Sullivan, Maddie Heitkemper, Joan Simmons, Badri Nakhjavani, Eddie Bradford, Wendy Jones, Bob Rogers, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Ruth McCabe, Tom Wilberding, Shirley Roberts, Karen Milliman, Anita Perricelli, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Herman Carmassi, Della Spinelli, Kelly Keith, Jeanne Cuttitta, Susan Buller, Amy Kantowitz, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Patty Estopinal Msgr. Slade Crawford, Laura Jones, and all who have the corona virus throughout the world.

**LIVING STEWARDSHIP**

When faced with an emergency or crisis, begin with prayer, such as "Jesus, I trust in you. Guide me to do your will in this and all things."

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**SUPPORT ST. THERESA CHURCH**

By using [smile.amazon.com](https://smile.amazon.com) and choosing St. **amazon**smile Theresa Catholic Church, location: Oakland, CA as your charity when you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the parish.

**BULLETIN SUBMISSION DEADLINES**

October 16 bulletin was due by October 7 (Friday)  
 October 23 bulletin was due by October 14 (Friday)  
 October 30 bulletin is due by October 21 (Friday)  
 November 6 bulletin is due by October 28 (Friday)

Items must be received by 4:00 pm on the due date.

Email to [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org).



"Feed my lambs,  
feed my sheep"  
2022 BISHOP'S  
MINISTRIES  
APPEAL

**Bishop's Ministries Appeal 2022**

**St. Theresa Parish Goal - \$35,800**

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Percentage Achieved **56.76%**

**\$20,319.50** as of September 30, 2022

## A WORD FROM OUR PASTOR

Many thanks to all who made the parish 'feast day' celebration a great success! We had a wonderful Mass outside on the grass area below the school playground. Good food, fun for young and old, great moments to relax with fellow parishioners, fun games for the children and a band that rocked all made the day a success.

Several have asked if we could have Mass outside more often. If occasions arise before the next 'feast day' celebration, that option will be considered.

With an opportunity to gather in a large group as a parish/school community, it is another indication that we are getting increasingly back to a normal routine after covid. We go forward hopefully utilizing what we have learned along the way these past few years.

They are predicting a more intense flu season this coming year. This is based on the season Australia and other places in the world that have traditionally been the predictor for what is coming for us is enduring right now. I urge you to get a flu shot. They seem to be free with most medical plans and if you can't find that, contact me. We have several doctors in the parish that might be able to help. Covid is on the wane, but it will be with us for a long, long time. It keeps changing and so I also encourage everyone to get the latest booster. Most of the cases I know about have been mild when a person tests positive, but four hundred people in our country are still dying because of Covid a day. May no one here become part of that statistic.

As the fall comes upon us with cool and hopefully rainy weather, it will be cooler in the church. We will fire up the heating system again, barring any need for major repairs as happened a few years ago. As you heard last week, it is now on the list for replacement which will be a major capital expense. However, Covid protocols always suggest that there be good air flowing and good filtration wherever groups gather. We want to close doors so heat can stay in, but the challenge is how do we keep that good air flowing?

I want everyone to feel comfortable if they choose to wear a mask at anytime especially when buildings

are more closed up. In fact, though not mandated by the county or diocese this may be the way we should go during the coming months. Some experts have suggested to us that we keep open the upper windows through the fall and winter and close the doors so the warmth will not quickly blow out and that we all wear masks during this period.



The above is not mandated and I and the staff welcome other suggestions, but I hope we are open not only to protecting our own health but also aware of the good health of those around us especially those among us who are immune compromised. And again, if you are seriously worried on a given weekend, that is a good reason to exempt yourself from the Sunday worship on during that time, but as many of you have said, zoom Mass is just not the same when we are not physically in the church with each other!

I underscore the gratitude and appreciation that our Finance Council has communicated to the parish last week about parish finances. I am grateful for their support, good advice, and ongoing support for our parish. I am grateful for their upfront acknowledgement that our parish staff have diligently tried to be good stewards in utilizing what you contribute while being attentive to bringing in the best resources for all our ministries. We continue to do this for the benefit of all and to give honor and thanks to our God. I join the Finance Council in urging all to utilize the 'online giving' option so we can better predict what funds we will have to continue parish ministries and needed repairs.

