

ST. THERESA

PARISH COMMUNITY

ST. THERESA MISSION STATEMENT

WE ARE A WELCOMING,
ACTIVE CATHOLIC COMMUNITY
UNITED BY OUR FAITH, OPEN TO TRANSFORMATION,
GROWING SPIRITUALLY AND REACHING OUT
TO LOVE AND TO SERVE OTHERS
AS JESUS TAUGHT US.

NOVEMBER 27, 2022

FIRST SUNDAY
OF
ADVENT

Advent



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“You also must be prepared,
for at an hour you do not expect,
the Son of Man will come.”

MATTHEW 24:44

MASS INTENTIONS - NOVEMBER 26 - DECEMBER 4

Sat. 5:00 pm Parish Community of St. Theresa
 Sun. 9:00 am Parish Community of St. Theresa

Mon. 8:30 am
 Tues. 8:30 am
 Wed. 8:30 am † Iva Sieg
 Thurs. 8:30 am
 Fri. 8:30 am

Sat. 5:00 pm Parish Community of St. Theresa
 Sun. 9:00 am Parish Community of St. Theresa

MASS INTENTIONS

To request a Mass Intention contact Melody Marr at melody@sttheresaokland.org or 510.547.2777, ext. 120

KEEP IN TOUCH WITH US

Via email or text message:



- ♦ Receive the weekly Friday Flocknote
- ♦ Receive parish updates and notices of special events
- ♦ Unsubscribe anytime

Sign-up at
flocknote.com/StTheresa30

OR

Text: STT To: 84579

FRIDAY FLOCKNOTE WEEKLY NEWSLETTER

The Friday Flocknote Newsletter is now available on the parish website. Click on the Bulletin/Flocknote link in the upper right corner of the website or enter <https://sttheresaokland.org/Bulletin/Flocknote>

SUNDAY OFFERING

Due to an early publishing date the donation information for November 19 & 20 will be in the December 4th



Online Giving makes spreading generosity quick, convenient, and secure!

Please consider choosing one of our e-giving methods listed below and schedule a recurring gift:



Text
510-876-9679
 Text "GIVE" to this number to receive a link to our online giving page.

Visit us at
<https://sttheresaokland.org/donate>

Thank you for giving generously to St. Theresa Parish

PARISH MAINTENANCE & IMPROVEMENT

The second collection for the Parish Maintenance & Improvement Fund will be on December 3 & 4.

You may also use Online Giving for this collection.

FIRST FRIDAY ADORATION

December 2nd

9:00 am to 4:30 pm

Benediction at 4:30 pm.

PLEASE REMEMBER IN YOUR PRAYERS ALL THOSE WHO ARE ILL ESPECIALLY:

Matt Mercier, Heidi Parmelee, Aiden Farinella, Dolores Gomez, Alegria Hipolito, Betty Wharton, Juanita Estrella, Leslie Fischer, Mike Reilly, Dorothy Donnelly, Olga Lamberti, Wendy Parmelee, Roger Baylocq, Ida Scodella, Alicia Gonzalez, Denise Moore, Diana Martinez, Susan Springer, Margie Sullivan, Maddie Heitkemper, Joan Simmons, Badri Nakhjavani, Eddie Bradford, Wendy Jones, Bob Rogers, Orlanda Gonzalez, Kevin Chapman, Diane Cerille, Ruth McCabe, Tom Wilberding, Shirley Roberts, Karen Milliman, Anita Perricelli, Danny Ramos, Mark Leonard, Christopher Rodriguez, Maryanne Walsh, Rhonda Santeen, John Whatley, Bishop John Cummins, Nancy Coyne, Kevin Stallone, Herman Carmassi, Della Spinelli, Kelly Keith, Jeanne Cuttitta, Susan Buller, Amy Kantowitz, Ann Springer, Guy Wallace, Ray Bertolotti, William McCarthy, Cindy Crimmins, Fred & Lidia Loupy, Rebecca Rogers, Kathleen Guevara, Clarence Robinson, Armando Diaz de Leon, Fr. Ron Schmidt, Patty Estopinal, Msgr. Slade Crawford, Laura Jones, Jeff Mills, Mary Pat Power, Bonnie & John Bouey, Ann Maramba Farrell, Ida Scodella, Susan Rubio, Eileen Vohs, and all who have the corona virus throughout the world.

LIVING STEWARDSHIP

Drop something you usually do at this time of year but do not enjoy. Choose an Advent custom and make it part of your daily routine.