This coming week, if I am not called for jury duty, I have a meeting with the bishop and other pastors in our deanery (St. Margaret Mary, St. Leo, Corpus Christi, and St. Theresa) regarding the MAP process. Please pray that as the bishops meets with all the pastors of all the diocesan deaneries, that the Holy Spirit will guide the decisions that will be forthcoming next year.

INTRODUCING

*The Titan Ticket*

A new St. Theresa School Parents' Club fundraiser!

**\$150 Titan Ticket provides:**

- Titan t-shirt for a student to wear on EIGHT Spirit Days during the school year
- Teacher Treat: A student enjoys a party/activity hosted by a St. T. teacher
- Student black & white photo: A special ready-to-frame photo for the family to enjoy

All funds raised by the sale of Titan Tickets supports Christmas, year-end and birthday gifts, plus appreciation lunches for the dedicated St. Theresa teachers and staff.

The school hopes to provide every student with a Titan Ticket regardless of economic circumstance. The Parents' Club kindly encourages parishioners to support the school families for whom purchasing a Titan Ticket would be a financial challenge by buying a Titan Ticket on their behalf.

Thank you!

**Scan the QR code or go to [St. Theresa School Parents' Club \(paybee.io\)](https://www.paybee.io) to purchase a Titan Ticket!**

Scan. Donate. Done.



paybee.io | @sttheresa@45

**WINGS ~ WOMEN IN GOD'S SPIRIT**

**WINGS** continues this Fall on Wednesday mornings. This faith enhancement group for women encourages spiritual growth through prayer, scripture study, life-sharing and community. Our Fall session meetings, each with a different expert speaker focusing on different aspects of faith in action, will take place on the Zoom platform from 9:15-11:15am, on Wednesdays, October 12 (the Opening Prayer Service), through December 14 (the special Christmas Reflections Program). Our engaging speakers will uplift you and keep you informed. You'll experience a welcoming community as we support each other in our spiritual growth. Feel free to invite a friend! Women from local parishes and other denominations are most certainly welcome. If you're new to WINGS or wish to sample a meeting, send your email address and request the week's Zoom link, and any questions you may have about joining WINGS, to Denise Mollen at [mollend@aol.com](mailto:mollend@aol.com). She will send you the link to Zoom. Our theme for the 2022/2023 year is:



***"Abide in God's Love"***

OCTOBER 19TH

FR. LUKE SSEMAKULA

PAROCHIAL VICAR, CATHOLIC COMMUNITY OF PLEASANTON

*The Catholic Church in Uganda*



ST. THERESA  
OAKLAND, CA



**Connect - Grow - Serve**

**PARISH MINISTRY WEEKLY HIGHLIGHT**

## MIDDLE SCHOOL YOUTH MINISTRY

- We meet on Sunday nights from 6 -7:30.
- These evenings are a time for all middle school youth to come together for fellowship, fun and faith building.
- Our hope for these evenings is that we continue to build a strong community united in the love we share of our faith and one another.

Contacts:

Keri Nims

[keri@sttheresaokland.org](mailto:keri@sttheresaokland.org)

Jenny Bruni

[jenny@sttheresaokland.org](mailto:jenny@sttheresaokland.org)

Website:

<https://sttheresaokland.org/formation/children-and-teens/middle-school-youth-ministry-grades-6-8>

**FRIDAY FLOCKNOTE WEEKLY NEWSLETTER**

The Friday Flocknote Newsletter is now available on the parish website. Click on the Bulletin/Flocknote link in the upper right corner of the website or enter <https://sttheresaokland.org/Bulletin/Flocknote>

**PARISH CALENDAR**

Find out what is happening at the parish. The parish calendar is available on the parish website:

<https://sttheresaokland.org/calendar>

**MASS OF REMEMBRANCE ~ NOVEMBER 2**

All are invited to attend the All Souls Day Mass on November 2nd at 7:00 PM (Wednesday), where we will remember your loved ones who have died.

Please bring photographs of the people you are remembering to place on a table in the sanctuary.

**LOW GLUTEN HOSTS**

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%

Please use the president's communion station to receive a low gluten host.