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SUPPORT ST. THERESA CHURCH

By using smile.amazon.com and choosing St. **amazon**smile Theresa Catholic Church, location: Oakland, CA as your charity when you shop, Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to the parish.

BULLETIN SUBMISSION DEADLINES

November 27 bulletin was due by November 16 (Wednesday)
 December 4 bulletin is due by November 25 (Friday)
 December 11 bulletin is due by December 2 (Friday)
 December 17 bulletin is due by December 9 (Friday)

Items must be received by 4:00 pm on the due date.

Email to cathy_b@sttheresaokland.org.



"Feed my lambs, feed my sheep"
 2022 BISHOP'S
 MINISTRIES
 APPEAL

Bishop's Ministries Appeal 2022

St. Theresa Parish Goal - \$35,800

<https://www.oakdiocese.org/bishops-appeal-donation-page>

Percentage Achieved **57.74%**

\$20,669.50 as of October 31, 2022

A WORD FROM OUR PASTOR

Thanks to all who started Thanksgiving Day by attending Mass. It is not a day of obligation, but throughout our churches, so many come together because it is such a relaxed and prayerful liturgy and a wonderful way to begin the secular day for which we give thanks! It might also be the last Mass of the liturgical season that so many in the parish attend as we begin a new 'year of Grace' this weekend with the beginning of Advent.

As with the beginning of the new calendar year that is just a month away, many make 'new year's promises,' and we can do the same for our church community. Deacon Greg Kandra writes this wonderful piece that encourages us to start the adventure:

"I live not far from a synagogue in Queens, New York and on the wall outside is a plaque, dedicated to Helen Keller. The legendary blind and deaf writer once lived in a house that stood on that spot. Sometimes I walk past and wonder whether the neighborhood has changed much since her day. I might close my eyes and imagine, for just a moment, what she felt, what she sensed, and what she feared.

It must have been terrifying. She couldn't hear the cars, or the children on bicycles, or the stirring of the leaves in the wind. She wasn't aware of the planes descending overhead, getting ready to land at the airport. She wouldn't know if someone was approaching her – no footfall, no voices – and she didn't even know if it was daylight. To her, it was always night.

Little wonder, then, that Helen Keller once famously summed up our existence with this simple proclamation: "Life is either a daring adventure, or nothing." In her universe, every moment was an adventure. It had to be. Otherwise, she would have remained forever a prisoner of her senses.

Well, we get some idea of the daring that life involves as we begin the season of Advent.

Whether we realize it or not, we're embarking on an adventure of our own. The name of this season, after all, shares the same root as "adventure" — from the Latin, *adventus*, meaning arrival. The arrival we await, of course, is the Messiah. And what an adventure that waiting will be.

It can be a challenge. These days, the nights grow longer. For many, the weather turns colder. We are as far as we can ever be from the sun. But we know in our bones and in our hearts that this darkness will not last. So we wait it out. We light candles. We trim trees. But there is so much to do, too! As the nights lengthen and the light dims, we shop, we wrap, we spend time in long lines at the post

office and bear gifts for one another and attend parties where we drink too much eggnog and make too many promises we never manage to keep.

And we sing. *O come; o come Emmanuel.* When will we be ransomed? When will our Rescuer arrive? At the start of Advent, as we begin this adventure, we are striking out, stepping boldly into the dark. But we are not alone. We will encounter many other travelers along the way. A teenager will run to her cousin to announce a miracle. Later, she and her husband will travel toward a stable in a distant town. Wise men will set out to follow a star. What a journey! We may find ourselves disoriented at the turn the road takes.

But we remember this: life is either a daring adventure, or nothing. And we feel certain we are heading in the right direction. We take heart and take hope. We know there will again be light.

But for now, we will wait. Advent is a time of perpetual anticipation. Dorothy Day once compared this season of expectation to pregnancy; it is like a mother waiting to give birth. She was a mother, and she understood that analogy well.

But I keep going back to her contemporary, Helen Keller — who once wrote something that makes me wonder if Dorothy Day had it backwards.

As Keller wrote, in a very different context: "Everything has its wonders, even darkness and silence." Could it be that the power of this season lies not in waiting to give birth, but in waiting to be born?

Perhaps we are the ones who are in the womb, in darkness and silence, waiting — in every sense — to be delivered.

Either way, I think, this moment in time — this waiting, this anticipation, this expectancy, this Advent — is a daring adventure. And it is not nothing — in fact, it is *everything*. Let's get started." *From The Living Gospel: Daily Devotions for Advent 2018, Greg Kandra (Ave Maria Press)*

I invite all women of the parish (including high school students) to come on Tuesday night for Advent by Candlelight. I invite all men of the parish (high school students included) to come to on Thursday night for a prayerful and fellowship filled night to begin Advent and for all family to come on Sunday, December 4 for a Family Advent Retreat.



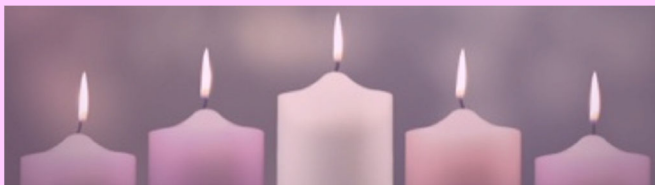
*A special time for women to gather with friends....
A night to prepare for the coming of Christ
with those special women in your life....*



Tuesday, November 29th at 7pm in the Church
Hospitality and Refreshments following
RSVP using the vestibule signup sheet, parish website, or Flocknote

Invite a friend

Can you help with set-up and clean-up?



Please RSVP at <https://sttheresaokland.org/pray/advent> if you will be attending any of these events.



FAMILY ADVENT RETREAT

Join us for a morning of Advent preparations family style!!

DEC. 4TH | 10AM-12NOON
OPEN TO ALL FAMILIES LOOKING FOR SOME ADVENT FOCUS

RSVP: Keri@sttheresaokland.org

MEN'S ADVENT EVENING

GATHER FOR
PRAYER ~ REFLECTION ~ FELLOWSHIP

THURSDAY, DECEMBER 1ST
7PM IN THE MEETING ROOMS
HOSPITALITY & REFRESHMENTS FOLLOWING

RSVP USING THE VESTIBULE SIGNUP SHEET, PARISH WEBSITE, OR FLOCKNOTE

INVITE A FRIEND

QUESTIONS, CONTACT: KERI OR JENNY



ASSISTED LISTENING DEVICES

Assisted Listening available at Weekend Masses
There are two ways to enjoy crisp, clear audio in the church for our weekend Masses.

Option 1: Download the app, connect to the church wireless network, put in you earbuds, open the app and you are set.

The WiFi password you will need to connect to our wireless network will be available at the sound system desk before and after Mass.



Download the free Listen EVERYWHERE App



Connect to the venue's wireless network



Audio is delivered to your Smartphone

Option 2: Assisted Listening Devices are available at our weekend Masses. You can check out a device at the sound system desk prior to Mass.

If you have any questions contact Cathy Brady at cathy_b@sttheresaokland.org

IT'S TIME FOR SVDP'S ANNUAL CHRISTMAS GIFT DRIVE!

Help SVdP bring Christmas joy to 300 children this year by helping us collect **new, unwrapped** gifts for kids aged newborn to 18 years old! Donate toys, books, games, and other age-appropriate gifts. Thank you for your continued generosity!

For more ideas, see our Target registry at: <https://www.target.com/gift-registry/gift/svdpxmas2022>

Donate gifts by Monday, November 28 at SVdP's West Oakland Community Center (675 23rd Street)



Monetary Donations:

Donate **gift cards** (Target, Safeway, etc.), visit our **donation page** at svdp-alameda.org/donate or make checks payable to St. Vincent de Paul **memo:** Christmas 2022 **mail to:** St. Vincent de Paul of Alameda County 2272 San Pablo Avenue Oakland, CA 94612

Contact Katy Debasas at kdebasas@svdp-alameda.org or call (510) 499-46 80 for questions or to organize a drive, or ask about drop off locations

LOW GLUTEN HOSTS

Low Gluten hosts are available at all weekend Masses. They are less than 20 parts per million gluten, under .002%

Please use the presider's communion station to receive a low gluten host.

PARISH CALENDAR

Find out what is happening at the parish. The parish calendar is available on the parish website:

<https://sttheresaokland.org/calendar>

PARISH KEY INVENTORY

Dear parishioners – the office needs your assistance for a report. Recently our parish had a safety and security protocols inspection to be sure we are following diocesan guidelines. As a result, there is an item we need your assistance with. The parish office needs to have a Master List of **EVERY** key distributed for parish property. If you have a key or keys, please send me an email, melody@sttheresaokland.org, or you may call if you prefer, and let me know which keys you have and the location they are for. We've already begun making a list with some of the more recent handouts, however some were given out many years ago. If everyone with a key would respond by Friday, December 2nd, it would be greatly appreciated.