**SOCIAL JUSTICE COMMITTEE (SJC) CORNER**

We are heartbroken, fearful, angry, and weary as we grapple with the continued epidemic of gun violence in the U.S. *Dear Lord, make me a channel of your peace.* – Prayer of St. Francis.

IMPORTANT- NOTE DATE CHANGE – THURSDAY, OCTOBER 20<sup>th</sup>

On October 20<sup>th</sup> at 7:00 pm, Robyn Thomas of the Giffords Law Center will be speaking to us on the vitally important topic of gun violence prevention. All are invited to attend via Zoom. Robyn is the former executive director of this preeminent organization, and currently its senior legal advisor. She has testified before Congress and appeared on 60 Minutes, CNN, Fox News and other national media, as well as writing for national news publications. Our Social Justice Committee is excited to present this opportunity to hear a dynamic and knowledgeable speaker on a matter of great interest to us all. All parishioners are encouraged to attend, and please feel free to invite others.



GIFFORDS EXPERT

Robyn Thomas, SENIOR LEGAL ADVISOR, GIFFORDS LAW CENTER

Please send Lydia Deck and email at [ltdeck@me.com](mailto:ltdeck@me.com) to RSVP and get the zoom link.

AND...special thanks to all who helped put together the Art Bags for UCSF Benioff Children's Hospital Primary Care Clinic. Thanks for all the donations!!!

At the festival, several families helped pack 98 bags with kind and thoughtful notes made by many of the children and teens. We also were able to give extra supplies of crayons, markers and drawing pads that will be passed out for the next several weeks. Staff at the clinic reported many happy patients when they received their art bags.

Thanks to all our Social Justice Committee volunteers especially event organizers Nina Green, Dee McDonough and Margaret Penaranda. Special shout out to the two strong students who helped load up our cars too!

**ST. VINCENT DE PAUL****CURRENT NEEDS**

Volunteers Needed for the Dining Room at the Direct Services Campus in West Oakland: 8:30am to 1pm Tuesday through Saturday. Volunteers help prepare, and bag warm meals for our guests and serve the meals at the gated entrance to the courtyard. Contact Volunteer Coordinator, Kristen Bernal: Email [kbernal@svdp-alameda.org](mailto:kbernal@svdp-alameda.org) 510-277-6435.

**Men's Clothing** (casual, work, denim, and work pants, and shoes in good condition) and women's hygiene articles can be dropped off in the Church vestibule. These donations are distributed through SVDP Clothes Closet in our Downtown Community Center.

**Nonperishable, non-expired food donations:** Our on-going food collections for the needy people in the Sacred Heart Parish have been graciously acknowledged by those who have been served. This is becoming a regular opportunity for us to feed the hungry, especially during these difficult economic times. We bring the food to Sacred Heart around the third Sunday of the month. Food donations may be left in the back of the vestibule in various baskets next to the "Giving Tree at any time.

Our Parish SVdP Conference meets bimonthly, every third Saturday at 9:30am. If interested in learning more about our Conference's work, contact Judy Bojorquez at [jtsbojorquez@yahoo.com](mailto:jtsbojorquez@yahoo.com) to be added to email distribution and with any questions you might have.

You may use online giving to make a donation to the St. Theresa St. Vincent de Paul conference. <https://sttheresaokland.org/donate>.

**SAFE ENVIRONMENT TRAINING FOR PARISH & SCHOOL VOLUNTEERS**

For many parish and school volunteers it is time for you to renew your training. You will or have received an email reminder with a link for you to complete the online training. Please complete the training by the renewal date in the email.

If you have any problems or questions contact Cathy Brady at [cathy\\_b@sttheresaokland.org](mailto:cathy_b@sttheresaokland.org).

To renew or register for the first time, click on the link in your email or go to <https://www.virtusonline.org> or click on the link in the upper right corner of the parish website [sttheresaokland.org](https://sttheresaokland.org).

Please remember that in order to volunteer at the parish in any capacity (Lector, Eucharistic Minister, Catechist, Choir Member, St. Vincent de Paul, Legion of Mary, CYO etc.), or school, you must complete the training.

**WEEKLY READINGS**

*October 17 - 23*

**Monday:**

Eph 2:1-10  
Ps 100  
Lk 12:13-21

**Tuesday:**

2 Tm 4:10-17b  
Ps 145  
Lk 10:1-9

**Wednesday:**

Eph 3:2-12  
Ps Is 12:2-3, 4bcd, 5-6  
Lk 12:39-48

**Thursday:**

Eph 3:14-21  
Ps 33  
Lk 12:49-53

**Friday**

Eph 4:1-6  
Ps 24  
Lk 12:54-59

**Saturday:**

Eph 4:7-16  
Ps 122  
Lk 13:1-9

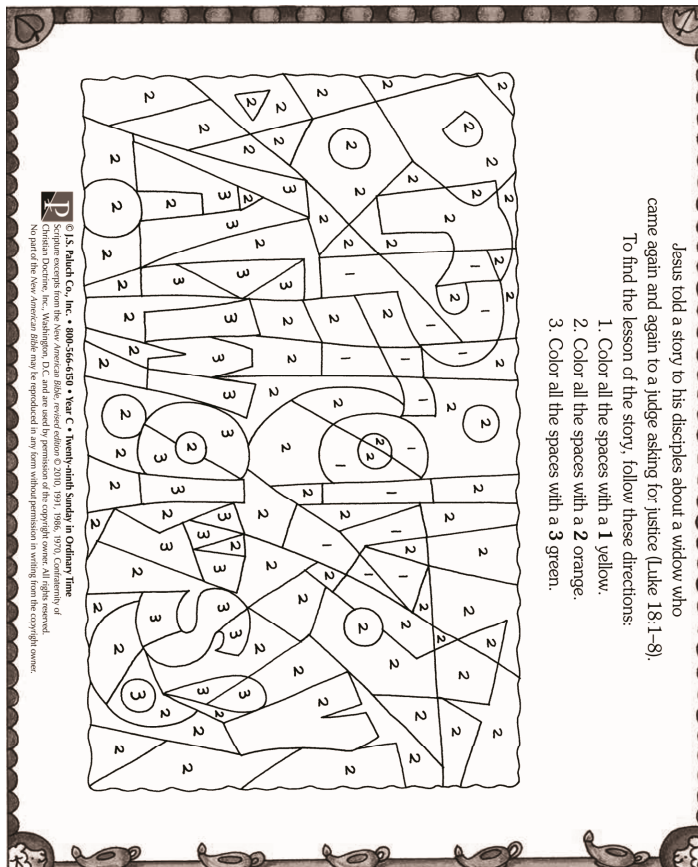
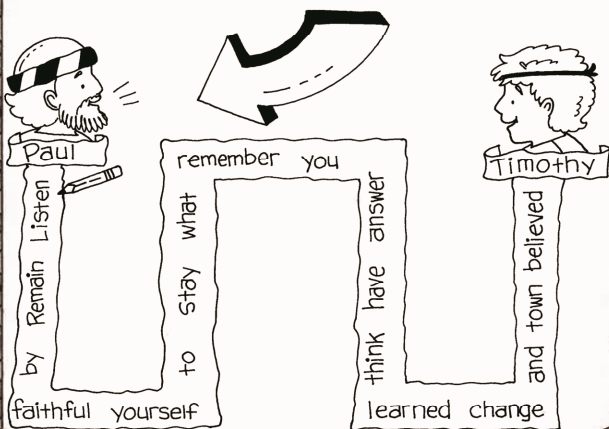
**Sunday:**