Moving forward, should there be a need for a key that is not located in one of the lockboxes, you'll need to come to the office to obtain and sign for a key, which must be returned.

If you have questions, please contact the church office 510-547-2777 x120.

Thank you in advance for your cooperation.

Join us for the annual:
Men's Club Pancake Breakfast
 December 11th
 10:00a.m. – 11:30a.m.
St. Theresa Parish Hall
 Visit with Santa and take holiday photos.

\$11/adult
\$7/child
 (8th grade and under)

Buy your tickets now!

Use the QR Code or the link on the parish website to place a ticket order.

<https://sttheresaokland.org/Pancake%20Breakfast>

WINGS ~ WOMEN IN GOD'S SPIRIT

WINGS Fall session meetings, take place on a Zoom platform from 9:15-11:15am, on Wednesdays. If you're new to **WINGS** or wish to sample a meeting, send your email address and request the week's Zoom link, and any questions you may have about joining **WINGS**, to Denise Mollen at mollend@aol.com. She will send you the link to Zoom. Our theme for the 2022/2023 year is:

"Abide in God's Love"

NOVEMBER 30TH

PAUL DOLAN
 RETIRED VINTNER

My Spiritual Journey: How Our Spiritual Life Changes as We Age

SOCIAL JUSTICE COMMITTEE (SJC) CORNER

A time to pray about many things: wars, climate change, the poor, immigrants, and refugees. As thanksgiving approaches may we also recall how blessed we are "for the beauty of this earth.

Pope Francis' New Documentary on Care for Creation Featuring Laudato Si'

The Letter, a new full-length film focused on global solidarity and care for creation tells the story of Laudato Si' and how climate change is affecting the Earth and all those who inhabit it. The film follows four individuals from across the globe and brings together their unique experiences of the ecological crisis. The film was produced in collaboration with the Laudato Si' Movement and in partnership with the Vatican and calls all people to a new and profound awareness of what is happening to our common home.

The Letter was released on YouTube Originals on October 4, the Feast of St. Francis of Assisi. You can get involved in several ways:

- ◆ Watch The Letter on YouTube
- ◆ Promote the film to your networks and/or on social media
- ◆ Host a screening of The Letter in your parish; Maybe we can figure out how to do this at St. Theresa???
- ◆ Find USCCB resources like the Laudato Si' Study Guide (also in Spanish) to share with your parish

Join us at our next Social Justice meeting on December 14 at 7pm with special guest speaker Dr. Javay Ross -Pediatrician, Medical Director, Alameda County Juvenile Justice Center RSVP for zoom link with Lydia Deck at ltdeck@me.com.

ST. VINCENT DE PAUL**CURRENT NEEDS**

Volunteers Needed for the Dining Room at the Direct Services Campus in West Oakland: 8:30am to 1pm Tuesday through Saturday. Volunteers help prepare, and bag warm meals for our guests and serve the meals at the gated entrance to the courtyard. Contact Volunteer Coordinator, Kristen Bernal: Email kbernal@sudp-alameda.org 510-277-6435.

Men's Clothing (casual, work, denim, and work pants, and shoes in good condition) and women's hygiene articles can be dropped off in the Church vestibule. These donations are distributed through SVDP Clothes Closet in our Downtown Community Center.

Nonperishable, non-expired food donations: Our on-going food collections for the needy people in the Sacred Heart Parish have been graciously acknowledged by those who have been served. This is becoming a regular opportunity for us to feed the hungry, especially during these difficult economic times. We bring the food to Sacred Heart around the third Sunday of the month. Food donations may be left in the back of the vestibule in various baskets next to the "Giving Tree at any time.

Our Parish SVdP Conference meets bimonthly, every third Saturday at 9:30am. If interested in learning more about our Conference's work, contact Judy Bojorquez at jtsbojorquez@yahoo.com to be added to email distribution or with any questions.

You may use online giving to make a donation to the St. Theresa St. Vincent de Paul conference. <https://sttheresaokland.org/donate>.

SAFE ENVIRONMENT TRAINING FOR PARISH & SCHOOL VOLUNTEERS

For many parish and school volunteers it is time for you to renew your training. You will or have received an email reminder with a link for you to complete the online training. Please complete the training by the renewal date in the email.

If you have any problems or questions contact Cathy Brady at cathy_b@sttheresaokland.org.

To renew or register for the first time, click on the link in your email or go to <https://www.virtusonline.org> or click on the link in the upper right corner of the parish website sttheresaokland.org.

Please remember that in order to volunteer at the parish in any capacity (Lector, Eucharistic Minister, Catechist, Choir Member, St. Vincent de Paul, Legion of Mary, CYO etc.), or school, you must complete the training.

WEEKLY READINGS**Nov. 28 - Dec. 4****Monday:**

Is 4:2-6
Ps 122
Mt 8:5-11

Tuesday:

Is 11:1-10
Ps 72
Lk 10:21-24

Wednesday:

Rom 10:9-18
Ps 19
Mt 4:18-22

Thursday:

Is 26:1-6
Ps 118
Mt 7:21, 24-27

Friday

Is 29:17-24
Ps 27
Mt 9:27-31

Saturday:

Is 30:19-21, 23-26
Ps 147
Mt 9:35-10:1, 5a, 6-8

Sunday:

Is 11:1-10
Ps 72
Rom 15:4-9
Mt 3:1-12

PARISH INFORMATION



MASS SCHEDULE:

Face Masks are required for all unvaccinated people attending Mass.

Weekday: 8:30 am (Mon.-Fri.)

Saturday Vigil: 5:00 pm

Sunday: 9:00 am
(live-stream on our YouTube channel)

RECONCILIATION:

Saturday: 4:00 pm - 4:30 pm

PARISH CENTER OFFICE HOURS:

Monday: 12:00 pm - 2:30 pm

Tuesday - Thursday: 10:00 am - 2:30 pm

Phone: 510.547.2777

After Hours Medical Emergency Line: 510.610.7715

Parish Website: www.sttheresaoakland.org

f Facebook: [StTheresaChurch/Oakland](https://www.facebook.com/StTheresaChurch/Oakland)

YouTube https://www.youtube.com/channel/UCn5JX1e3QrqXTsa_7qmNCIw

PARISH STAFF: 510.547.2777

Rev. Robert J. McCann, ext. 121

Pastor

rjmccann@sttheresaoakland.org

Rev. Abraham Addam, ext. 122

In Residence

Rev. Ngema W. Enow, ext. 128

In Residence

ngemawil.enow@gmail.com

Cathy Brady, ext. 126

Liturgy Director

cathy_b@sttheresaoakland.org

Jenny Bruni, ext. 123

High School Youth Ministry Coordinator

jenny@sttheresaoakland.org

Rob Cakebread, ext. 127

Music Ministry Director

rob@sttheresaoakland.org

Melody Marr, ext. 120

Parish Administrator

melody@sttheresaoakland.org

Keri Nims, ext. 124

Coordinator for Early Childhood Catechesis & RCIC

keri@sttheresaoakland.org

ST. THERESA SCHOOL

Alicia Ortegon, 510.547.3146

St. Theresa School Principal

a_ortegon@sttheresaschool.org

website: www.sttheresaschool.org

Baptisms and Marriages

by appointment (call parish office 510.547.2777)

To arrange a Funeral

call parish office 510.547.2777, ext. 120

Family Faith Formation (Grades TK-5) & R.C.I.C.

Keri Nims ~ keri@sttheresaoakland.org

Middle School Youth Ministry (Grades 6-8)

Jenny Bruni and Keri Nims: Co-Coordinators

High School Youth Ministry/Confirmation

Jenny Bruni ~ jenny@sttheresaoakland.org

R.C.I.A. Rite of Christian Initiation of Adults

Cathy Brady ~ cathy_b@sttheresaoakland.org

Parish Organizations

Pastoral Council:

Finance Council:

Carolyn Mahoney carolyn.mahoney675@gmail.com

St. Vincent de Paul Society

Greg Govan glgovan@comcast.net

CYO (Catholic Youth Organization):

Clarence Robinson sttheresaathletics@gmail.com

St. Theresa Men's Club

Chris Bruni mensclubsttheresa@gmail.com

Legion of Mary

Tom Wallace tomw1313@sbcglobal.net

WINGS

Geri Tong geritong1944@gmail.com

Social Justice Committee (SJC)

Lydia Deck ltdeck@me.com

Consolation Ministry

Cecile Cuttitta cecile.cuttitta@att.net

Men's Faith Sharing

Jim Frei jim@ottofrei.com

Cursillo

Geri Tong gt4palancaoakland@gmail.com

Kinderchurch

Shanon Ciston s.ciston@gmail.com

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