Sir 35:12-14, 16-18  
Ps 34  
2 Tm 4:6-8, 16-18  
Lk 18:9-14

# God's Word for Children

## Twenty-ninth Sunday in Ordinary Time

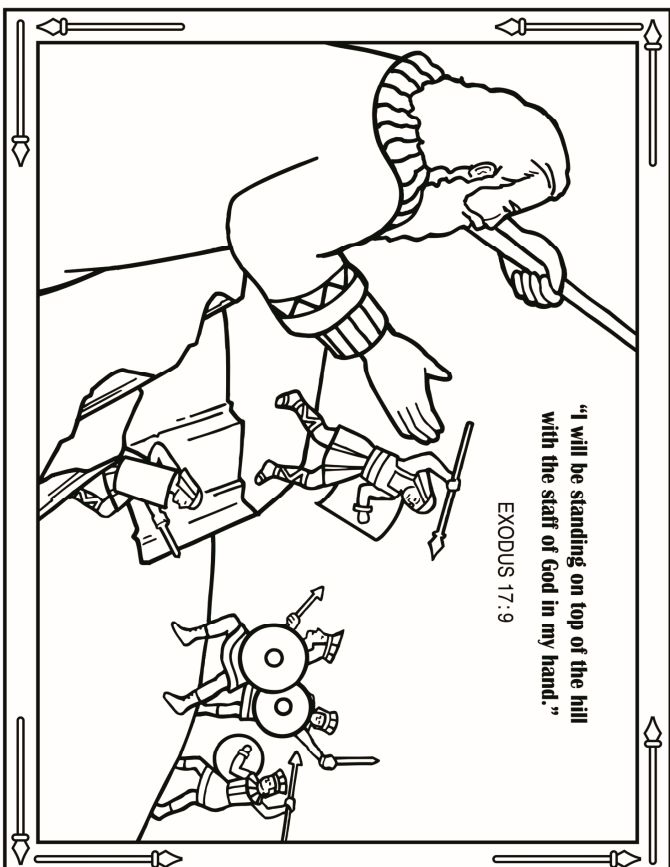
Paul wrote a letter to young Timothy and gave him excellent advice (2 Timothy 3:14). Start at the pencil and cross out the first word. Then cross out every other word after that. Read the remaining words in the order they appear to discover what Paul said. His advice is for you, too!



Jesus told a story to his disciples about a widow who came again and again to a judge asking for justice (Luke 18:1-8). To find the lesson of the story, follow these directions:

1. Color all the spaces with a 1 yellow.
2. Color all the spaces with a 2 orange.
3. Color all the spaces with a 3 green.

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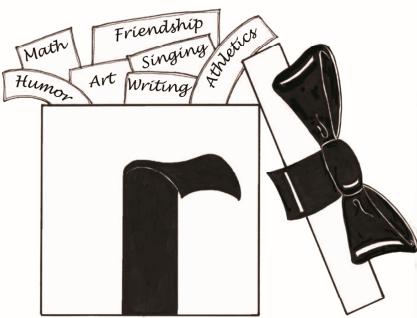
"I will be standing on top of the hill with the staff of God in my hand."  
 EXODUS 17:9

# CATHOLIC CORNER

## TO SERVE AS GOOD STEWARDS

As each one has received a gift, use it to serve one another as good stewards of God's varied grace. (1 Peter 4:10)

The Catholic Church believes that everyone has received gifts or talents from God, and we need to be stewards of them. This means that we need to use our gifts for good. But it is not always easy to recognize our own gifts and talents. Sometimes we need to ask someone in our family or a good friend to help us identify them. What would you name as your top five gifts or talents?



The U. S. Bishops' Pastoral Letter on Stewardship, *To Be a Christian Steward*, suggests four steps to take once we recognize our gifts.

1. *We should receive God's gifts gratefully.* Do you thank God every day for the gifts you receive and ask God to help you share them?
2. *We should cultivate them responsibly.* Do you try to develop your gifts every day by practicing them and using them only for good?
3. *We should share them lovingly in justice with others.* Do you share your gifts with only those people you like or who are your friends? Do you also think about sharing them with those who aren't your friends, or people in need, or people in other schools or in the neighborhood?
4. *We should return them with increase to the Lord.* If you identify your gifts, practice them, and share them, they increase and grow stronger. Then we offer them back to God by praying in thanksgiving for them and asking God to help us use them wisely. Do you offer your thanks in prayer at the end of the day? At Mass?

As a family, name at least one gift each person has. Talk about the four steps of becoming good stewards.

Excerpt from *To Be a Christian Steward* © 1992, United States Conference of Catholic Bishops, Inc., Washington DC. Used with permission. All rights reserved. No part of this work may be reproduced or transmitted in any form without permission in writing from the copyright holder.

# PARISH INFORMATION



## MASS SCHEDULE:

Face Masks are required for all unvaccinated people attending Mass.

**Weekday: 8:30 am (Mon.-Fri.)**

**Saturday Vigil: 5:00 pm**

**Sunday: 9:00 am**  
(live-stream will be on our YouTube channel)

## RECONCILIATION:

**Saturday: 4:00 pm - 4:30 pm**  
Reconciliation is outside, not in the confessional

## PARISH CENTER OFFICE HOURS:

**Monday: 12:00 pm - 2:30 pm**

**Tuesday - Thursday: 10:00 am - 2:30 pm**

**Phone: 510.547.2777**

**After Hours Medical Emergency Line: 510.610.7715**

**Parish Website: [www.sttheresaoakland.org](http://www.sttheresaoakland.org)**

**Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)**

## PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121  
*Pastor*

[rjmccann@sttheresaoakland.org](mailto:rjmccann@sttheresaoakland.org)

Rev. Abraham Addam, ext. 122  
*In Residence*

Rev. Ngema W. Enow, ext. 128  
*In Residence*

[ngemawil.enow@gmail.com](mailto:ngemawil.enow@gmail.com)

Cathy Brady, ext. 126  
*Liturgy Director*

[cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

Jenny Bruni, ext. 123  
*High School Youth Ministry Coordinator*

[jenny@sttheresaoakland.org](mailto:jenny@sttheresaoakland.org)

Rob Cakebread, ext. 127  
*Music Ministry Director*

[rob@sttheresaoakland.org](mailto:rob@sttheresaoakland.org)

Melody Marr, ext. 120  
*Parish Administrator*

[melody@sttheresaoakland.org](mailto:melody@sttheresaoakland.org)

Keri Nims, ext. 124  
*Coordinator for Early Childhood Catechesis & RCIC*

[keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

## ST. THERESA SCHOOL

Alicia Ortegon, 510.547.3146

*St. Theresa School Principal*

[a\\_ortegon@sttheresaschool.org](mailto:a_ortegon@sttheresaschool.org)

website: [www.sttheresaschool.org](http://www.sttheresaschool.org)

## Baptisms and Marriages

by appointment (call parish office 510.547.2777)

## To arrange a Funeral

call parish office 510.547.2777, ext. 120

## Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ [keri@sttheresaoakland.org](mailto:keri@sttheresaoakland.org)

## Middle School Youth Ministry (Grades 6-8)

Jenny Bruni and Keri Nims: Co-Coordinators

## High School Youth Ministry/Confirmation

Jenny Bruni ~ [jenny@sttheresaoakland.org](mailto:jenny@sttheresaoakland.org)

## R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ [cathy\\_b@sttheresaoakland.org](mailto:cathy_b@sttheresaoakland.org)

## Parish Organizations

### Pastoral Council:

### Finance Council:

Carolyn Mahoney [carolyn.mahoney675@gmail.com](mailto:carolyn.mahoney675@gmail.com)

### St. Vincent de Paul Society

Greg Govan [glgovan@comcast.net](mailto:glgovan@comcast.net)

### CYO (Catholic Youth Organization):

Clarence Robinson [sttheresaathletics@gmail.com](mailto:sttheresaathletics@gmail.com)

### St. Theresa Men's Club

Chris Bruni [mensclubsttheresa@gmail.com](mailto:mensclubsttheresa@gmail.com)

### Legion of Mary

Tom Wallace [tomw1313@sbcglobal.net](mailto:tomw1313@sbcglobal.net)

### WINGS

Ruthanne Allen-Hunt [ruthanneah@gmail.com](mailto:ruthanneah@gmail.com)

Toinette Eugene [tmeugene@sbcglobal.net](mailto:tmeugene@sbcglobal.net)

### Social Justice Committee (SJC)

Lydia Deck [ltdeck@me.com](mailto:ltdeck@me.com)

### Consolation Ministry

Cecile Cuttitta [cecile.cuttitta@att.net](mailto:cecile.cuttitta@att.net)

### Men's Faith Sharing

Jim Frei [jim@ottofrei.com](mailto:jim@ottofrei.com)

### Cursillo

Geri Tong [gt4palancaoakland@gmail.com](mailto:gt4palancaoakland@gmail.com)

### Kinderchurch

Shanon Ciston [s.ciston@gmail.com](mailto:s.ciston@gmail.com)

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